



# The Mountain Chalice

Newsletter of the  
Unitarian Universalist  
Community of the Mountains  
Grass Valley.

February 2009

We are a GLBT-Welcoming Congregation

## In This Issue

Rev. Meghan .....	2
Green Power Point.....	2
Membership.....	2
Prz Sez.....	3
Deputatious Love .....	3
Volunteer of the Month..	4
Drummer needed.....	4
Caring Notes.....	5
Music.....	5
Choir .....	5
Listening Corner.....	6
Compassionate Candle....	6
Apple.....	6
Social Action.....	7
Spirituality Group.....	7
Valentine Concert.....	7
Comm. of month.....	8
Forums.....	8
Drumming Circles.....	8
RE Snow trip.....	9
Calander.....	9

### February 1, 11:00 am “Living with Bipolar Disorder” Tom Wernigg

One of our own congregants will talk frankly about living with Bipolar Disorder, his experience of a second lease on life after a suicide attempt and how the illness has shaped his personality and his spiritual beliefs.

Worship Associate: Lindsay Dunckel

Please remember to bring non-perishable food contributions for the Interfaith Food Ministry on the first Sunday of the month.

### February 8, 11:00 am “True Love” Rev. Meghan Cefalu

As Valentine’s Day approaches we are invited to think about love. In the Buddhist way of understanding there are four key aspects of love: lovingkindness, compassion, joy and freedom. Thich Nhat Hahn, a Buddhist monk, says there are also real and tangible things we can do to experience these in our day-to-day lives.

Worship Associate: Jerry Jacoby

### February 15, 11:00 am “Love Never Dies” Sharon Moore

Sharon Moore, one of our members, will talk on the subject of love as a spiritual presence that cannot be lost. She will share from some of her experiences as an art therapist, practitioner of energy work, artist and writer.

Worship Associate: Matt Wilson-Daley

### February 22, 11:00 am “The Shifting Tide: Transcendentalism” Rev. Meghan Cefalu

In the early part of the 19th century a group of Unitarians centered in New England began what we now refer to as the Transcendentalist Movement. These new ideas, heavily influenced by Eastern philosophy, challenged the dry intellectualism of Harvard and especially the form of Unitarianism taught at Harvard Divinity School.

Come learn about this exciting and pivotal period in our theological history.

Worship Associate: Lindsay Dunckel



## Jim Lowe’s Piano Valentine

Saturday February 14 7:00 pm

Unitarian Universalist Community of the Mountains

246 South Church St., Grass Valley, CA 95945

\$15 Advanced/ \$20 at the Door/Event benefits UUCM

Tickets at Foggy Mountain Music, Harmony Books & in the Chapel Sunday mornings

Complimentary Chocolates & Wine

see page 5



## REV. MEGHAN MUSINGS

Greetings!!

In the last couple of months the grocery store aisles have shifted their stock seamlessly from snowmen and Santas to valentines and candy conversation hearts. In this season of long-stem red roses, heart-shaped boxes of chocolate, and Hallmark cards scrawled with verses of humor, friendship, and passion, Reverends Bill and Barbara Hamilton-Holway suggest we ask ourselves:

What do I know in my heart?  
What is my heart's deepest longing?  
Where is my heart leading me?

We have each experienced moments of wonder, mystery, connection, joy and gratitude – times in our lives when we felt deeply and wholly alive; times when the path before

us was bright and clear, not muddled by ambiguity and doubt. These are the times when our heart takes the lead and there is no second-guessing, no uncertainty. We shrug our shoulders and simply follow our heart's wisdom.

Imagine if each of us were to start anything, or everything, from that place of deepest knowing.

In this month of romance and flowers, I invite you to dedicate some time to sit quietly and listen to the still, small voice within your heart, that voice of insight and intuition and undeniable wisdom that will guide you with clarity.

