



The Mountain Chalice

Newsletter of the
Unitarian Universalist
Community of the Mountains
Grass Valley, CA,

February 2011 We are a GLBT-Welcoming Congregation



In This Issue

Rev. Meghan	2
Becoming a member.....	2
Notes from President.....	3
Spiritual Journey.....	3
UAM Recipe.....	4
Financial times.....	4
Imbolc Celebration.....	4
Caring Notes.....	5
Women's Study Circle.....	5
New at Library.....	6
Peace & Nonviolence film..	6
Social Action.....	7
Green Sanctuary.....	8
Green Power Point.....	8
Prof. Service Providers.....	8
Music, Music, Music.....	9
RE Update.....	9
Family Night.....	9
Volunteer of the month.....	10
Building and Grounds.....	10
Peace & Nonviolence film..	11
Calendar.....	11

February 6, 11:00 am - "Let there be light" Rev. Meghan Cefalu

The days are growing slowly longer and the first flowers of spring are just beginning to bloom. These are nature's signs that light and life are returning to the land. We too can trust that we will come out of the dark or barren times in our lives. This is the point in the pagan calendar to celebrate Brigid or Candlemas – a time of ritually acknowledging our turning toward the light.

Worship Associate: Carrie Osborn



Please remember to bring contributions of non-perishable food for the Interfaith Food Ministry and pet food for Sammie's Friends on the first Sunday of the month.

February 13, 11:00 am - "Tapestry of Faith: True Love" Rev. Meghan Cefalu

The Greeks identified several forms of love. We are most familiar with eros which denotes erotic or romantic love, and agape which comes closer to true love or deep affection. On this day before Valentine's Day we will have the honor of hearing from several of our members as they share their own experiences of true love in their lives.

Worship Associate: Matt Wilson-Daley

February 20, 11:00 am - "Strengthening Our Denominational Connections" UUA Trustee, Linda Laskowski,

What is the Unitarian Universalist Association of Congregations (UUA), why do we need it, and how do we relate to it? Linda Laskowski passionately represents our district on the Board of Trustees of UUA. Her first term gave her the opportunity to get important things done. Unfinished business that she is eager to complete drives her to seek a second term for which she is unopposed. Come and hear about that unfinished business and how the work of UUA supports our congregation. There will be a potluck luncheon after the service to allow us time to give her the input she needs to represent us well.

Worship Associate: Jerry Jacoby

February 27, 11:00 am "Helping Paws" Rev. Meghan Cefalu

The relationship between animals and humans is complex and sometimes surprising. We tend to think of domestic animals as being largely dependent upon us for care, yet there are ways in which people have learned to trust and depend on them for our care. This service will honor the many ways service animals bring safety, independence and love to their human companions.

Worship Associate: Jerry Jacoby

Season of
Peace and
Nonviolence
Films
Pg 6 and 11



REV. MEGHAN MUSINGS

Greetings!

I've heard people say that being a Unitarian Universalist is easy. You can believe whatever you want to, there are no specific books you have to study, no dedicated prayer time each day and no commandments to follow. I would like to offer a different view. Unitarian Universalism is a challenging faith. I found this passage in the book, *Everyday Spiritual Practice: Simple Pathways for Enriching Your Life*, by the Rev. Scott Alexander,

“In our faith every individual is expected, with the help of clergy and community, to nurture and tend the garden of his or her own religious life each and every day.”

It is a seemingly simple statement but in it there are some important ideas. We are each not just encouraged

to nurture our own spiritual practice but expected to do so. Nobody in our tradition will tell you how you must do it, but finding a way to tend to your religious life is an important part of the commitment of being a UU.

Here's the good news: you are not expected to do it alone! You can come to me as well as the other people in our congregation for help and support. You can form a group to explore a spiritual topic that interests you, or join the theological/spiritual book group, or come to the Tuesday morning meditation to practice stillness with a small group of regular meditators, or get out of your head and into your body with the drum circle. If service to others is what connects you to your sense of the Holy, join other UUCMers when it is our turn to host the meal for the guests at Hospitality House, or watch for other hands-on service projects. There are numerous ways to nurture your religious life – your task is to find the activities that speak to you and commit to doing them regularly.

