



# The Mountain Chalice

Newsletter of the  
Unitarian Universalist  
Community of the Mountains  
Grass Valley, Calif.

**December 2011**

We are a GLBT-Welcoming Congregation



## **December 4, 11:00 am – “An Angel in December” Rev. Meghan Cefalu and UUCM Players**

Come join us for this magical intergenerational service on the first Sunday of Advent and we'll get into the holiday spirit together. This story of love and generosity will be enacted by our own intergenerational players and woven throughout the worship service. Worship Associate: Lindsay Dunkel

Please remember to bring non-perishable food contributions for the Interfaith Food Ministry and pet food for Sammie's Friends on the first Sunday of the month – and brown grocery-size bags.

## **December 11, 11:00 am – “Finding Stillness” Rev. Meghan Cefalu**

Amid the sometimes exhausting activities of this season, today's worship service will invite us into a time of stillness and quiet contemplation. The choir will provide music this morning which will help us find that tranquil place within us. Worship Associate: Gail Johnson Vaughan

## **December 18, 11:00 am – “Occupy Love” Rev. Meghan Cefalu**

The Occupy Wall Street movement has been growing and evolving since it began in September of this year. What is it really about? This morning we'll reflect on the messages of the movement, and how we as a people of faith are called to understand and participate in this movement.

Worship Associate: Jerry Jacoby

## **December 24, 5:00 pm – “Christmas Eve in Story and Song” Rev. Meghan Cefalu**

Bring the whole family and join us for an evening of traditional Christmas music, stories and carol singing. This service will be sure to leave us all filled with good cheer, comfort and joy.

Worship Associate: Matt Wilson-Daley

## **December 25, 11:00 am – “Merry Christmas!” Rev. Meghan Cefalu**

What a treat that Christmas Day falls on a Sunday this year! This morning's service will be an intergenerational worship filled with music and singing, stories and celebration of the many meanings of Christmas. As a special treat, we will be blessed with the opportunity to dedicate a baby boy (Dashiel Lossner). The choir will sing! Worship Associate: Carrie Osborn

## **January 1, 11:00 am – Cider Sunday**

On this prelude to an exciting new year we will pause as we have for the last few years, “circle the chairs,” and take a look backward and forward. Each person is encouraged to share what's been meaningful in their lives this past year and what they look forward to in the coming year, as we sip hot cider in community. Worship Associate: Anita Wald-Tuttle (we hope!) and company.



## Rev. Meghan's Musings

By Rev. Meghan Cefalu

Last month I got to go to camp! Okay, it wasn't really camp, but it was a weekend filled with workshops held in the San Bernardino Mountains at the UU Camp de Benneville Pines. The event was called "Walking our Talk: UU Social Justice Leader Training" and it probably won't surprise you to know that our own Carol Ann Jones was there with me. Though it meant I had to rearrange some commitments in order to attend, I was drawn to the training by the impressive line-up of speakers. Some of the best minds in our movement – both ministers and lay people – shared their secrets of successful organizing and strategizing around social justice issues, fundraising and grounding the justice work we do in our faith.

I was particularly moved by a workshop on the spirituality of justice work. The facilitator opened by talking about how important it is to honor our spirit when we are working for justice; too often we become disconnected from our feelings of grief, anger, sadness and empty confusion and that disconnection ultimately hurts us. She introduced several ritual practices culminating in one in which she called the twenty of us sitting in a circle to create a sacred and safe space. In the center of the circle was a large rectangular cloth. At each of the four sides was an object: dry leaves representing the element of grief, a large stone to symbolize our sad and heavy hearts, a stick to indicate our anger and an empty bowl signifying the sense of being at a loss, not knowing what to do. We were invited to enter the space and hold the element or elements which most resonated with our deepest feelings and to express those if we felt called to. After the person was finished the rest of us in the circle would say: "We hear you."