As you pass people on the streets and in the stores this month greet them knowing that they, like you, long to live from a place of aliveness, joy and oneness.

With Love and Blessings,  
Rev. Meghan

## GREEN POWER POINT

Barbara Barr

### Collect Call

You only use your mobile phone recharger for a few hours a week but leaving it plugged into the power point means it could be drawing electricity all the time. The same goes for rechargers of other electronic devices, like laptop computers, PDAs, MP3 players and digital cameras. Unplug them when you're not using them.

Phones contain toxic metals - including arsenic, antimony, beryllium, cadmium, copper, lead, nickel and zinc - that do not degrade in the environment, so it is important to recycle them. Old phones that still work can be exported to developing countries where they can help bridge the digital divide, or be dismantled for parts and their materials recovered to make other products.

Recycling web-sites: [www.recyclemycellphone.org](http://www.recyclemycellphone.org).....  
[www.phoneraiser.com](http://www.phoneraiser.com)

\*Lower carbon emissions

\*Save on energy bills

## ARE YOU CONSIDERING BECOMING A MEMBER OF UUCM?

Come to an informational gathering on Sunday, March 8th, 12:30-2:30 pm (Lunch will be provided.) It will be a nice time to get to know others who are also thinking about joining the community and learn what membership at UUCM would mean for you.

Then, on Saturday, March 14th from 9 am to 2 pm we will hold the Winter Membership Retreat. If you are ready to make it official and join UUCM, join us for this off-site retreat at the Grib Ranch (aka Sammie & Bob's house). A continental breakfast and lunch will be provided. This will be an enjoyable day of learning and sharing our spiritual journeys with one another while gaining a more in-depth understanding of the significance of membership.

New members will be formally welcomed into the community during the worship service on Sunday, March 22nd.

To register for either or both events, or for more information, please contact Reverend Meghan at 274-1661 or Corrie Silva at 272-3273.



# THE PRES SEZ

So here we are in January with half of the church year already behind us. I like the symbolism of Janus, the two-faced Roman god looking back at the past and ahead to the future at the same time. I feel that way sometimes.

The harvest and holidays are over, and winter has set in (though you couldn't have imagined these last warm days as being part of the winter season). The next thing you know we will have welcomed a new President and be looking forward to laying out a plan for our landscaping, our outdoor patio, and an expanded sustainable garden with perhaps some fruit trees and hazelnut bushes. My, how time flies!!! Spring will be here before you know it.

Meanwhile progress is being made on two of our special projects. Annie Haymaker is co-chairing the Covenant for Right Relations with me. Be sure to read her detailed announcement about our first meeting elsewhere in the Chalice. And I'm happy to announce that Susan Sanford

has agreed to head up the Long Range Planning Task Force. This promises to be an exciting adventure, and we'll want to hear about your vision of UUCM for the years ahead.

We still are soliciting ideas for the monument-style church sign which the City of Grass Valley says we need to install. All contributions are welcome! And speaking of contributions I'm reminded that Spring also brings our Annual Pledge Drive and Congregational Party. I've been told that it's going to be a real Whoop-De-Doo, so stay tuned for time and place.

Until then - See you in church!

So be it!  
Anita



## DISPUTATIONOUS LOVE

by Annie Haymaker

Do you think there is too much conflict in our congregation? Have you been sad to hear about people disagreeing, and leaving our community? Do you wish that there was some way that we as a group could work out problems in better ways? Well, the time has come! We are about to renegotiate our Covenant of Right Relations, and the first meeting will be on Sunday, Feb 8, after the service.

Some history: In October of 2005, small groups met to discuss shared values around disagreement and conflict, and a writing team came up with a first draft of a covenant, which was shared in the December 2005 Chalice. After more input and revision, the covenant was presented at the May 2006 Congregational Meeting. Due to some procedural difficulties, the covenant was not passed, and it was not carried forward in the following years. Last

spring the idea came back around, and Anita, our Board President, has made a new covenant one of her main goals.

