

the Mountain Chalice



Unitarian Universalist Community of the Mountains

July 2019

UPCOMING SERVICES

Two Service Times on Sundays: 9:30 AM or 11:30 AM

Social hour is between the two services; either stay after the first service, or come early to the second one.

Religious education classes for children (K-5th grades) are offered during the 9:30 AM service,

but classes for youth (6th-12th grades) are on hiatus for the summer. Nursery care is available for both services.

SEVEN PRINCIPLES TO LIVE BY

What do UU's believe? Why do we have "principles" and not a creed? How do we bring those principles to life as we put our actions where our hearts are?

Beginning in July, UUCM's summer services will focus on our Seven Unitarian Universalist Principles using prose and poetry, prayer and song, art and story. We'll see that our Principles are woven from threads of hearts and minds, compassion and action, courage and responsibility – yours, mine and ours.

Come, explore this inspiring rainbow of values all summer long.

July 7 Harry Potter and the Seven Principles with Lindsay Dunckel and Rev. Kevin Tarsa

Summer begins! Our youngest members kick off their summer-long exploration of UU values through the lens of Harry Potter and Hogwarts; and all of us, Wizards and Muggles alike, launch our summer service series exploring the Seven Unitarian Universalist Principles. With magic involved, no telling what could happen!

First Sunday: Please BRING FOOD for Interfaith Food Ministry and Pets in Need.

July 14 First Thing First? Rev. Kevin Tarsa with Wendy Wernigg, Worship Associate

Our UUA congregations covenant to affirm and promote "the inherent worth and dignity of every person." As the first of our Unitarian Universalist principles, it is foundational, and, if taken to heart, an invitation to lifelong awareness and growth. That said, it is not the be-all and end-all.

July 21 What Time Is It? Allison Rivers Samson, Speaker, Holly Rice, Worship Associate

The acceleration of climate change is finally being talked about in the mainstream media, but is it too late to shift the tide? What can we do about this issue that's in our hearts and on our minds? What is our responsibility to the children of our world and how does that connect with our UUA Seventh Principle?

July 28 Really? Who is Welcome Here? Scottie Hart, Speaker, Gail Johnson Vaughan, Worship Associate

UUCM Member Scottie Hart shines light on someone most of us already know - "ThatOne". Scottie's sermon was given birth in this Spring's Shared Pulpit Class. Come learn who "ThatOne" is, and the wisdom "ThatOne" can bring into our lives – when and if we are ready. This service is inspired by our UU 2nd Principle – Justice, Equity and Compassion in Human Relations.

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Rev. Kevin Tarsa
UUCM Minister

From the Minister

held at the margins of society, including people of color, lesbian/gay/bisexual/transgender/queer/non-binary persons, and indigenous people. It is a powerful and challenging turn that will ask us to interrogate the assumptions, expectations and very nature of this whole liberal religious enterprise.

Several teams of people making separate plans for services at both General Assembly (the big annual gathering of Unitarian Universalists) and Ministry Days (the pre-GA gathering of UU ministers) chose to include the very same song: MaMuse's *We Shall Be Known*, written by Karisha Longaker.

We shall be known by the company we keep, by the ones who circle round to tend these fires.

The choice was no coincidence as the song matched not only the spirit of General Assembly and this year's theme (The Power of We), but also an important and significant shift underway in our religious tradition. Or, to be more accurate, a potential shift underway.

We shall be known by the ones who sow and reap the seeds of change alive from deep within the earth.

Unitarianism as it took shape in the United States forged a reactive path away from a constricting 17th century Christian orthodoxy and toward a liberating modern individualism. It is an individualism that once served a helpful developmental purpose, but that now limits our ability to recognize and draw upon our interconnectedness.

Unitarianism in the United States also arose and came of age within the white, well-to-do, Euro-centric, racist, patriarchal and white supremacist culture imported by early European colonists and that reigns to this day.

While we UUs like to think of ourselves and our tradition as unique, as a whole and in many ways we mirror the rest of the dominant culture in the U.S., rife with the individualism and the white supremacy that has led us to this extraordinary and frightening moment in U.S. history, human history, and Earth history.

*It is time now. It is time now that we thrive.
It is time we lead ourselves into the well.*

As for the potential turn underway in UUism, our leaders have made a deep, corrective commitment to center, for a change, the voices and the perspectives of those who are otherwise



In this year's General Assembly, we heard numerous courageous and powerful expressions of pain, challenge, and hope from people who have traditionally been not only held outside the circle of leadership and influence in our faith, but also wounded, sometimes by a thousand small cuts, within it. We were led, in worship, workshops, and business meetings by people from those same traditionally marginalized groups.