It has been said that religion has developed to respond to the “challenges of being alive and having to die.” Cultivating your religious or spiritual life will help foster a sense of contentment and joy. It is not easy; like tending any garden it takes effort and discipline.

Please let me know if I can help you as you discover the practices that nurture your soul.

*Blessings,
Rev. Meghan*

ARE YOU CONSIDERING BECOMING A MEMBER OF UUCM?



Come to an informational gathering on Sunday, March 13th, 9:30-11:00 am. (Bagels & coffee will be provided.) It will be a nice time to get to know others who are also thinking about joining the community and learn what membership at UUCM would mean for you.

Then, on Saturday, March 19th from 9am to 2pm we will hold the Winter Membership Retreat. If you are ready to make it official and join UUCM, join us for this off-site retreat, location to be determined. A continental breakfast and lunch will be provided. This will be an

enjoyable day of learning and sharing our spiritual journeys with one another while gaining a more in-depth understanding of the significance of membership.

New members will be formally welcomed into the community during the worship service on Sunday, March 27th.

To register for either or both events, or for more information, please contact Reverend Meghan at 274-1661 or Corrie Silva at 272-3273.



NOTES FROM THE PRESIDENT KIA HATCH

“The forces that divide us are not as strong as the forces that unite us.” Barack Obama

As I listened to the Tucson memorial service this week for the 6 innocent people killed, I was struck by the power of President Obama’s remarks. “The forces that divide us are not as strong as the forces that unite us!” It is so important to keep that in mind in the hurly-burly of our daily lives. Our Covenant of Right Relations, crafted 2 years ago, helped us set that very tone for the work we do together. In our home, a copy of the Covenant of Right Relations is posted on our refrigerator door. We see it every day.

It is a fact of life that people disagree. People have differing points of view. However, when we share the values of social justice, spirituality and mutual respect, I believe differences can be resolved while we treat each other respectfully. I also know that in my life there a lot of things I cannot control, I can only control my responses

to them. So, I urge you all to reconnect with our UUCM Covenant of Right Relations.

Recognizing that conflict is normal in human relations and wishing to relate to others as harmoniously as possible, I sincerely intend to:

- Treat others with kindness, empathy and respect.
- Communicate with patience, flexibility and a willingness to negotiate in the spirit of meeting as many needs as possible.
- Be aware of my own thoughts, feelings and needs, and share them directly and honestly with others, without judgment or blame.
- Invite and listen to all points of view, respecting others’ feelings and needs, and encouraging minority opinions.
- Take responsibility for my own mental, emotional and spiritual balance, asking for support when I need it.
- Be mindful of the needs of the group as a whole, mourning together when individual needs cannot be met.

Communicating clearly and compassionately with each other helps work through differences. Communication is the key to resolving a lot of questions and problems in our lives. The January 30th meeting of our committee chairs and other community leaders and chaired by the Committee on Ministry is intended to help us all work on such issues. Look for feedback in your committee meetings after that.

Peace,
Kia

SPIRITUAL JOURNEY’S CLASS FORMING

by Carie Osborn

Have you ever sought to know more, feel more? I am starting a new class series that invites us to explore other religions, other religious icons and foster a deeper awareness of the spirituality in each of us.

Our first class will be March 6, 2011 at 1:15 pm where we will learn about Saint Maximillian Kolbe. In Germany during WWII he gave his life for another and helped prisoners survive torture with his spiritual nature. We will do a meditation on a prayer that was written for him and learn about his life and who he was.

If you are interested in joining me and others for a spiritual journey, and journeying into other realms and beliefs please join us. For more information you can email me at uucmcuups@yahoo.com.