Anita and Annie Haymaker are co-chairing a Right Relations Task Force that will seek creative input during meetings in February and March, present drafts for comment in the Chalice and by e-mail, and then bring the resulting document to a vote at our annual Congregational Meeting this May. Our premise is that conflict is normal in healthy relationships, and disagreement can communicate caring and concern. Let's provide ourselves with a tool that will help us disagree vigorously while treating each other respectfully, staying connected, and learning together.

---

# VOLUNTEER OF THE MONTH

KEITH JOHNSON

Sometimes called “the quiet one,” Keith Johnson is not silent about volunteerism. “The church just doesn’t work unless all get involved and committed to activities they like,” he says. .

Keith has been a member of UUCM for several years and has attended services regularly, but with work and taking care of his daughter Elisabeth he didn’t have much time to volunteer in the past. Since his retirement from the Department of Child Support Services in 2006 he’s been able to devote more time to church activities, he says modestly.

He plunged head-on into service as a member of the Ministerial Search Committee (which hired Rev. Meghan!), and this has been his “most memorable experience” at UUCM. The year-long process involved lots of meetings, phoning, and face-to-face contacts with prospective ministers, requiring the committee to work closely as a team, he relates. “We were delighted and overjoyed with the end result,” he adds.

For the past two years Keith has been an at-large member of the UUCM Board of Trustees, and this year he is chair of the Social Action Coordinating Committee. Plus, he was co-chair of the UUCM Pledge Drive this

year and last and served as the phone bank coordinator for the “No on Proposition 8” campaign. He reports that he’s a “proud member” of the church lawn mowing committee and an “enthusiastic sandwich maker” for Habitat for Humanity.

Asked about the greatest value UUCM provides, Keith points to the close contacts and work with like-minded individuals. “With our daughter’s disabilities, it is difficult for our family to interact with people. “The church is non-judgmental and provides this opportunity.” His wife Alice, a strong supporter of the church’s work, provides needed back-up at home while Keith attends to his many tasks. His daughter Rachel, 18, is a freshman at UCLA.

Looking to UUCM’s future, the biggest task will be preparing for two services, he says. “It will come sooner than later, but the community is prepared and will meet this challenge,” he asserts. He fully supports the creation of a new long-range plan for the community.

Perhaps others will be inspired to step up and, as Keith says, “make the church work.” Meanwhile, don’t forget to give Keith a big hand for his many contributions to UUCM.

C. Wright

---

## DRUMMER NEEDED

### WHO’S GOT THE BEAT?

The 4UU2 Band is still looking for a drummer with a drum set who would like to practice once or twice a month and play at UU events and services.

## WALK WITH THE UU AMBLERS

Will Madden

For an easy walk. Join the UU amblers, now walking on almost every Wednesday and Friday at 9:30. Five or six of us enjoy friendship and an easy one-hour hike on one of the beautiful trails in our area. Meeting places vary so call Will Madden, 265-4788.



---

# CARING NOTES

February is the time to think about all those who we hold dear in our hearts. Lovers, family, friends and those special someones in your lives, whom you would like to share with and send a special Valentines message.

Names have been omitted due to privacy concerns.

# CHOIR

Judy van der Veen

During February the choir will rehearse on Mondays 2nd and 9th, at 7pm at the chapel. We will sing at the service on the 15th with a rehearsal at 10 am before the service. We will not rehearse on Monday the 16th, so that choir members have the opportunity to join other UUCM singers in the voice class with Christiaan Boele that night (see article below, Music, Music, Music).

The pattern the choir is following is to rehearse on the first three Mondays of the month and sing on the third Sunday of the month. We are always ready to welcome singers who enjoy performing a wide range of choral works from Bach to folk to jazz. Call Judy van der Veen, director, at 265-2955 if you would like to join us.

