

What is Unitarian Universalism?

Unitarian Universalism is a liberal religion with roots in the Jewish and Christian traditions. We draw inspiration from them and from humanist teachings, Eastern religious traditions, the sciences, earth-centered religions, classical religious traditions and the words and deeds of prophetic women and men.



We do not promote a specific creed; rather we affirm the worth of all human beings, we advocate a free and responsible search for advancing truth, and we provide a supportive community for people who believe that ethical living is the supreme witness of religion.

The UUA grew out of the consolidation, in 1961, of two religious denominations, the Universalists, organized in 1793, and the Unitarians, organized in 1825. Now more than one thousand UU congregations make up the Unitarian Universalist Association, which represents our interests on a continental scale.

UUs whose names you might recognize...

in American history

Abigail & John Adams, John Quincy Adams, Ethan Allen, Susan B. Anthony, Clara Barton, Alexander Graham Bell, Benjamin Franklin, Julia Ward Howe, Thomas Jefferson.

in the arts and literature

Louisa May Alcott, Charles Dickens, Ralph Waldo Emerson, Bret Harte, Henry Wadsworth Longfellow, Rod Serling, Beatrix Potter, Henry David Thoreau.

in science, medicine and technology

Tim Berners-Lee, T. Berry Brazelton, Luther Burbank, Samuel F.B. Morse, Isaac Newton, Florence Nightingale, Linus Pauling, Albert Schweitzer.

**Please join us for Sunday services,
held year-round at 11 A.M.**

Rev. Meghan Conrad Cefalu

**Unitarian Universalist
Community of the Mountains**

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Unitarian Universalist Community of the Mountains

A GLBT-Welcoming Congregation





As a
member congregation
of the
Unitarian Universalist Association,
we covenant to affirm and promote:

*The inherent worth and dignity
of every person;*

*Justice, equity and compassion
in human relations;*

*Acceptance of one another and
encouragement to spiritual
growth in our congregations;*

*A free and responsible search
for truth and meaning;*

*The right of conscience and the
use of the democratic process
within our congregations and in
society at large;*

*The goal of world community
with peace, liberty, and justice
for all;*

*Respect for the interdependent
web of all existence of which we
are a part.*



Welcome to UUCM

- We are an independent congregation of diverse backgrounds and beliefs. **At UUCM we affirm our diversity.** We welcome young and old, families and singles, and those of varying spiritual and religious convictions. We welcome all the colors, sexual orientations, genders, cultures and classes of the human race.
- Our **Sunday services** encompass a wide variety of spiritual approaches. We have a choir, and music is an important part of our worship experience.
- UUCM is enriching its **lifespan religious education program** to meet the needs and interests of all ages within the congregation. A variety of opportunities offer learning, service and fun. Children and youth enjoy Sunday morning activities and childcare is available for infants and toddlers.
- We enjoy the **fellowship** of monthly potluck lunches, circle suppers, fundraisers, and on impromptu occasions. Many members and friends participate in **affinity groups** such as the book group, spirituality group, men's group, and women's group.
- We have an active **social action program**, and contribute to the Interfaith Food Ministry, Habitat for Humanity, and other causes. Many UUCM members are also active in service to the local community.

A Short History

The Unitarian Universalist Community of the Mountains was founded in 1994 by a group of people who felt the need for a liberal religious community in western Nevada County. We became affiliated with the Unitarian Universalist Association in 1996. In 2000 we purchased our current home in Grass Valley. Our current membership is nearly 100 individuals, couples and families.

In 2006 we took the historic step of calling our first settled minister, the Reverend Meghan Conrad Cefalu. Serving as our part-time pastor and our director of religious education, Rev. Meghan assists our congregation in the development of our programs and ministry.

Our Mission Statement

*The purpose of our Community is to
foster liberal religious living through worship,
study, service, and fellowship.*

*We seek the enjoyment of religion founded
upon devotion to individual freedom of belief.*

*Relying upon reason as our guide, and
upon freedom as our method, we seek to grow
in understanding of ourselves and of our
world, to promote and serve the universal
human family.*

UUCM by-laws, adopted 1995