



# The Mountain Chalice

Newsletter of the  
Unitarian Universalist  
Community of the Mountains  
Grass Valley, Calif.

**January 2012**

We are a GLBT-Welcoming Congregation



## **January 1, 11:00 am – Cider Sunday**

On this prelude to an exciting new year we will pause as we have for the last few years, “circle the chairs,” and take a look backward and forward. Each person is encouraged to share what's been meaningful in their lives this past year and what they look forward to in the coming year, as we sip hot cider in community. Worship Associate: Anita Wald-Tuttle (we hope!) and company.

Please remember to bring non-perishable food contributions for the Interfaith Food Ministry and pet food for Sammie's Friends on the first Sunday of the month – and brown grocery-size bags.

## **January 8, 11:00 am – Question Box Sermon – Rev. Meghan Cefalu**

Join us this morning as I offer my reflections on a number of the theological questions that you, our members and friends, have posed to me. Is there a theological idea you would like for me to address? Get your question to me by January 5<sup>th</sup>! The choir will sing this morning. Worship Associate: TBD

## **January 15, 11:00 am – “By the Power at Work Within Us” Rev. Sharon Delgado**

“I have a dream that one day this nation will rise up and live out the true meaning of its creed: ‘We hold these truths to be self-evident; that all men are created equal.’” As we celebrate the birthday of Dr. Martin Luther King, Jr., his vision of a “beloved community” can inspire us to envision a world of equality, justice, and peace in our day. In the days of the Civil Rights Movement, men and women worked together, using creative nonviolent action against institutionalized racial discrimination. In this service we will explore how men and women in our day are working together, using creative nonviolent action against institutionalized corporate domination of culture and government. People are awakening to the great global challenges of our day and to the power of the people to bring about change through direct democracy. “By the power at work within us” the divine makes transformation possible.

Worship Associate Gail Johnson Vaughan

## **January 22, 5:00 pm – Darkness and Light – Rev. Meghan Cefalu**

Light and dark are metaphoric descriptors: spiritual enlightenment, the dark night of the soul, the psychic shadow, the light of God, and the Taoist yin yang symbol of dark and light in perfect balance. How do these metaphors live in you? Our choir will sing for us this morning! Worship Associate: Jerry Jacoby (Remember – Community Meeting to discuss the Renewal Year & Leave at 12:30pm)

## **January 29, 11:00 am – What is Enough? – Rev. Meghan Cefalu and Ruth Ghio**

It seems that scarcity is a pervasive state of things. We think we just need a little bit more \_\_\_\_\_ (fill in the blank) in order to be content with our lives. How will we know when we have reached the point of having enough? Worship Associate: Sophia McKean



## Rev. Meghan's Musings

By Rev. Meghan Cefalu

Happy New Year!

For so many people January is a tough month. Days are short and often cold and stormy. The cheery holidays with their sparkling lights and merry festivities are over. One antidote to the gloom is to come to church! I know, that sounds like a minister's ploy to fill the chairs on Sundays, but I'm serious. When the chapel is filled and there is hardly any place to sit and the kids are chasing each other between the grown ups' legs, the energy and joy in that room is breathtaking! Whether you are fairly new or a long time member you cannot deny that the warm welcome, the beautiful music and the deep heartfelt sharing is a bright shining light in your week.

Of course, if quiet meditation is more your style the Tuesday morning Meditation Group will receive you warmly. There are numerous other small groups which meet weekly or monthly. Some groups are purely social, others involve intellectual or spiritual nourishment or direct service to those in need, and some offer the simple joy of playing or singing music in a group. Come and visit one or more of them and find one that feels like a match. You will be lovingly welcomed. Surrounding yourself with like-hearted folks, people who care deeply about the same things you do, is one way to keep from feeling lonely this winter.

For those who enjoy theological exploration I invite you to send me a question you have been wrestling with for the January 8th Question Box sermon. When you email me your ideas and ponderings it gives me a sense of what issues of ultimate meaning are on your mind. Even after the service is over I welcome your  
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thoughts as they help me shape the direction of my sermons for the coming year. Send your thoughts and questions to minister @ ugrassvalley.org.

