

the Mountain Chalice



Unitarian Universalist Community of the Mountains

November 2017

UPCOMING SERVICES

Two Service Times on Sundays:

9:30 A.M. or 11:30 A.M.

Social hour is between the two services; either stay after the first service, or come early to the second one.

Religious education classes for all children and teens are offered during the 9:30 A.M. service.

Nursery care is available for both services.

NOVEMBER THEME: ABUNDANCE

What does it mean to be a people of abundance?

FALL BACK! Set your clocks back one hour before you go to bed Saturday night, then sleep in and come enjoy this service:

Nov. 5 The Quiltmaker's Gift
Rev. Kevin

Jeff Brumbeau's much-loved story of an extraordinary quiltmaker and a greedy king's change of heart will anchor our service and message, and open our November exploration of what it means to be a community of abundance.

Nov. 12 Skillful Giving
Rev. Kevin

According to Buddhist wisdom, our primary responsibility and opportunity is to shape the kind of life we will live. We'll look at our own generosity, stewardship and life shaping through the lens of East Asian Mahāyāna Buddhism. Plus we'll welcome a few new members to our community.

Nov. 19 Tapestry Service: Abundance
Bev Lyon, Worship Associate

This is a Tapestry Service with contributions by members of the congregation. Our topic is Abundance. Making do with what you have. What would you do if you had enough? What are you waiting for? The choir will contribute to the abundance of this service.

Monday, Transgender Day of Remembrance
Nov. 20 Service at 7:00 p.m.
Rev. Kevin and Rev. Joan Pell, Sierra Pines UMC
Beth Karow, Worship Associate

This tender annual service remembers those around the world who died in the past year as a result of anti-transgender violence, and offers our love and support to transgender persons in our midst.

Nov. 26 Thank You for This Day
Rev. Kevin

On this Thanksgiving Sunday morning and final "abundance" Sunday we'll name and cultivate our gratitude, which the Rev. Galen Guengerich claims ought to be the center of Unitarian Universalist theology and UUism's defining discipline.

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Rev. Kevin Tarsa
UUCM Minister

Panning for Gold*

I think of myself as a glass-half-full person.

Most of the time.

I'm quick to reframe an idea or a spoken sentiment in positive or at least neutral terms. I see endless possibilities in ingredients, art and craft supplies and people's talents, skills and gifts. I see at least some good in most things, most events, movies, books, conversations and in most people.

The major exceptions have to do with my personal perfectionism, around which I am wont to obsess about the thing I missed or the element I messed up - my perceived failures. And that can lead to a challenging downward spiral against which I must brace myself and during which I must find a stable anchor to grab on to. Once my mind and my neurochemistry are primed to notice what's "wrong," the switch in lenses makes most any glass in front of me look half empty for a time.

As we turn our focus to explore "abundance" this month, I am very much aware that abundance in my life is almost always a matter of perspective, shaped by my wants and my wnts. I am not inclined to preach a prosperity gospel which says, "Here's how you can bring more, more, more material wealth into your life," though that may be a gospel some seek. Rather, I invite us all to put on the lenses that allow us to see more clearly the material and non-material wealth we already hold.

In December, when we focus on "hope," I'll invite your attention forward, to the future and your deepest wants. This month however, in this season of Thanksgiving as well as indigenous peoples' Un-Thanksgiving and National Day of Mourning, I invite you to notice the present and to pay attention to your wnts.

I offer once again the wisdom of John Schneider, a mentor whose life work was to help people find their way through very powerful grief. John taught that finding one's way through grief required answering three questions deeply and in succession. They match the annual flow of autumn's holidays and holy days.

First, What is lost?

(Take stock, list, and truly grieve all that has been lost. Take your time with this. Feel it deeply.)

Second, What remains?

(Because not everything is lost, even in the most tragic experiences.)

Third, What is possible?

(Given what remains.)

I invite you to spend time with the second question this month. What remains? Or What fills the half-full part of your glass these days? This would be a great time to take on the spiritual discipline of each day writing down 5 things for which you are grateful. Or find your own way to stop and to take stock of what you do have, no matter how life has challenged you of late.

Then we'll be ready to ground our hope in an awareness of what we already have.

With care,

— Rev. Kevin

* A UUCM member asked me about my column title choice of "Panning for Gold," because for this member the phrase is laden with the painful, crushing realities for the local indigenous people of white settlers' rush to find gold here. I had not thought of that when I chose the title, seeing through my Midwestern and white person lens only a metaphor for finding the valuable nuggets of insight and wisdom in whatever is in front of us. And so now, of course, I am thoughtful about that title, and will reconsider. Stay tuned.

Rev. Kevin's Schedule

Rev. Kevin will be off and/or away on the following dates:

NOVEMBER 14-16:

In Boston with the UUA Music Leader Certification Committee

REV. KEVIN'S OFFICE HOURS

Tuesday: 10:30 A.M. TO 12:30 P.M.,
Wednesday: 4 P.M. - 6 P.M. and Thursday: 11 A.M. - 1 P.M.
Other times by appointment.

