

# the Mountain Chalice



Unitarian Universalist Community of the Mountains

October 2016

## UPCOMING SERVICES

**Two Service Times each Sunday:**  
9:45 A.M. and 11:30 A.M.

Each Sunday, choose to attend services at 9:45 A.M. or 11:30 A.M. Social hour is between the two services; either stay after the first service, or come early to the second one. Religious education classes for all children and teens are offered during the 9:45 A.M. service. Nursery care is available for both services.

### OCTOBER THEME: HEALING

**October 2 Be Like Water**  
Rev. Kevin Tarsa

At the entrance to the Jewish High Holy Days, a time of powerful annual reflection, we will consider what it means to be a community of healing within the bounds of the congregation.

**October 9 Tikkun Olam**  
Rev. Kevin Tarsa  
Worship Associate: Benjamin McPherson

We turn our focus next to what it means to be a community of healing in the wider world. Still within the High Holy Days, we'll draw on the notion of Tikkun Olam, "world repair," to look for the most life-giving and compassionate ways we might approach the theft of the Black Lives Matter banner from UUCM's wall.

**October 16 Healing Together: A Tapestry of Faith Service**  
Worship Associate: Annie Haymaker

Several of our members will share their stories of what happens when a group goes through a painful time together, and somehow manages to survive, and heal.

**October 23 Forgive For Good**  
Rev. Kevin Tarsa  
Worship Associate: Anita Wald-Tuttle

"Forgiveness . . . is the virtue we most enjoy, and least employ," according to Ray Stedman. Let's build our capacity both to enjoy and to employ forgiveness.

**October 30 All Our Memories of Love/Dia de los Muertos**  
Worship Associate: Beth Karow

In these full-community services we'll remember and celebrate those who have died and their legacy in our lives. You are invited to bring a photo or memento of someone you have loved who has died.

### NOVEMBER THEME: STORY

**November 6 What's Y/Our Story?**  
Rev. Kevin Tarsa

Two days before the US presidential election, what stories are we telling about ourselves, about others and about our community, and how are those stories shaping us in the very telling? In anticipation of the service, please tell the story of UUCM in six words and send it to Rev. Kevin by November 2. ([minister@uugrassvalley.org](mailto:minister@uugrassvalley.org)) Bonus points if you offer a narrative sentence rather than a list of six attributes!

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Rev. Kevin Tarsa  
UUCM Minister

## Panning for Gold

After exploring the nature of covenant in September, in our tradition and in this congregation, we turn in October to the theme of healing: What does it mean to be a community of healing?

It is a very natural progression, from the mutual promises we make in community, to both the hurt that comes with broken promises and the healing we can find within beloved community.

We'll look in-house first, to how we can care for one another, then turn to how we might offer a healing presence in the wider world, then explore stories of communal healing, call ourselves to both enjoy and employ forgiveness, and end the month remembering those who have died whom we have loved and who have loved us.

In my own life experience healing has never been something I could rush. I've learned to give healing time, as awful as I may feel in the interim. Sometimes people around us, in their own discomfort with our suffering, urge us to move on and get over it. They set their own timeline for our journey, meaning to be helpful, but their expectations, if we take them on, often only add to the burden. We must heal in our own time, and in the ways that are available to us. I have learned also, however, that I can helpfully invest energy in environments, activities, ways of being, and among people that facilitate my healing.

You may have a very personal and perhaps private wound that comes to mind as you read this, a pain, an illness, a dis-ease, or a healing that is occupying much of your thought and energy. Watch for a special healing service in October – a gentle music- and ritual-filled service of healing and care on an afternoon or evening. Any time, please let me or the Caring Committee know how we can support you, and know that the weekly Drop-in Support Circle is a chance to share and to know that you are not alone.

You may be a person who has felt wounded by people's behaviors in the congregation, the emotional blows landed, knowingly or unknowingly, by anxious people in anxious times. Several members have suggested the need for healing in this community, and the need, with a sense of urgency, to DO something about it. My sense is that such healing will not unfold quickly, though we'll need to discover that together. What I see now is the need to nurture an environment in

which healing can take place. I see the need to invest energy in activities and behaviors and ways of being that facilitate health and healing and wholeness. I ask for your ongoing help in that.

October, with its theme of healing, is not meant to be a month of "getting over it" and "moving on," but rather a month of getting into it and moving in, of preparing our hearts, our minds, and our ways of being for a much deeper and more meaningful healing. I believe it will be an investment well spent.

– Rev. Kevin

P.S. You may wish to explore the theme of healing on the Soul Matters Facebook page: Soul Matters Sharing Circle, (<https://www.facebook.com/soulmatterssharingcircle/?fref=ts>) and watch for more local and in person opportunities.

### Thank You!

...to the unsung heroes of Sunday morning, the Sound Team: the people who set up and operate the sound equipment and the computer and projector each Sunday so that we can see and hear well. They give generously of their time and skill, and the creativity of service planners keeps them on their toes. We don't see them up front often, but they are an important part of what makes a Sunday morning at UUCM work. Please thank them when you see them!



...for the very beautiful quilt made by members and friends of UUCM and given to me on September 11. I love the colors, the symbolism of all the separate beautiful pieces of fabric sewn into one whole, and the message carefully embroidered around the edges: "Come, come, whoever you are..." It will be a loving and lovely reminder on my office wall of what this shared journey is all about, and I expect that it will appear in the sanctuary from time to time on a Sunday morning. I offer

my deep gratitude to each of you who brought your heart and your hands to this amazing gift.