Those of us who are white were asked to enter this new territory with inquisitiveness, humility, openness, and love, asked, implicitly, to take a back seat for once, asked to brave the anxious stew of our own vulnerability, and asked to risk remaining in the room when the heat rose and the distress of our white fragility made us want to run away or hide.

The implications of living into this way of being go far beyond mere changes or transpositions in who's up front and who's in charge, because for members of the dominant culture to hear and follow the voices of the marginalized leads to unprecedented, and so unfamiliar and therefore frightening possibilities.

We UUs are being given a potent opportunity to be broken open and to realize a much deeper manifestation of our faith tradition.

*It is time now, and what a time to be alive
In this great turning we shall learn to lead in love.*

I find this great turn-in-progress exhilarating and hope-filled; I find it true, even as it challenges so much of what is familiar and comfortable to me. I name it here to you, because it will influence my own ministry and ministering in the years ahead.

It is time now.
In this great turning may we learn to lead, and to be led, in love.

- Rev. Kevin

PLEASE NOTE: Rev. Kevin will be on study leave and vacation July 16 through 30.



Your President's Message

Rev. Karyn Packard
In-coming President,
UUCM Board of Trustees

Your new Board of Trustees slate is as follows:

- | | |
|--------------------|-----------------|
| Rev. Karyn Packard | President |
| Jim Perkins | Vice-President |
| Sandi Lauher | Secretary |
| Joel Houtman | Treasurer |
| Maryann Currington | Member-at-Large |
| Janet Dunstan | Member-at-Large |
| Dennis Weiher | Member-at-Large |

2019-20 Nominating Committee:

Lin Jovanovic, Beth Freedman and Susan Merrill

"Everyone in a complex system has a slightly different interpretation. The more interpretations we gather, the easier it becomes to gain a sense of the whole."

- Margaret J. Wheatley

I start this year as your new President of the Board of Trustees, bringing to mind Margaret Wheatley's words. This Board belongs to the membership of UUCM. It is our job to interpret, evaluate, prioritize and act on the wishes of our congregation. We have recently completed a "Visioning" workshop where people gathered to share their hopes. Those "hopes" have physically been put in our hands. They have evolved from your past experiences, current situations and "hope" for all of our future together.



Your BOT will work together, respecting that each person has unique gifts and interpretations, to represent all of you honorably. Thank you for the opportunity.

- Karyn

Our 5th principle in action at this year's General Assembly as our gathering UUs vote.

This is an exciting time at UUCM. Thanks to our outgoing BOT for setting us up so nicely. A special thanks to Taylor Carey for his years of inspired leadership as our President. Thanks also to Charlie Zimmerman for continuing to be our Treasurer when we didn't have another candidate. It is an incredible commitment and we are indebted to him. Lastly, to Chuck Champlin: Chuck was always able to see divergent paths for us to consider. This is great gift.

Through the work of the previous BOT, we were able to get our new "Governance" on paper, presented to the congregation and actually underway. It will be your new Board's job to nurture this plan and the people involved in its implementation. As we approach the "payoff" of our mortgage, we research possibilities for our physical space. We continue to be committed to "outreach". We walk forward directed by our mission statement; *"With courageous love and a sense of wonder, we cultivate our spiritual, emotional and intellectual strength to create a world more compassionate, sustainable, and just."*

UUCM BOARD OF TRUSTEES

JULY 2019 - JUNE 2020

- | | |
|---------------|----------------|
| Karyn Packard | President |
| Jim Perkins | Vice-President |
| Sandi Lauher | Secretary |
| Joel Houtman | Treasurer |

Members at Large:

Maryann Currington, Janet Dunstan & Dennis Weiher

*Board of Trustees meetings are held:
the third Thursday of each month at 5:15 PM
in the UUCM Channing Room.*

*UUCM members and friends are cordially invited to attend!
If you wish to address the board, please give two days notice so the
agenda timing can be adjusted.*

Circle Suppers

Circle Suppers Get a Make Over

By Claire Miller

We would like to get Circle Suppers going again – and to try a slightly different approach. Instead of offering them once or twice a year, the Suppers will be on-going, and held at a variety of times of day and dates so that everyone can find a time that will suit them.