# FAIR TRADE COFFEE

Order your Fair Trade Coffee, Tea or Chocolate on Feb 1st or 8th after the church service. Or call Ann Cullinan 401-6860 or Shannon Dooley-Miller at 346-6995 by February 10th to order or for any questions.



---

# MUSIC, MUSIC, MUSIC

by Annie Haymaker

Wonderful music events are in store for us this month!

The new creative Taiko drumming group continues on Monday nights, 5-6:30 pm. Taiko fuses traditional drumming with many modern styles of music, and is known for promoting peace. For more information, call Susan at 274-0569 or Katherine at 274-1772.

A local chapter of the Threshold Choir is forming and will be meeting at the UU church on alternating Tuesday evenings, hopefully beginning Feb. 3. Begun as a way to lovingly support those who are crossing the threshold of life and death by singing at bedsides, the choir practices have evolved into healing song circles of "kindness made audible." Non-religious, but often spiritual, the songs are sweet and simple. No formal music training is necessary, just a desire to quietly, gently ease suffering through singing. Where most choirs encourage "singing out," Threshold Choir encourages "singing in." Please contact Beth Karow for more information at 432-3090, and visit the choir's website at [www.thresholdchoir.org](http://www.thresholdchoir.org).

Our very own Jim Lowe is doing a Valentine's Day benefit concert for UUCM, at 7:00 pm on Saturday, Feb. 14. The program includes Lowe's original compositions, jazz, and a generous sampling of romantic songs...reaching back to an era when the Hit Parade was a family matter, and Jim's father was romancing his mother at the piano. Admission includes complimentary chocolates and wine, for \$15 in advance or \$20 at the door. Tickets are available at Foggy Mountain Music, Harmony Books, and Sundays at UUCM. See the announcement on p.1.

UUCM is hosting a Community Choir Evening on Monday, Feb. 16, from 7-8:30 pm, with Christiaan Boele, master teacher and choir director, whose life work is to practice singing in a way which brings healing and renewal to the voice. Christiaan studied at The Hague Conservatory as well as universities in Germany, has performed as a tenor soloist, and now conducts singing courses and master classes in Europe and North America. Through his compassionate and generous teaching style, Christiaan invites the singers of all abilities to move with confidence and joy toward discovering their own innate voice. The cost is \$10. For more information, call Annie Haymaker at 477-0701.

---

## LISTENING CORNER

Sherry Everett



Sherry Everett, as a member of the Committee on Ministry, offers ministry to the community in the form of the Listening Corner. She offers empathic listening for one hour a couple of Sundays each month, from 9:45 to 10:45 a.m. Coaching in communication available upon request.

Please call or e-mail if you would like more information or to make an appointment.

Available dates this month: Feb. 8 & Feb. 21.

sherryeverett@comcast.net (530) 205-9290

## GLOBAL COMPASSIONATE CANDLE

D.M. Foster, Ph.D.

Our Unitarian Universalist Compassion Quotient (CQ) must be overloaded by all of the suffering from ongoing violence, poverty, disease, and war. Despite such overload, however, those of us who have lost children feel our grief rekindled when seeing agonized parents clutching the bodies of their dead children.

An Israeli army officer stated that the Gaza Palestinians voted for Hamas, dedicated to the elimination of Israel, and so deserved the results of their invasion. That reasoning not only makes us all vulnerable for our governments' excesses, but also rationalizes indifference to the suffering and death of the innocent. Let us remember the words of President John F. Kennedy, "Those who make peaceful evolution impossible make a violent revolution inevitable." May we Unitarian Universalists continue to enlarge our CQ by our actions, prayers, and donations.