I am currently putting together a curriculum. If there are any areas that you would like to explore please also e-mail them to me. I am looking forward to this new Unitarian Universalist Journey with you.

UNITARIAN UNIVERSALIST ANIMAL MINISTRY RECIPE

by Sheila Myers



February is the month for lovers! As such, it seems only fitting to provide you with a recipe for the perfect ending of your Valentine's Day meal. Many people believe that vegans must sacrifice chocolate for carob, but this is not true. Vegans can still enjoy Chocolate, the most oft-reputed aphrodisiac!

This recipe comes from "The Vegan Table" by Colleen Patrick-Goudreau.

Chocolate Chile Fondue

½ c. motherless milk

8-9 oz. non-dairy semisweet or dark chocolate bar or chips

½ to ¾ t. chile powder

¼ t. ground cinnamon

In a saucepan, heat milk until it begins to simmer, then add chocolate, immediately reducing heat. Stir slowly until the chocolate melts, then add the spices until smooth and well combined. Transfer into a fondue pot and light a low flame, or put in a warmed ceramic bowl. Serve immediately with your favorite fruit slices or vegan marshmallows for dipping.

"The squirrel that you kill in jest dies in earnest."

~Henry David Thoreau, Essayist and poet

If you are interested in finding out more about the Animal Ministry or would like to share your own recipe with "The Mountain Chalice" readers, please contact Carol Hyndman at countrycattery@gmail.com

UUCM'S "FINANCIAL TIMES" A MID-YEAR REPORT

by Kia Hatch

Our 6 month financials were available for the January board meeting which allowed your trustees to take a good look at where we stand mid-way through our fiscal year. One piece of good news is that we are right on target with our expense budget. This means that the committee chairs, who are major stewards of our expenses, are doing a fine job of managing expenses while providing the programs that are so near and dear to all of us. Bravo!

There is a "however" on the income side. What makes up our income? It comes from the annual financial commitments of Members and Friends, special fund-raisers, building rentals and the Sunday plate collections. Our income is not quite where we'd hoped and expected it to be by this time in our fiscal year. We don't feel we're in trouble at this point, but your Board wants the Congregation to know that we're watching things so that we can make adjustments to our budget if necessary. Your Board of Trustees and, in particular, the Stewardship Committee, continues to monitor our status.

We are always looking for ways to meet our financial goals on income so we can protect our precious programs. We all believe that our programs are the heart of UUCM. Got a great idea for a fundraiser? Keith Johnson, chair of the Stewardship Committee would love to talk with you. Give him a call to brainstorm your ideas. Unsure where you stand on your financial commitment? Give our Treasurer, Jerry Jacoby a call. And, don't forget to be as generous as you can when the basket comes to you on Sundays.

As your Board of Trustees, we will keep the congregation informed as we move further into the fiscal year.

IMBOLC CELEBRATION AND POTLUCK

by Carrie Osborn

On Feb. 4 we are having an Imbolc ritual at UUCM at 6pm. We will start the festivities off with a potluck starting at 4:30pm and lasting until 5:45pm. Imbolc is a celebration of the Goddess Brigid, who is the goddess of fire and warmth. It is the celebration of the beginning



of Spring and the end of the winter months. This will be a quiet ceremony with a lot of candlelight. We will be lighting candles of hope and you will be following a candle lit path to the sacred circle in the sanctuary. Please join us as we celebrate this the 4th turn of the wheel of the year.

CARING NOTES

by Robin Hart



February is the month for valentines and making people you care about feel special. Spread a little love around and it will go a long way.