GOALS

- That all members and friends of UUCM will participate in a "Circle Supper" each year
- That the events will widen our circle of UU friends and offer opportunities to share pleasant times together
- That some time at each Supper event will be devoted to deepening our relationships to each other and to UUCM.

CIRCLE SUPPER HOSTS ARE NEEDED

If you would like to be a host for one of these events sometime between now and the end of June 2020, please contact Claire Miller to schedule a date, and work out the details.
email: truckeeclaire@yahoo.com or phone: 530-205-5324

Hospitality Team

By Marilyn Young, Coordinator, UUCM Hospitality Hour

Every Sunday, everyone is welcome to enjoy snacks and refreshments, along with socializing, between the two services - 10:30 until 11:20 AM in the Alcott and Channing Rooms.

This month's schedule for contributing snacks:

- July 7 - last names beginning with A to E*
- July 14 - last names beginning with F to J*
- July 21 - last names beginning with K to R*
- July 28 - last names beginning with S to Z*

If you plan to bring a snack, please contact Marilyn Young (MarilynY04@gmail.com).

SET UP AND CLEAN UP HELPERS NEEDED

We really could use more volunteers for both set up and clean up for our Hospitality Hour. It's not a difficult task, and you'll be working with others, so the job goes quickly. Please let Marilyn Young know if you can volunteer once a month, or...?

Everybody Choir

"Everybody Choir" Opportunity

By Janet Bullock

Heads up, everybody. We're singing again! On July 14 everybody at UUCM – young and old and in-between – who wants to sing in the choir is welcome. Janet Bullock will lead.

We'll be singing a 4-part, easy, well-known song. (Even if you don't read music, there are others that do...don't let it deter you). Practice recordings will be emailed and a couple of practice sessions will be scheduled on Wednesday evenings (July 3 and 10) and on Sunday after church for those who can't make the evening rehearsals.

Let Janet know if you are interested. Mark your calendars.
janetbullock41@gmail.com

Joint UU Camp Out

Invitation to Join SFUU Camping August 8-10

Members of Sierra Foothills Unitarian Universalists, our sister congregation in Auburn, will be camping at Malakoff Diggins State Park, August 8-10. With SFUU's blessing, Shannon Dooley-Miller invites UUCM members to come camp at nearby sites and to connect to our UU neighbors. Come camp, or come for the day.

SFUU folks will be camping at the Chute Hill campground group site. Shannon has reserved her own site at CH 5. If you are interested in camping, reserve your site at www.reservecalifornia.com. The campsite costs \$35 per night, and two households may share one site.

For more information, or to get assistance coordinating a shared site, contact Shannon Dooley-Miller at 530-346-6995 or email: shannondooleymiller@gmail.com.



FYI

Conversations are also afoot for a new iteration of UUCM's own summer camping weekend in the future. Stay tuned and let Shannon or Rev. Kevin know if you are interested in being part of that planning.

Stewardship

Stewardship Team is Raring to Go!

By Keith Johnson, Chair, Stewardship Team

Your Stewardship Team is saddled up and raring to go for fiscal year 2019/20. Team members are Maryann Currington, Elizabeth Fries, Keith Johnson, Bob Miller, Bob Packard, and Carmen Riley. We would love to recruit more members so if you are interested please let us know.

At our last meeting the team developed a plan for next year. Everything is subject to change, but here is the proposed program with key dates:

- **GROUP MEETINGS: 11/3/19, 11/17/19, AND 11/24/19**
The group meetings will be in lieu of the cottage meetings held this past year. They will be hosted by the Stewardship Team after the second service on the above dates, and hopefully every member and friend can attend one of the meetings. The subject for discussion will be the role of stewardship in fulfilling the mission of UUCM.
- **CONGREGATIONAL DINNER: 2/29/20**
All members and friends are invited. The dinner will be held offsite to accommodate the growth of our congregation.
- **KICK-OFF SUNDAY: 3/1/20**
We celebrate the commencement of the 2020/21 pledge campaign.
- **PLEDGE CAMPAIGN: 3/1 THROUGH 3/29/20**
Our goal is to recruit 20 visiting stewards. Each steward will engage in stewardship conversations with 4 members or friends. If you would be willing to serve as a visiting steward, please let us know.
- **CELEBRATION SUNDAY: 3/29/20**
We celebrate the successful completion of the 2020/21 pledge campaign.

