

the Mountain Chalice



Unitarian Universalist Community of the Mountains

July 2018

UPCOMING SERVICES

Two Service Times on Sundays: 9:30 A.M. or 11:30 A.M.

Social hour is between the two services; either stay after the first service, or come early to the second one.

Religious education classes for children (K-5th grades) are offered during the 9:30 A.M. service, and classes for youth (6th-12th grades) are offered at 10:30 A.M.

Nursery care is available for both services.

July 1 A More Perfect Union...
Rev. Kevin Tarsa

"America never was America to me," wrote Langston Hughes in 1936, "... [it is] the land that never has been yet – And yet must be." What is "America" to you these days? And how shall we contribute to what it "yet must be?"

July 8 Choosing to Bless the World
Revs. Leisa Huyck and Kevin Tarsa

For centuries, our ancestors in faith have taken our values beyond our congregational walls, through community ministries and lay ministries. In blessing the world with their gifts, they contributed to major social change. What is your ministry? How will you choose to bless the world?

Join us after the second service for a potluck SALAD lunch... if you can, please bring your favorite salad to share if you plan to participate in the potluck. If you can't, don't worry... there's always enough.

July 15 Celebrate Summer
Wendy Wernigg, Worship Associate

Come enjoy a Sunday which celebrates everything Summer. Memories of Summer camp, swimming holes, camp songs and s'mores. A mid-summer celebration for the whole family.

July 22 The Prodigal Self
Bev Lyon, Speaker

"What secret vision do you hold of yourself? Do negatives hold you hostage? If you could alter your self-image, what would change? How do we welcome our better self home?"

July 29 Oxygen, Soda Water, Gunpowder and You
Rev. Kevin Tarsa

Unitarian Joseph Priestley lived and thought at the front edges of the science, religion, and politics of his time. Drawing on his life and work and Rev. Kevin's experience at General Assembly in June, we'll link UU history to the current front edges of our tradition.

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Rev. Kevin Tarsa
UUCM Minister

From the Minister

The vote has now been taken.

1000+ votes to keep our focus on white supremacy explicitly.

100+ votes for the proposal to take a broader focus.

Unitarian Universalism is in the midst of some remarkable turns, including this passionate collective commitment to face and challenge our own white supremacy and that of our communities and nation. These turns are rooted in faithfulness to UU values and grounded in the UUA's mission. They affect everything from the ways the UUA Board conducts its meetings and the way leadership is being shared, to an overall spirit that asks us not to let a focus on procedures keep us from the important work at hand and the depth and courage of our relationships. The turns are unfolding with the new younger and multi-cultured leadership across the UUA and the leadership of our new President, the Rev. Susan Frederick-Gray. All the turns are connected and I am encouraged.

If you don't already tap into the UUA website on a regular basis (uua.org) or receive the Pacific Western Region's Newsletter (uua.org/pacific-western/blog), I invite you to do so and to pay attention.

At UUCM we are about to focus our energies on naming what it will look like to live our congregation's mission fully and faithfully in the coming years, and to name the ends to which we therefore want and need to commit next. The dismantling of so many protections, services and rights by the current administration in Washington, D.C. adds to the importance and urgency of such discernment.

Know that UUCM members will not do this discernment alone, but rather will do so held within the larger UU energy and spirit emerging in this moment. May we live into the promise of our tradition and the call of courageous love.

- Rev. Kevin

REV. KEVIN'S SUMMER OFFICE HOURS

Rev. Kevin will be on vacation July 12-23, and away at the UU Musicians Network conference July 31 - August 5.

His office hours may get flexible over the summer, however. Call or email to make an appointment.

minister@uugrassvalley.org or (231) 883-1058



As I write, from General Session IV of this year's General Assembly in Kansas City, the two Congregational Study/Action issues being proposed and from which delegates must choose are "Undoing Intersectional White Supremacy" and "Dismantling Intersectional Oppression." The issue chosen will become a focus of study and action by UU congregations for three years.

