

Unitarian Universalist Community of the Mountains

September 2016

Page

UPCOMING SERVICES

LAST Summer Service! One Service at 10:30 a.m.!

September 4 Jim Stratigakes, PhD

The Healing Power of Love

Worship Associate: Benjamin McPherson One of the guiding principles of the Unitarian Universalist Church is acceptance of one another and encouragement to spiritual growth in the congregation. How do we apply these values each day to accepting ourselves and others, including the parts we may judge and disown. Herein is an opportunity for healing and maintaining good mental health.

Two Service Times return starting September 11: 9:45 a.m. and 11:30 a.m.

Each Sunday, choose to attend services at 9:45 A.M. or 11:30 A.M. Social hour is between the two services; either stay after the first service, or come early to the second one. Religious education classes for all children and teens are offered during the 9:45 A.M. service. Nursery care is available for both services.

SEPTEMBER THEME: COVENANT

September 11 Rev. Kevin Tarsa Gather the Spirit

Worship Associate: Gail Johnson Vaughan As we enter the rhythms of the congregation year we'll gather our spirits, our voices, our hopes and our good will for the journey ahead. We return to two services and Rev. Kevin begins his three Sundays per month responsibilities. You are invited to bring a special bread or spread to share after the services – all are welcome: wheat, glutenfree, zucchini and corn breads... summer jams, jellies, hummus and cheese spreads... Share and enjoy the bounty of our collective gifts.

September 18 Rev. Kevin Tarsa

We Would Be One: Beyond singing at the same time Worship Associate: Annie Haymaker

What does it mean to be a community of covenant? What does it take to embody "e pluribus unum" in a liberally religious community these days? And why does it matter?

September 25 Rev. Kevin Tarsa When the Vow Breaks

Worship Associate: Beth Karow

We sometimes break the spoken and unspoken promises we have made to one another. What matters most is what happens then. Come, consider the possibility that community covenants are meant to be tools of liberation.

OCTOBER THEME: HEALING

October 2	Rev. Kevin Tarsa Be Like Water: What does it mean to be a community of healing?
October 9	Rev. Kevin Tarsa Tikkun Olam: All lives mattering in a wounded world
October 16	Worship Committee: TBD
October 23	Rev. Kevin Tarsa Forgive For Good
October 30	All Our Memories of Love/Dia de los Muertos Remembering those who have died

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Rev. Kevin Tarsa UUCM Minister

Dear Friends,

I must begin with a thank you to all of you who helped welcome me so warmly in July and August. I have appreciated your thoughtful generosity and kind gestures. Your words and actions have helped ease the challenges that come with entering a significant life and geographic transition. Offers of meals and excursions and concerts and delicious garden vegetables arrive steadily, and I continue to be grateful. Already and often I have seen you offer this kind of care to each other too, and I recognize that it is a wonderful strength of this UUCM community.

After two years in the sea island low country of South Carolina (beautiful and flat), I'm extra aware of the dramatic vertical contours of the landscape here (beautiful and not so flat). I'm enjoying the significant ups and downs of the streets and the hiking paths, one of the many appeals of this area for me. The exercise is heart strengthening. I'm also gradually gaining deeper insight into the vertical contours of UUCM as a congregation, the ups and downs that you navigate or will need to navigate together, both within the congregation and in the wider community. Truth be told, these too were draws for me at some level (Ask the search committee!). These efforts too can be powerfully heart strengthening, and I hope for and expect them to be so for all of us.

After several years of many changes at UUCM and strongly felt and expressed emotions, I know that you arrive at this threshold in the journey cautious and wary, some of you; excited and rarin' to go, some of you; hopeful, yet tender, some of you; and feeling isolated and wounded, some of you. Perhaps you feel several or all of those emotions at once, or perhaps you are brand new and wondering what I'm talking about. I'm talking about the nature of being in community and finding our way together into a world of ever greater kindness, compassion, justice and love. There are hills in every direction - some up, some down, some with wildly winding routes, some with incredible views. The journey, however it unfolds, stands to strengthen our hearts beyond belief.

I'll continue to watch and listen and learn as I discern how I can best be of service to UUCM. I also want to say, "Ready? Here we go!"

Reir Keirin

Panning for Gold

Look for Themes at UUCM in 2016-17

What does it mean to be a community of...

I had planned to suggest this fall the possibility of themebased ministry for next year, congregation-wide monthly themes to focus our thinking and attention and to connect the efforts of Religious Education, Worship and Small Group Ministries across congregational life. Then I discovered that one of the UU resources for theme based ministry – Soul Matters – had a set of themes for this year that fit beautifully with the rhythm I had imagined for UUCM. So I've invited committees to jump in and experiment this year.

