

Unitarian Universalist Community of the Mountains

July 26 - August 24, 2014

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Interfaith Food Ministry

1st Sunday each
 month

Please remember to bring
 nonperishable food for
 Interfaith Food Ministry (of
 which we are a Member
 Church), and our furry
 friends via Carol
 Hyndman.

Upcoming Worship Services

July 27

"Words, Words, Words"

August 3

"In the Valley of the
 Shadow"

August 10

"When I Become A
 Grownup" - Tapestry of
 Faith Service

August 17



THE
Mountain
 CHALICE

Greetings,

Welcome to this month's edition of the Mountain Chalice Newsletter from the Unitarian Universalist Community of the Mountains (UUCM). We hope you enjoy the contents and find it informative. Feel free to share the newsletter with friends or family by clicking on the link at the bottom of the page.

Please share any feedback with
editor@uugrassvalley.org.

Your articles, stories and photos make this newsletter great. Please send your content by the deadline listed at the bottom of the last page.

- Enjoy!

President's Perspective

by Rob Ferroggiaro

As part of the spring celebration of our UUCM 20th anniversary, we revisited the history of our UUCM community and how seeds planted by our founders grew into full bloom over two decades. I'm honored and excited

to be part of the UUCM story by serving as your new president of the board of trustees.

In the months ahead, with the support of Rev. David Usher, our incoming interim minister who arrives in

"Ashes, Ashes" - Multi-Generational Service

August 24

"Share the Journey in Dementia and Life"

August 31

"Spirituality and Shoe Leather"

CALENDAR of Upcoming Events

Sunday, July 27

9:30am - Social Justice Committee Meeting
11:00 - Sunday Service
12:30 - Lifespan RE Meeting

Monday, July 28

8:00am - UUCM Garden Work Party

Tuesday, July 29

9:00am - Morning Meditation

Wednesday, July 30

8:30am - Men's Get-together

Thursday, July 31

8:30am - Men's Group at What's Up Coffee
6:30pm - Vegan Supper Club Potluck

Saturday, August 2

10:00 - Spiritual Book Group

Sunday, August 3

11:00am - Sunday Service

Monday, August 4

4:00pm - Stewardship Committee
5:30pm - Choir Practice

Tuesday, August 5

September, we will continue our tradition of finding ways to create and sustain an even more vibrant UU community. There will be opportunities and challenges discussed in forums ranging from casual conversations to committee meetings and the annual board retreat. We'll also spend time in dialogue as we articulate our hopes for the future, laying groundwork for the search for our settled minister.

In the past seven months we said good-bye to two inspiring ministers. In Rev. Meghan's last days with us she spoke of the strong resilience of our community and our ability to navigate our way through challenging times. At the recent picnic service, Rev. Denis' last one with us, he told us that the remarkable quality he noticed about UUCM was how much love there is here.

As the UUCM story continues to develop, let's embrace the ideas of love and resilience which were brought to light by our beloved recent ministers. Let's celebrate the time, talent, and treasure (including money) that is given so freely here. Even in those moments when we aren't perfect, let's appreciate the things we do well that nourish us, and how much we mean to each other.

Appreciation

by Rob Ferroggiaro

As we enter this new church year, please join me in expressing gratitude to Janet Dunstan for all she has accomplished during her term as board president. Janet was exactly the right person to lead us through an extremely challenging year. Rev. Meghan's departure, Anita's relocation, the transition of our building to create RE space, two searches for a minister, a new security system, hiring of an administrative support person and a new DRE, oh my! Having worked closely with Janet, I can say that what she accomplished goes well beyond what most people can see. She gives so much of herself to this community with great passion. I am incredibly grateful that she is continuing on the board of trustees as treasurer, and I look forward to working with her in the year ahead.