In our recent UUCM "All Creatures" service I named the second proposal, a call to understand intersected oppressions as rooted in human exceptionalism. It seeks to help us include non-human beings within our circle of care and compassion and to understand intersectionality more broadly.

The proponents of the first proposal point out, however, that white persons' and white culture's wont is ever to shy away from an explicit focus on white supremacy and the treatment of black persons. They note that we routinely find ways to back away from the demanding edge of facing systemic racism directly, and that we instead dodge the challenge by proffering an alternative move which we frame as the noble pursuit of larger, more inclusive goods. This is how racism works, they remind us. It is like saying "all lives matter" instead of "black lives matter." What sounds like such a good thing works, in fact, to let us off the hook and to ensure the status quo.

It is inspiring and encouraging to me that this Study/Action vote at General Assembly is between two proposals that are so similar and related, each calling us to courageous examination and action regarding the roots of intersecting injustices. At the same time, it is inspiring and encouraging to me that we, as a people, are willing and able to name and talk about the differences between the two, differences that appear subtle at the surface but that are powerfully significant underneath.



*Taylor Carey,
President,
UUCM Board of Trustees*

Board of Trustees

UUCM BOARD OF TRUSTEES

JULY 2018 - JUNE 2019

Taylor Carey	<i>President</i>
Jim Perkins	<i>Vice-President</i>
Charlie Zimmerman	<i>Treasurer</i>
Karyn Packard	<i>Secretary</i>

Members at Large:

Chuck Champlin, Maryann Currington & Dennis Weiher

*Board of Trustees meetings are **NOW** held:*

(👉 the third Thursday of each month at 5:15 p.m. 👉)
in the UUCM Channing Room.

*UUCM members and friends are cordially invited to attend!
If you wish to address the board, please give two days notice
so the agenda timing can be adjusted.*

I am happy to report that the state of our growing community is good. We are on solid ground financially, we are moving ahead with our governance overhaul, and our spirits are high. But there are dark clouds overhead that will challenge us as a spiritual community. Our nation reverberates with terrible spasms of guilt and self doubt as our leaders tear at the very fabric created by the Founders to protect the concepts of liberal democracy.

I fully understand that our nation's history is dark and bloody, but through it all, as the pendulum of justice swung back and forth, we inched forward on the faith and promise of ever evolving standards of liberty and decency. However, recent events have broken faith with our sense of who we are and our expectations of decency have been dishonored. While we recoil in horror, our national leadership rides a wrecking ball of destruction across our land tearing at our institutional foundations and our alliances around the globe.

Although the most glaring failures are well evident and garishly displayed by our current administration, the true responsibility for our present circumstances rests entirely on our own trembling shoulders. We, the People of the United States of America, have failed our responsibility to be the stewards of our own fate. We long ago retreated to the sidelines, failing and refusing to maintain the vigilance necessary for informed governance, and defaulted on our obligations to control those we anoint to manage our affairs.

Nationalism is not a faith, but it has become the catechism of a large cadre of otherwise rational beings. As UUs we know that the vast majority of our brothers and sisters of other faiths share our dismay. We recognize that, as in other times, we are being called back into the public square to join and lead a new resurgence of "spiritual, emotional, and intellectual strength" as we have so many times in the past to "create a world more compassionate, sustainable, and just."

This is who we are. This is what our Mission requires.

- Taylor



Seeking Newsletter Editors

*By Kevin Tarsa,
UUCM Minister*

We are seeking organized and perceptive as well as eagle-eyed editors for this monthly newsletter, *The Mountain Chalice*.

Kathryn Young does beautiful work each month doing the design and layout. Now two kinds of editors would be helpful: 1) an editor who will attend to content, working with Rev. Kevin and congregation leaders to determine what needs to be included in each month's issue, contacting contributors, and gathering the content to give to Kathryn, and 2) a detail-oriented proofreader/editor to look over the drafts before they are sent out.

If you are, or might be, interested in either of these roles, please contact Rev. Kevin: minister@uugrassvalley.org or 231-883-1058.