In addition to all of the above, we will host a full complement of fundraisers, beginning with the yard sale on 9/28/19. If you have any questions about next year's stewardship program or anything else about stewardship, the Stewardship Team would be happy to hear from you.

A Fond Farewell

Rev. Dr Leisa Huyck to Serve Napa Valley UUs



We celebrate with the Rev. Dr. Leisa Huyck, UUCM's affiliated Community Minister, her parish ministry with the Napa Valley Unitarian Universalists to begin this fall. Napa Valley UU's are fortunate, indeed.

The Napa Valley Unitarian Universalists were formed in the 1980's by UU's living in the Northeast Bay Area who wanted a different experience than what was available in the larger urban churches. Rev. Leisa is taking a two-year, 3/4 time contract position there, with potential for a call. That means that after a year or so, the congregation will decide whether or not it wants to call Rev. Leisa as its settled minister.

The Napa Valley UU's are thrilled to have Rev. Leisa as their next minister, and are very excited about her background in ecology and her strong skills in preaching and worship, music, justice activism, and pastoral care. Rev. Leisa is thrilled to get to minister to a very healthy congregation of 90 members that is eager to grow and stretch its wings. Leisa and Steve will keep their house here in Grass Valley until they know whether a call will be forthcoming, and commute back and forth in the meantime.

Rev. Leisa's sermons and workshops have been wonderfully meaningful experiences at UUCM. We will miss Rev. Leisa's official local presence, and look forward to having her back in UUCM's pulpit as life and ministry rhythms allow.

Caring Team

We're Here for YOU!

By Gwen Eymann, Acting Chair, Caring Team

In our community we share our joys and our sorrows, and with this sharing we grow deeper in our connections with one another. There is beauty in this shared connection and there are opportunities to put this sharing into action by serving others.

Lin Jovanovic is on the mend following a hip replacement. We expect to see Lin out on the trail, kicking up her heels in no time. She is doing well.

Anne Lyon is working hard at getting her mobility and strength back. Since she is not able to drive and her medical care is in Roseville, she is in need of help with rides for physical therapy and medical appointments. Anne will happily pay someone to be her chauffeur for these excursions. If you or someone you know may be interested, please contact Anne. She also needs help with shopping, errands and rides about town.

We are keeping Cynthia Schuetz and Jim Perkins in our hearts as Cynthia moves forward on her journey with brain cancer. One way we can help to support them through this difficult time is by providing meals for them a couple times a week. There is a meal train website that will give you in-formation. The website address for Jim and Cynthia is: <https://www.mealtrain.com/trains/zv8lky>.

Robin Hart celebrated her 65th birthday in early June. Well done, Robin.

The Caring Team continues to monitor the congregation for folks who might need a hand, a ride, a meal, or a listening ear. Our strength as a congregation is reflected in the wonderful ways people have stepped up and offered to help. If you know someone who could use help and support, please let us know.

If you are drawn to this important work of supporting others through care and kind attention, please contact me or Rev. Kevin. We meet the first Tuesday of every month at 4:00 PM at UUCM, and we'd be glad to speak with you about the possibilities.

Contact: Gwen Eymann (530) 274-7965,
or email: caring@uugrassvalley.org

CARING TEAM MEMBERS:

Gwen Eymann, *acting chair*,
Maryann Currington, Penny Harlan, Maryann Hart,
Robin Hart, Jenny Dewey, Carol Hyndman,
Anne Lyon

Building and Grounds

Eye-Popping Beauty on the Grounds

By Wally Holtan, Chair, Building and Grounds Team

If you have not been in the backyard over the last two months, you missed a great poppy display. We were blessed with a wild poppy growth which will soon be coming to an end. I want to thank Gwen, Connie, Theresa, Kern and Jim for all the weeding and lawn maintenance we accomplished on Saturday. In two hours, they filled every container we had and we are less than half done. If you look in the backyard, you will see Joel's handy work; the enclosed back stairway is slowly coming together. Once the door and security panels are in, we will be finished and able to judge how successful we have been.

I want to personally thank Nancy Finlay's, Scottie Hart's and Will Silva's soul matters groups for their help cleaning and vacuuming our chairs on Saturday. Will started wiring the garage for flood lights so we can light up the backyard at night when people come into that area.

As you all are probably aware, we had an attempted break-in to our building this June. Luckily, they were unsuccessful. There was a police report filed and we will have to get a new back door. Sadly, it only reinforces the necessity of the precautions that we are trying to implement.