– Rev. Kevin

### REV. KEVIN'S OFFICE HOURS

Tuesday: 10:30 A.M. TO 12:30 P.M.,  
Wednesday: 4 P.M. - 6 P.M. and Thursday: 11 A.M. - 1 P.M.

Other times by appointment.

Contact Rev. Kevin to schedule an appointment:  
[minister@uugrassvalley.org](mailto:minister@uugrassvalley.org) or (231) 883-1058



*Kern Hildebrand  
Trustee-at-Large,  
UUCM Board of Trustees*

## Board Perspective

### Town Talk Plans

The Board of Trustees recently gave thought to our practice of holding Town Talks. These periodic gatherings in the sanctuary have been used for open discussion of various topics. We quickly came up with a series of questions that needed clear answers: What is the goal of the Town Talk meetings? How are topics determined and by whom? Will decisions be made at the Town Talk? How will Town Talks be conducted? At what frequency will Town Talks be held?

After study and discussion we share with you the BOT's plan for future Town Talks.

- The goal of Town Talks is to provide an opportunity for UUCM members to come together to discuss topics that connect to the work and operation of UUCM, topics of interest and usefulness to the congregation and the BOT. Town Talk discussion will complement, and not replace, the appropriate work of the BOT, committees, task forces and other teams of UUCM members. Town Talks are just one of the ways to share and stay connected. Town Talks will serve some and not others. For those who choose to attend, the meetings are an opportunity to share ideas and suggestions on chosen topics related to practices, programs, and operations of UUCM.
- Discussion will generally be limited to one or two topics announced in advance. Topics will be selected by the BOT based on input and suggestions from members.
- Town Talks will not include decisions on questions raised at the meetings. Discussions that require further action or decision will be referred to the appropriate place, for example, to the BOT, a committee, a task force, or congregational meeting.
- Town Talks will convene after the second Sunday service and will be held quarterly at a minimum, up to monthly as indicated by topics and interest.
- Without going into details here, we have ideas for room arrangement, good facilitation, note taking, length of Town Talks (one hour), balanced participation, and other considerations that will help us all have successful Town Talks.

- Town Talks and their topics will be announced in multiple ways well in advance along with what will come next, when, and by whom, on the topics.

With this plan we are feeling very positive about how future Town Talks will serve the congregation by providing opportunities for:

1. Communicating on important and specific topics
2. Gaining member feedback
3. Building relationships through social interaction
4. Allowing UUCM leaders to assess the "pulse" of those participating in Town Talks
5. Helping people feel heard and acknowledged in a face-to-face environment
6. Members sharing information outward and upward (as opposed to BOT to Congregation)

We expect the next Town Talk to be held in October. Please watch for the announcement and come and join in.

*Submitted on behalf of your Board of Trustees by Kern Hildebrand.*

### **"A Board Member is In" is Back!** *SUNDAYS BETWEEN SERVICES IN THE CHANNING ROOM*

Every Sunday between services a Board of Trustees member will be available in the far corner of the Channing room (close to the goodies) for conversation. Questions, comments, suggestions, and complaints are all welcome.

### **UUCM BOARD OF TRUSTEES**

**JULY 2016 - JUNE 2017**

Dave MacLeod, *President*  
Lindsay Dunckel, *Vice-President*  
Dawn Bateman, *Treasurer*  
Corrie Silva, *Secretary*

**Members at Large:**

George Dunstan, Beth Freedman,  
Kern Hildebrand, Carol Wong

*Board of Trustees meetings are held on the second  
Tuesday of each month at 5:00 p.m.  
in the Channing Room at UUCM.*

*UUCM members and friends are cordially invited to attend!  
If you wish to address the board, please give two days notice  
so the agenda timing can be adjusted.*

# Thanksgiving at UUCM?

## What are YOU doing for Thanksgiving this year?

By Kathryn Young, Chair, Membership

Rev. Kevin would like to host a Thanksgiving potluck gathering this year at UUCM. This would be for anyone who wants to come... if you don't have a big family gathering already planned, don't have family nearby, have a small family and don't want to make all that food for so few, or want to bring your whole crowd to UUCM... this could be the perfect opportunity to make some new Thanksgiving memories!



If you are interested in celebrating the holiday with your UUCM family on Thanksgiving Day, Thursday, November 24, please let me know. We'll need to get an idea of how many might be coming so we can make some plans for roasting turkey, setting up tables, and more. Whether this ends up being a giant feast, or a pleasant gathering of five or six... it will be... just perfect!

Please contact me at:  
[kathryneyounguu@gmail.com](mailto:kathryneyounguu@gmail.com) or  
(530) 478-1329.



## From the Office Administrator

### Office Hours in October

By Conrad Sisk, Office Administrator

In October, I will be out of the office for jury duty starting on October 4. I will also be out of the office Thursday, October 20 – Monday, October 24, returning to regular hours on Tuesday, October 25.

My normal office hours are Monday through Thursday, 8:30 A.M. to 1 P.M. Changes to regular hours are noted in the weekly eChalice email that goes out on Mondays and on the office voicemail message. You can reach me by phone (530-274-1675) during office hours or by email ([admin@uugrassvalley.org](mailto:admin@uugrassvalley.org)). Thank you!