Contact Rev. Kevin to schedule an appointment:

minister@uugrassvalley.org

or (231) 883-1058



*Taylor Carey,
President,
UUCM Board of Trustees*

Board of Trustees

Of my many years on this earth, one stands out as the worst and most illuminating. My eighth grade school year, 1963-64. It was the year that the 16th Street Baptist Church in Birmingham, Alabama, with a predominantly African American congregation, was bombed, killing four little girls dressed in their best Sunday clothes. Martin Luther King, Jr. shared his dream in front of the Lincoln Memorial, and authored his famous letter from the Birmingham jail. The film *PT 109* was being shown in local movie theaters and the ads breathlessly hyped "Watch Kennedy Almost Get Shot!" A few months later he was.

This was the year that my family moved to Alabama. On my first day of school Governor George Wallace stood in the doorway of a school facing court-ordered integration to prevent a young black girl from entering. All of the state's schools were closed as a result. It felt like a reprieve.

I knew a little about bigotry and racial prejudice, but not enough to prepare me for what I was to see and hear demonstrated over and over that school year. There were very few "Black People" in Alabama in those days, at least few identified by that descriptor. Euphemisms to cloy and cloak one's meaning were speeding forward to soften the ugly sounds that passed for words in the mouths of Southern political and social leaders, but they lagged far behind the events of that year. Blacks were Negroes, Nigras, and worse.

I was not a perfect kid. I was shy and socially awkward like most adolescents. I wanted friends. I wanted to fit in. So mostly I did not speak up when horrible things were said about descendants of Mother Africa. I knew very few people of color in my California home, but those I did were nice to me. The few times I mustered the courage to rise in timid protest against the racial slurs spewing from my lunch mates' hate-twisted mouths, I was shouted down with the same belligerence we see and hear today. I learned to confine my comments to cars, football, and music. Bless the Beatles.

My family was generally conservative, but we were taught to think for ourselves. My father felt a great kinship and respect for John F. Kennedy, his fellow PT Boat skipper from WWII and, breaking ranks with his family, voted for him in the General Election. As the Sixties grew more turbulent in response to the Civil Rights movement and the horrors of the Vietnam War, and merged with the drugs and despair-infused early Seventies, like Jack's crazed beanstalk, I grew from boyhood

to manhood impelled by forces beyond my conscious understanding. I now realize that my strong stance for Civil Rights and my liberal world view arose from the seeds of outrage planted in the fetid humidity of the South during that horrible year.

I mention this now because like so many, I feel like we are there again, reliving an era that should have served forever as a reminder of the dangers inherent in the virulent contagion of ignorance, and intellectual and moral sloth. This, too, shall NOT pass unless we, as we have demonstrated our willingness to, confront the ugliness oozing from the cracks in our culture and stand firmly against it.

Black lives matter here.

The Unitarian Universalist Community of the Mountains is



THE BOARD IS IN

I want to remind everyone that, continuing the practice begun during Dave MacLeod's tenure as UUCM Board President, Board members are again "In" and happy to hear from you. If you have a question or a comment about anything the Board or our congregation in general is up to,

please feel free to seek us out. The Board Member for the Day will be located in the Channing ("Ramp") Room, and soon may be identified by a distinctive sash adorning their shoulders.

GOOD NEWS!

The Board of Trustees is very happy to announce that Bob Packard has graciously accepted appointment to Chair the Finance Committee. We also want to extend our sincerest thanks to outgoing Chair, Ron Drake, who served so long and so well on this vitally important committee.

- Taylor

UUCM BOARD OF TRUSTEES

JULY 2017 - JUNE 2018

Taylor Carey, *President*
Lindsay Dunckel, *Vice-President*
Charlie Zimmerman, *Treasurer*
Sandi Lauher, *Secretary*
Members at Large:

George Dunstan, Beth Freedman, Yvonne Mills

*Board of Trustees meetings are held on the second
Tuesday of each month at 5:00 p.m.
in the Channing Room at UUCM.*

*UUCM members and friends are cordially invited to attend!
If you wish to address the board, please give two days notice
so the agenda timing can be adjusted.*

YOU ARE INVITED TO CELEBRATE
THANKSGIVING
AT UUCM



Thursday, November 23, 2017
at 2:00 P.M.

No out-of-town plans this year? No family nearby?

Too much work to prepare ALL that food?

Come to UUCM's Second Annual

**Thanksgiving Potluck with Rev. Kevin Tarsa
and your UUCM family!**

(You are welcome to bring non-member guests.)

***Please sign up at the
Membership Table in the Foyer!***

Membership & Hospitality Committee

Upcoming Classes about UUism

By Rev. Kevin Tarsa, Minister,
and Claire Miller,
Membership Chair

Find out more about Unitarian Universalism in this series of sessions open to those who are new to UU as well as those who are long timers. Most of the sessions are held on Tuesday evenings. All are welcome.

THE NEW UU - HOW WE GROW IN FAITH
Tuesday, November 7,
6:30 p.m.

NEW MEMBER WELCOME SERVICE
Sunday, November 12 at
both services

THE NEW UU - SOCIAL JUSTICE PHILOSOPHY AND PRACTICE
Tuesday, November 21,
6:30 p.m.