This month we will be having our workday on Saturday, July 13th. I hope to see some of you there as we are always looking for new volunteers. If you would like to help us keep our building and grounds in a semi-controlled condition, you are always welcome.

Contact Wally Holtan with questions or to RSVP for a work day. (530) 559-0050 or email: uucmgv@gmail.com



Social Justice News and Activities

Social Justice News

By Stu Chuang Matthews, Chair, Social Justice Team

For more information, or to get involved directly with the Social Justice Team, please contact Stu Matthews at stu@fourmajor.com or 530-362-8456

Local Volunteer Opportunities

By Keith Johnson, Member, Social Justice Team

The Social Justice Team encourages all members and friends to volunteer for justice work with local non-profit organizations. UUCM'ers are already doing outstanding work for the groups listed below. Following are descriptions of each group and volunteer help that is needed. If you are moved to do so, please reach out to the designated UUCM contact person to volunteer. They will have further information about the organization and may suggest other volunteer opportunities. If you would like to recommend other service organizations to be included, or if you wish to join us on the Social Justice Team, please contact team chair Stu Matthews (530-362-8456).

ANIMAL PLACE, SAMMIE'S FRIENDS SHELTER, GRASS VALLEY SHELTER

Animal Place cares for rescued farm animals. Sammie's Friends and the Grass Valley Animal Control Shelter care for rescued pets. Sammie's Friends has a great foster program, and adoptions are up. They help with medical needs and food for pets whose caretakers can't afford it. All three of these organizations need help feeding, cleaning, walking, and socializing with animals. Contact Carol Hyndman (530-477-0693).

HABITAT FOR HUMANITY

UUCM makes lunches for Habitat workers on the second Wednesday of each month at 11 AM at the church. Contact Keith Johnson (530-265-0277).

HOSPITALITY HOUSE

Hospitality House manages and operates Utah's Place, the local homeless shelter. Hospitality House needs help in three program areas:

UUCM purchases, prepares, and serves dinner to our guests at Utah's Place on the third and fifth Fridays of every month. Contact Keith Johnson (530-265-0277).

Hospitality House manages the Bread and Roses Thrift Store and help is needed in all aspects of store operation. Contact Cassandra Holdeman (530-575-4428).

Utah's Place needs volunteer monitors. Contact George Dunstan (530-205-8159).

IFM

Interfaith Food Ministry provides food at least two times per week to those in need. Currently they need both drivers and packers. Contact Anne Lyon (619-933-1618).

SIERRA ROOTS

Sierra Roots is a local homeless advocacy group which requests assistance in operating a cold weather shelter and their one-on-one advocacy program. Contact Keith Johnson (530-265-0277).

SYRCL

The South Yuba River Citizens League is dedicated to preserving and protecting the South Yuba River. Volunteer opportunities include river monitoring, becoming a river ambassador, and clerical support. Contact Keith Johnson (530-265-0277).



DONATIONS FOR NEVADA COUNTY PETS IN NEED

By Carol Hyndman, Member, Social Justice Team

Please remember donations for Nevada County Pets in Need will be collected on the first Sunday of each month when food donations are collected for the Interfaith Food Ministry. Nevada County Pets in Need serves not only pets of the homeless but also pets of lower income people. Contact Carol Hyndman (530-477-0693).

Community Connections – Social & Spiritual Activities

Humanist Discussion Group

CANCELLING JULY MEETING

By George Dunstan



The Humanist discussion group will not meet in July. We are taking a summer break for one month only. Please join us on Wednesday, August 7th for a discussion about humanist activism.

For further information, or to be added to the Humanism Discussion Group email list, please contact George Dunstan (530-205-8159 or gvgeode@gmail.com).

Meditation Group

Tuesday mornings at 9, a self-directed group of congregants meets for an hour of meditation in the Sanctuary. Enjoy a time of inner peace and reflection with others. For more info: Shelley North-Gerson, 272-8930, shelley10493@gmail.com.



UUCM Walking Group

By Theresa Houtman

Join intrepid walkers at 8:00 AM on Tuesdays and Thursdays at the Houtmans', 418 Chapel, Grass Valley. We walk a gentle two miles and then have coffee, conversation and treats. Cat-friendly dogs on leashes are welcome. Please contact Theresa Houtman (530) 277-9294 to confirm.