Also as many of us will recall, in her president's report at the congregational meeting Janet expressed appreciation by name to those who were transitioning out of lay-

9:00am - Morning
Meditation

Wednesday, August 6

8:30am - Men's Get-
together
10:30am - Humanism
Discussion Group

Thursday, August 7

8:30am - Men's Group at
What's Up Coffee

Saturday, August 9

10:00am - Rehearsal Play
for Aug 17 Service

Sunday, August 10

11:00am - Sunday Service

Monday, August 11

5:30pm - Choir Practice

Tuesday, August 12

9:00am - Morning
Meditation
4:00pm - Caring Committee
6:00pm - Women's Group

Wednesday, August 13

8:30am - Men's Get-
together
11:00am - Habitat for
Humanity Lunch Prep
6:00pm - UUCM Garden
Work Party

Thursday, August 14

8:30am - Men's Group at
What's Up Coffee
10:30am - Writers Group

Friday, August 15

4:00pm - Dinner Prep at
Utah's Place
MOUNTAIN CHALICE
ARTICLES DUE

Saturday, August 16

9:00am - Building &
Grounds Work Party
12:30pm - B & G Committee
10:00am - Rehearsal Play
for Aug 17 Service

leadership roles. We have one more person to
acknowledge.

Please join me in showing appreciation to Sharon Moore
who served multiple terms on our Committee on Ministry.
Thank you, Sharon, for all you have done!

Worship Committee



by Lindsay Dunckel

In August, we will have two outside
speakers - Pamela Gehrke on August 3
and John Bush on August 31, as well as
a Tapestry of Faith service on August
10, and intergenerational story service
put together by Beth Karow on August 17, and our own
Bev Lyon sharing reflections on August 24.

Rev. David Usher, our Interim Minister, will be here in
September and will be participating in services every
Sunday in September, beginning September 7. He will
also be in the pulpit every Sunday in October except for
the 19th. The Worship Committee is very much looking
forward to digging in to worship planning with David -
stay tuned for news on plans and themes.

During the month of August, we will continue to explore
the use of different closing songs, repeating the four that
we tried out in July. Worship Committee members are
interested in your continuing thoughts about the closing
songs.

Hospitality House Dinner Prep and Serve at Utah's Place



by Leal Portis

**Third and Fifth Fridays of each month!
August Dates are the 15 & 29.**

We have decided on a consistent menu of
Enchilada Pie, Coleslaw, Cookies, Ice Cream,
Lemonade. Breakfast items are variable.

Sunday, August 17

8:00am - UUCM Garden
Work Party
11:00am - Sunday Service
12:30pm - Town Talk

Monday, August 18

8:00am - UUCM Garden
Work Party
5:30pm - Choir Practice

Tuesday, August 19

9:00am - Morning
Meditation
1:00pm - Grandmothers for
Peace
5:30pm - Membership
Committee Meeting
6:30pm - Climate Change
Coalition

Wednesday, August 20

8:30am - Men's Get-
together
6:00pm - UUCM Garden
Work Party

Thursday, August 21

8:30am - Men's Group at
What's Up Coffee
5:30pm - Board of Trustees

Friday, August 22

7:00pm - Fourth Friday Film
MOUNTAIN CHALICE
PUBLISHED

Sunday, August 24

9:30am - Social Justice
Coordinating Council
11:00 - Sunday Service

Monday, August 25

8:00am - UUCM Garden
Work Party

Tuesday, August 26

9:00am - Morning
Meditation
6:00pm - PFLAG Meeting
6:30pm - Worship
Committee

Wednesday, August 27

8:30am - Men's Get-
together

We also have six spaces each time that need to be filled for servers/cooks/helpers.

We meet at Utah's Place between 4 and 4:30 to cook and serve.

Please contact Leal Portis at 265-3887.

Social Justice

by Anita Wald-Tuttle

This committee meets on the 4th Sunday of the month at 9:30 a.m. before church in the Anthony Library to report on the activities of the various sub-committees and plan for future all-church programs.

Hospitality House - Leal Portis, contact - August has five Fridays so UUCM will be serving TWO dinners this month - August 15 and August 29. Please call Leal and let her know what you can bring or when you can serve. 265-3887.

Faithful Friends/Immigration - Carol Ann Jones, contact - Following a unanimous decision by the committee a proposal was sent to the Board requesting that the August Pass The Plate be dedicated to the Faithful Friends Project and that all proceeds be kept in a separate account to be used only to help the immigrants with small financial needs such as phone calls, toiletries, etc. for which they have no funds. Call Carol Ann if you'd like to get involved with this dedicated group.