### How to Access the New Online Directory from UUCM's Website

In early September, all members and friends with email were emailed a link to create a username and password for the new online member and friend directory. Many of you have taken a look, and have sent me some great suggestions on how to improve this resource going forward.

If you have chosen a username and password, you can now access the member and friend directory anytime from UUCM's homepage (<http://www.uugrassvalley.org/>). You will see a box in the middle of the homepage with the words "Member Directory" beside the UUCM logo over a purple background. In the following picture, the box I have described is circled in red: ➤



Conrad Sisk  
UUCM Office Administrator

If you are a member, friend, or a spouse or child of a member or friend, AND you have selected a username and password, you can click on this box to get to the login page for the new directory (For any bookmarks/favorites users out there: You can bookmark/favorite this login page in your browser for even faster access to the UUCM member & friend directory in the future). From this login page, click "Login to Account" which is under the "I have an account" heading. In the following picture, the "I have an account" section is circled in red. ▼



Use your username and password to login. If you do not have a username and password, and you would like one, please let me know ([admin@uugrassvalley.org](mailto:admin@uugrassvalley.org) or 530-274-1675). Please do not start your own account through the login page.

I will be emailing printable directories to the Members and Friends email list on a quarterly basis, but if you would like a fresh copy at any time, please be in touch with me.

As a final note, access to the old online member & friend directory hosted on [congregationbuilder.com](http://congregationbuilder.com) was discontinued on September 22.

# Membership and Hospitality

## Curious? Find out more about Unitarian Universalism and UUCM

By Rev. Kevin Tarsa, Minister

Here are chances to learn and to connect to others, whether you've just discovered this community or have been hanging around the edges for a while. The Welcome to UU(CM) morning will offer an overview of this religious tradition and this particular congregation. The History and Principles/Theologies evenings are chances to delve a little deeper. All are welcome at any of these events. We'll repeat the series beginning in January and again in April.

To RSVP for the Welcome sessions, please sign up on Sunday mornings or contact the UUCM office: [admin@uugrassvalley.org](mailto:admin@uugrassvalley.org) or 530-274-1675.

### PATH TO MEMBERSHIP (AND MORE) SESSIONS – FALL 2016 WITH REV. KEVIN

**Saturday, October 8, 9:30 AM - 1 PM – Welcome to UU(CM)**

**Tuesday, October 18, 6 - 7:30 PM – UU History**  
*An overview of Unitarian Universalist History, with a consideration of your own religious history. All are welcome.*

**Thursday, November 3, 6 - 7:30 PM – UU Principles and Theologies**  
*An overview and introduction to the foundational ideas that anchor Unitarian Universalism, with a chance to consider your current theological location. All are welcome.*

**Sunday, November 20 – Joining Sunday**  
(for those who have decided to join by then)

## Greeters & Ushers are Teaming Up! Come Join Us!

By Kathryn Young, Chair, Membership

Since greeters and ushers have many overlapping duties, we have decided to team up. This will mean that we need just three volunteers per service rather than four. There will be a lead greeter, a lead usher and a greeter/usher combo who will assist in both areas.

The Lead Usher is responsible for putting out handicap parking signs, putting up the flag, assisting people as they come in, collecting the offering and making sure the sanctuary is in good order, and more.

The Lead Greeter helps visitors with badges and visitor cards, info about UUCM and UU in general, helps direct families to RE, and is available after the service to answer questions.

The Greeter/Usher greets people as they come in, answers questions, helps collect the offering and assists with other tasks as needed.

We need a few more people to help out. If you would be interested in greeting and/or ushering once a month, please let someone at the Membership table know. It's a job that happens while you are at UUCM already, with no lengthy meetings or commitments. We plan to offer a training session soon. Come find out what you can do to help!



## Planning Ahead for the Hospitality Hour!

By Marilyn Young, Coordinator, Hospitality

I'm trying to set up a good system for running the Hospitality Hour between the services and I need your help. Each Sunday we need four to six people to setup or cleanup, and donations of goodies to serve. The actual tasks are as follows:

**SET-UP:** This is done during the early service from 9:45 to ~10:30. You set the tables, make the coffee, and arrange the food on plates and platters. After the Hospitality Hour, you can attend the second service.

**CLEAN-UP:** Attend the first service, then come back for the Hospitality Hour and when the second service starts, you clear the tables, put away the food, and clean the kitchen. This should take 30-45 minutes.

**FOOD DONATIONS:** Each week we need donations of two or three sweet treats and two or three healthy treats – preferably dropped off in the kitchen before the first service.

During the Hospitality Hour, the crew is responsible for keeping the coffee pots full, and tables stocked and tidy.

I'd like to plan out several months if possible instead of scrambling each week for volunteers. You can help by contacting me and letting me know if you can commit to:

1. Set-up or clean-up once a month or every other month
2. Bring goodies once a month or every other month
3. Both work a shift and bring food.
4. Be on a list to be called when needed.