Singing Meditation Special Time

THURSDAY, JULY 4 AFTERNOON, 1-3:00 PM

Rather than meeting at our usual evening time, we'll gather at 1:00 PM, after the 4th of July Parade, to sing songs in the spirit of peace and harmony. As always, we will alternate singing and shared silence, teaching the songs as we go. Open to all, the Singing Meditation Circle will be glad for your presence, your voice, your heart, your spirit.

Women's Circle in July: Potluck Dinner & Dancing Lesson

MONDAY, JULY 8, 2019, 6:00 PM

AT UUCM

This month the UU Women's Circle will be meeting at UUCM and getting a Central and South American dance lesson from Mary Wollesen, the former owner of Rhythms Fitness Studio, who still teaches some classes there. Mary will instruct us in some fun Central and South American dance moves. (Some probably remember when she came three years ago and gave us a Zumba lesson!)

Our potluck theme will be foods of Central and South America, as well. We'll do a little research and send some suggestions soon if you need some ideas! RSVP to the Women's group email list (womensgroup@uugrassvalley.com) to let everyone know what you'll be bringing to share.

All UUCM women (and friends!) are invited to any Women's Circle gathering. If you are not on the Women's Group email list, please contact Kathryn Young, or send an email to Carol Fulkerson at: admin@uugrassvalley.org and she will add you. Then you'll get monthly updates and reminders of our upcoming meetings.

Men's Groups

On Wednesday mornings, 8:30 to 10:00 in the Channing Room, and on Thursday mornings, 8:30 to 10:00 at Summer Thymes, (1110 E Main St., Grass Valley), men gather to enjoy each other's company and discuss the issues of the day or whatever takes their fancy, in an open and free-flowing way.



Drop-In Support Circle

SUNDAYS FROM 10:50 TO 11:25 AM

IN THE ANTHONY ROOM ANNEX

Join us in the cozy and intimate "library annex" between the two services at 10:50 AM. If you would like a safe, confidential place to share your feelings about life's challenges and give support to others, this group should be a good fit for you.

Facilitators: Corrie Silva: (corriesilva@sbcglobal.net or 415-204-7448), Janet Bullock, and Tom Wernigg

Family Ministry Update for July

By Lindsay Dunckel, Family Ministry Co-Chair

HOGWARTS ON CHURCH STREET

During the months of July and August, our young people will be exploring the Seven Principles of Unitarian Universalism - but with a twist: they will be transformed into students at the famous Hogwarts School of Witchcraft and Wizardry described in J.K. Rowling's Harry Potter books. A very special guest will be joining us on July 7 at the beginning of the service to tell us what s/he sees as the connections between UUism and the world of Harry Potter. You might want to study up on the Seven Principles! (Coincidentally, these happen to be listed a couple pages further into this newsletter on the "Soul Matters" page.)

Our young people will discover which of the four houses at Hogwarts they belong to. According to J.K. Rowling in *Harry Potter and the Philosopher's Stone*:

*'You might belong in Gryffindor,
Where dwell the brave at heart,
Their daring, nerve and chivalry
Set Gryffindors apart.'*

*'You might belong in Hufflepuff
Where they are just and loyal
Those patient Hufflepuffs are true
And unafraid of toil.'*

*'Or yet in wise old Ravenclaw
If you've a ready mind
Where those of wit and learning
Will always find their kind.'*

*'Or perhaps in Slytherin
You'll make your real friends
Those cunning folk use any means
To achieve their ends.'*



Curious about which house you belong to?

You can take a quiz here:

<https://www.pottermore.com/news/discover-your-hogwarts-house-on-pottermore>

The Harry Potter books are full of examples of people taking action to make the world a better place; the young people in the stories demonstrate leadership, courage, kindness, loyalty, persistence, true friendship, and many other admirable qualities. As Dumbledore famously says, "It is our choices, Harry, that show what we truly are, far more than our abilities."

Our teen group will be on hiatus during the summer months and brunch bunch will not be taking place.

Look for announcements about upcoming family activities!

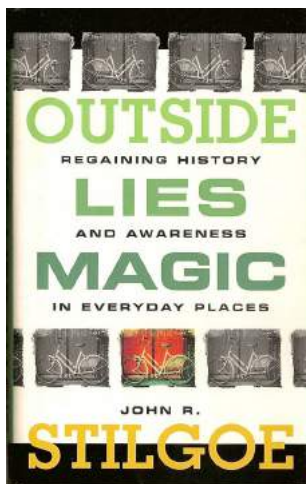


If you have questions, comments, or suggestions regarding UUCM's Family Ministry, please email us at: education@uugrassvalley.org

Adult Religious Exploration for July



...Cultivating our spiritual, emotional and intellectual strength to create a world more compassionate, sustainable and just.