THE NEW UU - HOW DECISIONS ARE MADE: GOVERNANCE AND POLITY
Tuesday, December 5,
6:30 p.m.

Please contact Claire Miller (truckeeclaire@yahoo.com or 530-205-5324), or sign up at the Membership table on Sunday morning, for more information and to reserve a space.

Snack Teams for November

By Marilyn Young, Coordinator, UUCM Hospitality Hour

Hospitality time will be between the services from approximately 10:30 until 11:20 a.m. If you attend the first service, please drop your contributions in the kitchen before you sit down for the service. If you attend the second service, please bring your snacks back to the kitchen by 10:30 a.m. (or earlier!), then enjoy the hospitality time between services prior to attending the second service. We need at least three sweet treats and three healthy selections.

This month's schedule:

FIRST SUNDAY:
November 5 A to E

SECOND SUNDAY:
November 12 F to J

THIRD SUNDAY:
November 19 K to R

FOURTH SUNDAY:
November 26 S to Z

Please remember to include foods for those with dietary

restrictions whenever possible... gluten-free, vegetarian, etc. And it is especially helpful if you label what you've brought to help those with allergies or other health issues make good decisions.

When it is your team's Sunday, please let Marilyn Young (marilyn04@gmail.com) know if you will be participating, and also let her know if it's a "Sweet Treat" or a "Healthy Treat." We will send out a weekly reminder.

Please join us for a UUCM

Family Potluck

*Friday, November 10 at 6 p.m.
at UUCM*

Bring a dish to share!
Salads - Entrees - Veggies - Desserts
Sign up sheets in the entry!

Get to know other UUs of ALL ages!

*Craft activities for interested kids and adults
making items for our Holiday Bazaar*

*Find out more about Adult R.E.
and Register for Classes!*

Sponsored by UUCM Membership Committee and R.E. Visioning Team

THE LAST CIRCLE SUPPER OF FALL

SATURDAY, NOVEMBER 11, 5:00 P.M., UUCM

Anita Wald-Tuttle and Carmen Riley are hosting a "Mixed Bag" Circle Supper at UUCM -- geared especially for those people who have trouble finding food they can eat at traditional potlucks... Bring your gluten-free, vegan, vegetarian foods to share... ALL are welcome -- you don't have to have special food needs.. Sign up in the entry area.

MEMBERSHIP COMMITTEE

Claire Miller, chair
Kathy MacLeod and Marilyn Young

Contact Claire Miller, truckeeclaire@yahoo.com
if you have any questions about membership, or are
interested in joining the committee.

Mission Renewal Team



Our Mission Covenant Refining Process is Underway!!

Dear Congregation,

The Mission Covenant Refining process is underway! We would like to thank everyone for their commitment and input to this process. Special thanks to our Mission Refining Team consisting of Tom Wernigg, Lesley Champlin, Susan Merrill and Gail Johnson Vaughan. They are meeting weekly to refine and bring our Mission Covenant to its first draft.

Here is what you can expect in terms of timing and process to finalize our Mission Covenant Statement.

DRAFT 1 REVIEW:

Oct 29th Small Group Discussions during second service and after second service

Nov 2nd Small Group Discussion in the evening with Pizza and Refreshments.

DRAFT 2 REVIEW:

Dec 10th All Congregation Town Talk forum after service

FINAL DRAFT:

Mid January Completion target

VOTE!

Feb 4, 2018 Congregational vote on UUCM's Mission Covenant Statement

More detailed information on the above will be sent out prior to the events. We do so hope you can join us in the draft review discussions.

Sincerely,

*Your Mission Renewal Process Team:
Beth Freedman, Jim Perkins,
Rev. Kevin Tarsa and René Wiley*

Caring Committee

Caring Committee Notes

By Anne Lyon, Chair, Caring Committee

All of us within Caring Committee are relieved that our little community is now safe and recovering from the last few weeks' amazing frights. We rejoice at the generosity and compassion shown by UUCM members, and our community.

We warmly celebrate your joys, and offer assistance and shoulders to lean on in times of sorrow and need. We continue to need your help with those congregation members who need a few errands run, a phone call or a visit. If you have not done so already, please pick up a volunteer application from the Caring Committee Cubby in the Office and sign up. If you need to change already submitted information, please notify Anne Lyon.

We are sad to announce that **MARCELLA HARDT** recently passed away. She had been a long-term and very active member of UUCM. We will remember her and miss her dedication to our values and our community.

A joyous celebration occurred for **SCOTTIE HART**! She celebrated her 70th birthday and says, "Twenty-nine more to go!"

We join **ROBIN HART** in the sadness that comes from losing a beloved mother. Robin had spent many years visiting and supporting her mom, although she lived out of the area.

A wedding celebration for **CAROL KUCZORA**'s son occurred October 19th! David married Beth Moore, and they will be opening what used to be the Swiss House! It will be *The Open Eye*, a California cuisine restaurant, bar and event venue.

