



The Mountain Chalice

Newsletter of the
Unitarian Universalist
Community of the Mountains
Grass Valley, CA,

August 2011

We are a GLBT-Welcoming Congregation



In This Issue

Rev. Meghan	2
Introduction Practice Class.....	2
Coffee Refreshment Time.....	2
Notes from President.....	3
Biodanza.....	3
Building and Grounds.....	4
Caring Notes.....	5
Women's Study Circle.....	5
Circle Suppers.....	5
Social Action Films.....	6
Social Action.....	7
Green Sanctuary.....	8
Green Power Point.....	8
Music, Music, Music.....	8
UUAM Recipe.....	9
UU Camping Trip.....	9
UU Camping Trip.....	10
Calendar.....	11

August 7, 11:00 am - "Images of God" guest speaker Pam Gehrke.

In the story of the Exodus, the presence of God is indicated by a burning bush, a pillar of cloud, and a pillar of fire. Whatever we might believe about God, most of us carry images of the divine from various sources we have encountered on life's journey. We will explore a variety of these images and consider how they influence our lives. Pam Gehrke is a Unitarian Universalist ministerial candidate and a graduate of Starr King School of the Ministry. Before attending seminary, she taught writing, literature, and mythology for many years. She is a member of the Unitarian Universalists of San Mateo and lives in Burlingame.

Worship Associate: Matt Wilson-Daley



Please remember to bring contributions of non-perishable food for the Interfaith Food Ministry and pet food for Sammie's Friends on the first Sunday of the month.

August 14, 11:00 am - "Inspiration from General Assembly" Rev. Meghan Cefalu

Six of our members (including a teenager) accompanied Rev. Meghan to the annual Unitarian Universalist General Assembly in Charlotte in June. There were workshops, fascinating lectures, spirit-filled worship services, and a public march and rally in downtown Charlotte to demonstrate our commitment to Standing on the Side of Love. In the plenary sessions delegates from hundreds of our member congregations voted on important changes to how we conduct our business. A highlight for our congregation was the evening worship service in which our own Annie Haymaker was formally recognized for earning her UU Music Leadership Credential! Expect to be excited and inspired by the stories of the attendees.

Worship Associate: Lindsay Dunkel

August 21, 11:00 am - "Biodanza: Road Map for the Most Important Journey"

Rev. Vicky Combs

Body and Soul have long been recognized as closely knit. Rev. Combs pursues this connection as she leads us in understanding the spiritual practice of Biodanza, the poetry of human encounter. Biodanza uses music, movement, and group interaction to deepen one's connection to self, others, and Earth. Rev. Combs is a priestess of the Earth and UU minister who currently serves as a hospice chaplain. She has a practice in body-centered spiritual direction (see www.theancientwisdom.net).

Worship Associate – Gail Johnson Vaughan

Following the service at 12:30 Vicky invites everyone to experience this spiritual practice that has become such a source of joy and personal healing for her. Dress in comfortable clothing for the 1 ½ hour session following the service. Let it be a dance we do, indeed! Free-will offering for the facilitator deeply appreciated. For more info see www.biodanza.us.

August 28, 11:00 am - "With That Moon Language" Rev. Meghan Cefalu

Hafiz, the most beloved poet of the Persians, lived in the beautiful garden city of Shiraz in the 1300s and was trained in the mystical tradition of Sufism. He wrote with a sweet, playful genius that inspired Emerson, Goethe, Lorca and even Nietzsche. Today we will hear and reflect upon several of his poems referred to as "beautiful and wild love songs to this world from God."

Worship Associate: Sophia McKean

OPEN MIC NIGHT



TUESDAY AUGUST 9TH 7 PM

see pg 9



REV. MEGHAN MUSINGS

Warm summer greetings to the members and friends, and new visitors to UUCM!

Every summer in the middle of my July vacation the time comes to sit down at my computer, gather some thoughts and put them down in some sort of linear order for my August newsletter column. My body resists sitting at the computer when the hammock beckons me to the deck and my bicycle to the trail, and my brain has to be bribed to concentrate. (There must be a better way!) I hope you all have been able to indulge in some relaxing and renewing summer activities as well.

