# Other UUCM Activities & Groups\_

#### BUILDING & GROUNDS

Work once a month with a team of people cleaning and maintaining our church building and grounds, followed by lunch, usually on the third Saturday mornings.

Contact: Wally Holtan at 274-7965 or uucmgv@gmail.com

#### SOUL MATTERS CIRCLES

Lay-led circles offering chances for deep connection over time. New groups form several times a year.

Contact: Jo Waters at 414-6941 or jowaters@hotmail.com

#### MONTHLY OUTINGS

Look in the Mountain Chalice for fun all-ages activities such as wildflower walks, talent shows, concert and fireworks on July 4, end-of summer hoedown and more.

Contact:

Claire Miller at 530-205-5324 or TruckeeClaire@yahoo.com

#### DROP-IN SUPPORT CIRCLE

For Sundays when you need a little extra emotional support from fellow UUs, or have some to give; between services, Anthony Annex.

Contacts: Janet Bullock at janetbullock41@gmail.com

#### HOSPITALITY TEAM

Make coffee, set out snacks, and clean up afterward for Social Time between services. We also need people to bring healthy and/or sweet snacks.

Contact:

Marilyn Young at (916) 203-5962 or Marilyn Y04@gmail.com

#### WELCOMING TEAM

Friendly people are needed to greet and welcome people in the foyer each Sunday morning and/or to pass out programs, take the offering, and more. It's a great way to get to know people.

Contact: Claire Miller at 530-205-5324 or TruckeeClaire@yahoo.com

# RELIGIOUS ED & EXPLORATION FOR ADULTS

A variety of short-term classes offered. See the prospectus for more details. Contact: Cynthia Schuetz at adultRE@uugrassvalley.org

# RELIGIOUS ED & EXPLORATION FOR CHILDREN & YOUTH

Sunday morning programs for children during the 9:30 service, and youth at 10:30 a.m.

Contact: education@uugrassvalley.org, or RE Co-chair René Wiley at 477-7650 or renemarie@gmail.com

# SECOND SUNDAY SPIRITAL PRACTICES SAMPLER

After our Second Sunday Soup or Salad Potlucks, we'll invite an hour of shared spiritual practice from 1:30-2:30 p.m. Over time, we'll sample practices that focus our attention and intention, that call us to be present and undivided. If you have a spiritual practice that has served you well and that you are willing to share with others, please let Rev. Kevin know.

Rev. Kevin at minister@uugrassvalley.org



# Finding Community at UUCM

Activities,
Affinity Groups and
Other Ways to
GET CONNECTED

...at the Unitarian Universalist Community of the Mountains www.uugrassvalley.org

246 Church Street Grass Valley, CA 95945 (530) 274-1675

# **Affinity Groups**

#### • CHOIR

Connect with others who like to sing.

Practice is held at UUCM every Wednesday
night except the last one of the month, except
when otherwise announced, 6:30-8:00 p.m.

Contact: Jordan Thomas-Rose at music@uugrassvalley.org or 274-1675

## HUMANISM DISCUSSION GROUP

Explore the humanist belief system and how it relates to today's world.

First Wednesday of the month, 10:30 a.m. in the Channing Room at UUCM.

Contact:

George Dunstan at 477-7635 or gygeode@gmail.com

#### MEDITATION GROUP

Silent practice, not a class, all are welcome. Tuesdays, 9:00-10:00 a.m. at UUCM.

Contact: Shelley North Gerson at 272-8930 or shelley I 0493@yahoo.com

#### MEN'S GROUPS

Friendly gathering of UU men, no agenda, any and all topics. Every Wednesday at 8:30 a.m. at UUCM and/or every Thursday at 8:30 a.m. at Summer Thymes in Grass Valley.

Contact: Group lead, all are welcome

#### MEN'S BOOK GROUP

First and third Thursday at 10:30 a.m. at What's Up Coffee in Grass Valley.

Contact:

Mel Berry at 559-0904 or melnannie@yahoo.com

#### RECOVERING SPIRIT

A support group where both men and women can come together in a safe and confidential setting to explore the many challenges of addictive behaviors.

Contact: Carmen Riley at 272-2803

### SINGING MEDITATION CIRCLE

Songs and chants from a variety of traditions alternated with shared silence inthis engaging and meditative practice. First Thursday of each month, 7-8:30 p.m.

Contact: Rev. Kevin, minister@ uugrassvalley.org

#### WOMEN'S CIRCLE GROUP

Warm gathering of UU women

sharing an activity, usually beginning with a potluck meal.

Second Mondays, 6 p.m., usually at UUCM.

Contact: Kathryn Young at 478-1329, or kathryneyounguu@gmail.com

#### • WRITERS' GROUP

Novice or experienced writers welcome. Second and fourth Thursdays, 10:30 to noon, Anthony Room at UUCM.

Contact: Eileen Hale at 273-1351 or eileenmice@eileenadelehale.com

#### YOUTH MUSIC

A lively, enthusiastic and eclectic group of young musicians at various ability levels.

Practice is held on Wednesdays; Beginners at

Practice is held on Wednesdays; Beginners at 4:30 p.m. and Advanced at 5:00 p.m. at UUCM.

Contacts: Jordan Thomas-Rose at music@uugrassvalley.org

# **Social Justice Team**

Meetings on third Thursday of each month, at 5:30 p.m. and Social Justice Nights with Pizza open to all, second Thursdays of the month at 5:30 p.m.

Stu Matthews at 362-8456 or stu@fourmajor.com

The Social Justice Team identifies and works with the Social Justice partners in the community, including:

#### ANIMAL PLACE, SAMMIE'S FRIENDS AND GRASS VALLEY ANIMAL CONTROL SHELTER

Animal well-being and care. Carol Hyndman, 477-0693, countrycattery@gmail.com

# CONTACT FOR THE FOLLOWING FIVE GROUPS:

Keith Johnson, 265-0277, kjohnson.uucm@gmail.com

#### HABITAT FOR HUMANITY

Provide lunches for house builders, help build houses, volunteer at ReStore. and more.

#### HOSPITALITY HOUSE

Prepare and serve dinner to the homeless at Utah's Place third and fifth Fridays of each month, and more

#### INTERFAITH FOOD MINISTRY

Provide supplemental food for Western Nevada County.

#### SIERRA ROOTS

Serving the chronically homeless people of Nevada County.

#### SOUTHYUBA RIVER CITIZENS' LEAGUE

Protect and restore South Yuba River.