Coming in July...

SECOND SUNDAY SPIRITUAL PRACTICES SAMPLER
SUNDAY, JULY 14, 1:30-2:30 PM

In *Outside Lies Magic*, John R. Stilgoe invites our awareness of ordinary surroundings, "awareness that builds into mindfulness, into the enduring pleasures of noticing and thinking about what one notices." Stilgoe encourages us to widen our angle of vision, to step

sideways and look at something seemingly familiar, to walk a few paces and see something utterly new.

In this session with Rev. Kevin, we will go outside for a time (not far), tune in our available senses, open ourselves to the possibility of seeing, hearing or feeling something utterly new, take time to capture our thoughts and experience, and then share our perceptions with each other.



Join us for July 4 at UUCM

THE LOCAL JULY 4 PARADE PASSES BY UUCM THIS YEAR!

Join us out front at 11:00 AM and wear your values! Bring your lawn chair and wear your t-shirts or sport your signs that communicate our UU principles and our free and

responsible search for truth and meaning. We'll set up at least one shade canopy. Even better, bring a lunch and stay for the 1:00 PM Singing Meditation Circle! See you there!

BOOK GROUPS

SECOND WEDNESDAY BOOK GROUP - JULY 10, 2:00 PM
LOCATION VARIES

On Wednesday, July 10, at 2:00 PM, we will discuss *No Rooms of Their Own: Women Writers of Early California* edited by Ida Rae at Suzannah Hart's home. You are invited to choose one author who made the greatest impression, and share your feelings with the group. Please contact Suzannah.hart@gmail.com to RSVP and for directions

Our August 14 meeting will again be held at Theresa Houtman's for discussion of *Range of Motion* by Elizabeth Berg. For questions or directions, please email Theresa at: therosa48@sbcglobal.net or phone (530) 277-9294.

LAST SUNDAY BOOK GROUP - JUNE 30, 1:30 PM
CHANNING ROOM

Our Last Sunday Book Group will be discussing *A Gradual Awakening* by Stephen Levine at the meeting in the Channing Room, June 30 at 1:30 PM. Ram Dass commends this book on mindful meditation for its simplicity and social responsibility. Janet Bullock will facilitate this informal discussion of the book. We will also select books for our next two meetings so bring some information about books you would like to read and discuss.

The July meeting will be held Sunday, July 28th at 1:30 PM at UUCM. The book selection will be decided at the June 30th meeting.

These book groups are open to men and women. If they become too large for good discussion, a new group will be started. Fiction and non-fiction will be discussed. You are welcome to come to one of the groups that reflects your interest and availability each month. Please contact Theresa Houtman, therosa48@sbcglobal.net to RSVP or with questions.

Full Community Education

Summer Soul Matters Reflections

What Does It Mean to be a People of Principles?

Our official Soul Matters themes run September through June. This summer we are taking a close look at our seven (currently) Unitarian Universalist Association Principles. These are the seven principles we UU congregations covenant (promise to each other) to affirm and promote:

1ST PRINCIPLE:

The inherent worth and dignity of every person;

2ND PRINCIPLE:

Justice, equity and compassion in human relations;

3RD PRINCIPLE:

Acceptance of one another and encouragement to spiritual growth in our congregations;

4TH PRINCIPLE:

A free and responsible search for truth and meaning;

5TH PRINCIPLE:

The right of conscience and the use of the democratic process within our congregations and in society at large;

6TH PRINCIPLE:

The goal of world community with peace, liberty, and justice for all;

7TH PRINCIPLE:

Respect for the interdependent web of all existence of which we are a part.

As Rev. Barbara Wells ten Hove explains, "The Principles are not dogma or doctrine, but rather a guide for those of us who choose to join and participate in Unitarian Universalist religious communities."

In Newcomer sessions, I invite people to name the principle that speaks most strongly to them. Of course, almost every person explains that they are drawn to several or all of the principles. And yet, there is usually one that resonates most readily, that grabs the heart with extra energy and meaning, one principle that guides most helpfully toward living life in alignment with one's values.

Aware that all these principles matter, which principle speaks most strongly to you? And why? What in your life experience leads you to be drawn to this particular value? How are you acting or wanting to act upon it?