Please join with me to light candles of concern and send healing energy to those many in our community who need special prayers and wishes at this time :

Blank for Privacy

If you need to bring something to the attention of the Caring Committee, please contact one of our members:

Rev. Meghan, Robin Hart (Committee Chair), May Lawrence, Corrie Silva, Leal Portis, Gwen Eymann, Bernell Scott, Sherie Saenz, Ernie Jackson, or Jim Lane or e-mail us at caringcommittee@ugrassvalley.org



WOMEN'S STUDY CIRCLE

Colleen Ericson will be speaking to us this meeting. In an email she wrote the following:

The only time we suffer is when we want reality to be different than it is. The Work of Byron Katie is a way to identify the thoughts we have that fight reality and therefore create all the stress and conflict in our lives. There is no one to blame, only the innocent thoughts/ judgments we are believing. When one commits to questioning their stressful thoughts, their life as they know it will forever change because compassion and peace will dominate their lives as I have found in my own.

I was introduced to Byron Katie in 1996. I fell in love with the idea of "Loving What Is". It was in 2006, when my son was diagnosed with a brain tumor that I fully committed to The Work and questioning my thoughts. The Work held me 100%. I was transformed and discovered love and trust during my greatest fear. Thereafter, I dedicated my life to The Work and sharing it with others in their greatest pain. I have been in the healing field actually all my life (have'nt we all!), and committed to waking up.

My background studies are in The Enneagram; Leadership Training in Non-Violent Communication and completion of my Certification in The Work of Byron Katie. I offer classes and one on one sessions in The Work specific to healing through pain; Conflict Resolution and Loving Honest Communication for parents and relationships; and supporting living passionately what is true in you.

I so look forward to sharing, deepening and clarifying any questions you may have in The Work with the Unitarian community.

The meeting will be held at the chapel on Thursday, February 17th, at 6:00 pm. We will begin with a pot luck.

If you would like to attend the gathering please contact Clarita Nolan at 530-575-2229 or email her at photosbyclarita@att.net.

DREAM CIRCLE

The UUCM Dream Circle is off and running. The members present at the January meeting decided to meet every two weeks on Mondays from 4-6 p.m. upstairs in the new Emerson Room. This should make it possible for

people who don't drive at night to be a part of the group. February's dates are the 14th and the 28th. We have room for more RSVP to Anita at 272-3699 if you're coming.



NEW AT THE LIBRARY

Custis Haynes
Library Committee Chair



Yoga (donated by Bernell Scott):

The Complete Illustrated Book of Yoga - Swami
Vishnudevananda

Integral Yoga Hatha - Yogiraj Sri Swami Satchidananda

Light on Yoga - B.K.S. Iyengar

Yoga, Youth, and Reincarnation - Jess Stearn

Fiction:

The Da Vinci Code - Dan Brown

The Art of Racing in the Rain - Garth Stein

Glittering Images Movement - Susan Howatch

The Footprints of God - Greg Iles

The Lovely Bones - Alice Sebold

Boomeritis - Ken Wilber

Non Fiction:

All Our Relations, (Native Struggles for Land and Life) -
Winona Laduke

(donated by the Social Action Committee)

Bright-Sided - Barbara Ehrenreich

Spiritual:

Spiritual Writings on Mary - Ford-Grabowsky

Some Questions Answered - Abdul Baha

Tapes:

The Seven Habits of Highly Effective People - Stephen
Covey

Escaping the Prison of the Intellect - Deepak Chopra

CDs:

Renewal, Stories from America's Religious Environmental
Movement

Emerson, Thoreau and the Transcendentalist, parts 1 and 2 -

The Teaching Company

Videos:

The Pink Panther

Peace Center of Nevada County's Second Sunday Cinema
presents: "BUDRUS"

Sunday, February 13, 7:00 p.m.

Unitarian Universalist Community of the Mountains, 246 S.
Church Street, Grass Valley

An unlikely community organizer joins forces with his 15-year
old daughter to unite Palestinians and Israelis alike to save his
village from destruction by Israel's Separation Barrier. In an
action-packed documentary chronicling this movement from
its infancy, "BUDRUS" shines a light on those who choose
nonviolence to confront a threat to their very existence as an
intact culture.

Please come view this 2010 film and stay if you wish for the
lively facilitated discussion to follow. Beverages and home
baked goodies available.

\$4 - 10 suggested donation, no one turned away for lack of
funds.

