

Unitarian Universalist Community of the Mountains

November 1, 2013

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THE
Mountain
CHALICE

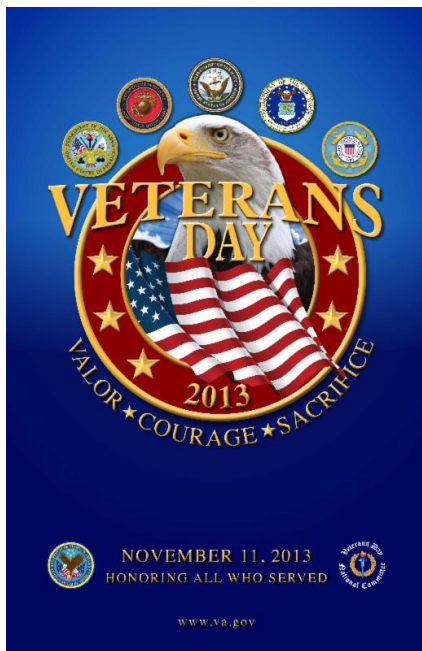
Greetings,

Welcome to your new semi-monthly Mountain Chalice Newsletter from the Unitarian Universalist Community of the Mountains (UUCM). We hope you enjoy the contents and find it informative. Feel free to share the newsletter with friends or family by clicking on the link at the bottom of the page.

Please share any feedback with editor@uugrassvalley.org. The colors are seasonally chosen and the fonts are easy to read.

Your articles, stories and photos make this newsletter great. Please send your content by the deadline listed at the bottom of the page.

- Enjoy!



Upcoming Services

Belonging November 3rd

What does it mean to belong somewhere? Or to someone? We'll explore the theme together as we also welcome a host of new members to our congregation.

Rev. Meghan Cefalu
Worship Associate: Gail Johnson Vaughan



Musings

By Rev. Meghan

Greetings!

It seems there are a heck of a lot of changes going on at UUCM these days. Since Anita Wald-Tuttle left her resident manager post last spring we've been scrambling a bit to field all of the tasks she had been doing with such grace. We now have a brand new staff person, Marion Peterson, who will be helping us with many of these jobs and a few more. Several esteemed leaders have resigned their posts unexpectedly and we've asked new ones to step into those roles. Then there are all the changes to the physical space. We've moved the religious education classrooms upstairs, relocated tables from one room to another, and turned the library into a functional office. We had to go a few months without our Mountain Chalice newsletter, which left us feeling disconnected from our community. But now we have a brand new mode of communication in these email newsletters. (Thank you, Brett Torgrimson!) Of course the largest adjustment for the congregation will likely be my departure at the end of December and the welcoming of the new minister.

Each of these changes would be enough disruption to be upsetting,

Finding Peace A tapestry of faith service November 10th

Today we will pay tribute to Veteran's Day and lift up the connections between inner peace and world peace. Three members of our community will share their own personal experiences around finding peace.

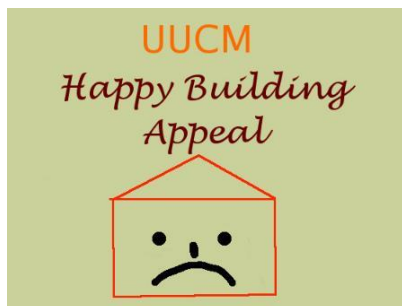
Worship Associate: Bev Lyon

One Person, One Fish November 17th

Join us for a lively, multigenerational story-based service on the themes of generosity and sharing.

Rev. Meghan Cefalu and the All Ages Players

Worship Associate: Beth Karow



Our buidling is sad

the floors are worn
out
the hot air rises
the windows leak

Help make our
building happy with
wooden flooring,
ceiling fans and new

but to have them all stack up at once can feel overwhelming. Each of these, no matter how insignificant, is a stress on the community. But I want to also lift up our resiliency. This congregation is strong and healthy. It is filled with people who know how to support one another and dispel anxiety. I have no doubt that you all will make it through these choppy waters just fine. Remember that relationships come first. Hold on to one another as you navigate together through the unknown currents. And then one by one the changes will not feel quite as significant as they did at first. You might even hear yourself saying, "Hey, that was a good idea! Why didn't we think to do that sooner?" (Hopefully not about saying goodbye to me, though!)

Blessings and love,

Rev. Meghan

President's Perspective

by Janet Dunstan



I love the change in the seasons, new plants in my garden, fresh paint, and new experiences. I love hearing new ideas, effecting positive change, reaching a goal, finishing a project and starting a new one. I love change - or at least I thought I did.