The Worship Committee and I will be glad for any suggestions you have for readings, poems, movies, quotes, images, symbols, songs, plays, artwork, books, etc. that speak to the various themes. Share them with us any time, and stay tuned for a few brainstorming parties!

Rev. Kevin

What Does it Mean to be a Community of...

September:	Covenant
October:	Healing
November:	Story
December:	Presence
January:	Prophecy
February:	Identity
March:	Risk
April:	Transformation
May:	Embodiment
June:	Zest

Rev. Kevin's Office Hours

Tuesday	10:30 а.м. то 12:30 р.м.
Wednesday	4:00 p.m 6:00 p.m.
Thursday	11:00 а.м 1:00 р.м.

Other times by appointment.

Contact Rev. Kevin to schedule an appointment: minister@uugrassvalley.org or 231-883-1058



Board Perspective

Dave MacLeod President, Board of Trustees

Dear Congregation,

As you may have seen from the Board Minutes of our last meeting, we have created a Governance Research Working Group. The impetus for this is the realization by the Board and others in the congregation that there has been a lack of clear, widely understood policies and procedures for addressing some of our important issues within the congregation. This working group comprises five, well-regarded, highly talented members with particular experience in this capacity:

> Gail Johnson Vaughan Joel Houtman Lin Jovanović Taylor Carey Janet Dunstan

The Board pledges to keep the congregation up to date on the work of the working group and there will be opportunities for members to engage directly with the Board and working group. Board liaison will be Dave MacLeod. Target him for questions, comments, and suggestions.

Stay Tuned ! - There's More To Come

Respectfully,

Your Board of Trustees

UUCM BOARD OF TRUSTEES

JULY 2016 - JUNE 2017

Dave MacLeod, President Lindsay Dunckel, Vice-President Dawn Bateman, Treasurer Corrie Silva, Secretary Members at Large: George Dunstan, Beth Freedman, Kern Hildebrand, Carol Wong

Board of Trustees meetings are held on the second Tuesday of each month at 5:00 p.m. in the Channing Room at UUCM. UUCM members and friends are cordially invited to attend! If you wish to address the board, please give two days notice so the agenda timing can be adjusted.

Board of Trustees August 9, 2016 Meeting Highlights

- The meeting was visited by several congregation members who were warmly welcomed by the Board. Anita Wald-Tuttle had requested to address the Board and spoke about the August 16 Roy Zimmerman concert at UUCM.
- The Board authorized a Governance Work Group whose purpose is to research, study and make recommendations to the Board. We want to find ways that UUCM might better govern itself in light of past problems and issues. We will keep the congregation up to date on the work and there will be opportunities for members to engage directly with the Board and work group. More information will be coming. (Please see prior article for more details).
- Religious Education Planning: The Board reviewed a report from R.E. Consultant Kristin Famula. We discussed the new program being developed, timing and budget considerations, and hiring the DRE and a childcare provider for Sunday services.
- Communication with the congregation was discussed including feedback on Town Talks. Rev. Kevin, Kern and Beth agreed to address short term communication from the Board and big picture communication within the congregation.
- Pacific Western Region (PWR) offers a start-up workshop for congregations with a new settled minister. The workshop will be scheduled for the fall and paid for by the funds remaining from the Ministerial Search Committee budget.
- The Board has been working on an action plan to address the important issues for UUCM. It will consider priorities, timing, and appropriate actions to be taken. Dave requested feedback on the plan. The Start-up Workshop will help the Board formulate ideas for the year ahead.
- Each member of the board has chosen a particular area of interest on which to focus and oversee, as follows:

Dave - Governance Lindsay - RE Dawn - Right Relations Corrie - Documentation & Archives George - Bylaws, Policies & Procedures Beth - Membership Kern - Communication Carol - Long-Term Planning

Stewardship Committee

Generosity in All Things

By Beryl Maclean Beckwith, Chair Stewardship Committee

A happy summer to all! I'm hopeful we all have had some opportunity this summer to explore the more personal relevancy of living our seven key UU principles. After being reappointed by the Board for what is a second 2-year term as Stewardship Chair, for myself this has also included a focused contemplation about what our UUCM Stewardship Program has accomplished over the last couple of years. By all means we should feel very proud as a congregation, because together:

- we became aware that through an intentional and authentic paradigm shift of inspiration and commitment of our personal resources to our UU faith, we are capable of fulfilling our ministries through the generosity of spirit and pledge revenue
- we shifted to a culture where we can talk about money as a congregation - we don't shy away from the conversations or the "ask"
- we emphasized the importance of supporting our ministries with our pledge revenue as a community, not just paying the mortgage, light bill and minister's salary
- we created and completed a new design and format for our annual pledge campaign based on a theme of the spiritual benefits that can come from generosity; focusing on not everyone being in a position to give at the same level but rather that everyone can be generous within their means
- we aimed for some substantive overall pledge revenue increases in creating our 2015-16FY and 2016-17FY budgets and have largely landed on those targets
- we successfully executed numerous Stewardship sponsored fundraising events to meet our budget and are beginning in earnest to develop a separate fundraising arm at UUCM
- we are continuing to lay the groundwork for generosity in all things as it relates to actions for daily congregational life - how we can infuse this concept in our congregations by looking at praise and gratitude, the assumption of good faith around process, attentive listening, mentorship and perhaps most importantly, embracing change through the lens of generosity
- we are building the stepping stones towards better stewarding of beloved community both within and beyond UUCM's congregational walls

 we are looking to restructure our Stewardship committee to better serve our community internally and externally

I'm inspired and encouraged to have Rev. Kevin in the house to support and work with us as we move UUCM's Stewardship development plans forward in the coming years. This work done together will be rewarding in a multitude of ways on many levels – something important for us all to nurture and work on collaboratively as a congregation!

Stay tuned for Stewardship development updates and please consider joining the work of this important team at UUCM – it takes our village to make things happen, and at the moment we need to expand this group to include more of the congregation!



Committee on Ministry

Kicking Off the Year in Right Relationship

By Suzanne Ferroggiaro, Chair Committee on Ministry

The Committee on Ministry is the group to contact regarding our shared ministry and congregational relations.

Our Covenant of Right Relations is UUCM's guiding principle. Please see the Covenant and the Options for Addressing Challenges on our web site before contacting us about attending a meeting: http://www.uugrassvalley.org/about-us/ covenant-of-right-relations/

Then, if there's anything you'd like to bring to the team's attention, please contact one of the members below. Attendance is by prior arrangement only, since people may be bringing deeply personal situations to the team.

Suzanne Ferroggiaro	suzanneferro17@gmail.com
David Ferrier	davidsdrums@gmail.com
Allan Duncan	duncanallan@hotmail.com
Tom Wernigg	tomwernigg@gmail.com

Membership

Curious? Find out more about Unitarian Universalism and the UU Community of the Mountains

By Rev. Kevin Tarsa, Minister

Here are chances to learn and to connect to others, whether you've just discovered this community or have been hanging around the edges for a while. The Welcome to UU(CM) mornings will offer an overview of this religious tradition and this particular congregation. The History and Principles/ Theologies evenings are chances to delve a little deeper. All are welcome at any of these events. We'll repeat the series beginning in January and again in April.

To RSVP for the Welcome sessions, sign up on Sunday mornings or contact the UUCM office: admin@uugrassvalley. org or 530-274-1675.

PATH TO MEMBERSHIP (AND MORE) SESSIONS - FALL 2016

Saturday, October 8, 9 AM - 1 PM – Welcome to UU(CM) Tuesday, October 18, 6 - 8 PM – UU History with Rev. Kevin Thursday, November 3, 6 - 8 PM – UU Principles and Theologies with Rev. Kevin Sunday, November 20 – Joining Sunday (for those who have decided to join by then)

MEMBERSHIP COMMITTEE

Kathryn Young, *chair* Kathy MacLeod, Claire Miller

Committee meetings are at 12:30 p.m. on the second Tuesday of each month in the Anthony Room

We're always looking for friendly people who enjoy getting involved... Come join us!

Circle Suppers are BACK!

By Kathryn Young, Chair, Membership Committee

The membership committee is pleased to announce that we will have a series of Circle Suppers starting this fall -- with an extra bonus... Rev. Kevin will be a guest at each one, so you will have an opportunity to meet other members in members' homes, eat a delicious

potluck meal, and spend time talking to our new minister in a casual setting! Look for the sign up sheets in the entry area starting on Sunday, September 11. The suppers are on a variety of dates from late September until mid-November.

Please note: Newer members and visitors are especially encouraged to attend these suppers so you can get to know more members of our congregation. So that more people can attend, please plan to sign up for only ONE Circle Supper.

Hospitality Team



Sign Up to Come Host Social Hour With Us!

Are you looking for an easy way to volunteer at UUCM and have fun at the same time? Newcomers and old timers alike can offer their service by

becoming a Hospitality host or hostess. It's a great way to meet people and to serve the community, and it does not require a big commitment, because it all happens when you are at Sunday Service.

If you are interested in hosting, just contact Marilyn Young (hospitality@uugrassvalley.org, 916-203-5962) or Conrad Sisk (admin@uugrassvalley.org, 530-274-1675).

If you wish to sign up on line both to work and to donate food, you can open our on-line sign-up page (**Make sure to click "SAVE" after you enter your availability on this form**): https://doodle.com/poll/kd5f6egedsqwegir

To learn more about Hospitality/Social Hour, please see this page: http://www.uugrassvalley.org/hospitality/.