I would like to set up a schedule. Please contact me at: ([hospitality@uugrassvalley.org](mailto:hospitality@uugrassvalley.org), or 916-203-5962)

If you wish to sign up on line both to work or to donate food, you can open our on-line sign-up page (\*\*Make sure to click "SAVE" after you enter your availability on this form\*\*): <https://doodle.com/poll/kd5f6egedsqwegir>

### MEMBERSHIP COMMITTEE

Kathryn Young, *chair*  
Yolanda Bernasconi, Kathy MacLeod, Claire Miller and Marilyn Young

Committee meetings are at 12:30 p.m. on the second Tuesday of each month in the Anthony Room

*We're always looking for friendly people who enjoy getting involved...  
Come join us!*

## Caring Committee

### Caring Committee Notes

By Gwen Eymann, Chair, Caring Committee

The Caring Committee serves the UUCM community by sharing our joys and offering support, help and contact to folks during times of special need. We as a community can all be part of the UUCM Caring Team by reaching out to each other to offer support, kind words, offers of help and good works. Please offer support and caring to the following people:

LEAL PORTIS is facing a recurrence of cancer. She intends to win this battle just like she did her last round with cancer 6 years ago. Leal could use our support and offers for rides to Sunday Service and doctor appointments.

ERNIE JACKSON is 92 years young. He doesn't always make it to UUCM events, but his spirit is there. Ernie would love calls and visits from old friends. He really enjoys his connection to Men's Group when he can get there.

THERESA HOUTMAN's mother passed away on September 9. Please offer her words of caring support during this difficult time.

CAROL HYNDMAN had abdominal surgery on August 15. She is recovering at home and is cancer free. What good news this is for Carol and her family!

WALLY HOLTAN had foot surgery in early August. He will be getting his cast off soon and be on the next step to recovery.

LIN JOVANOVIC had shoulder surgery in mid-August. She is looking forward to having a working shoulder without pain once she has healed.

BRUCE HART has a knee injury that has been keeping him quieter than usual. Bruce is in the healing phase using tincture of time.

KIA AND DAVID HATCH have moved to Roseville and are getting settled in. They plan to keep ties with our UUCM community when they come up to the foothills.

DOC HURLEY AND CAROL ANN JONES have moved to the Central Coast of California. Instead of the smell of pines they will get the ocean breezes. We will miss them.

*The Mountain Chalice* Caring notes come from individuals and from specific notes on our *Joys & Sorrows/Concerns Cards*. If you do not wish to have your words in *The Mountain Chalice*, please make a note on the card.

## Introducing Joys & Sorrows/Concerns Cards

Beginning in October, if you have Joys or Sorrows/Concerns that you want to have read aloud in the service, you may write them on cards available as you enter. You'll be able to leave them in a basket right there, if you wish, or bring them to your seat to fill out, then bring them up front as people are placing pebbles in the water. Our hope is that this will allow people to write more comfortably in terms of both time and space, not having to stand at the table in the entry to write in the book. We'll try it for a couple months and see how it goes.

## Building & Grounds

### October Update

**OCTOBER WORK PARTY: SATURDAY THE 15<sup>TH</sup>, 9 A.M.**

By Wally Holtan, Chair,  
Building and Grounds Committee

### THANK YOU!

I would like to give a big thank you to: Gwen Eymann, Theresa Houtman, Trudy Boardman and Ardie Andrews for their tireless work at this month's work day. With their help we were able to make the grounds presentable, accomplish needed garden and plant maintenance. Ardie straightened up the refrigerator and did some needed cleaning in the kitchen and when finished with that worked on the chairs in the sanctuary. I spent my time organizing the cupboards in the Alcott room. I would also like to give a special thank you to George Dunstan, Chuck Hart and Benjamin McPherson for their work in keeping the lawn cut and in good shape the last two months.

### BREAKING NEWS:

The Building & Grounds committee and the Arts & Aesthetics team will be taking a serious look at getting the sanctuary and foyer painted. Over the next few months we will work at getting a handle on what all needs to be accomplished for that

to happen. As I become more mobile, I will be getting painter recommendations from the community. More to come in the future.

### COME HELP:

As always, watch for the B&G work days and consider volunteering. It is a simple but important investment of one's time to keep our community's grounds and building presentable for all to use and enjoy.

## CARING COMMITTEE

Gwen Eymann, *chair*

Barbara Chesnut, Maryann Hart, Robin Hart, May Lawrence,  
Anne Lyon, Leal Portis, Corrie Silva, and Lynn Whitson

Committee meetings are at 4:00 p.m. on the first Tuesday  
of each month in the Anthony Room.

If you would like to reach out to members  
in need with rides, hot meals, home visits and  
more, please let us know.

Contact: Gwen Eymann, 530-274-7965  
[caring@uugrassvalley.org](mailto:caring@uugrassvalley.org)

## UUCM Joins SYRCL for its Annual South Yuba River Cleanup

By Joel Houtman, Social Justice Committee member

An enthusiastic and energetic team of about 25 UU Community of the Mountains members joined with others Saturday, September 17 at Bridgeport for the South Yuba River cleanup organized by the South Yuba River Citizens League. In our yellow Standing on the Side of Love t-shirts we added to the total of 108 volunteers gathered at Bridgeport alone! This set a new record. The experience was a combination of the joy of being out in nature on an early fall day, of working and playing with other UUCM members, and the satisfaction of cleaning up our lovely South Yuba River.