I look forward to the time we'll share together in the coming year. It continues to be a great joy to serve this congregation!

Love and many blessings,  
Rev. Meghan

## Hospitality House Dinners

*Suzanne Ferroggiaro*

Huge thanks go to the Coming of Age Teens (and their folks) and Mentors who put the "Action" into Social Action by serving a beautiful Holiday Dinner for about 45 guests of Hospitality House on December 16th! (ie... brought all the food, set up, served, entertained, and cleaned up!)

Thank you... Susan Sanford, Sophia McKean, Andy Dooley-Miller, Paul Elias, Willow Karrow-Digangi, David Ferrier, Ian Osborn, Suzanne Ferroggiaro, Callum McKean, Joya Biebel, Alice Johnson, Margaret Whitlock, Gwen Eymann, Genevieve Melko, and Stefan Melko.

Heartfelt thanks also go to Leal Portis, (the brains and heart behind the operation), and Steven Bigelow for carving the turkey.

Please be sure to also patronize and thank these stores for their generous contributions:

SPD Market in Nevada City for donating a 27# fresh, whole turkey, and Raley's in Grass Valley for donating a \$25. gift card used to buy turkey roasts.

As this goes to press, the December 30th Pizza and Salad Dinner is shaping up as the congregation members are signing up to bring food.

Please mark your calendar to sign up to help with the next dinner we are sponsoring on January 20th.

Thanks to all contributors for giving these grateful folks in need a bit of warmth this winter. As Dale Evans said, "Every time we love, every time we give, it's Christmas."

The last bottle of champagne is gone, the last chorus of Auld Lang Syne has been sung. The burning commitment to go to the gym every day is already beginning to fade. Yes, it is the New Year. Before we do battle with 2012, I suggest we take a look back, specifically, back to January, 1999. What did UUCM look like compared to what it looks like now? Let's see.

First, the UUA census tells us there are a total of 55 members at UUCM in 1999. By necessity, a few dedicated members held most leadership positions. This hearty band of 55 had no building of their own. Space was rented at the Trinity Episcopal Church in Nevada City. Worship services were held at 4 p.m., and the quality of those services varied dramatically on that day's speaker. Meetings were held in members' homes.

Currently we have about 115 members, which is more than double the 1999 total. Leadership is shared between the Board of Trustees, the Committee Chairs, and the Minister. Our sanctuary can accommodate 136 people in comfortable chairs and new flooring. There is plenty of room for RE and meeting rooms are available for our Committees and outside groups. In fact, for the month of January alone, a total of 24 community meetings will take place in our building. And mark your calendars – April 15, 2020 is the mortgage burning ceremony!

But what have all these additional members basking in this wonderful building done for us lately? It is impossible to list all our accomplishments over the past decade or so. A partial and general list would include the following:

- Welcoming Congregation
- Green Sanctuary Congregation
- Music Director
- Innovative, expanding RE Program
- Leadership Development Program
- Covenant of Right Relations
- Updated Long Range Plan
- Active Participation at DA and GA
- Comprehensive Social Action Program

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## Notes From the President

*by Keith Johnson*



Photo: Charita Nolan

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However, my vote for our most important accomplishment is the hiring of our full time Minister. I think of UUCM and Reverend Meghan as inseparable. While it has been a collective effort, I believe much of what we have accomplished together can be attributed to Meghan's inspired leadership. What a treasure she is!

So pause and consider UUCM then and now. Count your blessings.