If you are uncomfortable with computer forms, there is a sign up sheet on a clipboard in the Alcott room, or just call Marilyn Young at the number above.



Recently a couple different groups put on the hospitality hour by providing food, setting up and cleaning up. The photo above was from the set up done by a group calling themselves the "75ers" because they all turned... (gasp!)...three-quarters of a century this year! In addition, the Women's Spirituality Chalice Group put on the hospitality the same day they put on their religious service -- in fact, they did the greeting, ushering, music and every other part of the service that day!

We really appreciate both groups... it was fun and a nice break for the normal kitchen crew to have such a big enthusiastic group to help. If YOUR group would like to sponsor a hospitality hour, please let us know! Men's group, women's group, youth group, Social Justice, choir? It could be a lot of fun to work together to put on a special hospitality hour. And I guarantee that you would have an appreciative audience gobbling up your efforts!

Caring Committee

Caring Committee Notes

By Gwen Eymann, Chair, Caring Committee

The Caring Committee serves the UUCM community by sharing our joys and offering support, help and contact to folks during times of special need. We as a community can all be part of the UUCM Caring Team by reaching out to each other to offer support, kind words, offers of help and good works. Please give extra support and caring to the following people:

LEAL PORTIS is facing a recurrence cancer. She intends to win this battle just like she did her last round with cancer 6 years ago. Leal could use our support and offers for rides to Sunday Service and doctor appointments.

ERNIE JACKSON is 92 years young. He doesn't always make it to UUCM events, but his spirit is there. Ernie would love calls and visits from old friends. He really enjoys his connection to Men's Group when he can get there.

THERESA HOUTMAN's mother had a recent heart attack. She is back in her home on hospice care in Central California. Theresa will be traveling to see her often and is managing her care from here. Please give her support during this difficult time.

CAROL HYNDMAN had abdominal surgery on 8/15. She plans to be home soon caring for her kitties and back to her normal life. All went well with her surgery.

WALLY HOLTAN had foot surgery in early August. He will be hobbling around for many months to come, but you can't hold him down for long.

LIN JOVANOVIC had shoulder surgery in mid-August. She is looking forward to having a working shoulder without pain once she has healed.

BRUCE HART has a bum knee and is getting around on crutches. He's unsure what the course of treatment will be and is patiently or impatiently waiting for a referral to the specialist.

DONNA FODDRELL is recovering nicely from her recent foot surgery.

KIA AND DAVID HATCH are happy to report that they have bought a home and are making the move to Roseville. They plan to keep ties with our UUCM community, so we'll get to see them when they get tired of the flat land.

DOC HURLEY AND CAROL ANN JONES are moving to the Central Coast of California. Instead of the smell of pines they will get the ocean breezes. We will miss them.

The Mountain Chalice Caring notes come from individuals and from specific notes in our *Joys and Concerns Caring Book*. If you do not wish to have your words in the Mountain Chalice, please make a note in the *Joys and Concerns* book.

Building & Grounds

August Update Next Work Party: Saturday, Sept. 17, 9 a.m.

By Wally Holtan, Chair, Building and Grounds Committee

WATER CONSERVATION:

Congratulations UUCM! We have done an excellent job this year conserving our precious water. We have consistently used less than our neighbors. Keep up the good work.

B&G:

Summer is mainly a time for maintaining things at UUCM and planning for our work projects in the fall. We did install all new LED lights in the Alcott room. It makes it easier to see your coffee on Sundays. Look for newly painted doors as the months move on and a new railing on the front entrance of the church. We hope to be moving forward in painting the sanctuary, but there are still some hurtles to cross.

Тноиднтя:

For me, working on our grounds and the building we own as a community is very rewarding, and I suspect many other volunteers feel the same. Our external appearance is the face we put forward to the greater community -- it's what people see when they walk or drive. First impressions can make or break us. Thank you to all the members and friends who have helped make the first impression of UUCM a positive one.

WE NEED YOU:

We can use your help. If you want to be part of this group of people that keep our community meeting place looking great, please join us on September 17th, 2016 at 9:00 a.m. There are jobs for all abilities and experience.

CARING COMMITTEE

Gwen Eymann, *chair* Barbara Chesnut, Maryann Hart, Robin Hart, May Lawrence, Ann Lyon, Leal Portis, Corrie Silva, and Lynn Whitson

Committee meetings are at 4:00 p.m. on the first Monday of each month in the Anthony Room.

If you would like to reach out to members in need with rides, hot meals, home visits and more, please let us know.