Interfaith Food Ministry - Pat Paddock, contact - Our volunteer activities continue month in and month out as the number of families needing food assistance increases week after week. If you have a spare morning you could dedicate to helping out at their new facility call Pat at 268-6576.

Progressive Alliance - David Briggs, contact - David keeps us up to date with the activities going on around the county operating under this umbrella group. Talk to him about it on a Sunday morning. Perhaps you'd like to get involved.

N.C. Climate Change Coalition - Carol Kuczora, contact

4:30pm - Finance Committee
6:00pm - UUCM Garden Work Party

Thursday, August 28

8:30am - Men's Group at What's Up Coffee
10:30am - Writers Group
6:30pm - Vegan Supper Club Potluck

Friday, August 29

4:00pm - Dinner Prep at Utah's Place

Sunday, August 31

11:00am - Sunday Service
12:30pm Lifespan RE Meeting

UUCM

Contact Information

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UUCM office
530.274.1675

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editor@uugrassvalley.org

UUCM Board of Trustees

President - Rob Ferroggiaro
president@uugrassvalley.org
Vice President - Amy Renee'
Treasurer - Janet Dunstan
Secretary - Scottie Hart
At Large - Dawn Bateman,
Bonnie Bennett, Dave MacLeod,
Carol Wong

LRE Director

Brittany Snow Hernandez
dre@uugrassvalley.org
DLRE Office Hours:
TBA

Director of Music Ministry
Annie Haymaker

Committee Chairs

Religious Education - Jo Waters
Membership - Kathryn E. Young

- This group meets in our facility on the 3rd Tuesday of the month at 6:30. Carol reports on our activities to the group and brings their reports back to Social Justice. Come see what it's all about this month on August 19.

Fourth Friday Film Forum - Carol Kuczora, contact - cosponsored by the Social Justice Coordinating Committee and the Nevada County Center for Peace and Justice.

August 22, 7:00 -- "Gasland Part II"

This documentary by Josh Fox shows how stakes have been raised on all sides in one of the most important environmental issues facing our nation today. The film argues that fracked wells inevitably leak over time to contaminate water and air, endanger families, and wreak havoc on the earth's climate with the potent greenhouse gas, methane. In addition, the film looks at how powerful oil and gas industries are, in Josh Fox's words, "contaminating our democracy" and how hydraulic fracturing, the controversial method of extracting natural gas and oil, now occurs on a global level (32 countries worldwide). 125 minutes.

Discussion to follow. Refreshments provided. Suggested donation \$5 to \$10, to be shared by UUCM and the Peace Center.

Green Sanctuary/Green Power Point -

Anita Wald-Tuttle, contact.

Pretty Risky -Eliminate all harmful chemicals from your personal-care products. Become a habitual label reader. One simple rule: If you wouldn't put it in your mouth, don't put it on your skin (the largest organ in the body, and a very porous surface). Finally, opt for minimal packaging, and use refillable containers whenever possible. (Have you "discovered" S.O.A.P. across from the Magic Theatre? They have safe lotions and soaps in bulk and refillable containers if you haven't brought your own.)

Pretty Risky from 2009 Page-A-Day Calendar

Garden Team Report

Wow! We've had 5 Work Parties with a total of 8 folks, for 32 hours of work on our new garden bed! Thanks go out to Anita, Shannon, Jasper, Rochelle, Paul E, Theresa, Carol Ann, and Suzanne. We've removed most

Social Justice - Anita Wald-Tuttle (temporary chair)
 Worship - Lindsay Dunckel
 Building and Grounds - Wally Holtan
 Finance - Joel Houtman
 Caring - Gwen Eymann
 Stewardship - Wally Holtan
 Green Sanctuary - Anita Wald-Tuttle
 Committee on Ministry - Suzanne Ferroggiaro
 Endowment Fund - Christy Barden

Office Administrator - Marion Peterson
admin@uugrassvalley.org
 Office phone: 530.274.1675

Office Hours:

Sunday 9:30-12:30
 Tuesday 2-5
 Friday 10:30-4:30

of the weeds and can already see a garden bed taking shape.