The first person to enter held the dry leaves and wept and said that she was in deep grief about the Earth. She cried while she voiced her sadness about the fact that the population of frogs is diminishing around the world. The next woman to enter picked up the stick and said to the group right off that she was planning to use some rather intense language. She then paced and, in a loud, angry voice, used words that at once shocked me and resonated with my own deep and unspoken anger at the flagrant injustice and atrocities visited upon people and the environment for the sake of making someone even more money. Many of us were moved to tears by the raw, unedited and yet wholly warranted rampage. Several others also stepped in and shared their feelings and we in the circle held that space with love and care.

What I take from that experience is the reminder that emotions are energy, and when we can allow them to move in and through us, we are more whole, more accessible to other people and to the work to be done. When we stop them, refuse to acknowledge them or otherwise stifle them, part of us becomes diminished, deadened, and unavailable.

This is the difference between a church and other social justice organizations: that we are intentional about grounding our social justice work in spirit, to remind ourselves that this is *sacred* work that we are doing. When we stay in touch with that aspect, we are more likely to be renewed by the work, rather than depleted by it. And then we are truly a force to be reckoned with.

May it be so.

Rev. Meghan

## Operation Turkey

*Pat Paddock*

Your \$10 donation to Interfaith Food Ministry (IFM) will provide a turkey or large chicken (depending on family size) plus trimmings to needy families in Western Nevada County registered for assistance. We are expecting to provide these and other supplemental groceries to 800 families at Christmas.

We appreciate any contribution and thank you in advance for your participation. Please make checks payable to: Interfaith Food Ministry, Operation Turkey, and place in the collection basket or mail to P. O. Box 1174, Grass Valley, CA 95945

Continuing with the spirit of our “In the Loop” television broadcast on November 13, I bring you the latest UUCM news flashes.

Anita- At the time of this broadcast our beloved church sexton Anita Wald-Tuttle is recuperating nicely from her recent accident. In order to partially perform her duties on a temporary basis, we have called in the Armed Forces, Secret Service, Congress, and the following UUCM volunteers:

John Burnside (building temperature and security)

Suzanne Ferroggiaro (welcome table)

Donna Foddrell (plants and fridge)

Annie Haymaker (filing OOSs and newsletters)

Jerry Jacoby (rental billings)

Carol Ann Jones (voice mail)

Carol Kuczora (mail)

Paige Torgrimson (calendar)

Keith, Rick, and Wally (chairs)

Keith and Meghan (space rental)

Whew! Hurry back Anita! And many thanks to all the volunteers.

Sign- The Board of Trustees has approved a sign for congregational review. It’s a beauty! (And within our price range). Photos will soon be displayed.

Workshops- A Renewal Leave workshop will be held on January 22, and Planned Giving workshops are scheduled for February 12 and March 11. Mark your calendars.

And now a word from our sponsors. Please remember to pay your UUCM pledge promptly. Don’t miss Reverend Meghan’s guided meditation/discussion on generosity after the Sunday service on December 11.

Order of the Phoenix- (LBGTQ Teen Group) First meeting 11 teens, second meeting 27 teens. Who knows how many teens (and their parents) will show up on December 9? Cash donations for refreshments are gratefully accepted.

Membership- We welcomed 8 new members to UUCM on November 13. Wow! Kudos to the entire Membership Committee, especially co-chairs Andy and Shannon Dooley-Miller.

I close with advice from our own television celebrity, Reverend Meghan- slow down!

Thanks for watching and good night.

Keith

## Notes From the President

by Keith Johnson



Photo: Charita Nolan



## Library News

Custis Haynes

### NEW AT THE LIBRARY

*Twelve Steps to a Compassionate Life*, by Karen Armstrong (donated by Susan Stanford)

*The In-Between Church*, by Alice Mann (managing transitions)

*American Stories About Global Warming*, foreword by Barbara Kingsolver

*The Hunger Games*, by Suzanne Collins (smashing sci-fi, a Major Motion Picture Coming Soon to a Theatre near You)

### URGENT SEARCH FOR VICE LIBRARIAN!

80th birthday present to self is a tranquil 2012.