Peace,  
Keith



## Saturday, January 28, 2012 – UUC Rocks!

The UU Community Church of Sacramento is having a fund raiser and wants to invite our fellow UUs for a fun evening of dancing. Saturday, January 28, 2012 at 7:00 at the UU Society of Sacramento, 2425 Sierra Blvd. Sacramento, 95825

Dust off your tie dye, love beads and bell-bottoms and rock out with classics from the 60s and 70s with fellow UUs. Have a blast with **No Divas** – a musical quartet that features members of the UU Community Church of Sacramento. Admission: Adults- \$15, Children under 14 - \$5.00, children under 5 – free. For information contact Annette Emery at (916) 296-2650 or at [catp@winfirst.com](mailto:catp@winfirst.com)

# “In The Loop” Congregational Gathering Report

If you missed the “In the Loop” meeting in November, you missed a fast-moving, fun-filled and information-packed meeting. The meeting’s purpose was to provide an overview of UUCM happenings so that we’ll all know what’s going on. It was sponsored by the Board of Trustees and the Committee on Ministry.

Rev. Meghan Cefalu anchored the news hour and led off by reporting on the Religious Education activities. The kids aged three and four are learning about our seven promises. The grade-schoolers are enjoying the Spirit Play program brought to us by Paige and Brett Torgrimson. Rochelle Davisson is helping the teens with their poetry curriculum. Also, Rochelle and Lindsay Dunckel lead our congregation’s first Coming of Age program. In it, eight teens are paired with eight mentors from the congregation in a year-long program. Most of these teens are also participating in a Coming of Age program sponsored by our PCD district. By the way, the RE chair and director would like us to let them know of any other participation of the children in UUCM events.

Annie Haymaker and Janet Bullock co-directed our choir this fall. Annie reported that the choir sings on two Sundays a month and works with the Worship Committee to present music for congregational singing. The choir has a new rehearsal schedule too.

Robin Hart chairs the Caring Committee which provides emotional support during times of difficulty to our UUCM community. The committee also provides non-professional assistance on a limited basis. The committee also had launched its annual holiday giving project. In it we’re invited to pick a card from the holiday wreath in the foyer and provide the family member named on the card with the item he or she requested.

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The Nominating Committee is charged with filling open Board of Trustees positions for the 2012/2013 church year. The committee would like church leaders to have descriptions of BOT positions and to contact the committee with suggested nominees.

Keith Johnson of the Stewardship Committee seeks to create a congregation of generous people. After church on December 11, Rev. Meghan was to facilitate an exploration of the spiritual dimensions of generosity.

Our Social Action Committee under the leadership of Sheila Myers has a lot going on. It has started a monthly program for LGBTQ teens and their friends called the “The Order of the Phoenix”. They hope the congregation will support them with “teen food,” such as sodas, chips, baked goods and pizza money. Sheila reports that the monthly Pass the Plate program of donations for local organizations is going well. In addition, Carol Hyndman is leading the Reverence for Life pilot program. She is planning a weekend-long workshop in February to take an in-depth look at our relationship to all living things. Finally, we are hoping to repeat our immigration study series next year.

In other news, the Membership Committee happily welcomed eight new members that morning. And the Worship Committee announced having a new protocol.

Rick Osborn, chair of the Building and Grounds Committee had lots of news. The Board approved a new outdoor sign to designate UUCM and awaits congregational review of it. He said the roof has been fixed for now. Some upcoming projects are painting the inside of our building and replacing some plumbing. He would welcome ideas from the congregation for improving our back yard.

Clarita Nolan reminded us of the upcoming 60’s dance concert and invited us to dress in costume.

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Rev. Meghan and David Ferrier reported on the Committee on Ministry. The committee consists of a small group of trusted members of the congregation. Among other responsibilities, they help Rev. Meghan think through tough issues and the broad scope of ministry at UUCM. They also monitor congregational life, promote shared ministry with the congregation, and support Rev. Meghan's plans for professional development. Also, when sensitive issues arise, "the committee does not necessarily solve the problem but can offer considered recommendations for possible next steps".

Lindsay Duncel and Sharon Moore reported on how we're doing in terms of our long range planning goals that were set out for the period 2009 – 2014. They mentioned the growth of our community and sending members to General Assembly and District Assembly. Also, there are study and interest groups for children and adults, and we host concerts and other events of value to the wider community. As to financial planning, the committee looks forward to again having resources that will allow us to re-hire a choir director, re-fund our Director of Religious Education, and hire an administrative assistant. They added that communication flow is an ongoing topic of consideration as our congregation grows. These points are in addition to those mentioned by other presenters at the meeting.