*"A whole lot of people showed up this morning and picked up trash found near the Yuba River near the old Bridgeport bridge. I expected more trash than there was. I picked up some of the trash left by others and felt like a friend of the river. Evidently, the river has many friends."*

– Paul Bonani

*"As people who tend to pick up trash wherever we spy it, Chuck and I were in our element on this well-organized trash hunt on a beautiful day on the Yuba! We got to meet some new people (had an enlightening exchange with some "I am a farmer" folks), bond with others from UUCM, and truly feel like we were grooming a beloved space."*

– Lesley Champlin

*"My favorite part was mingling in a time-pressure-free environment with a few folks I knew very tangentially but learned more about today."*

– Benjamin McPherson

*"A pleasant morning indeed. I enjoyed walking with the various groups of concerned citizens and the searching for the most unique bit of trash one could find."*

– Greg Fancher

## Hospitality House Dinner Crew Prepares Meals at Utah's Place

FRIDAY, OCTOBER 21 AT 4:00 P.M.,

By Keith Johnson, Chair, Social Justice Committee

First of all, please join me in extending a heart-felt thank you to Leal Portis for all she has done for this program for so many years. Leal, we appreciate all you have done and continue to do for the homeless of Nevada County. Currently Leal administers the bingo games at Utah's Place. If you would like to help Leal and/or donate funds for bingo prizes, please contact her at 265-3887.

UUCM volunteers make dinners at the Hospitality House on the third and fifth Fridays of the month. We serve 40 to 60 people at each dinner. We also leave food for breakfast. If you would like to help prepare and serve meals, please contact Gwen Eymann at [eymann@sbcglobal.net](mailto:eymann@sbcglobal.net).

UUCM is seeking funds to purchase food for the meals. Each dinner costs anywhere from \$150 to \$225. If you would like to donate funds for this worthy cause, please contact me at [kjohnson.uucm@gmail.com](mailto:kjohnson.uucm@gmail.com).

## International Women's Convocation: TIME FOR A WOMAN UUA PRESIDENT FEBRUARY 16-19, 2017 - PACIFIC GROVE, CA

All three candidates for the next President of the UUA are women. Take advantage of a rare opportunity to get acquainted and chat with them at the Third International Women's Convocation, Asilomar Conference Center, CA, February 16-19, 2017 – while networking with women around the globe to build support for the issues that matter to you.

Register by September 30 to save \$100. Young adults aged 18-40 can register at a special all-inclusive package rate. Visit [IntlWomensConvo.org](http://IntlWomensConvo.org) for all details.



## Community Connections – Social & Spiritual Activities

### Drop-In Support Circle Meets in the Anthony Room on Sundays at 10:50 A.M.

By Janet Bullock, Facilitator,  
Drop-In Support Circle

This weekly circle on Sunday continues to be open, on a drop-in basis, for UUCM people needing a little extra support and those with extra support to give. Our circle meets in the period between services, at about 10:50, in the library. Quickly grab a snack and join us.

It is not a therapy group; it is a confidential sharing circle, and is facilitated by congregation members. (Even if you don't feel like talking but just want to sit among caring people, you are welcome to come.)

Contact Janet Bullock to learn more (530-477-8760, [janetbullock41@gmail.com](mailto:janetbullock41@gmail.com))

### Women's Circle has a New Meeting Day!

JOIN US FOR ZUMBA FOR ALL AGES/FITNESS  
MONDAY, OCTOBER 10, 2016, 6:00 P.M.

Don't forget, our monthly Potluck dinner and get together is now the second Monday of the month, beginning at 6:00 p.m.

Don't miss our October meeting on Monday, October 10th. We have invited Mary Wollesen who owns Rhythms Fitness Studio in Cedar Ridge to give us an introductory lesson in Zumba for all ages and fitness levels. Mary teaches many UUCM women already, including Kathryn and Marilyn Young, Dawn Bateman, Theresa Houtman, Corrie Silva, and more. She teaches people from teenage to 95! She even teaches chair versions for people with mobility limitations. All UUCM women are welcome, members, friends, visitors... please come. Remember... we'll start with a potluck dinner! See you there!

RSVP to Kathryn Young, [kathryneyounguu@gmail.com](mailto:kathryneyounguu@gmail.com), 530.478.1329. For more info: <http://www.rhythmsfitness.com/index.php>

### Men's Groups

On Wednesday mornings, 8:30 – 10:00 in the Channing Room, and on Thursday mornings at What's Up? Coffee, (1110 E Main St., Grass Valley), men gather to enjoy each other's company and discuss the issues of the day or whatever takes their fancy, in an open and free-flowing way.



### Men's Group Book Club

A group of men meets to discuss books at 10:30 a.m. on first and third Thursdays at What's Up Coffee. These meetings follow the regular Men's Group meetings that start at 8:30 a.m. every Thursday. Contact Mel Berry at [melnannie@yahoo.com](mailto:melnannie@yahoo.com) or 530-559-0904 for more information.

### Meditation

Every Tuesday morning at 9, a self-directed group of congregants meet for an hour of meditation in the Sanctuary. Enjoy a time of inner peace and reflection with others. For more information, call Scottie on 530.272.5022 or [scottiehart47@gmail.com](mailto:scottiehart47@gmail.com).

### UUCM Humanism Discussion Group

By George Dunstan

Our next meeting will be Wednesday, October 5 from 10:30 A.M. until noon at UUCM in the Channing Room.