Fewer Good Works. More gallivanting with husband.

One of the Good Works to be pared down is the UU library. Hoping to find a book loving assistant who'll appreciate the perks:

- 1) a chance to help the UU, on your own schedule
- 2) first crack at all the donated books
- 3) if you suffer from disturbing urges to order and organization, you can work them off safely in a neutral setting, before they affect your personal space

To volunteer please call 265-0387, Custis Haynes.

# Stewardship Committee

Ruth Ghio

When the questionnaire about volunteering was passed around a month or so ago I put a check on Stewardship Committee. I ended up being on a committee I knew nothing about and I certainly did not know it was about raising MONEY! Much to my surprise I have learned a lot about myself, about the spirituality of money and generosity. We are using the book *Creating Congregations of Generous People* to guide us. As I reflect on this congregation, I am aware of the multitude of ways this is already a congregation of generous people. Taking care of each other, the Sunday morning snacks, the tremendous job of keeping the building functional and comfortable, the ushers, the greeters, and serving on committees. The list is endless. And yet there would be no need for any of this if we weren't equally generous about money. Since money provides us the community, the spiritual leadership and of course our physical home. I want to thank everyone for his or her contributions. It is a touching experience to witness everyone's generosity.

And we still must deal with the financial needs. I asked Jerry Jacoby of the Finance Committee to provide me with a report on the financial health of our community.

At the end of October pledge payments were slightly ahead of the budget. (5%) and expenses were right on budget. (less than 1% over budget)

Jerry requested that I remind you that the expenses are very regular and our financial operations work best when everyone makes their pledge regularly. For example Meghan's salary, the mortgage, PG&E, and most other expenses are paid through Electronic Funds Transfers. The money must be available on the scheduled day of the month. We can no longer have the flexibility of delaying payment until after the Sunday collection is deposited on Monday.

Jerry also mentioned that the Building Fund (officially Capital Campaign Fund) has been depleted and is currently \$488 negative, because of two major projects: replacing gutters and the new sign. We do expect a \$2000 grant from PCD Chalice Lighters in the future. So the current negative balance is not seen as a major problem. If any one wishes to make contributions to the Building Fund, *(continued)*

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over and above their pledge, please write those words on the memo line of your check. These contributions are also tax deductible.

In conclusion I would like to mention that we need to look at a budget that supports our growth, hiring an administrative assistant and renewing our contribution to PCD. If you can raise your pledge I would encourage you to do so. If you don't pledge I would support you in pledging and if for some reason you have not been able to honor your pledge, please contact a member of the Stewardship Committee to let us know. It may be possible for us to work out a plan to help you to honor your financial commitment. Here is a list of persons to contact on the Stewardship Committee.

Keith Johnson: 265-0277 (Chairperson)

Wally Holton: 274-7965

Ruth Ghio: 272-6738

In gratitude, Ruth Ghio

## Right Here Right Now!

*Submitted by Meg Luce of the Renewal Team*

The Renewal Team has received a splendid array of creative and varied suggestions regarding Reverend Meghan's renewal leave. After reviewing the marvelous diversity of ideas, the thing that is occurring now is that—surprise surprise—each one of us may not get exactly what he or she wants! For example, some may prefer a professional minister or Starr King student; some may prefer UU congregants to cover the bases. We will probably end up with an amalgam of various preferences. Even though we will differ in opinions on how to navigate this transition—we are UUs after all—there is one thing that I think we can wholeheartedly agree on: our commitment to social justice. What does "social justice" have to do with guiding us through the renewal leave process, you may ask. Let me back up a minute and explain. As we all know, UUs resonate with social justice issues. When we hear of someone less fortunate than ourselves, when we see someone who is not being represented, we often rally forces. If there is a protest on the street or a cause to be championed, there are likely some UUs in the mix. It often comes naturally to apply social justice concepts to mistreated others; *(continued)*

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but do we always apply them to those closest to home? What I am imagining is that as we plan the renewal year we will utilize our beloved ideals—those of *equity and compassion in human relations*—and demonstrate them to each other, even though we may not always agree.