After some time off to rest and play and read and reflect on my ministry with UUCM I will return to you this month with a renewed sense of purpose and clarity of my calling. I look forward to conversations with you about what it is that feeds you spiritually, about your personal sense of purpose and calling and about where we as a congregation are called to move together in this coming church year.

*Blessings and abundant love,
Rev. Meghan*



Campout 2011

INTRODUCTION TO A PRACTICE CLASS

Janet Bullock

We have a good group signed up for the class, but there's room for more.

If you're interested in being less controlled by old psychological conditioning, old "stories", and are willing to do some personal work; you might be interested in the class I'll be offering in September. I will be presenting a systematic practice that deals directly with the patterns that were set up very early in one's life. I have followed this practice for several years and it has been a powerful change agent for me.

We will meet at 12:20 every Sunday during September. If you are interested you will need to start with the first class on September 4th. Please email or call me with questions or to enroll: janetbullock41@gmail.com, 477-8760.



SUNDAY COFFEE/ REFRESHMENT TIME

Shannon Dooley-Miller

The after - service snacks and conversation is a part of our Sunday ritual. You can help keeping the tradition going. We welcome healthy and sweet treats. Just sign up on the clipboard in the coffee area. We can always use more help in the kitchen setting things up and tidying up afterwards. It takes a village!

Special thanks to David Ferrier, Donna Foddrell, Barbara Miller and Carol Kuczora who have been setting up hosting our coffee hour for the last 3 years.

Please come back to the kitchen and reclaim any dishes you might have left...we have quite a collection!

NOTES FROM THE PRESIDENT

KEITH
JOHNSON

I thought I would use this column to share with you a decision which is pending for your Board of Trustees. Specifics will follow, but the larger questions include: Can we afford new staff in a time of budgetary uncertainty? Is it wise to refuse available grant funding? And, even more fundamentally, do we want to grow? And if so, how? Now for the details. The Board of Trustees must decide whether to apply for a Chalice Lighter grant from the Pacific Central District. Grant funds could be used to partially fund a part-time Administrative Assistant staff position. The letter of intent to apply for the grant is due August 15, with the application due by September 30. Grant funds could be awarded for a maximum of two years, with "seed money" from UUCM. By way of hypothetical example only, if the part-time Administrative Assistant costs \$6000 per year, UUCM could pay \$2,000

in the first year with the remaining \$4,000 paid with grant funds. The second year UUCM could pay \$4,000 and use grant funds for the remaining \$2,000. Commencing the third year, UUCM would put up the total \$6,000 cost of the Administrative Assistant.

It is debatable whether we should even apply for the grant. After all, we just eliminated funding for the Choir Director and the Director of RE. On the other hand, it's hard to walk away from free money, particularly when a part-time staff person is desperately needed. The Administrative Assistant could help our Sexton, the Worship Committee, and perform other administrative tasks. Research shows that other churches of our size typically employ administrative staff.

Keep in mind that this issue may go away, at least for now. The PCD grant application requires that all eligible congregations pay fair share dues to both PCD and the UUA. Sadly, this is the first year that UUCM has not paid fair share to these organizations. We have asked our PCD representative whether the fair share requirement can be waived, but we have received no definitive answer yet.

But even if we are deemed ineligible to apply for the grant, the larger questions about our long-term growth will remain. What are your thoughts about the grant? What about our long-term growth? Let me and the Board know. Stay cool, but keep out of those raging waters.

Peace, Keith.

BIODANZA AT UUCM AUGUST 21

Gail Johnson



Sometimes called The Poetry of Human Encounter Biodanza ("dance of life" in Spanish) is a system of personal growth that uses music, movement, and group interaction to deepen one's connection to self, others, and Earth. Come and experience a wonderful way to build the heart connection in our community. Guest Speaker UU Rev. Vicky Combs and Certified Biodanza facilitator Marina Li invite everyone to experience this spiritual practice that has become such a source of joy

and personal healing for many. Dress in comfortable clothing for the 1 ½ hour session following our August 21st service. Invite your friends!