## APPLE/UUCM SUSTAINABILITY SERIES

**WHAT:** "Driving Yourself Crazy? Alternatives to In-CAR-ceration!"

**WHO:** APPLE (Alliance for a Post Petroleum Local Economy) and UUCM (Unitarian Universalist Community of the Mountains)

**WHEN:** Wednesday, February 4, 2009, 7:00 p.m.

**WHERE:** UUCM Chapel, 246 S. Church Street, Grass Valley

**COST:** Suggested donation of \$3-\$5

**More Information:** [www.apple-nc.org](http://www.apple-nc.org) or call (530) 274-3435

Join us for our inaugural event of 2009, but please note the change in evening and starting time above. Our 2008 Film Series format has morphed into our 2009 Sustainability Series. We'll continue our role as Nevada County's sustainability transition team with monthly presentations by local speakers on a variety of vital topics — alternative transportation, green jobs and energy, green investment opportunities, local food production, and much more. At the end of each presentation, we open the discussion to all participants, which makes for a lively exchange of ideas and viewpoints.

And now for the February program: There's new hope for safely walking and biking in Grass Valley and Nevada City, and tonight we'll inspire you with the details. You may have heard about Live Healthy Nevada County's Walkability Project by now. Recently, Nevada County Public Health was awarded an obesity prevention grant to

launch a diverse, health-related project, with a partial focus on walkability in the Brunswick Basin. Project managers Galen El-Askari and Shannon Glaz will report on the creation of safe pedestrian paths in the Basin.

Bill Haire, of Nevada County Land Trust, will introduce us to maps of existing trails in Grass Valley and Nevada City, as well as trails that will be funded and created in the future.

Tom Grundy, APPLE's president, will share his personal experiences as a bicycle commuter on the streets of G.V. and N.C. Find out how to get around quickly and safely on two wheels.

Last but not least, Susan Healy-Harmon, Nevada County's Transit manager, will advise us about the upcoming state budget cuts soon to impact both Gold Country Stage routes and Gold Country Telecare services for the elderly and disabled. (IMPORTANT NOTE: On Wed., January 28, at 10:30 am, in the Board of Supervisors Chambers at the Rood Center, residents are invited to weigh in on which routes and services should be saved.)

APPLE of Nevada County and UUCM co-host the new APPLE/UUCM Sustainability Series on the first Wednesday of each month. Donations are kindly accepted — \$3 to \$5 is suggested.

For additional information about our events and other activities, check [www.apple-nc.org](http://www.apple-nc.org), [www.uugrassvalley.org](http://www.uugrassvalley.org), or call Kate at 274-3435

---

# SEASON FOR NONVIOLENCE

A Season for Nonviolence, January 30 - April 4, is a 64-day educational, media, and grassroots campaign dedicated to demonstrating that nonviolence is a powerful way to heal, transform, and empower our lives and our communities. Inspired by the 50th and 30th memorial anniversaries of Mahatma Gandhi and Dr. Martin Luther King, Jr., and by the life of Cesar Chavez, this international event honors their vision for an empowered, nonviolent world. Suggestions for incorporating nonviolence in your daily life—"64 Ways in 64 Days" will be available in the church foyer. We are also featuring several events for peace and nonviolence. Join us for "Singing for Peace" with the Peace Center of Nevada County on February 13th featuring Saul Rayo and Elena Powell. Come to the 9:30 Sunday Morning Peace Forums on February 21st and 28th. And, you can contribute to peace, justice, and understanding internationally by supporting the work of our Unitarian Universalist Service Committee (UUSC) during February and March. Look for Guest at Your Table boxes to be distributed to children and families and members on February 9th and UUSC information in the foyer.

Submitted by Carol Ann Jones for the UUCM Social Action Global Task Force.

## SPIRITUALITY GROUP

This month's topic will be the Spirituality of humor and laughter.

The group will meet in the chapel on Thursday Feb. 5th at 6:30 pm.