With everything that is going on at UUCM I thought of all the people who would experience change and struggle with adjusting...transitioning. In an attempt to prepare the Community for the changes that lay ahead, I wrote a newsletter article in July that talked about change and transition. It never occurred to me that I would have to change too.

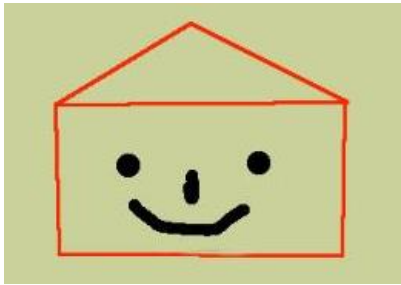
With the delay of the Mission Statement development, I felt derailed. I had lost my focus, my vision, my plan. I had no goal in site, no long-term project to work on. I was frustrated, disappointed, and confused. I knew I was being required to 'sit in the moment' and let things be. But I asked myself, "How can I do this for the months ahead?" The answer was...I'd have to change.

Attending the leadership class, "Serving With Grace" has been enlightening, but there it was again....I have to change. Then, within a week, there was the loss of two members of the Board which was going to require some adjustment from all of us...more change.

What are my choices? I could quit and just not deal with changing, or I could see it as an opportunity for something UUs call transformation. I will have to do things that are not my normal way of operating, develop new skills, look deeper into myself, and reach out in ways that are unfamiliar or uncomfortable.

I begin my journey by writing this article and knowing there are people in my Community that will be there to support me when I feel weak, and love me when I make a mistake, and lift me up when I falter. For this, I am grateful.

windows



Please come to the
service on
November 3rd.

Write a check or
complete a pledge card.

Our goal is \$10,000

Fall Wine Market

Friday, November 8, 2013
7 to 9 p.m. at UUCM
\$20 per person



**includes tasting 12 selected
wines, accompanied by a
delicious array of appetizers
and desserts!**

Join wine broker Dave Luce,
as he unfolds the intricacies
of a dozen wines while you
taste and judge for yourself.

This will be a fun evening
for experienced wine
connoisseurs as well as
those just learning to
appreciate wine.

Dave assembles top quality
wines, both white and

Green Power Points for November



By Anita Wald-Tuttle

'Tis a Gift to be Simple

The Simple Living Network -

www.simpleliving.net - offers resources

and materials that can help you "transform your life by learning to do more with less."

Sweater Dress

As you begin to think of turning on the heat for the first time this season, see if you can set your thermostat two degrees lower than usual. Put on a sweater and a knit cap and settle in.

"Whether we and our politicians know it or not, Nature is party to all our deals and decisions, and she has more votes, a longer memory, and a sterner sense of justice than we do." writer Wendell Berry

excerpts from Page A Day Calendar 2009

Walking the Walk: UU Justice Leadership Summit 2013



**November 22-24 (Fri-Sun), Camp de
Benneville Pines (90 miles east of LA)**

Looking to hone your justice making skills?
Wanting to more deeply ground your activism
in our Unitarian Universalist faith? Held
annually on the weekend before
Thanksgiving, the Unitarian Universalist
Legislative Ministry of CA gathers to build
justice community, get the inside scoop on
justice issues of the day, renew our spirits

and develop the skills, connections and strategies we need to be effective justice leaders. With outstanding worship, food and fellowship, you will leave refreshed and reinvigorated for the journey of justice. Registration, including food & lodging is \$165 to \$185 on a sliding scale. Financial assistance for scholarships and hardships are available.

For more information and to register: <http://www.uulmca.org/wtw2013>

Fall Frolic



Membership Committee presents a Fall
Frolic
Saturday, November 23 at 5:30 p.m.

Save the date!

This event is for the whole family! Get to know new members and old.

We plan to have a soup supper and fun games, circle dancing, hot cider and apple desserts.

red, at very affordable prices. Wines will be sold at discount prices on the date of the event only!

Cash, checks or credit cards accepted.