Wouldn't it be amazing if we keep a central focus on *how* we treat each other as we move forward in planning the renewal leave? Next month, on Sunday, January 22 we will have a forum to share the renewal leave survey results and discuss our ideas together. When I think of *justice, equity and compassion in human relations*, I think non-violent communication. When I think of *the goal of world community with peace, liberty, and justice for all*, I also think of a peaceful, loving, (albeit spirited!) process here at our UU home. When I think of the *democratic process within our congregations*, I think, right here, right now! Okay, so it's true—we may not get everything we want. But if we practice our cherished UU Principles with each other, we might receive more than we ever imagined.

Blessings,

The Renewal Team ~

Kia Hatch, chairperson, [kiadhatch@comcast.net](mailto:kiadhatch@comcast.net)

Keith Johnson, [kjohnson.uucm@gmail.com](mailto:kjohnson.uucm@gmail.com)

Meg Luce, [megtracy7@yahoo.com](mailto:megtracy7@yahoo.com)

Susan Sanford, [ssanford@sonic.net](mailto:ssanford@sonic.net)

## Hospitality House

*Suzanne Ferroggiaro*

We have two opportunities this month to practice the true Christmas spirit by providing dinners for the guests of Hospitality House:

1. The Coming of Age teens and mentors will provide a complete turkey dinner, AND musical entertainment (?), on Friday, December 16th.
2. The rest of the congregation is invited to share some cheer on Friday, December 30th by contributing to a pizza and salad dinner.

To see how you could help for Friday, December 30th, please contact Suzanne Ferroggiaro at 477-5344, or <[rivertreehouse@att.net](mailto:rivertreehouse@att.net)> The guests are always most appreciative. Thank you for your generosity!

## Caring Notes

*Robin Hart*

The wheel of time has turned again, as we approach the Winter solstice and the season of miracles. The leaves have faded and fallen from the trees, as Mother Nature prepares for a long winter rest. New miracles occur as snow crystals start to fall on the Sierra in a lacy white blanket. We reach the peak of the holidays this month and gather close to celebrate with our loved ones and friends. Wishing you joy and love in this season of peace.

Please join with me in lighting candles of concern and sending healing energy to those many in our community who need special prayers and wishes at this time.

If you need to bring something to the attention of the Caring Committee, please contact one of our members: Robin Hart (Committee Chair), Corrie Silva, Leal Portis, Gwen Eymann, Alice Johnson, Sandi Lauher, Bernell Scott, May Lawrence and Rev. Meghan or e-mail us at [caringcommittee@uugrassvalley.org](mailto:caringcommittee@uugrassvalley.org)

*This space is intentionally left blank  
to protect the privacy of our members.*

# Welcome To Our New Members!

*Andy Dooley-Miller*

On November 13, we were blessed to have eight new members join UUCM. They have diverse life experiences with many talents and interest to share with us. Please welcome; Ruth Ghio, Tom Wernig, Janet & George Dunstan, Alan Duncan, Carol Wong, David Edwards and Jan Carvacho.

Jan Carvalho – Jan moved to Nevada City from SF 3 years ago. She is retired, single and has 2 children. Her daughter and Jan's 2 grandchildren live in the Denver area and her son lives in Incline Village. Jan loves traveling with her family or friends. She has done volunteer work with Hospice of the Foothills and Hospitality House.