We are so happy for **WILLOW KAROW-DIGANGI**, who has gone to Brattleboro, Vermont. She will be an intern farm worker on an organic farm.

CARING COMMITTEE

Anne Lyon, chair

Barbara Chesnut, Maryann Currington, Gwen Eymann,
Robin Hart, Carol Hyndman, May Lawrence, Corrie Silva,
and Lynn Whitson

Committee meetings are at 4:00 p.m. on the first Tuesday of each month in the Anthony Room.

If you would like to reach out to members in need with rides, hot meals, home visits and more, please let us know.

Contact: Anne Lyon, (619) 933-1618
caring@uugrassvalley.org

Social Justice News and Activities

Volunteer Opportunities:

By Keith Johnson, Member, Social Justice Committee

The Social Justice Committee encourages all members and friends to volunteer for justice work with local non-profit organizations. UUCM'ers are already doing outstanding work for the following groups. Please read the brief description of the group and the volunteer help that is needed, and if you are moved to do so please contact the UUCM contact person to volunteer. The contact person will have further information about the organization and may suggest other volunteer opportunities. If you would like to recommend other service organizations to be included, or if you wish to join us on the Social Justice Committee, please contact committee chair Stu Matthews (530-362-8456).

HABITAT FOR HUMANITY

UUCM makes lunches for Habitat workers on the second Wednesday of each month at 11 a.m. at the church. Contact Eileen Hale (530-273-1351).

HOSPITALITY HOUSE

Hospitality House manages and operates Utah's Place, the local homeless shelter. Hospitality House needs help in three program areas:

UUCM purchases, prepares, and serves dinner to our guests at Utah's Place on the third and fifth Fridays of every month. Contact Wally Holtan (530-559-0050).

Hospitality House manages the Bread and Roses Thrift Store and help is needed in all aspects of store operation. Contact Cassandra Holdeman (530-575-4428).

Utah's Place needs volunteer monitors. Contact George Dunstan (530-205-8159).

IFM

Interfaith Food Ministry provides food to the needy at least two times per week. Current needs include drivers and packers. Contact Anne Lyon (619-933-1618).

SIERRA ROOTS

Sierra Roots is a local homeless advocacy group which requests assistance in operating a cold weather shelter and their one-on-one advocacy program. Contact Keith Johnson (530-265-0277).

SYRCL

The South Yuba River Citizen's League is dedicated to preserving and protecting the South Yuba River. Volunteer opportunities include river monitoring, becoming a river ambassador, and clerical support. Contact Yvonne Mills (530-802-5231).

Donations for Nevada County Pets of the Homeless

By Carol Hyndman, Member, Social Justice Committee

Please remember donations for Nevada County Pets of the Homeless will be collected on the first Sunday of each month, when other food donations are collected for the Interfaith Food Ministry. Questions? countrycattery@gmail.com



Holiday Bazaar

ATTENTION:

Crafters, Woodworkers, Potters, Painters,
Canners*, Picklers, Jewelers, Knitters, Crocheters,
Sew-ers, Quilters, Printers,
Paste-ers, Candlestick Makers...

Time to get started on making gifts for
UUCM's ANNUAL HOLIDAY BAZAAR
Sunday Mornings, December 3rd and 10th

If you love to make hand-crafted items and are willing to donate them to our Holiday Bazaar to raise money for the workings of our wonderful community, now is the time!

OTHER KINDS OF DONATIONS NEEDED, TOO

We also need donations of jewelry, heirlooms and FINE QUALITY re-gifted items to sell. Please deliver your items to the box in the church office during regular hours or on Sundays.

SIT & KNIT!

Wednesday, November 1st at 3:00 p.m. at UUCM, Marilyn Young and Joyce Keane will have a variety of yarn and patterns for anyone who would like to come get ideas and inspiration (and even advice!) for simple projects. Come sit and knit or crochet with us!



QUESTIONS? OUR TEAM MEMBERS ARE:

Janet Bullock	janetbullock41@gmail.com
Marilyn Young	marilyny04@gmail.com
Joyce Keane	keane.joyce@yahoo.com
Lynn Whitson	lynnwhitson@hotmail.com
Bob Miller	bob@sierramiller.com

** Foods we will gratefully accept: high-acid canned and pickled fruits and veggies, salsa, chutney, sauerkraut, kimchi, jams, jellies, applesauce. Foods we, regretfully, will not accept: sauces; dressings; canned foods containing meat, fish, dairy; pesto; baked goods; dried foods; beverages.*

Soul Matters

Food for Thought and Reflections on our Soul Matters Theme

What does it mean to be a people of abundance?

When it comes to abundance, our culture and our religion are clearly at odds. Our culture cries, "Accumulate!" Our religion counsels "Appreciate!" The mantras couldn't be more different: The commercials tell us to "Go out and get what you want!" The pulpits plea with us to "learn to want what you have."

So, yes, appreciation is central to this month. Noticing the abundance around us is clearly the work we are called to do. But one wonders if that's enough. It all depends on what you do after the noticing is done.