For tickets and information, please call
Meg Luce @ 274-0412 or
Clarita Nolan @ 575-2229

Upcoming Events

Saturday, November 2nd
10:00am - Spiritual Book Group

Sunday, November 3rd
11:00am - Sunday Service
12:30pm - Parent Meet-up with Rev. Meghan

Monday, November 4th
4:30pm - Stewardship Committee
5:00pm - Hospitality House Sleep Over
5:30pm - Choir - Samll Group
6:00pm - Choir Practice

Tuesday, November 5th
9:00am - Morning Meditation
10:00am - Susan B Chalice Circle
4:30pm - Endowment Committee
5:30pm - Women's Group (off site)
6:30pm - BOT & IM Hiring Team

Wednesday, Nov 6th
8:30am - Men's Get Together
10:30am - Humanist Discussion Group
7:00pm - Drumming Circle

Thursday, Nov 7th
8:30am - What's Up Coffee
6:00pm - What in the World is a UU? - Class

Friday, Nov 8th
7:00pm - Wine Tasting
Sunday, Nov 10th
11:00am - Sunday Service
Monday, Nov 11th

Enter our Apple Dessert Contest! Bring your favorite apple dessert; we'll all sample and vote, and the top vote-getter wins a prize!

Don't miss out on the fun!

New Group Forming



By Anita Wald-Tuttle

I have been asked by several older women if we can have an Older Women's Support group. They are seeing the men's groups continuing year after year and feeling a distinct need for a time and place to share their special concerns. If you, too, would like to be a part of OWS call me or see me on Sunday morning, and I'll add you to the list.

Interfaith Food Ministry Fundraiser

SPAGHETTI DINNER FUNDRAISER

Friday - November 8th 5:00-8:00 PM

\$10 a person

Tickets can be purchased from Paulette's or from an IFM representative in advance or at the door. Drinks and desserts are extra.



Paulette's Country Kitchen
875 Sutton Way, Grass Valley, CA

Don't forget to attend the spaghetti dinner at Paulette's on Friday, Nov. 8th. ALL the proceeds go to Interfaith Food Ministry, which is serving more and more hungry families. The cost is only \$10, plus drinks and dessert. Get there close to 5 p.m., you will be served quickly and efficiently, your tummy will be insulated, AND...you can easily wind up the evening by attending the UUCM wine tasting event. We at IFM will really appreciate your attendance, and the folks who rely on IFM to appease their hunger will be most grateful!

Hospitality House

By Suzanne Ferroggiaro



Hospitality House has postponed the move to their new "Utah's Place" shelter until mid to late November.

We will plan to provide dinner as usual on Friday, November 15th at the GV United Methodist Church next door.

The menu will be: crock pots of chili, corn bread or muffins, green

Veterans Day

5:00pm - Hospitality House
Sleep Over

5:30pm - Choir - Small
Group

6:00pm - Choir Practice

Tuesday, Nov 12th

9:00am - Morning Meditation

5:30pm - Caring Committee

Wednesday, Nov 13th

8:30am - Men's Get Together

6:30pm - Social Action

Coordinating Council

Thursday, Nov 14th

8:30am - What's Up Coffee

10:00am - Writer's Group

6:00pm - What in the World
is a UU? - Class

6:30pm - Board of Trustees

Saturday, Nov 16th

9:00am - Building & Grounds
Work Party

12:30pm - Building &
Grounds Committee Meeting

Sunday, Nov 17th

11:00am - Sunday Service

2:30pm - Sierra Jazz Society
Concert

Monday, Nov 18th

5:00pm - Hospitality House
Sleep Over

5:30pm - Choir - Small
Group

6:00pm - Choir Practice

Tuesday, November 19th**Newsletter Deadline**

9:00am - Morning Meditation

10:00am - Susan B Chalice
Circle

1:00pm - Grandmother's for
Peace

6:30pm - Membership
Meeting

Wednesday, Nov 20th

8:30am - Men's Get Together

7:00pm - Drumming Circle

Thursday, Nov 21st

8:30am - What's Up Coffee

6:00pm - What in the World
is a UU? - Class

Friday, Nov 22nd

7:00pm - Fourth Friday Film

salad, milk, and bar cookies. We'll also leave the usual breakfast foods: hard boiled eggs, cheese sticks, small yogurts, cinnamon rolls, and fruit or juices.

If you would like to share some beloved community spirit to provide these meals, please call Leal Portis, 265-3887.

Thanks for your generosity!

Interim Ministry Hiring Process is underway!



The Hiring Team is reviewing applicants and will be conducting interviews in the coming days. We expect to make an offer to a candidate on the November 8th date set by the Transitions Office. Within a few days after that we expect a response from the candidate. We will keep you posted on our progress.

Your IM Hiring Team:

Amy Renee

Keith Johnson

Suzanne Ferroggiaro

Get ready to FEAST!



Please join the UUCM Women's Study Circle for our annual Thanksgiving Feast

Tuesday, November 5 starting at 6:00 p.m. to be held at Theresa Houtman's lovely home, 418 Chapel Street.

Space is limited so please RSVP soon.

An accurate count is needed so we can have the right amount of turkey, and the right amount of table settings.