Let it be a dance we do, indeed! Free - will offering for the facilitator deeply appreciated. For more info see www.biodanza.us and visit this YouTube video. <http://www.youtube.com/watch?v=rr3-Y0LrWnA>

BUILDING & GROUNDS

by Rick Osborn

Your buildings and ground crew and generous UUCM folks have been hard at work. The planter boxes at the entry way to the church have been shortened and the hand rails have been made sturdier. (Thanks Joel Houtman). That ugly hole above the window in the sanctuary has been patched, the one that looked like two chalices. (Thanks Wally Holtan and Joel). We raised the Chandelier at the East end of the Sanctuary so the folks at the back of the church can see the movie screen. (Thank you David Ferrier) The burned out bulbs in the chandelier were also replaced. We are working hard to hide the wiring you see around the sanctuary. Joel put up some corner slats to hide the new speaker wires. We installed a light sensor on an outdoor security light that was on 24 hrs. a day, now only comes on at night. The RE's are finishing the painting in the RE room and getting it ready for Spirit play. (Nice work Paige, Brett, Meg and Hailey).

Another water leak, sprinkler system valve, was repaired. The outside planters were weeded and new plants installed (planted?) Thanks Gwyn and Theresa. For any planting ideas please contact Theresa Houtman. Thanks Mary Grebenkemper for the fantastic lunch! The back area of the church is in much need of attention. Something needs to be done before it gets out of hand. Also the basement and garage need to be cleaned and made ready for the Fall. These details are too much work for the usual folks that show up to work on normal work party days. So, with that in mind, we are planning a church wide picnic/work party sometime in August. Traditionally these are held on Saturdays. (If there is another day of the week that is more convenient for the majority of the members, please let me know). We will need the following type of help:

1. Tree cutters. (Four tall trees need to be felled without opening a skylight in the Methodist church!)
2. Trash haulers. (Backyard area and garage have collected boards, weeds, etc.)
3. Weed pullers
4. Dirt cultivators (shovels, rakes and hoes)
5. Sweepers
6. Vine pullers
7. Movers (to move things from basement and garage)
8. Food preps (to help with the picnic)
9. Coordinators for the above
10. Cheerleaders! (Those who can't do any of the above, but can come and cheer us on!)

If you see something that needs to be repaired, replaced, or just have an idea for a project, please don't hesitate to contact us, We are here to serve you, so please use us. Have a great day and remember:
"Coming together is a beginning. Keeping together is progress. Working together is success."
(Henry Ford)

Rick Osborn
Chair, Building & Ground
Email: walachaka@rcip.com



CARING NOTES



by Robin Hart

August is the peak of Summer. Lazy days, trips to the local lake or favorite camp site fill our days in the beautiful Sierra.

May you embrace the fellowship of our UUCM community at our annual campout this month.

Please join with me to light candles of concern and send healing energy to those many in our community who need special prayers and wishes at this time :

Names are removed for privacy.

WOMEN'S STUDY CIRCLE



The UUCM womens' group is invited to enjoy the glories of mid summer in Theresa and Joel Houtman's

garden. This will be an opportunity to employ all of our senses. Not only will we see and smell and touch the flora that the season offers; we will also have the opportunity to taste some of the harvest. Whatever is ripe will be incorporated into vegetarian entrees and side dishes. Very few potluck dishes will be needed.

Bring copies of a favorite summer recipe to share. If you have plenty of time and the desire to contribute a dish, let Theresa know when you rsvp.

We will meet at 6 pm on Thursday, August 18. Call Theresa at 273-2925 to rsvp by Monday, August 15.



CIRCLE SUPPERS

Will be happening again this fall in September/October. If you are available or interested in hosting contact Shannon Dooley-Miller at sdooley-miller@gotsky.com or 346-6995 or contact May Lawrence at maylawrence@sbcglobal.net or 575-1185.

***Circle suppers are a great time to gather in small groups to break bread and share in conversations at each others homes.