Sometimes there's a passivity to appreciation that leaves nothing changed. There's a big difference between appreciating the blessing of family and committing to sitting down together for dinner at least three or four times a week. It's one thing to notice the beauty that fills your own backyard; it's quite another to pull yourself out of the rat race so you have time to enjoy it. It helps to have a sermon remind us that our spouse or parent is doing the best they can, but that insight rarely sticks without a commitment to action that helps us truly let go of all the things we wish they were and embrace the limited but wonderful abundance of what they are.

In short, appreciation only gets us part of the way there. Noticing places abundance in view, but only new commitments put it within reach. Without a decision to change our lives, noticing becomes nothing more than nostalgia.

So, what needs to change? Maybe that's the real question this month. What needs altered so you can dance with what is plentiful rather than worrying about what is scarce? What clutter finally needs cleaned up so there is room for new abundance to enter in? What changes will free you from the urgent and allow in the important? Yes, people of abundance make time for noticing, but they also make tough choices. Choices that, after they are made, don't really feel tough at all.

Spiritual abundance is waiting for us, friends. May this be the month we choose it.



Soul Matters Themes for 2017-18

What does it mean to be a people of...

November:	Abundance
December:	Hope
January:	Intention
February:	Perseverance
March:	Balance
April:	Emergence
May:	Creativity
June:	Blessing

Welcome to UUCM!

Refurbishment Team is Making UUCM Look GREAT!

If you see René Wiley or Gwen Eymann, be sure to thank them for their efforts! Our beautiful freshly painted green doors are VERY much more welcoming than the old weather-beaten ones...thanks to these two hard-working women spending an afternoon on their hands and knees!



Community Connections – Social & Spiritual Activities

Women's Circle in November: Annual PMS Party

MONDAY, NOVEMBER 13, 2017, 6 P.M. AT UUCM

On Monday, November 13, 2017, 6:00 p.m. we will hold our annual PMS Night: Pizza, Movie, and Sundaes!!

Instead of a potluck this month, as we all have enough cooking to do in November, we'll order pizza from Papa Murphy's. Please bring your favorite sundae topping and some cash to contribute to the cost of the pizzas and ice cream. All UUCM women are welcome, members, friends, visitors... please come. See you there!

RSVP to Beth Freedman (bethannfreedman@gmail.com, 530 575-9319).

All UUCM women are invited to any Women's Circle gathering. If you are not on the Women's Group email list and wish to be, please contact Kathryn Young, or send an email to Conrad Sisk at: admin@uugrassvalley.org and he will add you.

Speed Bumps of Life Affinity Group

*2ND & 4TH WEDNESDAYS, 10:30 A.M.,
ANTHONY ROOM ANNEX*

Like all addictions, _____ (Fill in the blank) kills the spirit.

Individual addictions often cover a wide range of behaviors that far exceed the use of drugs and/or alcohol.

Speed Bumps is a newly established support group where both men and women can come together in a safe and confidential setting to explore the many challenges of addictive behaviors. This is not a Twelve Step program, nor is the goal to fix or offer counseling, but a drop-in gathering in which to provide UUCM members the opportunity to share any number of outside influences that distract from the sense of the spiritual.

Whether you're already established in long time recovery, new to recovery, or just exploring the possibly, please feel welcome to join us. For additional information: Carmen Riley - 272-2803, Scottie Hart - 388-8612, or Gwen Eymann - 274-7965.

Humanism Discussion Group

By George Dunstan

We meet on the first Wednesday of each month from 10:30 a.m. until noon at UUCM in the Channing Room. Hope to see you at our discussion. For further information, or to be added to the Humanism Discussion Group email list, please contact George Dunstan (530-477-7635 or gvgeode@gmail.com).

Drop-In Support Circle

*SUNDAYS FROM 10:50 UNTIL 11:25 A.M.
IN THE ANTHONY ROOM ANNEX*

Do you need a little extra support on Sunday? The Drop-in Support Circle is a safe place to share and listen. The mere act of sharing can help move us out of pain and begin healing. Listening enhances empathy and builds community.

Find us from 10:50 to 11:25 (between services) on Sundays in the Annex of the Anthony Room. Sharing is confidential.

Circle Facilitators: (rotating) Janet Bullock (530-477-8760, janetbullock41@gmail.com), Corrie Silva, Tom Wernigg, and Penelope Williams.

Meditation Group

Tuesday mornings at 9, a self-directed group of congregants meets for an hour of meditation in the Sanctuary. Enjoy a time of inner peace and reflection with others. For more info: Shelley North Gerson, 272-8930, shelley10493@gmail.com.

Men's Groups

On Wednesday mornings, 8:30 – 10:00 in the Channing Room, and on Thursday mornings at What's Up? Coffee, (1110 E Main St., Grass Valley), men gather to enjoy each other's company and discuss the issues of the day or whatever takes their fancy, in an open and free-flowing way.

Men's Group Book Club

A group of men meets to discuss books at 10:30 a.m. on first and third Thursdays at What's Up Coffee. These meetings follow the regular Men's Group meetings that start at 8:30 a.m. every Thursday. Contact Mel Berry at melnannie@yahoo.com or 530-559-0904 for more information.