For further information, please contact George Dunstan (477.7635 or [gvgeode@gmail.com](mailto:gvgeode@gmail.com)) or David Briggs (274.9236 or [davidbriggs100@yahoo.com](mailto:davidbriggs100@yahoo.com))

### The 18<sup>th</sup> Annual Altar Show

OCTOBER 29 - NOVEMBER 6 AT THE  
NEVADA COUNTY FAIRGROUNDS, GRASS VALLEY

By Anita Wald-Tuttle & Jo Waters

The Altar Show is back and needs altaristas! The show will be at the Fairgrounds in the Northern Mines Building. Many UUs have put altars in the show in the past, as have our RE children. If you'd like to participate this year you'll quickly need to fill out an application and get oriented to the details required. Contact Lin Schiffner at [lin.schiffner@yahoo.com](mailto:lin.schiffner@yahoo.com) NOW!!

Be sure to come see over 60 altars honoring our common human experience of life and death... this year's theme is renewal and remembrance. The Northern Mines Building will be open from noon to 7:00 p.m. daily from October 29 - November 6. For more information go to the website: <http://www.thealtarshow.org/>. UUCM contacts are Anita Wald-Tuttle or Jo Waters, both of whom are veteran altaristas and Altar Show board members.

A visit to the Show always touches the heartstrings and stirs up feelings that follow you home. Don't miss this unique opportunity to connect with others in Nevada County.





*Kristin Famula*  
Acting Religious Education  
Director

## Religious Education for All Ages

### Full Community Religious Education and Faith Formation

As you have likely heard, I have been hired to remain with all of you for a while longer (at least through the end of October or until we hire a permanent Religious Education Director) as we continue strengthening our religious education programming at UUCM. It has been a pleasure getting to know all of you and I'm excited about the expanded educational opportunities we will make available as we commit to our ongoing learning together. If you have any feedback or ideas about RE – please reach out! I am always excited to hear about new possibilities for exploring who we are through Unitarian Universalism. You can also reach out to any of our new RE Visioning Team members – who recently met for the first time and are ready to imagine and implement all that RE can be. Big thanks to this team!

Interested in learning more about what is being offered? Check out the RE bulletin board in the hallway near our coffee gathering space. And if you are a parent/guardian, we encourage you to join our private facebook page: <https://www.facebook.com/groups/REatUUCM/>

If you haven't yet registered your child/youth for Religious Education, please do so either in-person on Sunday mornings or here: <http://www.uugrassvalley.org/re-registration> . This helps us ensure the safety of all of our Religious Education programs.

Check out the upcoming activities below – we hope to see you frequently!

Gratitude,  
*Kristin*

### We Are Hiring!

Do you know of someone who would be terrific at caring for our youngest members? We are hiring a child care coordinator and would love your support in finding someone to join our team of folks caring for our children. The full job description can be found here: <http://www.uugrassvalley.org/wp-content/uploads/2016/09/Child-Care-Provider-job-description.pdf> . Resumes and questions can be sent to Kristin at [education@uugrassvalley.org](mailto:education@uugrassvalley.org) .

### Upcoming R.E. Programs

#### SUNDAY MORNING RE FOR CHILDREN & YOUTH

Sundays, 9:45 A.M. at UUCM:

Classes are offered for children and youth during the first service. Child care is provided during both services..

#### YOUTH MUSIC

Wednesdays, 5-6 p.m. at UUCM:

All ages are invited to this terrific program which will continue again this year. (Check the calendar beforehand – schedules may change). Contact Jordan: [music@uugrassvalley.org](mailto:music@uugrassvalley.org) or Kristin: [education@uugrassvalley.org](mailto:education@uugrassvalley.org).

#### YOUTH STUDIO:

Thursdays, 4-5 p.m. in Upstairs RE Room

A one-hour gathering for all ages to create in community. There will be art supplies and exercises available, but feel free to bring anything you are working on or wanting to share. (Check the calendar beforehand – schedules may change).

#### BRUNCH BUNCH:

First Sunday of the Month, 9:45 a.m.

All youth (6th-12th grade) are invited to invited to attend "Brunch Bunch" on the first Sunday of most months. Bring your own \$\$ or contact Kristin for support. [education@uugrassvalley.org](mailto:education@uugrassvalley.org).

#### POT OF GOLD

Saturday, October 1 at the UU Church of Palo Alto

Registration is still open for this year's gathering of religious educators. Anyone interested in education at UUCM is invited to attend! Contact Kristin ASAP if you are interested in attending. Click here to see a flyer about this event: <http://www.uugrassvalley.org/wp-content/uploads/2015/10/2016-10-01-RE-event-Pot-of-Gold-Flyer.pdf>

#### COMING OF AGE

Sunday, October 2 in the Upstairs RE Room

Youth in 8th-10th grades are invited to participate in our Coming of Age program - a year-long exploration of their personal beliefs and ethics. A quick informational meeting will be held on Sunday, October 2nd at 11:00 A.M. (or right after the service ends). Youth and families are encouraged to attend. Please RSVP to Kristin: [education@uugrassvalley.org](mailto:education@uugrassvalley.org) .

#### SOCIAL JUSTICE SERVICE TRIP

Summer 2017

In collaboration with the UU Fellowship of Northern Nevada, youth will be invited to participate in a summer 2017 trip with the UU College of Social Justice (<http://www.uucsj.org>). Planning will begin in the fall. Expect to hear more soon!