SECOND SUNDAY FILM SERIES

The July film "The Freedom Riders", and the discussion that preceded it, was well attended. UUCM netted \$100. as did the Peace Center. Here is the flyer for August's film, "Peace One Day, Part Three". Remember, you can have a night out with snacks, meet new people, see old friends, educate yourself and support UUCM all at the same time for a small donation! What a bargain!

Peace Center Film Forum & UUCM Social Action Committee present:

SECOND SUNDAY CINEMA

at the Unitarian Universalist Community of the Mountains:
246 S Church Street (Church and Walsh), Grass Valley

Sunday, August 14th, 7:00



Peace One Day Part Three

In 1999, filmmaker Jeremy Gilley had a simple but powerful idea - could the world be persuaded to lay down its weapons for a day? Two years later, he persuaded the member states of the United Nations to declare an annual day of global ceasefire and non-violence on 21 September. It's been marked every year since. Despite the humanitarian successes in Afghanistan and in other parts of the world, a global ceasefire on the day still proves elusive. In this third film culminating in 2010, Jeremy Gilley continues to record his extraordinary efforts to achieve the seemingly impossible. Premiered on BBC World September 2010 reaching 306 million households in over 200 countries.

Feel free to join us for discussion and refreshments after the movie.

\$4 - \$10 donation, no one turned away.

Film + Facilitated Discussion + Food + Friends =

Peace Center Film Forum



--An Evening and Film with David Hatch

7 p.m. Friday, August 26, 2011

\$4-\$10 donation suggested.

No one turned away.

Amerindian Metaphors and Why They Are Important Now



At: The Unitarian Universalist Community of the Mountains
246 So. Church Street (corner of Walsh St.), Grass Valley

David Hatch's film is a statement about the metaphorical thinking and poetical assumptions embodied in early Native American rock art and the implications for today's world. It deals with virtue, heroism, faith, morality, science, perseverance, governance.

In his 50-year career in art at the University level, David Hatch has made 400 to 500 films, many related to early Native American art and hieroglyphs. We will see one of those films and hear from David about his work and understanding based on his experience studying, traveling and learning from direct experience. During his 50 year career as a University professor, artist and art historian, David has traveled around the world 5 times, lived in various locations outside the U.S. for a total of 9 years, and worked in close contact with tribal peoples both inside and outside the U.S.

The first 25 years of his career were spent teaching his students the craft of making art using various media in the studio. The second 25 years took a different turn as he moved to teaching about the meaning of global art, with an emphasis on the Western hemisphere and pre-European contact Amerindian art. Hatch developed an understanding and interpretation of early native people and art based on the actual observation and context of the art and an attempt to, "Pay attention to what they do, not what they say about what they do." This contextual approach to interpretation includes asking questions such as: "What is the meaning of the work?", "What were the values projected?", and "How does it change things when a work of art or anything is perceived in a culture that believes the creation itself is alive and has a spirit of its own?" The David Hatch's presentation on Amerindian symbolism, proto science, nature reverencing and metaphors promises to stimulate and provoke thought about our own lives and culture. Come to appreciate these voices from long ago. Sponsored by UUCM Social Action Committee

SOCIAL ACTION NOTES

Sheila Myers

Meet one of our KIVA micro-loan recipients!

In May, Keith Johnson and other members of the Social Action Committee hosted a KIVA party after the services. It was well attended, and those present loaned a total of \$1,055.00 to three groups of entrepreneurs, chosen by the Social Action Committee in June. The group featured below has repaid 21% of UUCM's loan, and full repayment is expected by January 2012. When all three groups have repaid UUCM, the repayment checks will be distributed at another KIVA party! I hope to see you all there.

Mujeres Entusiastas Group in Guatemala



(from the KIVA website)

In this Group:

Marta Julia, Elda Fabiola, Emiliana, Cristina, Wendy Yaneth, Silvia, Herlinda, Felipa, Eneyda Benita, Maria Veronica, Ingrid Yanet

Elda Fabiola is 33 years old and married. She completed high school and has two children who are currently in school. Elda's business is selling ladies', men's and children's clothes. She started her business with just a little capital and now she has five years experience. She has the support of her husband who also buys and sells products.