Sponsored by: Peace Center of Nevada County and UUCM
Social Action Committee

Fair Trade Coffee

Don't forget the coffee and chocolate! Keep yourself and your
Valentine in a good mood! The extra dark would be perfect
used in this month's recipe...place your order and leave your
check with Keith Johnson on the first Sunday. For those who
don't drink coffee, there is a tea selection available as well.



SOCIAL ACTION NOTES

PASS THE PLATE

The two Pass the Plate recipients for January, UUSC/ UUA Joint Haiti relief fund and Interfaith Food Ministry received \$378.00 and \$485.72, respectively. Once again, UUCM members, friends and regulars not only “stepped up to the plate” but also gave it away!

The Domestic Violence and Sexual Assault Coalition (DVSAC) has been chosen as the recipient for February. A representative will be present at the Service on the 13th. Please show your support for this worthy organization by bringing your checkbooks and being as generous as usual!

NEW PILOT PROGRAM

The Unitarian Universalist Animal Ministry has selected UUCM to be part of a pilot program called Reverence for Life. Here is an introduction from the program:

“The Reverence for Life program emerged in response to calls from justice-seeking Unitarian Universalists to stretch our faith’s vision of love and justice to embrace all beings. Complementing other programming for adults, youth, and children, it can be used to stimulate discussion and growth in congregations and individuals, offering new ways to experience Unitarian Universalism. Congregations may choose to use it as a spring board to develop policies and practices that revere all life.

The Reverence for Life program suggests specific activities and projects to guide Unitarian Universalists as we deepen our understanding of one of the most urgent moral issues of our time, our relationship, as human animals, with nonhuman animals. Unitarian Universalists’ commitment to honest engagement with our world is fundamental to the Reverence for Life program, which places love at the center of this journey.”

When the pilot program starts, we will announce a Reverence for Life Seeking Circle to explore the program

in depth. For more information, go to <http://www.uuam.org/> and click on the Reverence for Life link. So keep reading the Chalice for updates.

EVENTS

Gandhi King Chavez Season for Peace and Nonviolence
January 30-April 4, 2011

We are joining with other churches and community groups in A Season for Peace and Nonviolence, celebrating nonviolence as a powerful way to heal, transform, and empower our lives and our communities through a variety of educational programs and activities from January 30 to April 4, 2011, drawing upon the basic teachings of Martin Luther King, Jr., Mahatma Gandhi, Cesar Chavez, and others.

For a complete list of events, to be held at the UU Community of the Mountains and other Nevada County sites, go to www.ncpeace.org or pick up a listing at church on Sundays.

PEACE MEDITATION AND EXPLORATION

9:30 – 10:30 a.m. each Sunday during February and March at the Unitarian Universalist Community of the Mountains

Join together each Sunday morning during A Season for Peace and Nonviolence for a half hour of guided meditation for peace followed by a half hour discussion of the writings of leaders of nonviolence, based on the book *The Power of Nonviolence: Writings by Advocates of Peace*, including writings by Gandhi, Martin Luther King, Jr., Buddha, Thoreau, Arundhati Roy, Camus, Linus Pauling, Dorothy Day, Howard Zinn, Daniel Berrigan, Thich Nhat Hanh and others. The book is available for purchase for \$15, but is not required.

GREEN SANCTUARY Film Series

by Bill Nolan

On Sunday, Feb 6th, from 12:30 to 1:30 pm, the Green Sanctuary Committee invites you to view a film, edited by Val Church, featuring Dan Dagget, who appeared as the keynote speaker at SNDEI's Eco Expo in Grass Valley.

Mr. Dagget makes the point that humans have played an important roll in shaping the earth's ecosystems for millennia. Many ecosystems are dependent on humans since we are as much a part of the environment other animals.

Mr. Dagget uses photos to show how ecosystems, devastated by such things as mining and improper cattle ranching, have been restored with human help and, interestingly, with the proper cattle management. He also illustrates how leaving damaged ecosystems alone to recover "naturally" does not work. But, with proper usage, humans can benefit the environment and repair damage that resulted from improper usage.