Contact: Gwen Eymann, 530-274-7965 caring@uugrassvalley.org

Social Justice Notes

By Keith Johnson, Chair, Social Justice Committee

Mark your calendars for Saturday, September 17. This is the date for the South Yuba River Citizens League's 19TH annual Yuba River Clean Up. This year UUCM will be participating in this event as a congregation. The clean-up site will be Bridgeport (used to be Truckee, but SYRCL found us a more convenient location). Work from nine to noon, then attend the SYRCL appreciation party at Pioneer Park. Stay tuned for more details about this fun event.

Pass the Plate has a new look. Beginning in October, we will be passing the plate every week, with 25% of the total collection plate going to the designated non-profit organization selected by the Social Justice Committee. The organization will make a brief presentation on the first Sunday of the month. For the subsequent Sundays that month, the worship associate will remind us of the identity and mission of that month's pass the plate recipient. Hopefully, the percentage of the collection plate earmarked for pass the plate can be increased in future years.

Did you enjoy the summer social justice forums presented by Izzy Martin of The Sierra Fund and Janice O'Brien of Sierra Roots? The feedback has been excellent so the Social Justice Committee is planning more forums after Sunday services. We will keep you posted.

Hospitality House Dinner Crew Prepares Meals at Utah's Place FRIDAYS, SEPTEMBER 16 AND 30 AT 4:00 P.M., By Leal Portis

UUCM volunteers make dinner at the Hospitality House on third and fifth Fridays each month. We also leave food for breakfast the next morning. Breakfast foods have to be packable as they have to take breakfast and lunch with them (except on rainy/snowy days).

UUCM does not have money in its budget for this endeavor, but rather is relying on the generosity of its members. Currently just a few folks are stepping up to the plate. It's more challenging to supply Utah's Place than it was in the past, as the Health Department requires all food to be cooked there or come from a commercial kitchen. Some folks do not care to provide food for our standard menu so give Leal money for shopping. This is acceptable as Leal does not mind shopping.

If you can help, please contact Leal Portis at 530-265-3887 or portis.leal@gmail.com.

The Altar Show October 29 - November 6 at the Nevada County Fairgrounds, Grass Valley

By Anita Wald-Tuttle & Jo Waters

The Altar Show is back and needs altaristas! The show itself will be at the Fairgrounds in the Northern Mines Building from October 29 - November 6. Many UUs have put altars in the show over the years as have our RE children. If you'd like to participate this year you'll need to attend an orientation, September 12 or 13, and fill out an application.

For more information go to their website: http://www. thealtarshow.org/. UUCM contacts are Anita Wald-Tuttle or Jo Waters, both of whom are veteran altaristas and Altar Show board members. Join with us in this heartfelt expression of seasonal meaning. The time to act is NOW!!!!

Ushering Team

Come Usher With Us!

Melissa Ridgway, Usher Coordinator

Are you looking for an easy way to volunteer at UUCM and have fun at the same time? Newcomers and old-timers alike can offer their service by becoming an usher. It's a great way to meet people and to serve the community, and it does not require a huge commitment, because it all happens when you are at Sunday Service. Just one Sunday a month would be a huge help.

You can look over the usher information guidelines and we will be happy to train you for this wonderful job, just contact one of the following:

Melissa Ridgway (mmr13762@gmail.com), Conrad Sisk (admin@uugrassvalley.org, 530-274-1675), or Gwen Eymann (eymann@sbcglobal.net).

Thank you all for your service!

Usher information, including ushering guidelines and a link to the sign-up page: http://www.uugrassvalley.org/ushers/

Usher sign-up page: https://doodle.com/poll/y7iac6vrke3rf3re

From The Office Administrator

Announcing our New Online Directory for Members & Friends

By Conrad Sisk, Office Administrator

Ministry Tracker

I'm excited to invite you all to explore our new online Member & Friend directory. Starting in September, we will no longer be maintaining our contact records in Congregation Builder. Our new directory will be on a platform called "Ministry Tracker". Be on the lookout for an email from me about accessing the new directory for the first time. It will contain a personalized link for you to click. When you click this link, you'll be asked to pick a username and a password, and to agree to Ministry Tracker's terms of use. Once you've done that, you'll be all set to edit your profile and use the directory. You'll notice that all of the data we had in Congregation Builder has been transferred over, but you may want to edit or augment that information.

The new directory will allow members and friends to post things like profile pictures, emergency contact information, and interests and hobbies to your profile page. All fields on the profile page are optional, and fields like "emergency contacts" will only be visible to UUCM staff and relevant volunteers. You can view and edit your family's profile under the "Profile" tab.