UUCM Library Team Update

By Mary Orr, Chair, Library Team

Thank you to Robin Hart for donating over 30 books from her mother's collection (Seena Watson). You'll find these books on the shelves within multiple categories, namely Judaism, Buddhism, Christianity and Notable Authors. Of particular note is Jane Goodall's book, *Reason for Hope – A Spiritual Journey*, which can be found in the Notable Authors category.

We invite you to visit the library and scan the many categories of our growing collection. Have books you want to find new homes for? Your donations will be welcomed. Contact a library team member: Anita Wald-Tuttle, Helen Williamson, Carmen Riley and Mary Orr.

Community Connections

Altar Celebrating Leal Portis



Carmen Riley worked with Anita Wald-Tuttle and Rev. Kevin to create an altar celebrating the legacy of Leal Portis, a founding member of UUCM who died in March.

Be sure to catch the Altar Show at the Nevada County Fairgrounds, open daily from noon - 7 p.m. through November 5th. Admission is free.

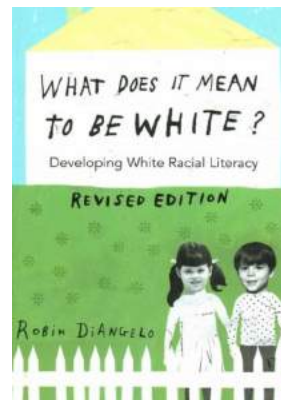
Adult Educational Opportunities

WHITE FRAGILITY (AN INTRODUCTION)

THURSDAY, NOVEMBER 30, 2017, 1-3:00 P.M. OR 6:30 -8:30 P.M. AT UUCM

Please join Rev. Kevin Tarsa and Corrie Silva for an introduction to the teachings of Robin DiAngelo, who examines what it means to be white in a society that proclaims race meaningless, yet is deeply divided by race. Dr. DiAngelo's concept of white fragility has influenced the national discourse on race.

We will watch a video, followed by a discussion. (For those who want to dig in further later, we'll gauge interest in studying one of DiAngelo's books.)



We are offering two sessions, covering the same material, to give people an opportunity to attend either in the afternoon or the evening.

WITNESS TRAINING:

WHAT TO DO WHEN YOU SEE BIAS-RELATED BULLYING

SATURDAY, NOVEMBER 11, 2-4 PM AT UUCM

(Limited to 30 participants; more workshops to be offered in the New Year.)

Cost: \$10 suggested donation, based on ability to pay (No one turned away; registration payments are due at the workshop)

Facilitators: Annie Haymaker and Josie Crawford of *Creating Communities Beyond Bias*

As well as discussing actions people can take when witnessing bias-related bullying, participants will create and role play various scenarios.

Sponsored by *Creating Communities Beyond Bias* with support from the Unitarian Universalist Community of the Mountains

VALLEY MUSIC

Saturday,
November 18th, 2017
6:30 Reception
7:00 Concert
\$25
No Host Bar & Light Refreshments

An evening of music with family and friends

"Musical offerings range from Folk to Classical to Jazz to Broadway to Audience Sing-Along, from Handel to Bolling to Canan to Thomas-Rose."

• I N C L U D I N G •

Michael Bankston, Trumpet	Kate Canan, Flute
Lindsay Dunkel, Voice	Randy McKean, Clarinet & Saxophone
Erin & Stan Thomas-Rose, Voice	Conrad Sisk, Cello
Jordan Thomas-Rose, Piano, Guitar & Voice	Rev. Kevin Tarsa, Piano

Hosted by the Unitarian Universalist Community of the Mountains
246 South Church Street | Grass Valley | 530.274.1675



STANDING ON THE SIDE OF
LOVE



Butterfly Montgomery Religious Education Coordinator

When I see the word abundance, the first thoughts that come to my mind are the words Gratitude and Love. I often

link the words together in a term I use called Love Abundance. When I first stepped into the building at UUCM last fall with my partner Pascal, we were both searching to find a church that imbibed this feeling. We searched for a place where when we walked in we would feel a warm embrace, and we immediately felt the feelings of gratitude and love from the space.

My faith practices taught me about the concepts of abundance. The scripture teaches us that "As you give, so shall it be given." In modern day terms, give and you will receive. I have experienced that wherever you devote your attention, is where you will increase more of what you are spending your energy on. I live my practice in life with an attitude of gratitude. As a child I discovered how giving helps those less abundant than myself. Abundance to me is about being grateful for the gifts that I have, and paying them forward in order to help others. I like to start out each day in gratitude. I begin by thanking the Creator for the breath I breathe, the eyes to see, my ears to listen, my abilities to feel, my heart to give, and my ability to receive love.

I felt blessed when Reverend Kevin mentioned the opportunity to me to apply for the position at UUCM. The timing allowed my open heart to be in a place where I could receive the abundance, which I have received as my gift. I am grateful to Conrad, Kristin, Reverend Kevin, Board President Taylor, the Welcoming Committee, RE Teaching team, and the RE Visioning Team who have all welcomed me with love abundance. I courageously entered into the job during the month of October. I wasn't quite sure of what opportunities would present to me; but I stepped into this role because I trust in my relationship with abundance.