The film, which lasts approximately 35 minutes, gives us a different perspective on man's place in nature. As usual, discussion will follow. We invite you to set aside time after the Sunday service to join us.

GREEN POWERPOINT

Anita Wald

A February Plastic Potpourri

The Poison Pen

Are you still buying disposable plastic pens? Switch to a reusable fountain, ballpoint, or roller-ball pen and all you'll need to replace are the refills. It's a much more elegant, environmentally friendly option.

A Better Buzz

Resolve to never drink coffee out of a paper or plastic cup again. Already have a reusable coffee mug? Buy two more. That way you'll always have one on hand, and clean, for transporting coffee you make at home or buy on the way to work (or play).

Don't Bottle It Up

The Earth Policy Institute estimates that it takes about 1.5 million barrels of oil to make the plastic water bottles Americans use each year, 77 percent of which end up in the landfill. Resolve to use a reusable container instead, and pair it with an at-home water filtration system.



COMING SOON
UUCM
DIRECTORY
OF

PROFESSIONAL SERVICE PROVIDERS

by Susan Sanford

In service to building greater community within UUCM and beyond, we are creating a directory of UUCM members and regular attenders who provide professional services of various kinds, or who work for businesses or organizations whose services or products might be of interest.

If this describes you, as a provider or employee, this is your invitation to participate!

Though there are still specific details and protocols to address, we are inspired to begin data collection because Beverlyn Tucker has the time and expertise to start right now. Be assured that questions and concerns will be attended to before anything is "published" in any way. The directory will contain only information that is offered by the providers. Since the directory may go on the UUCM website at some point, please ensure that all information you provide is something you'd be willing to have published in a newspaper.

TO BE LISTED IN THE DIRECTORY OF SERVICE PROVIDERS: Call Beverlyn Tucker at 530-268-2052. If you do not reach her in person leave a message with your phone number and a good time to return your call. When you talk, she will ask you for basic information and confirm spellings, etc. Give her the information when you talk, rather than leaving it on her voicemail.

Since Beverlyn is available at this time, you're invited to take a few minutes now to give her your relevant information if you want to participate. If people are able to reply during the first week of the New Year, we might have our first edition by the middle or end of January! Eventually, it could be fun to expand the directory to include peoples' passions, avocations, and hobbies too.

MUSIC, MUSIC, MUSIC

Annie Haymaker

Choir News

In January the choir will sing for the service on Feb 13. Rehearsals are on Mondays, Feb 7, 14, and either 21 or 28, 7-8:30 pm. Come and sing with us! You don't need to read music or have sung in a choir before. For more information, call Dorothy at 272-4787.



shakers and other percussion instruments. Some drums and toys will be available for use. All ages are welcome and no experience is necessary. The February gatherings will be Wednesday the 2nd and 16th from 7 - 8:30 pm in the UUCM Chapel. For more information contact David Ferrier, 559-5902,

DavidsDrums@gmail.com.

Drum Circle at UUCM

We are all drummers, the beating of our hearts, the in and out flow of our breath, the cadence in our footsteps. Come explore your natural rhythm in a fun, safe environment. We will begin with some hand drumming basics, then learn and practice some traditional African rhythms. An open jam will follow. Bring your hand drums, rattles,

Jim Lowe at Five-Mile House

Our UUCM pianist, Jim Lowe, plays every Thursday in October from 6 pm to 9 pm at the Historic Five-Mile House, located at 18851 Highway 20, just up the hill from Nevada City. Drop by for dinner or cocktails. For reservations call 265-5155.