Keith Johnson reported on planned giving for the long-term financial stability of our congregation. He stated that a policy has been drafted. The planned endowment fund would be used only for special purposes, and we could not draw from it until it has reached \$50,000. There will be workshops about planned giving in February and March.

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Kia Hatch reported on the action taken so far to prepare for Rev. Meghan's renewal leave which starts in July of 2012. The committee is heartened by the fact that 50% of the congregation completed a survey form about the leave. Kia summarized that most members want volunteers to lead Sunday services and that we should call on local pastors for pastoral care. Also, some members have volunteered to help. We will have an open community meeting to discuss the renewal leave in late January. Kia asked that in the meantime we think about things we ask Rev. Meghan to do so we can be sure we have processes in place during her leave.

Sharon Moore and David Ferrier reported that we may have a new Chalice Circle starting in January. In this form of shared ministry the members of the group talk and share feelings on a confidential basis. There may be a topic for discussion at the meetings.

Rev. Meghan added that we will be re-writing our statement of mission and vision.

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## Caring Notes

*Robin Hart*

We now look forward to the new year and the potential for possibilities in growth and change. May all your resolutions be good ones and may our community flourish in the year to come. Please join with me to light candles of concern and send healing energy to those many in our community who need special prayers and wishes at this time.

If you need to bring something to the attention of the Caring Committee, please contact a member: Rev. Meghan, Robin Hart (Committee Chair), Corrie Silva, Leal Portis, Gwen Eymann, Alice Johnson, Sandra Lauher, Bernell Scott, May Lawrence or e-mail [caringcommittee@uugrassvalley.org](mailto:caringcommittee@uugrassvalley.org)

*This space is intentionally left blank  
to protect the privacy of our members.*

## Hello from Bob Tallmon

Hello: It has been wonderful getting your messages and phone calls. The chemoembolization has helped slow the tumor growth but I await the latest test results on my heart. I am needing too much sleep, but am in no pain. We had several visits from my son, David, which left me upbeat for days. He lives in Alaska, so doesn't get here too often. We had a big Thanksgiving here with all of Joan's family. They have been helpful and welcoming to me.

We plan a trip to San Luis Obispo to celebrate Joan's grandson's graduation on Dec. 10. Her new great granddaughter will be here from Ohio for three weeks during Christmas break. We hope to get up to Grass Valley soon to see you all again.

However good this year has been, I hope it extends into next year. Happy Holidays.  
Love, Bob

## A Note from Anita

Good morning, Mr. and Mrs. America and all the ships at sea! As I write this it's hard to believe that it's only a little over five weeks since that catastrophic evening when I was yanked out of our UUCM community! Five plus weeks that seem more like a lifetime with all the pain and necessary changes involved. In a morphine haze for much longer than I recall, I know I missed a lot of the love and direct support that was offered, but please know that your love and caring had a positive effect on my rapid healing.

I've had two epiphanies while in this altered state of affairs which point to a sermon sometime in the future. Clarita's marshalling of the Women's Group to carol at Springhill Manor had a direct influence on the epiphanies. I'd have to say it's like being "born again", going right back to diapers, liquids and people taking care of you. I've now progressed to "pull-ups" and taking baby steps. The whole world is ahead of me.

Signing off – your truly - Anita

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## Social Action News

*Sheila Myers*

Happy No More Holidays!

Here are a few things you can mark on your calendar, to fill up your empty slots now that December is gone.

Jan. 3<sup>rd</sup> 6-8 pm - Label GMOs is having an open meeting to make the community aware of its campaign to get the "It's Our Right to Know" GMO labeling requirement initiative on the 2012 Ballot. The Social Action Committee has officially endorsed this initiative and The Green Sanctuary is co-sponsoring the event. In the chapel area, UUCM.