George Dunstan – Before retirement, George was an environmental analytical chemist for the State of California and several commercial laboratories. He has volunteered with Hospitality House, the Interfaith Food Ministry and the South Yuba River Citizens League. Hiking, canoeing and gardening occupy George's spare time when he and his wife are not exploring the US and Canada in their camper.

Janet Dunstan – Born and raised in the conservative Lutheran Church, Janet lost her faith only a year ago while attending a Jesus Seminar and discovering the real Jesus. She has had careers in customer service, call center management and recently retired as a full-charge bookkeeper in construction. Janet is madly in love with her husband of almost 35 years.

David Edwards – David is happily married and has 2 children in their 20's. He has a Master's degree in Psychology and in previous lives he worked in drug abuse programs; the peace movement; as an engineering contractor; in water and wastewater plants; as an electrician and is now for the Label GMO's California State Ballot Initiative. He says he takes on too much. He is already a volunteer on the UUCM Sound Team.

Ruth Ghio – Ruth has lived in Nevada County longer than she has lived anywhere. She has 4 children and 3 grandchildren, all of whom she enjoys and find to be delightful, wonderful people. Ruth has practiced mediation for over 30 years. *(continued)*

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She has been a psychotherapist for 35 years. She has 2 Master's degrees, one in psychology and one in culture creation spirituality. Ruth also has a certificate in Spiritual Direction. She has joined UUCM twice. She loves the planet and is glad that she is here and is also glad that she is part of this community.

Tom Wernig – Tom grew up in Virginia. At the University of Wisconsin – Madison, he studied philosophy and has yet to fully recover. Tom came to UUCM after being kicked out of a Quaker meeting for snoring. Along with Utah Phillips, Tom is *already against the next war*. Recently, Tom got a fortune cookie that said "Your fondest dreams will come true." Happily married and father to genius children, he now is waiting for Lady Gaga to record one of his songs.

Carol Wong – Carol was raised as a Catholic and left that church after realizing that their walk did not match their talk. She is excited to have found UUCM. The concept of "salvation by character", fits with her idea of bringing spirituality to everyday life. Carol lived in the Bay Area for 30 years where she worked in IT for an insurance company and raised her two sons. She retired 10 years ago and moved to Grass Valley with her partner Rosanna.

Allan Duncan – Allan moved to Nevada County 7 years ago to be near his daughter and grandson. He fell in love with the natural beauty of this area. Allan enjoys spending time with grandchildren, gardening, day-hiking, and fostering use of native plants in landscaping. He is coming from an Evangelical Protestant background and is looking for, and found, a religious community that is open, accepting and progressive.

Welcome!

# Social Action News

*Sheila Myers*

Dec. 9<sup>th</sup> Friday, 6:00PM UUCM

Order of the Phoenix, the LGBTQ teen group, will be holding a Christmas Party with a "White Elephant" gift exchange. All LGBTQ teens in the area are welcome, as well as their parents and friends. Teen food and drinks will be provided. Contributions needed from our community are chips, cookies and help with decorating and hosting. BYO ear plugs! Contact Sheila Myers or Keith Johnson to sign up.

Dec. 10<sup>th</sup> Saturday 7:00 PM UUCM

(Hopefully) the Woolman Semester students will once again be presenting their Social Justice films. This is not finalized as of the newsletter deadline. Mark your calendar anyway, and a UUCM General /Friends e-mail will be sent out if there is new information. Many of us are addicted to this well attended, totally awesome presentation.

Dec. 11<sup>th</sup>, Sunday 7:00 PM UUCM

The UUCM Social Action Committee and the Peace Center present's our Second Sunday Cinema "Bringing down a Dictator" which documents the spectacular defeat of Slobodan Milosevic in October 2000, not by force of arms, but by an ingenious nonviolent strategy of honest elections and massive civil disobedience. Milosevic was strengthened by patriotic fervor when NATO bombed Yugoslavia in early 1999, but a few months later, a student movement launched a surprising offensive. Their weapons were rock concerts, the internet, email, cell phones, spray-painted slogans and a willingness to be arrested. Narrated by Martin Sheen.