I was introduced to other Unitarian Universalist educators, as we attended with members of our congregation at the Liberal Religious Educators Association (LREDA) Pot of Gold conference in Oakland on September 30, 2017. I saw the depth of the commitment of our Religious Education Visioning Team, and Teachers who came to the conference.

Full Community Education

I participated in several workshops including: *Our Whole Lives Sexuality Education: Why and How*, presented by Derby Davidson of RE at UU Fellowship of Redwood City, *Dealing with the Difficult Ones* by Kristene Geering, and *Changes in Models of Sunday School Programming* by UU educator Kimberley Sweeney. I shared moments speaking with the conference keynote Rev. Dr. Mark Morrison-Reed, who spoke about the experience and different ways racism, and white supremacy impact all of our children, in presenting his conversation about *The Ignored, the Naive, and the Innocent*. I met, and received some wisdom from Pastor Jacqueline Duhart, the Unitarian Universalist of Oakland's Parish Minister, as well as with JeKaren Olaoya, Director of Religious Education (DRE) at Mission Peak Unitarian Universalist in Fremont. Kristin

presented a RE Teacher Training on October 1, 2017 for the Full Community Religious Education Kick-Off, and I was further introduced to the members of the RE Visioning Team, and to other people who wanted to contribute to RE. I hope to be able to share more about my RE journey with community at "Tea with B" on November 5th in the library. (See flyer on the following page.)

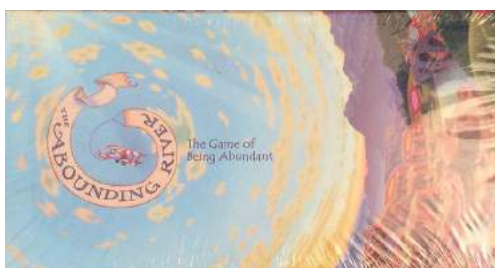
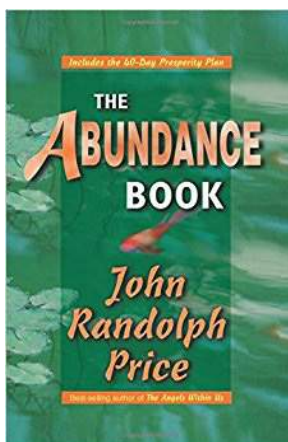
I want to thank everyone who has taken a moment to greet me, sit with me, talk to me, email me, and let me know how I may best serve you as a community. I sent out calls, and emails to members of the community to assist with teaching, and many have graciously answered the call. Our

transition has been flowing very seamlessly, and we are abundant in having two to three Teachers to support each class. I would like to recommend a book, *The Abundance Book*, which highlights a 40-day abundance program, and a board game *The Abounding River*, for families to use during the month of November, and throughout

the rest of your years to come. I have also provided some affirmations that have worked for me that could be useful to you, and your families. It is an honor to serve you.

Abundance, Gratitude and Joy,

Butterfly
education@uugrassvalley.org



MY AFFIRMATION FOR RE:

I align my love abundance to trust in my ability to provide my gifts to share in the capacity to provide a truthful, transformational, and healing space where children of all ages can prosper in Religious Education.

Full Community Education, Continued

BUTTERFLY'S ABUNDANCE AFFIRMATIONS:

I am grateful.
I am thankful.
I am love abundant.
As I give, I increase my ability to receive.
I trust that my good comes to me.
My heart is filled with gratitude.
All is well.
I trust in love.
I count my blessings, and I am grateful.
What I pour out from gratitude, comes back to me, heaped up,
pressed down, and my cup runs over with abundance.

I N T R O D U C I N G

Tea with B



Meet Butterfly Montgomery,
our new R.E. Coordinator at UUCM,
for tea and conversation
between services!

Sunday, November 5 at 10:45 a.m.
in the UUCM Library/Anthony Room

All are Welcome

Children and their parents, adults who want
to brainstorm about RE, and any members and
visitors who are interested in learning more about
our RE program...or just want to get to know
Butterfly!

UPCOMING YOUTH ACTIVITIES IN NOVEMBER

- November 1 Youth Music Rehearsal with Jordan;
Beginner Group: 4:30 p.m.
Advanced Group: 5:00 p.m.
- November 5 #TeawithB Autumn Welcome for All to R.E.
10:45am (following the first service)
in the Library/Anthony Room
- November 8 Youth Music Rehearsal with Jordan;
Beginner Group: 4:30 p.m.
Advanced Group: 5:00 p.m.
- November 12 Classes for Children and Youth; 9:30 a.m.
- November 15 Youth Music Rehearsal with Jordan;
Beginner Group: 4:30 p.m.
Advanced Group: 5:00 p.m.
- November 19 Classes for Children & Youth; 9:30 a.m.
- November 26 Youth Music Rehearsal with Jordan;
Beginner Group: 4:30 p.m.
Advanced Group: 5:00 p.m.

One more reminder...