Membership Committee

Social Events: Make New Friends, but Keep the Old!

By Claire Miller, Chair, Membership Committee

WEDNESDAY, JULY 4, 4 P.M. - CONCERT AND FIREWORKS
Bring your own picnic supper and beverage, and join UU friends, old and new, for a lovely evening at the Nevada County Fairgrounds. There are entrance and parking fees.

SATURDAY, AUGUST 4 - DAY IN THE MOUNTAINS
Plan to beat the heat by gaining altitude – hike on mountain trails and then play in a clear mountain lake in the Sierra, within a one hour drive of UUCM. Watch for details to follow.

SEPTEMBER END OF SUMMER HOE DOWN
Date to be determined, enjoy an evening of fun, food, singing and fellowship, including a talent show and other entertainment (still to be determined)

Introducing our Newest Members

On May 20th, UUCM celebrated the New Membership of nine people. In the June issue of the *Mt. Chalice*, we introduced five of them. This month we present the remaining four: Elizabeth Fries, Brenda Morgan, Jim Olsen and Joanne Olsen. Please welcome them next time you see them!



ELIZABETH FRIES

I was born into a Catholic midwestern family and spent my childhood years mostly in New England. Shortly after I was married at age 24 in a non-denominational ceremony, I found the UU Church in Newburyport, Massachusetts and then Portsmouth, New Hampshire

as my new spiritual home. Our twin sons were dedicated as UU's there and this is one of my proudest accomplishments as a parent: to have chosen the UU Church for my sons. As a member of the Chandler and Phoenix, Arizona UU congregations, I taught adult and children's RE classes, helped run the bookstore, and coordinated many church dinners.

The most rewarding and demanding church role I've had was through First Universalist-Denver, as co-chair and counselor for the Freedom Fund, an affiliate of the National Network of Abortion Funds. We provided funding and crisis pregnancy counseling to women who needed support.

My former husband and our son Nate live in Denver. My other son Nick and new daughter-in-law live in Chapel Hill, North

Carolina. They were married in a Hindu-UU ceremony co-officiated by a Hindu priest from the bride's family tradition and UU Minister Alison Cornish, who happens to be Nick's godmother, from our Portsmouth UU Church days.

I moved to Nevada City from Big Sur at the end of 2017, to live with the love of my life, Scott Muir.



JIM AND JOANNE OLSEN

Jo and Jim moved to Grass Valley from Evanston, Illinois in 1990 to be closer to kids and grandkids. They have been active in Audubon and enjoy watching birds.

Jim grew up in Nebraska and is a Cornhusker fan and long-time Cub fan. He now sings in the

Forever Young Chorus and volunteers with HICAP counseling folks with Medicare concerns. He also enjoys playing tennis and ping pong at times.

Joanne grew up in Evanston, Illinois. She owned a bath shop called "My Favorite Soap Opera" before she retired. In addition to bird-watching with Jim, she enjoys gardening and playing the harp. She has volunteered at the food bank and the hospital. They also have a great dog named Sammie who keeps them chuckling.



BRENDA MORGAN

I have been a Californian since migrating to Ventura County from Texas in 1978. In 1989 my husband, Chris, and I moved to Roseville and have been in Penn Valley since 2002.

I am new to UU, having been raised in conservative Protestant churches and am looking forward to stretching my wings with UUCM.

I retired in 2017 after 30 years in the real estate management and customer service industries and have enjoyed reconnecting with my garden, cooking, reading, and the occasional nap.

Hospitality Team

Snack Teams for May

By Marilyn Young, Coordinator, UUCM Hospitality Hour

Thank you to all who brought goodies, healthy snacks, tea and more on the Sundays in June -- especially the team who carefully prepared Vegan Snacks for the June 17th service!

Every Sunday we enjoy snacks and refreshments, along with socializing, between the two services - 10:30 until 11:20 a.m. This month we will also be having a Salad Potluck after the second service on Sunday, July 8th so we can sit down with Leisa Huyck as we prepare for her to become a community minister associated with UUCM.