RE UPDATE Rochelle Davisson

As the fun-filled holiday season wore down and breaks from school came to an end, the RE kids got back into the swing of things. After taking a break from their classes for almost a month, the kids were eager to get back into their classrooms and see their friends. Oh yeah, and to learn, too! Last year saw the younger group studying such celebrations as Diwali and Hanukkah through stories, crafts, song and movement. In 2011, the younger group will continue studying world religions through celebrations and festivities, while the older kids will continue asking and answering tough questions, such as what happens when we die? And, why do bad things happen? The pre-teen/teen group has a date set for their Overnight Snow Trip to the Winter's cabin in Lake Tahoe: Feb. 12/13. A special thanks to the Winters family for their generous donation of the cabin, and to Paul Elias, for orchestrating the event. Here's to another great month of learning and fun!

CELEBRATE CHINESE NEW YEAR by Paige Anderson



Gung Hey Fat Choy! Welcome in Chinese New Year 2011 - the year of the Rabbit – on Friday, February 18th.

Enjoy traditional Chinese music as performed by local musician Robert Heirendt, a demonstration of the ancient art of Chinese calligraphy, and an opportunity to learn how to play Mah Jong – the game of the four winds.

The potluck dinner begins at 5:30 pm. Please bring a dish to share. There will also be traditional Chinese New Year delicacies for people to sample, green tea to sip, and oranges to bring good luck in the New Year. The music, craft demonstration, and games begin at 7:00 pm. please join us for this last event in our Friday Family Fun Night series. For more information, email Brett or Paige at PgAnderson@aol.com.

VOLUNTEER OF THE MONTH



RANDY MCKEAN

by Connie Wright

Arriving in Grass Valley all the way from New York City, Randy McKean wasn't sure what to expect when he came to UUCM, as he was still "in mourning" about leaving his former UU congregation. His family had not yet settled into the transition and had been hesitant about finding a similarly compatible group.

Fortunately, their fears were short-lived. Joining UUCM "made us feel at home," Randy recalls, and he soon became an active volunteer, serving on the Board of Trustees and Worship Committee and as webmaster, choir member, occasional teacher, greeter, and to the delight of many – music maker.

"Seeing my family participate in various ways at UUCM is always a thrill," he said when asked about his favorite UUCM experiences. Other highlights for Randy were

assisting a Starr King Sufi with a service on Islam's connections to Christianity and Judaism and hearing Utah Phillips' service on the Pagan origins of Halloween.

"I love it when UU helps connect me to traditions beyond its perceived Judeo-Christian origins."

Outside UUCM, Randy's life is filled with music, playing the saxophone and clarinet with a number of local groups. He also enjoys creative writing and has taken up downhill skiing with his wife Lindsay Dunckel and children Sophia (14) and Callum (12).

Few of us could handle all the roles Randy has played at UUCM, but maybe we could all follow his volunteer spirit and take on just one task. Meanwhile, we're most grateful that Randy recovered so well from his brief "mourning"

BUILDING and GROUNDS

by Rick Osborn

Your Building and Grounds Committee has been hard at work this past month. We had new gutters installed on the west end of the building and have cleaned the remainder of the old gutters. The main air-conditioner/heating unit has been repaired (no more basement flooding!). The painting of the RE rooms has begun and the RE bulletin board has been relocated to a more visible location in the hallway. The new windows for the sanctuary have been ordered and should be installed next month. The water leaks from the last freeze have been repaired and all the pipes have been insulated. Thanks to Chris Hansen we have another switch for the lighting located near the entry to the Sanctuary.

Future plans in the works are painting the Red floor in the RE Room and moving the Emerson Room from downstairs to upstairs. (Not as hard as that sounds: We

are just moving the sign!). We are still working on the roof leaking problem. A new sound system is in the works, as well as getting plans for our front landscaping. The new church sign ideas are moving along, and we hope to finalize the design in the near future. (The design has to be approved by our board and the Grass Valley city planners).