The next Work Party dates are:
 Monday, July 28th, 8-10am
 Wednesday, August 13th, 6-8pm
 Sunday, August 17th, 8-10am
 Monday, August 18th, 8-10am
 Wednesday, August 20th, 6-8pm
 Monday, August 25th, 8-10am
 Wednesday, August 27th, 6-8pm

If you would like to join the fun for a great workout and good conversation please contact Suzanne Ferroggiaro at <rivertreehouse@att.net> or 477-5344.

In the Fall, we will also be developing a "Whole Grounds" plan for our entire property which will continue to include native, drought-tolerant, pollinator-attracting, and edible landscape plants. Please contact Suzanne if you would like to attend these planning meetings in the Fall.

Both the demonstration garden bed and the Whole Grounds plan will be part of our Green Sanctuary re-certification program.

UU Animal Ministry Recipe

Raw Broccoli Salad
 1 head broccoli cut into small florets
 2-3 cloves garlic, minced
 Couple handfuls raisins
 Couple handfuls almonds, slivered or chopped
 2 Tbsp maple syrup
 2 Tbsp olive oil
 2 Tbsp white vinegar
 salt to taste
 Mix all together
 Nicely sweet with a tang from the vinegar, crunchy
 Serve cold

Remember the Vegan potluck on the last Thurs of the month at 6:30 pm
 Also Sammies Friends donations on the first Sunday.
 There will be a bag in the foyer marked for your donations.

"Until one has loved an animal, a part of ones soul remains unawakened.
 Anatole France

Submitted by Carol Hyndman

Brown Bread

by Anita Wald-Tuttle

Normally I wouldn't pay much attention to this new documentary, "Brown Bread" being shown in San Francisco at the Roxie Theatre, 3117 16th Street on Sunday, August 10 at 4:30 in the afternoon, BUT it turns out that I know the family featured in the film.

I worked with Margot Campbell Gross creating worship services at the First Unitarian Church in San Diego before she decided to become a minister and subsequently led the 1st UU Society of San Francisco from 1995 - 2004.

Margot and her husband birthed two children and adopted four more into their trans-racial family and the UU church family. Daughter, Sarah, is the film maker of this feature length documentary about her extraordinary family.

You can find out more about brownbreadthefilm at facebook.com. Tickets can be obtained by calling 415-863-1087. Margot suggests buying in advance as it looks like they will have a sell-out crowd. Anybody like to carpool?

Simple Gifts

Thanks to Simple Gifts Program Donors

By George Dunstan



The UUCM Endowment Fund Simple Gifts program is a means for us to celebrate and commemorate significant life events. Our congregation recently lost two of our members. The Endowment Committee wishes to thank the following donors to the Simple Gifts program for their generous gifts in honor of Jerry Lawrence and Dorothy Sladky.

Trudy Boardman
Jennifer and Eric Dahlgren
Rob and Suzanne Ferroggiaro
Ruth Ghio
Mildred Seidman
Dorothy Shahinian
Marilyn Winters

For those who wish to make a Simple Gift as a memorial or to recognize another life event, brochures and envelopes are always available in a rack near the main double doors.

Caring Notes

by Gwen Eymann



The Caring Committee serves the UUCM community by offering support, help, and connection to folks during times of special need. We can all be part of the UUCM Caring Team by reaching out to each other to offer support, kind words, offers of help, and good works. Please give a little extra support and caring energy to the following people:

Sharon Moore

Barbara Lowell on her wellness journey

Leo Weilmann passed away in early July, - please keep the family (Diana Weilmann, Renee Weilmann, Frank Lawrence, and Olivia and Jesse Lawrence-Weilmann) in your thoughts

Anne Lyon healing from foot surgery in Santa Rosa

The Wilson-Daly Family who recently lost their dear friend and UUCM regular, Dorothy Sladky.

The UUCM Caring Committee meets on the second Tuesday of the month at 4:00pm. We may be contacted via email at caringcommittee@uugrassvalley.org or by calling Gwen Eymann at 530-274-7965 for more information.