Please join us for a UUCM

Family Potluck

Friday, November 10 at 6 p.m.
at UUCM

...

Bring a dish to share!

Salads - Entrees - Veggies - Desserts
Sign up sheets in the entry!

...

Get to know other UUs of ALL ages!

...

Craft activities for interested kids and adults
making items for our Holiday Bazaar

...

Find out more about Adult R.E.
and Register for Classes!

Sponsored by UUCM Membership Committee and R.E. Visioning Team

November 2017 Calendar of Events at UUCM

DATE DAY TIME EVENT DESCRIPTION

NOVEMBER

1	Wednesday	8:30 10:30 4:30 5:00 3:00 6:30	Men's Group Humanism Discussion Group Youth Music (Beginner) Youth Music (Advanced) Sit and Knit/Crochet - Bring Projects! Choir Rehearsal
2	Thursday	8:30 7:30	Men's Group - What's Up Coffee Singing Meditation Circle
3	Friday	6:00	Women's Group Mission Review
5	Sunday	First Sunday: Bring Food for Pets & People! 9:30 10:40 10:45 10:50 11:30	Full Community Sunday Service Social Time & "A Board Member Is In" Tea with B Drop-in Support Circle Full Community Sunday Service
7	Tuesday	9:00 4:00 6:30	Meditation Caring Committee Meeting The New UU – How We Grow in Faith
8	Wednesday	8:30 10:30 11:00 4:30 5:00 6:30	Men's Group Speed Bumps of Life Habitat for Humanity Lunch Prep Youth Music (Beginner) Youth Music (Advanced) Choir Rehearsal
9	Thursday	8:30 10:30 5:30	Men's Group - What's Up Coffee Writers' Group Social Justice Night
10	Friday	6:00	Family Gathering and Potluck (Sponsored by Membership and RE)
11	Saturday	2:00 6:00	Communities Beyond Bias Bystander Workshop "Mixed Bag" Circle Supper
12	Sunday	9:30 9:30 10:40 10:50 11:30	New Member Welcome Service Classes for Children & Youth Social Time & "A Board Member Is In" Drop-in Support Circle New Member Welcome Service
13	Monday	6:00	Women's Circle Pizza, Movie, Sundaes
14	Tuesday	9:00 10:00 5:00	Meditation Stewardship Committee Meeting Board of Trustees Meeting
15	Wednesday	8:30 4:30 5:00 6:30	Men's Group Youth Music (Beginner) Youth Music (Advanced) Choir Rehearsal

DATE DAY TIME EVENT DESCRIPTION

16	Thursday	8:30 5:30	Men's Group - What's Up Coffee Social Justice Committee Meeting
17	Friday	4:00	Dinner Preparation at Utah's Place
18	Saturday	9:00 7:00	Building & Grounds Work Party Valley Music Concert
19	Sunday	9:30 9:30 9:30 10:40 10:50 11:30 12:45	Sunday Service Brunch Bunch for Youth Classes for Children Social Time & "A Board Member Is In" Drop-in Support Circle Sunday Service Religious Ed Visioning Team Meeting
20	Monday	9:00 7:00	Mountain Chalice Submissions Due Transgender Day of Remembrance Service
21	Tuesday	9:00 6:30	Meditation The New UU – Social Justice
22	Wednesday	8:30 10:30 4:30 5:00 6:30	Men's Group Speed Bumps of Life Youth Music (Beginner) Youth Music (Advanced) Choir Rehearsal
23	Thursday	8:30 10:30 6:30	Men's Group - What's Up Coffee Writers' Group Worship Committee Meeting
26	Sunday	9:30 9:30 10:40 10:50 11:30	Sunday Service All Ages Activity for Children & Youth Social Time & "A Board Member Is In" Drop-in Support Circle Sunday Service
28	Tuesday	9:00	Meditation
29	Wednesday	8:30 4:30 5:00	Men's Group Youth Music (Beginner) Youth Music (Advanced)
30	Thursday	8:30	Men's Group - What's Up Coffee

DECEMBER

3	Sunday	First Sunday: Bring Food for Pets & People 9:30 10:30 10:40 10:50 11:30 12:30	Full Community Sunday Service Annual Holiday Bazaar Social Time & "A Board Member Is In" Drop-in Support Circle Full Community Sunday Service Annual Holiday Bazaar
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Unitarian Universalist Community of the Mountains

246 South Church St., Grass Valley, CA 95945

Telephone: 530.274.1675

Website: www.uugrassvalley.org

Two Sunday Services: at 9:30 A.M. and 11:30 A.M.

Office Hours: Monday through Thursday, 8:30 A.M. - 1 P.M.

Rev. Kevin Tarsa Office Hours:

Tuesday: 10:30 A.M. - 12:30 P.M.

Wednesday: 4 - 6 P.M.

Thursday: 11 A.M. - 1 P.M.

UUCM STAFF MEMBERS

Reverend Kevin Tarsa, *Minister*

Conrad Sisk, *Office Administrator*

Jordan Thomas-Rose, *Music Director*

Butterfly Montgomery, *Religious Ed Coordinator*

E-MAIL ADDRESSES

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