Jordan Thomas-Rose  
UUCM Music Director

## From the Music Director

### Youth Music in Full Swing!

We are putting out the call to any who may have missed out last season! Open to children 5-17 (ish), we meet Wednesday evenings from 5 to 6 P.M. to practice music fundamentals, learn new songs, and just have a good time making music together. Whether you currently play an instrument or are looking to learn, you are welcome!



A couple of our youth performers at a recent service

### Come Join the UUCM Choir!

Calling all members (and friends!) who have in the past, currently in the now, or presently in the future would like to sing in our UUCM Choir! Rehearsals are 6:30-8 P.M. every Wednesday (bar the last Wednesday of the month). Whether you have a passion for voice or simply want to take part in a wonderful community, come on out and sing with us!

P.S. New singers welcome, just talk contact me either at church on Sunday or via email ([music@uugrassvalley.org](mailto:music@uugrassvalley.org)).

## Sound, Lights and Video

### Technologists that will transform UUCM

by Walt O'Maley, Lead, Sound Team

We recently upgraded the sound equipment at UUCM to where now we can offer complete multimedia experience that exceeds what can be done in most UU churches. Be it Sunday services, Concerts, Social Justice Meetings we can now offer experiences that will rock the audience. This includes a mix of all the following:

- Multiple presenters
- Slides
- Slides with videos
- CDs or DVDs
- Music on phones
- YouTubes
- Remote public speakers
- Live musicians
- Record the audio for archive

This will be delivered to the audience with a state of the art sound system and a state of the art multimedia system as one integrated experience.

The Sound team has now evolved to being technologists focused on delivering extremely cool experiences. As lead of team I'm wanting to expand the team and increase diversity as well:

**YOUTH** - Come on board. You all do this stuff at home all the time. Here you get to run a 16 channel mixer that you can crank up and run cool videos on big projector. Do I need to say more? If you want to do it with a buddy .... great.

**WOMEN** - Again most welcome. If want to do this with a friend ... absolutely. I'll get you through the learning curve, trust me. I've done a lot of technical training.

**MEN** - Okay, you too. Of course you are welcome.

**DOGS** - I love dogs but, yeah, it is a bit complex, so sorry. Maybe we need a mascot, but let's worry about that later.

So basically I would work with you in a couple sessions on training and we should be good. All I ask is a person who is willing to cover about six events in 12 months after training. It takes time for training and I need some commitment.

Okay, I'm a tech nerd at heart but it can be a lot of fun. So think about joining the team that will deliver extremely cool experiences and in the 264-7448 process transform UUCM.

Interested?... Contact me at: [waltomaley@yahoo.com](mailto:waltomaley@yahoo.com)

# Forum Working Group

## Forum Working Group Report and Recommendations

The original Forum was restricted due to concerns about its appropriate use. The Forum Working Group (FWG) was created to address the Congregation's concerns about the Forum. The FWG was composed of four members of the Transition Team, four representatives of the signers of the Letter of Concern, and four members of the congregation at large; eight of whom are still active.

The FWG was guided by our perception that we held a sacred trust to create a Forum that meets the needs and wishes of our community. We worked together well and found that we had far more in common than we had in disagreements. We were able to put together this report and these recommendations using the process of consensus. This had a healing effect and points the way for the future.

The FWG met one to three times a month since March, 2016. We conducted a congregational survey about the Forum. Community response was significant, with 74 respondents providing an overwhelming number of thoughtful responses and comments. After evaluating and quantifying the survey results, we constructed Forum Guidelines that we believe best meet the community's needs.

Our Guideline recommendations include: Forum Purpose, User Agreement, Appropriate Content, Moderation, Technical Implementation, Rollout Plan, and Additional Recommendations (view at this link: <http://www.ugrassvalley.org/wp-content/uploads/2016/09/FWG-Forum-Guidelines-Recommendations-Final-Draft-9-19-16.pdf>); along with Survey Result Graphs (view at this link: <http://www.ugrassvalley.org/wp-content/uploads/2016/09/FWG-Pretty-graphs.pdf>).

### HIGHLIGHTS ARE AS FOLLOWS:

1. The Forum should continue, with several changes.
2. Users will agree to a "User's Agreement" before using the Forum.
3. The Forum will be moderated by a transparent combination of both users and a Designated Moderator Team.
4. Two ongoing teams will be created: a Moderator Team and a Tech Team.
5. Technical changes will be made to make the Forum more user-friendly; Conrad's hours and budget for implementation to be determined by Board of Trustees (BOT).

6. BOT to set date for Congregational Forum Meeting. Initial and ongoing training will be scheduled and available through multiple methods and opportunities.
7. After six months, the Forum Working Group will re-evaluate and make recommendations as needed.
8. Our work also impels us to highly recommend:
  - The creation of an ongoing Conflict Resolution Team;
  - The re-evaluation of UUCM's Covenant;
  - The preservation of existing face-to-face church communications methods (e.g., routine Town Talks, "A Board Member Is In", etc.);
  - The creation of new face-to-face communication methods (e.g., monthly family potlucks, small group discussions, etc.); and,
  - The re-evaluation of UUCM's Mission and Vision Statements.

*Respectfully submitted by,*

The Forum Working Group:

*Bob Branstrom, Janet Bullock, Rochelle Davisson,  
Allan Duncan, David Ferrier, Suzanne Ferroggiaro,  
Joel Houtman, and Tom Wernigg*



## Forum Working Group Progress

*by Suzanne Ferroggiaro, Chair, Forum Working Group*

Please keep in mind that our Forum Recommendations are in progress. We've had constructive discussion with the Board and are still working hard. When the Board has made its final approval, we will update you about implementation.