Jan. 8<sup>th</sup>, 7-9 pm - Second Sunday Peace Film

Jan. 12<sup>th</sup> 6-8 pm - A Participatory Theater with the environmental activist group, Peaceful Uprising will be held the night before the SYRCL Wild and Scenic film festival at UUCM in the chapel area, co-sponsored by the Social Action Committee. This group will be having an additional workshop at a different location for the film festival as well. For more information on this group, go to [www.peacefuluprising.org](http://www.peacefuluprising.org).

Jan. 20<sup>th</sup>, 6-9 pm - The Order of the Phoenix will be having a film night, hosted by UUCM and PFLAG in the chapel area.

Jan. 22<sup>nd</sup> - The Pass the Plate recipient this month will be Court Appointed Special Advocates (CASA), a nonprofit organization that trains and supports volunteers to represent the best interests of abused and neglected children, both in and outside of the court system. We will have a local representative here to tell us more.

Jan. 28<sup>th</sup> 6:30-9 pm - The Vegan Supper Club will resume its potluck dinner after the Holidays. These will continue on an ongoing basis on the last Saturday of every month. No special theme this time, but I'm bringing Mediterranean.

## Sunday, February 22, 1pm Special Benefit Concert by John Massey!

Hear renowned musician John Massey who has offered to put on a special concert, benefiting our Operating Fund. John has been a guitarist for most of his life and a guitar teacher since 1963. He plays a wide variety of music from 'Old Timey' and folk music to swing and light jazz, with many stops in between. He was a member of the Bay Area trio Guitar Extravaganza, a performer at each Healdsburg Guitar Festival from 1995 to 2009, and was with a large Bob Wills style band which performed for the Western Swing Society in Sacramento, California.

Some of you have already had an opportunity to hear this gifted musician perform. Don't miss this special event, brings your friends and neighbors! Admission: \$10. Children free. For information, contact Kia Hatch at (530) 477-5007 or at [kiadhatch@comcast.net](mailto:kiadhatch@comcast.net).

## Library News

*Custis Haynes*

Book: *Back Roads of California*, a Sunset Pictorial, with sketches and trip notes by Earl Thollander, donated by Bernell Scott.

People: We now have 3 (three) super-qualified vice librarians! In the new year, the UU library will be staffed by: Jan Carvalho, Kate Kernitzki and May Lawrence. (Bernell Scott will continue making her threatening phone calls to people with overdue books.) I have great gratitude for all the library physical help and moral support.

## UUAM Recipe

*Carol Hyndman*

### Rainbow stir fry

3 Tbsp orange juice concentrate  
2 Tbsp hoisin sauce  
1 Tbsp soy sauce  
1/2 tsp chile garlic sauce  
2 tsp toasted sesame oil  
1/2 lb green beans halved crosswise  
1 cup thinly sliced red cabbage  
1 15 oz can baby corn rinsed drained  
1 small red bell pepper sliced about 1 cup  
1 cup frozen shelled edamame  
1 8oz can sliced water chestnuts drained  
4 green onions thinly sliced

Mix together juice, hoisin, soy, and chile garlic sauce  
Heat oil in wok or skillet. Add beans and stir fry 3 min. Add 3 Tbsp water, stir fry 3 min more.  
Add cabbage, corn, bell pepper, edamame and water chestnuts, stir fry 4 min. Stir in onions and orange juice mixture.

Cook 1 min more. Serve over brown rice.

February 17-19<sup>th</sup> - The UU Animal Ministry will be hosting a Reverence for Life weekend. There will be a Fri night program, a Sat work shop and a special Sun service, more info to follow. I hope many of you will be able to attend all or part of this special program. Call Carol at 477-0693 for more info.

"May we speak in all human councils on behalf of the animals, plants & landscapes of the earth." John Seed

## Sunday, January 22 – UUCM Renewal Leave Meeting – 12:30pm

Come join the Renewal Team to share ideas about next year's *Renewal!* Our community's renewal is about so much more than Rev. Meghan's leave; it is: care for our relationships – renewing our spirits and engaging each other with joy and hope. Learn more about plans for the "Renewal Year".