Elda got together a group so that she could request a loan with which to expand her business. She will buy merchandise for resale: sweaters, blouses, t-shirts, socks, scarves, caps, baby clothes, underwear, etc. The other members of the group work in different businesses including: making clothes, selling products retail and running a store.

Pass the Plate

The recipients for Pass the Plate for July were Soldier's Heart with total amount sent on behalf of UUCM of \$503.00 and Interfaith Food Ministry. A total of \$380.00 was sent to IFFM from UUCM in July, \$350.00 from Pass the Plate and \$30 from the cash placed in the food collection baskets passed by the children.

Thank you all for your generosity to these local outreach groups!

The August Pass the Plate recipient will be Habitat for Humanity. There will be a representative from Habitat at UUCM on the 28th to speak to our congregation about what they do and how we can help.

I am sure this group can count on us once again to be our usual, generous selves!

PFLAG/UUCM: LGBTQ Teen Outreach

There will be another planning meeting with PFLAG and UUCM volunteers on August 10th at 6:00 PM. All interested in the progress of this outreach partnership to help support our community's LGBTQ youth are welcome and encouraged to attend.



Scott's Flat view

GREEN SANCTUARY Film Series

by Bill Nolan

“Climate Change - Despair and Empowerment”

Sunday, August 7, at 12:30

So you have questions about climate change? Is it real? If so, what is the cause? What might life on Earth be like in the future if the problem is not addressed? What can be done to mitigate the problem and reverse the trend?

All of these questions will be addressed in the film which, as the title also indicates, gives us solutions and means of empowerment. We don't have to stand by and simply watch helplessly as this potentially catastrophic problem continues to gain momentum.

GREEN POWER POINT

Anita Wald -Tuttle

SUPERMARKET SWEEP

The next time you go grocery shopping, come armed with a list, your cloth bags for carry out, and then grab a basket instead of a cart. You'll avoid impulse buys, consume less, spend less money, and, as a bonus, burn more calories.

Now if your purchases included some items for barbecuing, pay attention!

Better BBQ

A propane or electric grill burns cleaner than one powered by charcoal. If you do use charcoal, choose lump brands made from invasive tree species or harvested from sustainably managed forests over briquettes, which may contain coal dust or other additives as binders. And use a chimney starter - a metal cylinder that you fill with charcoal to create a “chimney effect” - rather than lighter fluid.

Happy Summer Outdoor Eating!

MUSIC, MUSIC, MUSIC

Annie Haymaker

Choir News

Summer choir rehearsals have begun, with new directors and a new schedule! Janet and Annie are enthusiastic about working with the choir this year, and have set up the schedule to accommodate varied levels of participation.

In August we will rehearse on Monday evenings, Aug 1 and 15, from 7-8:30 pm, and on Sunday mornings, Aug 7 and 21, from 9:15-10:30 am before the service. As is traditional for the summer choir, we will not present music at services. This month is a good time to try new music, meet the other singers, and enjoy singing in our peaceful sanctuary. Please call Janet at 477-8760, or Annie at 477-0701, if you have any questions.

Drum Circle @ UUCM

Come explore your natural rhythm in a fun, safe environment. All ages are welcome and no experience is necessary. The August gatherings will be Wednesday the 3rd and 17th from 7 to 8:30 in the UUCM Chapel. For more information contact David Ferrier 559-5902 (DavidsDrums@gmail.com).



Open Mic Night

Kudos to Shannon Dooley-Miller for organizing a UUCM open mic night at 7 pm on Tuesday, August 9. Musicians and listeners are welcome at this family event. Call Shannon at 346-6995 or email sdooley-miller@gotsky.com for more information.