Swami Dayananda said: "The moment you laugh out loud you lose the ego, and in that brief moment you are one with God." Come prepared to enjoy an evening of laughter. We will hear about the zany antics of Zen Masters; share readings from the cartoon book "Death By Laughter", and the country-western song book entitled "You Are The Reason Our Children are Ugly." There will be excerpts from "Laffirmations", "Zobmondo" and many others. Norma Cousins wrote about the importance of laughter as a healing agent in his book "The Healing Heart". Recent medical studies have indicated that laughter releases endorphins into the brain that block pain. Everyone is invited to this evening of hilarity, and you are welcomed to bring your own humor and favorite cartoons to share.

For further information please call:  
Janet Lee 530-265-0867

---

# SINGING FOR PEACE!

Friday, February 13

5:30 to 8:00 pm at the Unitarian Universalist  
Community of the Mountains, 246 S. Church Street,  
Grass Valley

The Peace Center of Nevada County extends its gratitude to the Unitarian Universalist Community of the Mountains which has offered their home for our monthly Singing for Peace gatherings.

All are welcome and invited to join us in promoting unity & peace by sharing food, song & artistic expression. The evening will feature:

- \* An organic dinner menu
- \* Art projects such as the "Art for Peace" flag making
- \* A sing-along with different musicians each month
- \* Opportunities to share & discuss petitions & ideas
- \* Peace Center membership sign-ups & volunteer info

### Saul Rayo and Elena Powell

will lead our first gathering in song. Come prepared to enjoy their talents & energy and to sing your hearts up as we all together launch this wonderful unity project.

\$10 (sliding scale) at the door, \$8 in advance  
Tickets available January 26th at BriarPatch & the Peace Center.

More info at: <http://www.ncpeace.org>

To volunteer your time, talents, food or ideas toward these monthly gatherings please contact Kim Koons at 274-2931 or by e-mail at [kimk114@gmail.com](mailto:kimk114@gmail.com)

Funds raised will go to PCNC and for humanitarian relief organizations.



## STUDY WOMEN'S CIRCLE

### Need to get organized?

Then join us for a evening with Donna Foddrell who will share with us her professional skills at getting the clutter under control. Donna has been helping people for years and we are looking forward to her advice.

Clarita Nolan will be hosting this month's event at the Chapel on Thursday February 19th. Pot Luck dinner will begin at 5:30 pm. Discussion beginning at 7:00 pm. RSVP to Clarita at 575-2229. Thank you.

As always, the Women's Study Circle is open to all.

## COMMITTEE OF THE MONTH

I had to flip a coin on this one, but because this is the Season of Nonviolence, the Social Action Committee won. You may not realize that we UU's are very involved in social action both as individuals and as a congregation.

The committee has divided itself into three separate units - Green Sanctuary, working on our church's accreditation; Local Task Force, devoted to helping local organizations with aspects of community service right here at home; and Global Task Force, involving international concerns. During this Season of Nonviolence, which runs from January 30 - April 4, watch for the special events which the committee will be hosting, and just perhaps you might want to get involved. I'm sure they'd welcome your assistance in whatever form. Happy Volunteering!!!

## SUNDAY MORNING FORUMS AND DISCUSSIONS

### February 2009

Unitarian Universalist Community of the Mountains  
246 So. Church St. (Church and Walsh St.),  
Grass Valley

February 21, 2009 -- 9:30-10:30 a.m. --

**Why We Fight** -- Eugene Jarecki's 2005 prize-winning documentary film *Why We Fight* explores the roots of U.S. military involvement over the last 50 years, featuring interviews and observations by military and Washington insiders, including Dwight Eisenhower, John McCain, Gore Vidal, Dan Rather, and many others. We will view excerpts of the film and explore the deeper questions of why America seemingly is always at war. What are the forces -- political, economic, and ideological -- that drive us to clash against an ever-changing enemy?

February 28, 2009 -- 9:30-10:30 a.m. --

**Howard Zinn on "War and Justice"** -- Historian and author of *A People's History of the United States* Howard Zinn offers insight on the relationship of war and justice in a recent speech broadcast on Democracy Now on January 2nd. Film excerpts from his talk offer more ideas for discussion about peacemaking and how we can bring about change.