## Green Sanctuary Film Series

Sunday, January 8<sup>th</sup> at 12:30 pm

We were supposed to show the following film in December, but due to all the activity that month we postponed its viewing until January. It is a very interesting film and we hope you will join us on the first Sunday after New Year's.

### **"The Power of Community – How Cuba Survived Peak Oil"**

When the Soviet Union collapsed in 1990, Cuba's economy went into a tailspin. With imports of oil cut by more than half – and food by 80 percent – people were desperate. This film tells of the hardships and struggles as well as the community and creativity of the Cuban people during this difficult time. Cubans share how they transitioned from a highly mechanized, industrial agricultural system to one using organic methods of farming and local, urban gardens. It is an unusual look into the Cuban culture during this economic crisis, which they call "The Special Period." The film opens with a short history of Peak Oil, a term for the time in our history when world oil production will reach its all-time peak and begin to decline forever. Cuba, the only country that has faced such a crisis – the massive reduction of fossil fuels – is an example of options and hope.

# January 2012 Calendar

Su 1/1 11 am – Sunday Service  
12:30 pm – Renewal Film, Green Sanc.  
M 1/2 7 pm – Choir Practice  
Tu 1/3 9 am – Morning Meditation  
6 pm – Label GMO Initiative Meeting  
W 1/4 8:30 am – Men's Get-together, UUCM  
6 pm – Membership Committee  
7 pm – Drum Circle  
Th 1/5 8:30 am – Men's Get-together, Caroline's  
4 pm – Planned Giving Committee  
6 pm – DBSA Nevada County  
Sa 1/7 10 am – Spiritual Book Group  
Celebration of Life: Lloyd Portis – time to be determined

Su 1/8 9:45 am – Choir Practice  
11 am – Sunday Service  
12:30 pm – Green Sanctuary Film  
6 pm – Peace Program  
M 1/9 3 pm – Conversational Spanish  
Tu 1/10 9 am – Morning Meditation  
9 am – David's Chalice Group  
W 1/11 8:30 am – Men's Get-together, UUCM  
5:30 pm – Caring Committee  
7 pm – Social Action Coordinating  
Th 1/12 8:30 am – Men's Get-together, Caroline's  
10 am – Writers Group  
7 pm – UUCM Board Meeting

Su 1/15 **Newsletter Deadline**  
11 am – Sunday Service  
12:30 pm – RE Committee  
12:30 pm – New to UU  
12:30 pm – Reverence for Life  
M 1/16 3 pm – Conversational Spanish  
7 pm – Choir Practice  
Tu 1/17 9 am – Morning Meditation  
6 pm – PFLAG Board Meeting  
W 1/18 8:30 am – Men's Get-together, UUCM  
7 pm – Drum Circle  
Th 1/19 8:30 am – Men's Get-together, Caroline's  
6 pm – Women's Study Circle (off site)  
6 pm – DBSA Nevada County  
Fri 1/20 5:30 pm – Hospitality House Dinner  
6 pm – Order of the Phoenix  
Sa 1/21 10 am – Winter Jazz Camp

Su 1/22 9:45 am – Choir Practice

*(Calendar continued)*

Su 1/22 11 am – Sunday Service  
12:30 pm – Renewal Leave Community Meeting  
M 1/23 3 pm – Conversational Spanish  
Tu 1/24 9 am – Morning Meditation  
9 am – David's Chalice Group  
6 pm – PFLAG Board Meeting  
7 pm – Worship Committee  
W 1/25 8:30 am – Men's Get-together, UUCM  
6 pm – Finance Committee  
Th 1/26 8:30 am – Men's Get-together, Caroline's  
10 am – Writers Group  
6 pm – Green Sanctuary  
Sa 1/28 9 am – Building & Grounds Work Party  
1 pm – Building & Grounds Committee

## Music, Music, Music

*Annie Haymaker*

### Choir News

In January our rehearsals will be Mondays, Jan. 2 and 16, from 7-8:30 pm, and Sundays, Jan. 8 and 22, from 9:45-10:30 am; we will sing for the services on Jan. 8 and 22. If you love to sing, come and try us out – we're a friendly group that welcomes new singers! For more information, call Annie at 477-0701.