This month's schedule for contributing snacks:

July 1 - Last names beginning with A to E

July 8 - last names beginning with F to J

PLEASE NOTE: After the second service, we will have a Salad Potluck - all are encouraged to bring a favorite salad to share.

July 15 - last names beginning with J to R

July 22 - last names beginning with S to Z

July 29 - 5th Sunday -- all are invited to bring snacks!

If you plan to bring a snack, please contact Marilyn Young (marilyny04@gmail.com).



Endowment Committee

Thank You to Those Who Made Simple Gifts

By Joel Houtman, Endowment Committee Chair

The Endowment Committee wishes to thank Anita Wald-Tuttle for a donation of \$1 for every year of her age to the *Simple Gifts* program in honor of her 91st birthday on June 3. Anita wants to challenge others to do the same thing for their birth day or anniversary. As this catches on, we will be moving briskly forward in building our Endowment Fund

The Houtmans have also decided to honor Anita with a *Simple Gift* to the Endowment Fund.

If you wish to participate in the *Simple Gifts* Program, brochures and envelopes are available in a rack near the main double doors. If you have any questions about *Simple Gifts* or the UUCM Endowment Fund, feel free to contact an Endowment Committee member.

Joel Houtman, Chair (jhout46@att.net, 530-273-2925)



Caring Committee

Caring Committee Update

By Anne Lyon, Chair, Caring Committee

We are a caring folk at UUCM, and it shows in so many ways. Our Caring Committee is always looking for ways to help our congregants who need a bit of love and support. We do so with confidentiality, so though we are a proud folk, prone to NOT asking for assistance, rest assured that Caring Committee concerns are private. Please let one of us know if you need a ride to the doctor or UUCM, an errand run, or a meal or three.

Our next monthly meeting will be at 4 p.m. on Tuesday, July 3rd at UUCM. We welcome your interest!

CARING COMMITTEE

Anne Lyon, chair

Maryann Currington, Gwen Eymann, Penny Harlan,
Maryann Hart, Robin Hart, Carol Hyndman,
and May Lawrence

Committee meetings are at 4:00 p.m. on the first Tuesday of each month in the Anthony Room.

If you would like to reach out to members in need with rides, hot meals, home visits and more, please let us know.

Contact: Anne Lyon, (619) 933-1618
caring@uugrassvalley.org

Stewardship & Fund-Raising Committees

Stewardship Committee Needs YOU!

By Keith Johnson, Stewardship Chair

The Stewardship committee has begun preparations for next year's Stewardship program. More on that later. We are now seeking new members to join our committee. No particular expertise is required. We are looking for people who are committed to our community and show that commitment through their investment of time, talent, and treasure. Not a big pledger? No problem – we seek generous people regardless of your pledge level. If you are interested in serving, please let us know. We think you will find the work interesting, challenging, and gratifying.

What is the Stewardship program for next year? No firm decisions have been made, but the committee recognizes that last year's campaign was intense. It included a formal kick-off, several donor events, one-on-one visits with visiting stewards, testimonials, and a wonderful congregational dinner. More than \$198,000 was pledged, with over one-third of the congregation increasing their pledge by 15% or more. Amazing!

Stewardship experts suggest that a comprehensive campaign should be followed by a more relaxed campaign the subsequent year. This may prevent stewardship burn-out and foster more discernment and focus. With that advice in mind, one idea for next year is to ask everyone to increase their pledge by an identical dollar amount. For example, if each member increased their pledge by \$10 per month our total pledge income would increase by over \$16,000. This approach would affirm that we are one community and that everyone's pledge is important. Stewardship events would be small and informal and emphasize the themes of togetherness, solidarity, and a shared mission.

Your thoughts on stewardship in general and next steps will be greatly appreciated. Have a fun 4th of July!



UUCM Yard & Garage Sale Wrap Up

By Bob Miller, Member, UUCM Fund Raising

The Yard and Garage sale on Saturday, June 16th was quite an event. We made approximately \$1,800.