All are invited. Free. (Donations welcome.)

Sponsored by UUCM Social Action Committee  
Global Task Force

## DRUMMING CIRCLE Susan Sanford

February 3, 2009 - Tuesday  
February 18, 2009 - Wednesday  
March 3, 2009 - Tuesday  
March 18, 2009 - Wednesday  
April 7, 2009 - Tuesday - April circles just one week apart  
April 15, 2009 - Wednesday - April circles just one week apart  
May 5, 2009 - Tuesday  
May 20, 2009 - Wednesday  
June 2, 2009 - Tuesday  
June 17, 2009 - Wednesday

Regular circles meet first Tuesdays and third Wednesdays from 7-8:30 pm. Bring your own drums and percussion if you have them. Some instruments will be provided. These drum circles are for community fun and vitality and no prior musical experience is needed. The specific format varies. Simply come prepared to have a good time! Donations welcome so the circle can be self-supporting. Contact Susan Sanford, 530-265-8289 or [susan@empoweringjourneys.net](mailto:susan@empoweringjourneys.net)

## RE SNOW TRIP

### And a Good Time was had by All

The pre-teen/teen group spent a fun-filled weekend at Lake Tahoe on January 17th and 18th. Saturday was filled with sledding, snow play, Hide n'Go Seek, gin rummy, a rousing round of Apples to Apples, and the movie *The Golden Compass*. Sunday started off with a great breakfast and Go Fish; then the group held a lovely ceremony complete with a chalice lighting (minus chalice), readings, and poignant and inspiring Joys and Concerns. Ice skating at Northstar followed, resulting in few falls and no injuries that couldn't be solved by a band-aid or two (whew!).

The kids have a few very special "thank you's" to Leo and Marilyn Winters, who graciously donated the use of their cabin -- ehem, "mansion"; Clarita Nolan for being "such a fun driver and great helper"; Haley and Olivia for their "really great cooking"; and a special Thank You to Paul Elias, for making the trip happen. Message to Paul -- "prepare to be begged for more."



# FEBRUARY 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Listening Corner 11am Sunday Service	2 7pm Choir Practice 7pm Local Task Force Social Action	3 9am David's Chalice Group 1pm Bldg Comm. 7pm Drumming Circle	4 8:30am Men's Get-together 9:30 am Amblers 4pm Nonviolent Communication 7pm Apple/UUCM Sustainability Series	5 1pm Janet's Chalice Group 6:30pm Spirituality Group	6 9:30 am Amblers	7 2pm Don Scott Memorial
8 9:45am Listening Corner 11am Sunday Service 12:30pm Right Relations	9 7pm Choir Practice	10 4pm Membership Committee 7pm Bonnie's Chalice Group	11 8:30am Men's Get-Together 9:30 am Amblers 4pm Nonviolent Comm 5:30pm Global Task Force 7pm Social Action	12 7pm UU Board Meeting	13 9:30 am Amblers 10am Writers Group 5:30 Signing for Peace	14 7pm Valentine's Party 
15 <b>Newsletter Deadline</b> 9:30am Sunday Forum 11am Sunday Service	16 2pm Fresh Food Box Program	17 9am David's Chalice Group 7pm Music Committee	18 8:30am Men's Get-together 9:30 am Amblers 4pm Nonviolent Communication 6pm Caring Comm. 7pm Drumming Circle	19 1pm Janet's Chalice Group 5:30 pm Women's Study Circle	20 9:30 am Amblers 5:30 Hospitality House Dinners	21
22 9:30 am Sunday Forum 11am Sunday Service 12:30pm RE Committee	23 2pm Fresh Food Box Program	24 7pm Music Committee 7pm Bonnie's Chalice Group	25 8:30am Men's Get-together 9:30 am Amblers 4pm Nonviolent Communication	26 7pm Green Sanctuary 7:30pm Stewardship Committee	27 9:30 am Amblers 10am Writers Group 7pm Spiritual Cinema Circle	28

## ST PAT'S DAY CEILI CELEBRATION AND FUNDRAISER

Saturday, March 14th, at UUCM

Dinner served 5-7pm

Live Music, Dancing, Celtic Drama from 7pm 'til !?!