Women's Group



by Theresa Houtman

Hey church ladies. We are meeting at Theresa Houtman's for a shady summer picnic at 6 p.m. on Tuesday, August 5.

Bring a potluck dish and an extra chair if you have one. We will celebrate the glory of summer evenings in Theresa's organic edible landscape. She will provide us with a tour of her small garden and share both lore and practical aspects of the edible landscape. There may

even be a few tomatoes to take home. If you have not joined us before, now is a great time. Call Theresa at 273-2925 to RSVP. Her house is 418 Chapel, Grass Valley at the corner of Chapel and Pleasant. Please park at the lot next door on Pleasant or at St. Joseph's .

Humanist Discussion Group



by George Dunstan

The August meeting of the Humanist Discussion Group will be on Wednesday, August 6th at 10:30 AM at UUCM. Our readings for this month are from a chapter titled *Fact or Friction, Engage or Enrage* in Chris Steadman's book *The Faithist* and blog post from Greta Christina titled *Diplomacy and Accommodationism Are Not The Same Thing*.

Anyone with an interest in these topics is welcome to join in the discussion. Copies of the readings are available by emailing me at gvgeode@gmail.com

We look forward to seeing you on August 6th.

Board Meeting Dates Changed for August and September

by Rob Ferroggiaro

Due to vacations and the board retreat, it has been necessary to reschedule the board meetings for August and September to one week later than normal. The new dates are August 21st and September 18th.

A Message From Charles Rosene

Dear Friends,

People have been asking how they can help out with the refugees coming into the states in our District and Region. Our congregations from San Diego County to Ventura County have been collecting needed items and connecting with refugees in the locations our government has placed them. We are also working with a number of

local groups.

We have set up a Refugee Fund at the Pacific SouthWest District <<http://www.pswduua.org>> for those that want to contribute money to help with the work with the refugees. Checks can be sent to the PSWD with Refugee Fund in the notes. They can be sent to:

PSWD-UUA
2052 Norma Street
Oxnard, CA 93036-2711

These funds will be shared with the groups we are working with who are working directly with the refugees.

Lawrence Cole at UUCD (Davis)

SEPTEMBER 12-14: SINGING ON THE SIDE OF LOVE

Come join in a unique interfaith singing experience: UU Church of Davis Sparks Choir members, Free Range Singers, and church and community members from the wider area will gather Sept. 12-14 for a weekend of song and community with Laurence Cole! Laurence is a songwriter and the founding director of PT Songlines Community Choir in Port Townsend, WA and enjoys traveling to various communities to lead groups in the joyous, community strengthening experience of spirited harmonic singing.

Attend part of the event or commit to the whole weekend. Some Davis homestays available for out of town guests.

All events at UU Church of Davis, 27074 Patwin Rd in Davis, except as noted.

--Friday Night Workshop with Laurence: Songs and Community 7-9:30pm

--Saturday Singing Out In Our Community: Downtown Davis (meet at 3rd and C, 11am), St. John's Retirement Village in Woodland, 2pm, Pacific Star Gardens Organic Farm, 3:30pm

--Saturday Night Cafe and Song: Big Sing led by Laurence, Sustainable Food by Debra Chase. Dinner at 6pm, Singing at 7pm

--Sunday In Church: Laurence will lead the singing! 9:30 and 11:15 services

Sunday Afternoon Songwriting Workshop: Create useful songs collaboratively with Laurence 1-3pm

Cost: \$40-\$80 suggested donation for the weekend.
Individual events \$10-\$20 suggested donation.
To Register: stephklose@mac.com More Information:
lsandage@comcast.net.

Please contact me with any questions.
Thank you,
Kathleen Hering
530-210-9886

Our Unitarian Universalist Principle (1 of 7)

Respect All People

Lifespan Religious Education/Spirit Play
teaches...

*The inherent worth and dignity
of every person*

(Red Promise).

Next Newsletter Friday, August 22nd

Please submit content to editor@uugrassvalley.org
and put "newsletter" in subject line.
by Friday August 15