We received donations from many UUCM members and friends. Again, thank you. We made numerous trips to pick up heavier items. We advertised in the Union, on Craig's List and other on-line sites. Carol K. posted great signs around the neighborhood.

We sold the usual yard sale stuff at the Bateman's just over the hill on Walsh (many thanks to Dawn and Bob) and larger furniture from the UUCM garage on School Street. Many of our customers appreciated the bargain pricing of many items, especially clothes.

As always we still have quite a bit left over. Some items will be offered to thrift stores and others will find their way to the dump. If you are interested in the furniture, please contact Bob Miller for a viewing and a fantastic deal in the garage between the services on a Sunday.

We couldn't have done it without a lot of help. Here is an incomplete list of folks who helped make it happen:

Carmen Riley
Carol Kuczora
Keith and Alice Johnson
Wally Holtan
Gwen Eymann
Cynthia Schuetz
Mary Kadish
Rene and Norah Wiley
Kathy and Dave MacLeod
Paul Elias
Anita Wald-Tuttle
Janet Bullock
Nancy Finlay
Connie Wright
Colleen Goodwin
Penny Harlan
Jim Wiens
Wendy Wernigg
Maryann Currington
Rev. Kev.

We heard various comments ranging from "it was a lot of fun" to "it was a lot of work". We'd love to hear your feedback. Contact Bob Miller: bob@sierramiller.com (530) 205-5047

Social Justice News and Activities

Social Justice Committee News

By Stu Chuang Matthews, Chair, Social Justice Committee

The UUCM Mission is as follows:

*"With courageous love and a sense of wonder,
we cultivate our spiritual, emotional, and intellectual strength to
create a world more compassionate, sustainable and just."*

To this end, we would like to better engage the entire congregation in the work of social justice. We want the ideas and action to come from the ground up, rather than top down. The Social Justice Committee will serve as guides and helpers in achieving the social justice goals of the congregation. We will continue to communicate with the congregation over the coming months, leading to a congregational meeting in the fall to decide which areas we can focus on, and how we will achieve our social justice goals.

In the meantime, please think about your passions with regard to social justice. In what ways do you most want to make our world more compassionate, sustainable, and just? Your passions will be what determine our path forward.

For more information, or to get involved directly with the Social Justice Committee, please contact Stu Matthews at stu@fourmajor.com or 530-362-8456

Local Volunteer Opportunities

By Keith Johnson, Member, Social Justice Committee

The Social Justice Committee encourages all members and friends to volunteer for justice work with local non-profit organizations. UUCM'ers are already doing outstanding work for the groups listed below. Please read the brief description of the group and the volunteer help that is needed, and if you are moved to do so, please contact the UUCM contact people to volunteer. They will have further information about the organization and may suggest other volunteer opportunities. If you would like to recommend other service organizations to be included, or if you wish to join us on the Social Justice Committee, please contact committee chair Stu Matthews (530-362-8456).

ANIMAL PLACE, SAMMIE'S FRIENDS SHELTER, GRASS VALLEY SHELTER

Animal Place cares for rescued farm animals. Sammie's Friends and the Grass Valley Animal Control Shelter care for rescued pets. All three of these organizations need help feeding, cleaning, walking, and socializing with animals.

We are happy to report that the Sammie's Friends' contract with Nevada County was renewed for two more years! This is great news for the animals of Nevada County. Sammie's

Friends has a great foster program, adoptions are up, they help with medical needs and food for pets whose caretakers are in need. Contact Carol Hyndman (530-477-0693).

HABITAT FOR HUMANITY

UUCM makes lunches for Habitat workers on the second Wednesday of each month at 11 a.m. at the church. Contact Keith Johnson (530-265-0277).

HOSPITALITY HOUSE

Hospitality House manages and operates Utah's Place, the local homeless shelter. Hospitality House needs help in three program areas:

UUCM purchases, prepares, and serves dinner to our guests at Utah's Place on the third and fifth Fridays of every month. Contact Wally Holtan (530-559-0050).