When: Sunday December 11, 2011 at 7:00 p.m.

Where: Unitarian Universalists Community of the Mountains, 246 S. Church St., GV Cost: Suggested Donation \$5.00 - \$10.00 (no one turned away for lack of funds) Facilitated discussion to follow.

Refreshments will be available. All proceeds shared with UUCM and the Peace Center whose mission of bringing information to the public and raising consciousness in the community on both world events and social issues is addressed in part by this film series. Contact Information: Peace Center of Nevada County 530-265-0200 or website

ncepeace.org *(continued)*

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Pass the Plate: Thanks so much to all who donated generously to our own community, UUCM in the month of November. I realize that our members are very generous already through their pledges, but as always and especially in these tough economic times, any extra will be welcomed. The December recipient will be the Interfaith Food Ministry on Dec. 18<sup>th</sup>. They will appreciate every penny, I am certain. People will be cold enough in December. Let us make sure they do not go hungry!

There will be no vegan Supper Club or Green Sanctuary meeting in December, due to Holidays.

## International Circle Suppers a Rousing Success!

*Theresa Houtman*

Seven hosts gathered about 40 people together for our international circle suppers. We want to thank Kern Hildebrand, Bill and Clarita Nolan, Christy Barden, May and Jerry Lawrence and their co-hosts Corrie and Paul Silva, Wally Holtan and Gwen Eymann, Anita Wald-Tuttle and Theresa and Joel Houtman for opening their homes. Each host also deserves kudos for creativity in choosing and organizing these imaginative meals. If you missed out this time, be sure to sign up for dinners next spring.

## Holiday Bazaar

*Beth Freedman*

December 4, 2011

After Service to 2:00pm

Please plan on visiting our **Holiday Bazaar** after service. We will have plenty of wonderful gift options for you and your loved ones. There will be homemade goodies from the RE families including groovy green ornaments, hot chocolate, candy and notecards. We will also have jewelry, cards, paintings, prints and aprons from several of our own local member artists!

All proceeds benefits the general fund for UUCM so please come and shop! Please contact the RE Fundraiser Coordinator Beth Freedman for details 274-2234.

## Deck The Halls at Friday Family Fun Night

*Paige Torgrimson*

Join us Friday, December 2<sup>nd</sup>, when we will be getting in to the spirit of the season with our 2<sup>nd</sup> annual Deck The Halls Friday Family Fun Night. Besides trimming the tree and putting up seasonal decorations, we will be creating Groovy Green Gifts to sell at the annual RE Holiday Bazaar.

Join us at 5:30pm for the Chili Challenge Potluck. Bring your favorite chili to share. Hot chocolate and cider will be provided. The glitzy, glittery, gift crafting begins at 7:00pm.

Mark your calendars for these upcoming Friday Family Fun Nights: laugh in the New Year when Richard Winter leads us in comedy improv games at the First Night Party on December 30<sup>th</sup> and Celebrate the Chinese New Year of the Dragon with Dim Sum, traditional music, and calligraphy on January 27<sup>th</sup>. For more information, email Brett or Paige at [PgAnderson@aol.com](mailto:PgAnderson@aol.com).

## UUAM Recipe

*Carol Hyndman*

### Roasted green beans with walnuts & rosemary

1 ¼ lbs. green beans (5 cups)  
½ cup walnuts  
1 ½ Tbsp finely chopped fresh rosemary  
1 Tbsp olive oil  
Preheat oven to 475

Toss all ingredients in bowl, season with salt and pepper if desired. Spread in baking sheet. Roast 15 to 17 min or until beans are tender and browned in spots, stirring occasionally.

Everyone at the vegan potluck liked this simple dish.