UNITARIAN UNIVERSALIST ANIMAL MINISTRY RECIPE

Carol Hyndman



Banana Tofu Honey Ice Cream

1/2 lb firm tofu drained
1 cup plain soy milk
1/4 cup honey
3 ripe bananas
1 1/2 Tbsp vanilla
pinch salt

In blender puree all ingredients until smooth
Pour in to ice cream maker and freeze according to
manufacturers directions.

Serve right away or transfer to airtight containers up to 3
days.

Meditation

Has a dog remembered and showed honor to you or a
loved one or even a stranger in a way that surprised you?

From *"Angel Dogs"* by Allen & Linda Anderson

I am still planning to start the Reverance for Life program
on the 3rd Sunday on Sept. I would like to have a very
brief meeting in August just to see who is on board and to
pass out

info for the first meeting.

Please call Carol Hyndman at 477-0693 for info.

UUCM CAMPING TRIP

AUGUST 19th – 21st 2011 - Scott's Flat Lake

It's coming right up... that special time of year again where we come together
to sleep under the stars and be together for a special weekend! This will be the
second year we will spend at Scott's Flat Lake Campground which is right in
our backyard.

Our special weekend includes: Relaxation and socialization with other UU
families, day hikes and biking, swimming, kayaking, and boating.



FRIDAY AND SATURDAY CAMPFIRES with amazing
music from our very own UUCM musicians. Bill Nolan has
been collecting your song requests and is preparing an expanded
UUCM Camp Song book for all of us to enjoy.



continued on page 10



SATURDAY NIGHT

POTLUCK: Bring something to barbeque and a side dish to share.



SUNDAY MORNING CIRCLE

Our Gathering in Nature where we encourage folks to bring a special reading or song to share and reflections on our weekend together



If you want to Camp

7 sites have been reserved in advance to ensure we have most of the group together. All sites are now reserved with at least one camping family. If you think you want to share a site, contact Beth 274-2234 or Shannon Dooley-Miller 346-6995. If you have not paid, please contact Beth to pay her for the site. Most sites are large and can be shared. 2 cars per site. UUCM Reserved sites include #28, 29, 49, 56, 57, 58 and 59. --- There is a \$5 reservation fee per site.

Call SCOTT'S FLAT 265-3777 to Reserve a site on your own. Sites adjacent to UUCM sites include #47, #48, #31, #30, #27. There are still many sites are available. http://www.scottsflatlake.net/html/campsite_maps.html

Prices per site are \$30 per night including one car up to 10 people. One extra car per site is allowed at \$10 per night. Day use, boat/kayak launch, dogs, are separate fees paid to Scotts Flat directly. See website. http://www.scottsflatlake.net/html/rates_and_directions.html

If you want to come for the day, evening potluck, or campfire No reservation needed. There will be a \$6.50 Day Use Fee (up to 4 people) at the Gate.

Any questions, suggestion or if you want to help with planning activities, please contact Beth Freedman, Shannon Dooley Miller and Beth Karow.