I want to thank everyone who has been helping out at the work parties (you know who you are), and would like to add that we need more people to show up and help. This work for our beloved community is done almost entirely with volunteers. I hope you plan to come out and help at our next work party and help keep our (your) building beautiful, safe and functional. And, don't forget you get to share in a great lunch and camaraderie when you join us on those Saturdays

FEBRUARY



2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9am Morning Meditation 7pm Music Committee 7pm Threshold Choir	2 8:30am Men's Get-together 7pm Drum Circle	3 8:30am Caroline's Men's Grp 4pm Planned Giving Group 6pm DBSA NC 6:30pm Leadership Spiritual Practice	4 6pm Inbolc Service	5 7pm Peace and Non-Violence Program
6 9:30am Peace Meditation 11am Sunday Service 12:30pm Renewal Films Green Sanctuary	7 7pm Choir Practice	8 9am Morning Meditation 9am David's Chalice Group	9 8:30am Men's Get-together 5:30pm Caring Comm. 7pm Social Action Coordinating Council	10 8:30am Caroline's Men's Grp 10am Writer's Group 7pm UU Board Meeting	11	12
13 9:30am Peace Meditation 11am Sunday Service 7pm Peace Center Movie	14 4pm Dream Circle 7pm Choir Practice 	15 9am Morning Meditation 7pm Threshold Choir Newsletter Deadline	16 8:30am Men's Get-together 5pm Membership Committee 7pm Drum Circle	17 8:30am Caroline's Men's Grp 6pm Women's Study Circle 6pm DBSA NC	18 5:30 Hospitality House Dinner 5:30pm Family Fun Night	19 9am Building & Grounds 1pm Building & Grounds Meeting
20 9:30am Peace Meditation 11am Sunday Service 12:30pm New to UU 2pm Communication Conflict Resolution	7pm Choir Practice	22 9am Morning Meditation 9am David's Chalice Group 6pm PFLAG 7pm Worship Committee	23 8am Men's Get-together 6:30pm Creativity Group	24 8:30am Caroline's Men's Grp 10am Writer's Group 6pm Green Sanctuary	25 7pm Season of Peace and Non-Violence Movie	26 10am Grandparenting Workshop
27 9:30am Peace Meditation 11:00 Sunday Service 12:30pm RE Meeting	28 4pm Dream Circle 7 pm Choir Practice					

Note: Calendar is subject to change. Verify on website: uugrassvalley.org

A SEASON FOR PEACE AND NONVIOLENCE - FRIDAY FILMS

February 25, 2011, 7:00 pm at UUCM

Presented by the UUCM Social Action Committee and the Organizing Committee for
A Season for Peace and Nonviolence

Beyond Belief, a feature documentary, follows two American women who lost their husbands on September 11, 2001, as they set up humanitarian programs for war widows in Afghanistan.

Why not have fun by getting together with friends and watching a truly inspiring film.

Hosted by the Women's Group so expect some tasty treats. Donations accepted--no one turned away.

(Another film will be shown on March 25--details in the March newsletter.)



Unitarian Universalist
Community of the Mountains
246 So. Church Street
Grass Valley, CA 95945
www.uugrassvalley.org

Return Service Requested

The purpose of our Community is to foster liberal religious living through worship, study, service and fellowship. We seek the enjoyment of religion founded upon devotion to individual freedom as our method, we seek to grow in understanding of ourselves and of our world, to promote and serve the universal human family.

New to UU? Comprehensive information on our principles, beliefs within our faith, history, worship practices, congregational life and more is available on the denominational website at www.uua.org. Click on "Visitors."

Membership in UUCM is open to all who see this community as their religious home and the principles for which it stands as their own. To join UUCM, one signs the membership book and supports the community through a financial contribution and regular participation.

Visitors are invited to attend a membership class to learn about the UU denomination and this congregation. This two-part series, a orientation brunch followed the next week by a retreat is offered every three months after Sunday services. For more information, about the orientation or membership, please talk with Rev. Meghan Cefalu or with Corrie Silva of the Membership Committee.

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Women's Group....Clarita Nolan
Spirituality Group...
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UU Pacific Central District:
www.pcd-uua.org
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Send change of address, phone number or e-mail to: directory@uugrassvalley.org