The first meeting on *Reverence for Life* was a great success. Good discussion and ideas of directions we would like to go. I hope more of you will check out this program. We meet the third Sunday, after service, about 12:30. More info: call Carol at 477-0693

"If your dog is fat, you aren't getting enough exercise." Unknown

## Women's Study Circle

*Clarita Nolan*

Our Holiday Gathering on December 15<sup>th</sup> will begin with caroling at Spring Hill Manor Convalescent Home - 355 Joerschke Drive - to share holiday cheer with those who are less fortunate than ourselves. We will meet at UUCM at 5:00 pm to carpool to Spring Hill Manor where we sing at 5:30 pm. Afterward we will move on to the lovely home of May Lawrence - 16986 Blue Sky Circle in Nevada City. At that time we will enjoy a pot luck dinner and Christmas stocking (sock) exchange.

Please wrap a pair of fun Christmas socks and bring them for the gift giving. For those of you who are unable to join us for caroling, please meet at May's house at 6:00 pm. Please RSVP to May at 530-478-9438 to coordinate what dish to bring for the pot luck feast and to get directions to her house.

## Green Sanctuary Film Series

Sunday, December 4<sup>th</sup> at 12:30 pm

### "The Power of Community – How Cuba Survived Peak Oil"

When the Soviet Union collapsed in 1990, Cuba's economy went into a tailspin. With imports of oil cut by more than half – and food by 80 percent – people were desperate. This film tells of the hardships and struggles as well as the community and creativity of the Cuban people during this difficult time. Cubans share how they transitioned from a highly mechanized, industrial agricultural system to one using organic methods of farming and local, urban gardens. It is an unusual look into the Cuban culture during this economic crisis, which they call "The Special Period." The film opens with a short history of Peak Oil, a term for the time in our history when world oil production will reach its all-time peak and begin to decline forever. Cuba, the only country that has faced such a crisis – the massive reduction of fossil fuels – is an example of options and hope.

# December 2011 Calendar

Th 12/1 8:30 am – Men's Get-together, Caroline's  
4 pm – Planned Giving Committee  
6 pm – DBSA Nevada County  
F 12/2 5:30 pm – Friday Family Fun Night  
Sa 12/3 10 am – Spiritual Book Group

Su 12/4 11 am – Sunday Service  
12:30 pm – RE Holiday Bazaar  
12:30 pm – Green Sanctuary Film Series

M 12/5 3 pm – Conversational Spanish  
7 pm – Choir Practice

Tu 12/6 9 am – Morning Meditation

W 12/7 8:30 am – Men's Get-together, UUCM  
6 pm – Membership Committee  
7 pm – Drum Circle

Th 12/8 8:30 am – Men's Get-together, Caroline's  
10 am – Writer's Group  
7 pm – UUCM Board Meeting

Fri 12/9 6 pm – PFLAG

Sa 12/10 7 pm – Woolman Peace Film Series

Su 12/11 9:45 am – Choir Practice  
11 am – Sunday Service  
6 pm – Peace Program

M 12/12 3 pm – Conversational Spanish

Tu 12/13 9 am – Morning Meditation  
9 am – David's Chalice Group

W 12/14 8:30 am – Men's Get-together, UUCM  
5:30 pm – Caring Committee  
7 pm – Social Action Coordinating

Th 12/15 **Newsletter Deadline**

8:30 am – Men's Get-together, Caroline's  
6 pm – Women's Study Circle (off site)  
6 pm – DBSA Nevada County

Fri 12/16 5:30 pm – Hospitality House Dinner

Su 12/18 11 am – Sunday Service  
12:30 pm – RE Committee  
12:30 pm – New to UU  
12:30 pm – Reverence for Life

M 12/19 3 pm – Conversational Spanish  
7 pm – Choir Practice

Tu 12/20 9 am – Morning Meditation  
6 pm – PFLAG Board Meeting

W 12/21 8:30 am – Men's Get-together, UUCM  
7 pm – Drum Circle

Th 12/22 8:30 am – Men's Get-together, Caroline's  
10 am – Writer's Group

*(Calendar continued)*

Sa 12/24 9 am – Building & Grounds Work Party  
1 pm – Building & Grounds Committee