Your Ac Profile Directory	Count Groups Help			🧭 Logout
Your Essentials				
A REAL PROPERTY	First Name:	Conrad	Contact Information	
	Last Name:	Sisk	Home Phone:	N/A
State State	Preferred Name:		Cell Phone:	N/A
KIT ON	Birthdate:	N/A	Cell Provider:	
美したと	Address		Work Phone:	530-274-1675
	Address:	246 South Church Street	Email Address:	admin@uugrassvalley.org
	Mailing Address:			
		Grass Valley CA 94945		



Under the "Directory" tab, you'll be able to search for members and friends using the search box towards the top of the page, or by choosing the first letter of a person or family's last name to the right of the page.



In the directory, there are individual listings for each person, as well as family listings for each family. Families are listed by the parent or guardian name(s); kids and youth will appear as individual listings, as well as in families. Non-member/ friend spouses are listed in the directory if they were listed in the Congregation Builder directory. If you are a member or a friend and would like you non-member/friend spouse to be listed in the directory, please let me know.



A particularly cool feature of this new directory is the ability to see all of the groups at UUCM, including all members & friends who are a part of each group. You can do this by going to the "Groups" tab. Please contact me if you'd like to be

added to or deleted from any of these groups in the Member and Friend directory.

Finance Committee	Committee	Click here to learn more about the Finance Committee
Hospitality Team	Team	Click here to learn more about the Hospitality Team
Humanism Discussion Group	Affinity Group	Click here to learn more about the Humanism Discussion Group
Meditation Group	Affinity Group	Click here to learn more about the Meditation Group
Membership Committee	Committee	Click here to learn more about the Membership Committee
Men's Group	Affinity Group	Click here to learn more about the Men's Group

One feature the new directory lacks is the ability for you all to create your own pdf or printable directories through the Member Portal. However, I have the ability to create printable directories from Ministry Tracker easily, so please send me an email or give me a call anytime you would like a new pdf or printable directory emailed or mailed to you.

I'm interested in hearing how this goes for you all, and I'm ready to answer any questions that may come up about this new system. Don't hesitate to contact me with your feedback and questions. You can reach me at admin@uugrassvalley.org or 530-274-1675. My office hours are Monday – Thursday, 8:30 A.M. – 1:00 P.M. Thank you all!

Community Connections – Social & Spiritual Activities

Drop-In Support Circle Meets in the Anthony Room on Sundays at 10:50 a.m.

By Janet Bullock, Facilitator, Drop-In Support Circle

On Sunday, September 11, our circle meeting time will return to the period between services, at about 10:50, in the library. Quickly grab a snack and join us.

This weekly circle on Sunday continues to be open, on a dropin basis, for UUCM people needing a little extra support and those with extra support to give.

It is not a therapy group; it is a confidential sharing circle, and is facilitated by congregation members. (Even if you don't feel like talking but just want to sit among caring people, you are welcome to come.)

Contact Janet Bullock to learn more (530-477-8760, janetbullock41@gmail.com)

Women's Circle has a New Meeting Day! Join us for Women's Wisdom Monday, September 12, 2016, 6:00 p.m.

After much discussion, it was decided that the day that MOST UUCM women can come to our monthly get together is the second Monday of the month, beginning at 6:00 p.m.

Therefore, our September meeting will be on Monday, September 12th. We are having our usual (delicious!) potluck, followed by a discussion led by Janet Bullock called "Women's Wisdom." And, guess what? That means YOU! Janet believes we each carry a store of wisdom learned along the path of our lives. This evening's discussion will be an opportunity to share some of what we've learned and, in the process, get to know one another in a deeper way.

Janet asks that you review your lives and tell us the stories of challenges you have faced and what you have learned (and are learning) through it all. All UUCM women are welcome, members, friends, visitors... please come. See you there!

RSVP to either Clarita Nolan: photosbyclarita@att.net, 530.575.2229, or Kathryn Young, kathryneyounguu@gmail. com, 530.478.1329.



Men's Groups

On Wednesday mornings, 8:30 – 10:00 in the Channing Room, and on Thursday mornings at What's Up? Coffee, (1110 E Main St., Grass Valley), men gather to enjoy each other's company and discuss the issues of the day or whatever takes their fancy, in an open and free-flowing way.

Men's Group Book Club

A group of men meet to discuss books at 10:30 a.m. on first and third Thursdays at What's Up Coffee. These meetings follow the regular Men's Group meetings that start at 8:30 a.m. every Thursday. Contact Mel Berry at melnannie@yahoo.com or 530-559-0904 for more information.

Meditation

Every Tuesday morning at 9, a self-directed group of congregants meet for an hour of meditation in the Sanctuary. Enjoy a time of inner peace and reflection with others. For more information, call Scottie on 530.272.5022 or scottiehart47@gmail.com.

UUCM Humanism Discussion Group

By George Dunstan

Our next meeting will be Wednesday, September 7 from 10:30 until noon at UUCM in the Channing Room.