### Drum Circle @ UUCM

Come explore your natural rhythm in a fun, safe environment. All ages are welcome and no experience is necessary. The January gatherings will be Wednesday the 4th and 18th from 7 to 8:30 pm in the UUCM Chapel. For more information contact David Ferrier 559-5902 ([DavidsDrums@gmail.com](mailto:DavidsDrums@gmail.com)).

### Jazz Camp in January

Musicians take notice! Winter Jazz Camp will be held at UUCM on Saturday, January 21, from 10 am to 4 pm. Our very own Nora and Bill started the Summer Jazz Camps in 2002, and they have become a popular local institution. Teachers will be John Girton, guitar; Bill Douglass, bass; Kit Bailey, percussion, Nora Nausbaum, flute and winds, and Brady McKay, vocals. For more information, see the [www.sierrajazzsociety.org](http://www.sierrajazzsociety.org) website.



**Unitarian Universalist  
Community of the Mountains**  
246 South Church Street  
Grass Valley, CA 95945  
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**Return Service Requested**

The purpose of our Community is to foster liberal religious living through worship, study, service and fellowship. We seek the enjoyment of religion founded upon devotion to individual freedom of belief. Relying upon reason as our guide, and upon freedom as our method, we seek to grow in understanding of ourselves and of our world, to promote and serve the universal human family.

**New to UU?** Comprehensive information on our principles, beliefs within our faith, history, worship practices, congregational life and more is available on the denominational website at [www.uua.org](http://www.uua.org). Click on "Visitors."

**Membership in UUCM** is open to all who see this community as their religious home and the principles for which it stands as their own. To join UUCM, one signs the membership book and supports the community through a financial contribution and regular participation.

**A Membership retreat** is held three times a year for people who are ready to make it official and join UUCM. It is a wonderful day of learning and sharing spiritual journeys while gaining a more in-depth understanding of the significance of membership. For more information about membership, please talk with Rev. Meghan Cefalu or with someone from the Membership Committee.

**Office phone:** (530) 274-1675

**E-mail:** [uucm@uugrassvalley.org](mailto:uucm@uugrassvalley.org)

#### UUCM Board of Trustees

**President** Keith Johnson  
[president@uugrassvalley.org](mailto:president@uugrassvalley.org)  
**Vice President** Wally Holtan  
**Treasurer** Jerry Jacoby  
**Secretary** Carol Ann Jones  
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Bernell Scott, Brett Torgrimson

**Minister:** Rev. Meghan Cefalu

Hours: Tues-Wed-Thurs, 11 am – 6 pm  
Please call ahead for an office appointment  
[minister@uugrassvalley.org](mailto:minister@uugrassvalley.org), 274-1661

#### **Mountain Chalice** newsletter team

Kia Hatch, text file; Scottie Hart, proofreading;  
Annie Haymaker, layout for this issue

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Newsletter deadline is the 15<sup>th</sup> of each month. Send to: [editor@uugrassvalley.org](mailto:editor@uugrassvalley.org)  
Send change of address, phone number or email to: [directory@uugrassvalley.org](mailto:directory@uugrassvalley.org)

**RE Director:** Marilyn Winters

**Music Director:** Annie Haymaker

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**Religious Education:** Jo Waters  
**Membership:** Shannon & Andy Dooley-Miller  
**Social Action:** Sheila Myers  
**Green Sanctuary:** Bill Nolan  
**Worship:** Matt Wilson-Daley  
**Finance:**  
**Communications:**  
**Music:** Randy McKean  
**Stewardship:** Keith Johnson  
**Building & Grounds:** Rick Osborn  
**Ministry:** David Ferrier  
**Caring:** Robin Hart

#### Other Contacts:

**Women's Group:** Clarita Nolan  
**Chalice Circles:** David & Janet Lee  
**Room Scheduling:** Anita Wald-Tuttle