Consider spending time this summer with those questions and with our UUA principles. Whether you reflect most deeply while alone, at the river, in morning or late-night hours when the house is quiet, while journaling, drawing, sculpting, walking, running or dancing, or in deep and lively conversation with another, which principle matters most to you?

The photo is of a GA rally supporting "Smart Justice, a coalition of organizations working together to end mass incarceration and eliminate racial disparities in Spokane County's criminal justice system."



July 2019 Calendar of Events at UUCM

DATE	DAY	TIME	EVENT DESCRIPTION
JULY 2019			
2	Tuesday	8:00 AM 9:00 AM 4:00 PM	Walking Group (Meet at Houtmans') Morning Meditation Caring Team Meeting
3	Wednesday	8:30 AM 6:30 PM	Men's Group Everybody Choir rehearsal
4	Thursday	8:30 AM 8:30 AM 11:00 AM 1:00 PM	Men's Group at Summer Thyme's Bkry Walking Group (Meet at Houtmans') 4th of July Parade in Grass Valley Singing Meditation Circle
7	Sunday	First Sunday: Please Bring Food for People & Pets!	
		9:30 AM 10:40 AM 10:50 AM 11:30 AM 1:30 PM	Full Community Sunday Service Social Time Drop-in Support Circle Full Community Sunday Service Soul Matters Facilitators Meeting
8	Monday	6:00 PM	Women's Circle Potluck at UUCM South & Central American Theme
9	Tuesday	8:00 AM 9:00 AM 2:00 PM 4:00 PM	Walking Group (Meet at Houtmans') Morning Meditation Stewardship Committee Meeting Challenging White Privilege
10	Wednesday	8:30 AM 11:00 AM 4:00 PM 4:30 PM 6:30 PM	Men's Group Habitat for Humanity Lunch Prep Minister's Office Hours Finance Committee Meeting Everybody Choir rehearsal
11	Thursday	8:00 AM 8:30 AM 10:30 AM 5:30 PM	Walking Group (Meet at Houtmans') Men's Group at Summer Thyme's Bkry Writers' Group Social Justice Night
13	Saturday	8:00 AM	Building and Grounds Work Party
14	Sunday	9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM 12:30 PM 1:30 PM	Sunday Service Classes for Children Social Time Drop-in Support Circle Sunday Service Second Sunday Salad Potluck Spiritual Practices Sampler
16	Tuesday	8:00 AM 9:00 AM	Walking Group (Meet at Houtmans') Morning Meditation

DATE	DAY	TIME	EVENT DESCRIPTION
17	Wednesday	8:30 AM 5:30 PM	Men's Group Social Justice Committee Meeting
18	Thursday	8:00 AM 8:30 AM 5:15 PM	Walking Group (Meet at Houtmans') Men's Group at Summer Thyme's Bkry Board of Trustees Meeting
19	Friday	4:00 PM	Dinner Prep at Utah's Place
21	Sunday	9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM 12:45 PM	Sunday Service Classes for Children Social Time Drop-in Support Circle Sunday Service Family Ministry Team Meeting
23	Tuesday	8:00 AM 9:00 AM 4:00 PM	Walking Group (Meet at Houtmans') Morning Meditation Challenging White Privilege
24	Wednesday	8:30 AM	Men's Group
25	Thursday	8:00 AM 8:30 AM 10:30 AM 5:00 PM 6:30 PM	Walking Group (Meet at Houtmans') Men's Group at Summer Thyme's Bkry Writers' Group Vegan Potluck Worship Team Meeting
28	Sunday	9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM 1:30 PM	Sunday Service Classes for Children Social Time Drop-in Support Circle Sunday Service Book Group
30	Tuesday	8:00 AM 9:00 AM	Walking Group (Meet at Houtmans') Morning Meditation
31	Wednesday	8:30 AM	Men's Group



Unitarian Universalist Community of the Mountains

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Two Sunday Services: at 9:30 AM and 11:30 AM

Office Hours: Monday through Friday, 8:30 AM - 12:00 PM

Rev. Kevin Tarsa Office Hours:

Tuesday: 11:30 AM - 12:30 AM
Wednesday: 4 - 5:30 PM
Thursday: 11:30 AM - 1 PM

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Mountain Chalice Newsletter Submissions are due by the 20th of the month prior to publishing.

Submit by email in Word/Pages format (not as a pdf) or simply by typing directly into an email to:

MtChaliceTeam@uugrassvalley.org

All images should be sent as good quality jpg files separately... not imbedded in your text document.

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