For further information, please contact George Dunstan (477.7635 or gvgeode@gmail.com) or David Briggs (274.9236 or davidbriggs100@yahoo.com)

International Women's Convocation February 16-19, 2017 Monterey Peninsula, CA

Good news: the early bird rate for the Third International Women's Convocation has been extended one last time. You can still save \$100 on registration – but only through September 30th! The Convocation will bring together UU women from around the world to connect, share, celebrate, and empower in the beautiful, inspirational setting of Asilomar, "a refuge by the sea." Young adults aged 18-40 can register at a special rate of \$490, covering accommodation and all meals in addition to the reduced registration fee. Are you interested in offering a workshop at the Convocation? If so, please submit a proposal. Visit IntlWomensConvo.org for all details.

Religious Education for All Ages

Full Community Religious Education and Faith Formation

By Kristin Famula, Summer Consultant, Religious Education

- How have you been living out the Unitarian Universalist principles in your life?
- What helps you deepen meaning and purpose in your life?
- What are your thoughts about how we can "stand on the side of love" each month?



This year we will focus on learning together as a community. As a congregation, we will each be learning the same themes—as we each learn and explore the ideas, we will influence each other's perceptions and understandings. In our classes, small group ministry, worship services, social justice activities, etc, we will explore the topics together, searching for the "truths" within the themes. If you're curious about our

thinking for Religious Education programming this year, check out our recent RE service: http://www.uugrassvalley.org/ multimedia-archive/everybody-needs-a-rock/

On August 20th, your Religious Education volunteers gathered to learn together and prepare for our 2016-2017 year during our annual Religious Education Training. Be watching for a full calendar of upcoming opportunities soon! In the meantime, please use the link on this page of our website to register your children and youth for our RE programming, and consider sharing your skills as a volunteer with our program: http:// www.uugrassvalley.org/re-registration/. Contact Kristin with questions: education@uugrassvalley.org.

One of your RE teachers drew this in response to the question, "What do you hope your classroom will feel like?"



Save the Date

RE KICK-OFF: Join us September 11th at 9:45 a.m. for the official kick-off of our Religious Education programming. Children and youth will have an opportunity to meet their teachers, build community within their classes and celebrate the start of the year! We will also share details for the year including important dates, curriculum, adult RE offerings, and more! Celebrate with us!

POT OF GOLD: We hope to have 4-5 RE leaders (and future leaders!) from UUCM attend this very special gathering of religious educators in Palo Alto. Contact Kristin if you are interested in attending. Please see the flyer on the following page for more information.

YOUTH MINISTRY REVIVAL: Youth are invited to join us in a regional UU event from September 23-25 in Portland, OR. Planning for this trip is happening NOW, so contact Kristin ASAP if you are interested in participating. More details can be found here: http://www.uua.org/pacific-western/youthministries/youth-ministry-revival-engaging-spiritual-practice

2016-2017 Specifics

SUNDAYS AT 9:45 A.M.: Join us for programming for children and youth during the service at 9:45 A.M. Children and youth will attend the first part of the service and will be "sung" to their classes.

KIDS' MUSIC PROGRAM: Our popular music program will continue this year! Join our fabulous Music Director for a fun and lively exploration of a mix of instruments and voices, making music together and having a lot of fun. Youth music will be every Wednesday except the last Wedneday of the month (to match the choir schedule), from 4:00 to 5:00 P.M. Contact Jordan: music@uugrassvalley.org or Kristin: education@uugrassvalley.org.

COMING OF AGE: All youth in grades 8-10 are invited to participate in a year-long exploration of your beliefs. Enhanced by participation in district-wide UU events, this program will prepare our youth for creating and sharing their own "credo" at the end of the year. Contact Kristin: education@uugrassvalley.org

SOCIAL JUSTICE/SERVICE TRIP: In collaboration with the UU Fellowship of Northern Nevada, youth will be invited to participate in a summer 2017 trip with the UU College of Social Justice (http://uucsj.org/). Planning will begin in the fall. Expect to hear more soon!

BRUNCH BUNCH: One Sunday a month, all youth in high school and middle school are invited to head out for "Brunch Bunch", to gather at a local spot to eat and socialize along with adult chaperones. This year we will be expanding opportunities for growing our social connections with each other. If you are interested in supporting our youth by chaperoning our Brunch Bunch once per month, please contact Kristin: education@uugrassvalley.org.



Unitarian Universalist Religious Education Conference

POT OF GOLD

Saturday, October 1st at the UU Church of Palo Alto

TEACHING AS SPIRITUAL PRACTICE Keynote by Mark Hicks & Worship by Chris Bell

WORKSHOPS INCLUDE:

Teaching Race/Ethnicity with Mark Hicks. UU History. Conscious Teaching: How to Manage Challenging Behaviors. Social Media in Faith Formation. Theatre of Oppression. Small Group Ministry. And much more!