Theresa will be barbecuing a turkey and making gravy.

Clarita will bring a pomegranate salad.

All the other traditional foods are needed, including sweet potatoes, vegetable dishes, bread, dessert, wine, dressing, cranberry relish, appetizers and soup. We are having a traditional meal in the sense that we cover all the categories, but you are welcome to add your special touches and make your own versions of the classic thanksgiving foods. We all love food, and if you want to share your recipes, please do!

Please RSVP to ALL and include what you plan to bring so that we don't duplicate. or, call Clarita at 575-2229, or Kathryn at 478-1329 to RSVP and tell what you are bringing, or email both of us...

photosbyclarita@att.net and kathryneyoung@att.net

Click here

for details and
more events

The Social Action Coordinating Committee



meets the second Wednesday, November 13, 6:30. Come be a part of planning activities around peace, justice, the environment, food, housing, immigration . . . the list goes on.

Humanism and Pacifism

By George Dunstan



The next meeting of the Humanist Discussion group will be on Wednesday, November 6, 2013 at 10:30 AM at UUCM. The topic for the meeting will be Humanism and Pacifism and Theresa Houtman will lead the discussion. The

three readings Theresa has picked are:

A Humanist Discussion of War

<http://www.humanismforschools.org.uk/pdfs/war.pdf>

Pacifism and Humanism

<http://arthurchappell.me.uk/pacifism.htm>

Other readings on this subject, which Theresa won't be using in the discussion, but which she feels may be of interest to those who want to read more on this topic, are:

When You Are -- Or Are Not -- a Secular Humanist

<http://www.racionalista.pl/kk.php/s.3092>

War is A Lie

<http://thehumanist.org/march-april-2011/war-is-a-lie/>

The Humanist Argument for Syrian Intervention

<http://americanhumanist.org/HNN/details/2013-09-the-right-thing-to-do-a-humanist-argument-for-syrian>

Cycle of Insanity: A Humanist Case Against Intervention in Syria

<http://americanhumanist.org/HNN/details/2013-09-cycle-of-insanity-a-humanist-case-against-interventi>

In addition, you may recall that the issue has been raised of possibly breaking our discussion group into two groups, the thought being that smaller groups would be more intimate and foster freer communication. We will set aside time to discuss this on November 6th.

Looking forward to seeing you then.

Free Books on Spirituality

By Ruth Ghio



**Lifespan Religious
Education-planted
sunflower blooming
in the UUCM garden**

UUCM Contact Information

Mountain Chalice Editor
editor@uugrassvalley.org

UUCM Board of Trustees
President - Janet Dunstan
president@uugrassvalley.org
Vice President - Rob Ferrogiaro
Treasurer -Joel Houtman
Secretary - Amy Renee
At Large - Brett Torggrimson,
Sophia McKean, Scottie Hart,
TBD

LRE Director
Paige Anderson-Torggrimson
dre@uugrassvalley.org

Director of Music Ministry

Annie Haymaker

Committee Chairs

Religious Education - Jo Waters

Membership - Shannon and Andy
Dooley-MillerSocial Action - Carol Hyndman,
Carol Kuczora

Worship - TBD

Building and Grounds - Wally
Holtan

Finance - Joel Houtman

Communications - Brett
Torgimson

Caring - Robin Hart

Stewardship - Wally Holtan

Green Sanctuary - Carol Kuczora

Ministry - Suzanne Ferroggiaro

Endowment Fund - Christy
BardenOffice Administrator - Marion
Petersonadmin@uugrassvalley.org

Office phone: (530)274-1675

Minister

Rev. Meghan Cefalu

minister@uugrassvalley.orgHours: Tues-Wed-Thurs,
11 am - 6 pmplease call ahead for an
office appointment
530-274-1661

I am looking for homes for my books on spirituality. I had found homes for about 1/2 of them and find I still have a significant number left. All books are free. They will be available at my house on 11/9 from 10 AM till 1 PM. If it is not raining they will be outside, if it is raining it they will either be in my garage or in the house. Come browse, take home what you may want. What is not taken I will donate to the UUCM library if there is space for them.

**Location: 469 Pine St., Grass Valley,
CA 95945 272-6738**

Our Unitarian Universalist Principle (2 of 7)

*Justice, equity and compassion in human
relations*

Lifespan Religious Education/Spirit Play teaches

*Our orange promise is to offer fair and kind
treatment to everyone*

Next Newsletter Friday, November 22nd

Please submit content to

editor@uugrassvalley.org**by Tuesday, November 19th**

Try it FREE today.