We have taken seven months to make good recommendations to the Board. It will take several more months to implement these changes to the Forum and to help everyone learn how to use it.

Please bear with us as we do our best to craft a Forum that our whole congregation can use with pride. Thanks and stay tuned!

# October 2016 Calendar of Events at UUCM

DATE	DAY	TIME	EVENT DESCRIPTION
<b>SEPTEMBER</b>			
25	Sunday	9:45 10:50 10:50 11:30	Sunday Service & RE Classes Social Time & "A Board Member is In" Drop-in Support Circle Sunday Service
27	Tuesday	9:00	Meditation
28	Wednesday	8:30	Men's Group
29	Thursday	8:30	Men's Group - What's Up Coffee
30	Friday	4:00	Dinner Prep at Utah's Place

DATE	DAY	TIME	EVENT DESCRIPTION
<b>OCTOBER</b>			
2	Sunday	9:45 9:45 10:50 10:50 11:00 11:30	<b>First Sunday: Bring Food!</b> Sunday Service & RE Classes Brunch Bunch for Youth Social Time & "A Board Member is In" Drop-in Support Circle Coming of Age Info Session Sunday Service
4	Tuesday	9:00 4:00	Meditation Caring Committee Meeting
5	Wednesday	8:30 10:30 5:00 6:30	Men's Group Humanism Group Youth Music Choir Rehearsal
6	Thursday	8:30 10:30 4:00	Men's Group - What's Up Coffee Men's Group Book Club – WUC Youth Studio
8	Saturday	9:30	Welcome to UU(CM)
9	Sunday	9:45 10:50 10:50 11:30	Sunday Service & RE Classes Social Time & "A Board Member is In" Drop-in Support Circle Sunday Service
10	Monday	6:00	Women's Group & Potluck
11	Tuesday	9:00 12:30 5:00	Meditation Membership Committee Meeting Board of Trustees Meeting
12	Wednesday	8:30 11:00 5:00 6:30	Men's Group Habitat for Humanity Lunch Prep Youth Music Choir Rehearsal
13	Thursday	8:30 10:30 4:00	Men's Group - What's Up Coffee Writers' Group Youth Studio
15	Saturday	9:00 12:30	Building & Grounds Work Party Building & Grounds Meeting

DATE	DAY	TIME	EVENT DESCRIPTION
16	Sunday	9:45 10:50 10:50 11:30	Sunday Service & RE Classes Social Time & "A Board Member is In" Drop-in Support Circle Sunday Service
18	Tuesday	9:00 3:00 6:00	Meditation Nominating Committee Meeting UU History with Rev. Kevin
19	Wednesday	8:30 4:30 5:00 6:30	Men's Group Finance Committee Meeting Youth Music Choir Rehearsal
20	Thursday	8:30 10:00 10:30 4:00	Men's Group - What's Up Coffee Social Justice Committee Meeting Men's Group Book Club – WUC Youth Studio
21	Friday	4:00	Dinner Prep at Utah's Place
23	Sunday	9:45 10:50 10:50 11:30	Sunday Service & RE Classes Social Time & "A Board Member is In" Drop-in Support Circle Sunday Service
24	Monday	9:00	<i>Mountain Chalice</i> Submissions Due
25	Tuesday	9:00	Meditation
26	Wednesday	8:30	Men's Group
27	Thursday	8:30 10:30 4:00 6:30	Men's Group - What's Up Coffee Writers' Group Youth Studio Worship Committee Meeting
30	Sunday	9:45 10:50 10:50 11:30	Sunday Service & RE Classes Social Time & "A Board Member is In" Drop-in Support Circle Sunday Service

DATE	DAY	TIME	EVENT DESCRIPTION
<b>NOVEMBER</b>			
1	Tuesday	9:00 4:00	Meditation Caring Committee Meeting
2	Wednesday	8:30 10:30 5:00 6:30	Men's Group Humanism Group Youth Music Choir Rehearsal
3	Thursday	8:30 10:30 4:00 6:00	Men's Group - What's Up Coffee Men's Group Book Club – WUC Youth Studio UU Principles & Theologies
6	Sunday	9:45 9:45 10:50 10:50 11:30	<b>First Sunday: Bring Food!</b> Sunday Service & RE Classes Brunch Bunch for Youth Social Time & "A Board Member is In" Drop-in Support Circle Sunday Service



## Unitarian Universalist Community of the Mountains

246 South Church St., Grass Valley, CA 95945

Telephone: 530.274.1675

Website: [www.uugrassvalley.org](http://www.uugrassvalley.org)

Sunday Services at 9:45 A.M. and 11:30 A.M.

Office Hours: Monday through Thursday, 8:30 A.M. - 1 P.M.

### Rev. Kevin Tarsa Office Hours:

Tuesday: 10:30 A.M. - 12:30 P.M.,  
Wednesday: 4 - 6 P.M.,  
Thursday: 11 A.M. - 1 P.M.

### UUCM STAFF MEMBERS

Reverend Kevin Tarsa, *Minister*

Conrad Sisk, *Office Administrator*

Jordan Thomas-Rose, *Music Director*

Kristin Famula, *Acting Religious Education Director*

### E-MAIL ADDRESSES

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