Su 12/25 9:45 am – Choir Practice  
11 am – Sunday Service

M 12/26 3 pm – Conversational Spanish

Tu 12/27 9 am – Morning Meditation  
9 am – David's Chalice Group  
6 pm – PFLAG Board Meeting  
7 pm – Worship Committee

W 12/28 8:30 am – Men's Get-together, UUCM  
6 pm – Finance Committee

Th 12/29 8:30 am – Men's Get-together, Caroline's  
6 pm – Green Sanctuary

Fri 12/30 5:30 pm – Friday Family Fun Night

Sa 12/31 6:30 pm – Vegan Supper Club

## Music, Music, Music

*Annie Haymaker*

### Choir News

In December our rehearsals will be Mondays, Dec. 5 and 19, from 7-8:30 pm, and Sundays, Dec. 11 and 25, from 9:45-10:30 am; we will sing for the services on Dec. 11 and 25. If you love to sing, come and try us out – we're a friendly group that welcomes new singers! We'd also like to find a pianist who would enjoy playing for choir practices on Monday evenings. For more information, call Annie at 477-0701, or Janet at 477-8760.

### Drum Circle @ UUCM

Come explore your natural rhythm in a fun, safe environment. All ages are welcome and no experience is necessary. The December gatherings will be Wednesday the 7th and 21st from 7 to 8:30 pm in the UUCM Chapel. For more information contact David Ferrier 559-5902 ([DavidsDrums@gmail.com](mailto:DavidsDrums@gmail.com)).

### Jazz Camp in January

Musicians take notice! Winter Jazz Camp will be held at UUCM on Saturday, January 21, from 10 am to 4 pm. Our very own Nora and Bill started the Summer Jazz Camps in 2002, and they have become a popular local institution. Teachers will be John Girton, guitar; Bill Douglass, bass; Kit Bailey, percussion, Nora Nausbaum, flute and winds, and Brady McKay, vocals. For more information, see the [www.sierrajazzsociety.org](http://www.sierrajazzsociety.org) website.



**Unitarian Universalist  
Community of the Mountains**  
246 South Church Street  
Grass Valley, CA 95945  
[www.uugrassvalley.org](http://www.uugrassvalley.org)

**Return Service Requested**

The purpose of our Community is to foster liberal religious living through worship, study, service and fellowship. We seek the enjoyment of religion founded upon devotion to individual freedom of belief. Relying upon reason as our guide, and upon freedom as our method, we seek to grow in understanding of ourselves and of our world, to promote and serve the universal human family.

**New to UU?** Comprehensive information on our principles, beliefs within our faith, history, worship practices, congregational life and more is available on the denominational website at [www.uua.org](http://www.uua.org). Click on "Visitors."

**Membership in UUCM** is open to all who see this community as their religious home and the principles for which it stands as their own. To join UUCM, one signs the membership book and supports the community through a financial contribution and regular participation.

**A Membership retreat** is held three times a year for people who are ready to make it official and join UUCM. It is a wonderful day of learning and sharing spiritual journeys while gaining a more in-depth understanding of the significance of membership. For more information about membership, please talk with Rev. Meghan Cefalu or with someone from the Membership Committee.

**Office phone:** (530) 274-1675

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Newsletter deadline is the 15<sup>th</sup> of each month. Send to: [editor@uugrassvalley.org](mailto:editor@uugrassvalley.org)  
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**Music Director:** Annie Haymaker

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**Green Sanctuary:** Bill Nolan  
**Worship:** Matt Wilson-Daley  
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**Women's Group:** Clarita Nolan  
**Chalice Circles:** David & Janet Lee  
**Room Scheduling:** Anita Wald-Tuttle