KEYNOTE SPEAKER:

Mark Hicks is a transformative religious educator for people who want to integrate cultures and create justice-oriented ways of thinking learning, and being. He is Professor of Religious Education at Meadville Lombard Theological School, the UU Seminary in Chicago. His academic work has appeared in nationally recognized journals and his curriculum is used by many UU churches. Mark has inspired many across the UUA with his contributions to religious education and warm welcoming spirit. We are delighted to have him on the Pacific Coast!

THE DETAILS:

\$50.00 for individuals \$40.00 per person for teams of 4+ Discounts available

Register Online: <u>http://goo.gl/forms/rjMFcxr7LnuUtPQM2</u>

Organized by PCD-Liberal Religious Educators Association, contact Rev. Alyson Jacks for more info at ajacks@uusf.org

September 2016 Calendar of Events at UUCM

DATE	DAY	TIME	EVENT DESCRIPTION	DATE	DAY	TIME	EVENT DESCRIPTION
AUGL	JST			18	Sunday	9:45 10:50	Sunday Service & RE Classes Drop-in Support Circle
30	Tuesday	9:00	Meditation			11:30	Sunday Service
31	Wednesday	8:30	Men's Group	20	Tuesday	9:00	Meditation
SEPT	EMBER			21	Wednesday	8:30 4:30	Men's Group Finance Committee Meeting
1	Thursday	8:30	Men's Group - What's Up Coffee			5:00 6:30	Kids' Music Night Choir Rehearsal
4	Sunday	10:30 11:30	First Sunday: Bring Food! Sunday Service Drop-in Support Circle	22	Thursday	8:30 10:30	Men's Group - What's Up Coffee Writers' Group
6	Tuesday	9:00 4:00	Meditation Caring Committee Meeting	25	Sunday	9:45 10:50 11:30	Sunday Service & RE Classes Drop-in Support Circle Sunday Service
7	Wednesday	8:30 10:30	Men's Group Humanism Group	27	Tuesday	9:00	Meditation
		5:00 6:30	Kids' Music Night Choir Rehearsal	28	Wednesday	8:30	Men's Group
8	Thursday	8:30	Men's Group - What's Up Coffee	29	Thursday	8:30	Men's Group - What's Up Coffee
		10:30	Writers' Group	30	Friday	4:00	Dinner Prep at Utah's Place
11	Sunday	9:45 10:50	Sunday Service & RE Classes Drop-in Support Circle	осто	DBER		
		11:30	Sunday Service	2	Sunday	0.45	First Sunday: Bring Food!
12	Monday	6:00	Women's Circle			9:45 10:50	Sunday Service & RE Classes Drop-in Support Circle
13	Tuesday	9:00 12:30	Meditation Membership Committee Meeting			11:30	Sunday Service
		5:00	Board of Trustees Meeting	4	Tuesday	9:00 4:00	Meditation Caring Committee Meeting
14	Wednesday	8:30 11:00 5:00 6:30	Men's Group Habitat for Humanity Lunch Prep Kids' Music Night Choir Rehearsal	5	Wednesday	8:30 10:30 5:00 6:30	Men's Group Humanism Group Kids' Music Night Choir Rehearsal
15	Thursday	8:30 10:00 6:30	Men's Group - What's Up Coffee Social Justice Committee Meeting Worship Committee Meeting	6	Thursday	8:30	Men's Group - What's Up Coffee
	F · 1			8	Saturday	9:00	Welcome to UU(CM)
16	Friday	4:00	Dinner Prep at Utah's Place	9	Sunday	9:45 10:50	Sunday Service & RE Classes Drop-in Support Circle
17	Saturday	9:00 12:30 9:00	Building & Grounds Work Party Building & Grounds Meeting SYRCL River Clean-up			11:30	Sunday Service

Unitarian Universalist Community of the Mountains

Street Address:246 South Church St., Grass Valley, CA 95945Sunday Services at 9:45 A.M. and 11:30 A.M.OffRev. Kevin Tarsa Office Hours:Tuesda

95945Telephone: 530.274.1675Website: www.uugrassvalley.orgOffice Administrator Hours:Monday through Thursday, 8:30 A.M. - 1 P.M.Tuesday:10:30 A.M. - 12:30 P.M., Wednesday: 4 - 6 P.M., Thursday:11 A.M. - 1 P.M.

UUCM STAFF MEMBERS

Reverend Kevin Tarsa, Minister Conrad Sisk, Office Administrator Jordan Thoman-Rose Music Director Kristin Famula, Religious Education Summer Consultant E-MAIL ADDRESSES minister@uugrassvalley.org admin@uugrassvalley.org music@uugrassvalley.org education@uugrassvalley.org

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