AUGUST



2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7pm Choir Practice	2 9:00am-Morning Meditation 7:00pm-Music Committee 7:00pm-Threshold Choir	3 8:30am-Men's Get-together 6:00pm-Membership 7:00pm-Drumming Circle	4 8:30am-Caroline's Mens Group 4:00pm-Planned Giving Committee 6:00pm-DBSA NC 6:30pm-Leadership as a Spiritual Practice	5 2:30pm-Jazz Piano	6 10:00am Spitual Book Group
7 9:15am Choir Rehearsal 9:30am-Meditation Grp 11:00am-Sunday Service 12:30pm Green Sanctuary Film	8	9 9:00am Morning Meditation 9:00am-David's Chalice Group 7:00pm Open Mic Night	10 8:30am Men's Get-together 5:30pm Caring Comm. 7pm Social Action Coodinating Council	11 8:30am-Caroline's Mens Group 10:00am-Writer's Group 7:00pm-UU Board Meeting	12 2:30pm-Jazz Piano	13
14 9:30am-Meditation Group 11:00am-Sunday Service 12:30pm-New Year's Celebration 7:00pm-Second Sunday Peace Center Movie	15 Newsletter Deadline 7:00pm-Choir Practice	16 9:00am-Morning Meditation 6:15pm-PFLAG Board Meeting 7:00pm-Threshold Choir	17 8:30am-Men's Get-together 7:00pm-Drumming Circle	18 8:30am-Caroline's Mens Group 6:00pm-Women's Study Circle 6:00pm-DBSA NC	19 2:30pm-Jazz Piano 5:30pm-Hospitality House Dinners CAMPING TRIP	20 CAMPING TRIP POTLUCK
21 9:15am Choir Rehearsal 9:30 Meditation Grp 11:00am-Sunday Service 12:30pm-New to UU 12:30 Reverence for Life 1:00pm-Biodanza	22	23 9:00am-Morning Meditation 9:00am-David's Chalice Group 6:00pm PFLAG 7:00pm-Worship Committee	24 8:30am-Men's Get-together	25 8:30am-Caroline's Mens Group 10:00am-Writer's Group 6:00pm-Green Sanctuary	26 2:30pm-Jazz Piano 7:00pm Amerindian Metaphors	27 9:00am-Building and Grounds Work Party 1:00pm-Building &Grounds Committee
28 9:30am-Meditation Group 11:00am-Sunday Service 12:30 RE Committee	29	30 9:00am-Morning Meditation 9:00am-David's Chalice Group	31 8:30am-Men's Get-together			

Note: Calendar is subject to change. Verify on website: ugrassvalley.org





Unitarian Universalist
Community of the Mountains
246 So. Church Street
Grass Valley, CA 95945
www.uugrassvalley.org

Return Service Requested

The purpose of our Community is to foster liberal religious living through worship, study, service and fellowship. We seek the enjoyment of religion founded upon devotion to individual freedom as our method, we seek to grow in understanding of ourselves and of our world, to promote and serve the universal human family.

New to UU? Comprehensive information on our principles, beliefs within our faith, history, worship practices, congregational life and more is available on the denominational website at www.uua.org. Click on "Visitors."

Membership in UUCM is open to all who see this community as their religious home and the principles for which it stands as their own. To join UUCM, one signs the membership book and supports the community through a financial contribution and regular participation.

Visitors are invited to attend a membership class to learn about the UU denomination and this congregation. This two-part series, a orientation brunch followed the next week by a retreat is offered every three months after Sunday services. For more information, about the orientation or membership, please talk with Rev. Meghan Cefalu or with Corrie Silva of the Membership Committee.

Office phone: (530)274-1675
Email: uucm@uugrassvalley.org

UUCM Board of Trustees

President...Keith Johnson
president@uugrassvalley.org
Vice President... Wally Holtan
Treasurer... Jerry Jacoby
Secretary... Ann Cullinan
At Large...Pat Paddock, Carol Ann Jones,
Bernell Scott, Beth Freedman

Mountain Chalice newsletter editors
Annie Haymaker, Clarita Nolan and Mike Freedman
This issue edited by Clarita Nolan

Webmaster: Terry Shearn
webmaster@uugrassvalley.org

Minister: Rev. Meghan Cefalu
Hours: Tues-Wed-Thurs, 11 am - 6 pm
please call ahead for an office appointment
minister@uugrassvalley.org 274-1661

Committee Contacts

Religious Education....Meg Luce
Membership... Corrie Silva
Social Action...Carol Ann Jones and Ann Cullinan
Worship... Matt Wilson-Daley
Building and Grounds ... Rick Osborne
Finance...Beth Freedman
Communications...
. Caring...Robin Hart
Music... Randy McKean
Stewardship ...Keith Johnson
Green Sanctuary....Bill Nolan
Ministry.....Lindsay Dunkel

Other Groups

Writers Group...
Women's Group....Clarita Nolan
Spirituality Group...
Room Scheduling....Anita Wald-Tuttle

UU Pacific Central District:
www.pcd-uua.org
UUA (denomination):
www.uua.org

**Newsletter deadline is the 15th of each month. Send to: editor@uugrassvalley.org
Send change of address, phone number or e-mail to: directory@uugrassvalley.org**