Tickets Go on Sale March 1st.

INTERESTED IN HELPING WITH THE EVENT?

Call Shannon 346-6995 or email [sdooley-miller@gotsky.com](mailto:sdooley-miller@gotsky.com)





Unitarian Universalist  
 Community of the Mountains  
 246 So. Church Street  
 Grass Valley, CA 95945  
[www.uugrassvalley.org](http://www.uugrassvalley.org)

Return Service Requested

The purpose of our Community is to foster liberal religious living through worship, study, service and fellowship. We seek the enjoyment of religion founded upon devotion to individual freedom as our method, we seek to grow in understanding of ourselves and of our world, to promote and serve the universal human family.

**New to UU?** Comprehensive information on our principles, beliefs within our faith, history, worship practices, congregational life and more is available on the denominational website at [www.uua.org](http://www.uua.org). Click on "Visitors."

**Membership in UUCM** is open to all who see this community as their religious home and the principles fo which it stands as their own. To join UUCM, one signs the membership book and supports the community through a financial contribution and regular participation.

**Visitors are invited** to attend a membership class to the UU denomination and this congregation, a four-part series offered every three months after Sunday services. For more information, about the orientation or membership, please talk with Rev. Meghan Cefalu or with Corrie Silva of the Membership Committee.

Office phone: (530)274-1675  
 Email: [uucm@uugrassvalley.org](mailto:uucm@uugrassvalley.org)

## UUCM Board of Trustees

President...Anita Wald-Tuttle  
[president@uugrassvalley.org](mailto:president@uugrassvalley.org)

Vice President... Bob Bateman

Treasurer... Barbara Barr

Secretary... Kia Hatch

At Large...Shelley Beebee, Donna Foddrell,  
 Daniel Lossner and Keith Johnson

Mountain Chalice newsletter editors  
 Kia Hatch, Annie Haymaker and Clarita Nolan

Webmaster: Ron Wright  
[webmaster@uugrassvalley.org](mailto:webmaster@uugrassvalley.org)

Minister: Rev. Meghan Cefalu  
 Hours: Tues-Wed-Thurs, 11 am - 6 pm  
 please call ahead for an office appointmen  
 274-1661  
[minister@uugrassvalley.org](mailto:minister@uugrassvalley.org)

Room rental... Anita Wald-Tuttle

**Newsletter deadline is the 15th of each month. Send to:** [editor@uugrassvalley.org](mailto:editor@uugrassvalley.org)  
**Send change of address, phone number or e-mail to:** [directory@uugrassvalley.org](mailto:directory@uugrassvalley.org)

## Committee Contacts

Religious Education....Meg Luce  
 Membership... Corrie Silva  
 Social Action...Keith Johnson  
 Worship... Matt Wilson-Daley  
 Building ... Kia Hatch (interim)  
 Finance... Bob Grib  
 Communications... Clarita Nolan  
 Chalice Circles... Barbara Barr  
 Caring Committee...Robin Hart  
 Choir... Judy van der Veen  
 Music... Annie Haymaker  
 Stewardship Committee -- Bob Bateman  
 Green Sanctuary Committee....Bill Nolan  
 Writers Group...Sammie Grib

## Interest Group Contacts

Women's Group... Barbara Barr  
 Men's Group...  
 Spirituality Group... Janet & David Lee  
 UU Pacific Central District:  
[www.pcd-uua.org](http://www.pcd-uua.org)  
 UUA (denomination):  
[www.uua.org](http://www.uua.org)