Hospitality House manages the Bread and Roses Thrift Store and help is needed in all aspects of store operation. Contact Cassandra Holdeman (530-575-4428).

Utah's Place needs volunteer monitors.
Contact George Dunstan (530-205-8159).

IFM

Interfaith Food Ministry provides food at least two times per week to those in need. Currently they need both drivers and packers. Contact Anne Lyon (619-933-1618).

SIERRA ROOTS

Sierra Roots is a local homeless advocacy group which requests assistance in operating a cold weather shelter and their one-on-one advocacy program. Contact Keith Johnson (530-265-0277).

SYRCL

The South Yuba River Citizen's League is dedicated to preserving and protecting the South Yuba River. Volunteer opportunities include river monitoring, becoming a river ambassador, and clerical support. Contact Keith Johnson (530-265-0277).

DONATIONS FOR NEVADA COUNTY PETS OF THE HOMELESS/PETS IN NEED

By Carol Hyndman, Member, Social Justice Committee

Please remember donations for Nevada County Pets of the Homeless will be collected on the first Sunday of each month when food donations are collected for the Interfaith Food Ministry. Nevada County Pets of the Homeless provides food and services for our homeless and their pets. Nevada County Pets of the Homeless is now also called Nevada County Pets in Need, serving not only pets of the homeless also pets of lower income people. Contact Carol Hyndman (530-477-0693).

Community Connections – Social & Spiritual Activities

Women's Circle in July: Potluck Dinner & Gathering

MONDAY, JULY 9, 2018, 6:00 P.M.

AT CONNIE WRIGHT'S HOME

This month the UU Women's Circle will be meeting at the home of Connie Wright who lives in Morgan Ranch, not too far from UUCM. We will be bringing ingredients to create a build-your-own burrito/taco/salad bar.

RSVP to the Women's group email list (womensgroup@uugrassvalley.com) to let everyone know what menu item you will be bringing, and if you need a ride or can drive. (Some can carpool over to Connie's.)

We'll need a variety of ingredients, so figure out what you'd like to bring and let us know. We will need flour and corn tortillas and lettuce as a base for our creations. Then.... we'll need shredded chicken, beef or turkey taco meat, refried beans, Spanish rice, grated cheese, lettuce, tomato, fresh salsa, olives, sour cream, avocado/guacamole, grilled veggies... and anything else that sounds good to you. A couple of dessert items would also be nice.

Closer to the event, Kathryn will send out an email with directions to Connie's home... that would be a great time to respond.

All UUCM women (and friends!) are invited to any Women's Circle gathering. If you are not on the Women's Group email list, please contact Kathryn Young, or send an email to Carol Fulkerson at: admin@uugrassvalley.org and she will add you. Then you'll get monthly updates and reminders of our upcoming meetings.

Humanism Discussion Group

TUESDAY, JULY 3

10:30 A.M. TO 12 P.M.

IN THE CHANNING ROOM

By George Dunstan

The UUCM Humanist Discussion Group will meet on Tuesday, July 3 at 10:30 in the Channing Room. NOTE: This is not our usual day of the week but our usual meeting day is July 4th.

The topic for our July meeting is Economic Justice with the discussion to be led by Dave MacLeod. We will also talk about the Humanist service we will be giving on August 19th and what parts we each might play in it.



For further information, or to be added to the Humanism Discussion Group email list, please contact George Dunstan (530-477-7635 or gvgeode@gmail.com).

Singing Meditation

FIRST THURSDAYS, 7:00-8:30 P.M.

Singing Meditation is an interfaith spiritual practice in which singing and shared silence alternate in a deepening rhythm. The songs and chants are drawn from a variety of religious traditions, and participants are invited to bring song ideas. The music is taught as we go.

The Singing Meditation Circle is open to all. We will be glad for your presence, your voice, your heart, your spirit.

Unwind with "Evensong"

FRIDAY, JULY 27, 7:00 P.M.

LED BY GUESTS KEITH ARNOLD & DAVID BURROWS

Want to unwind, settle down, go deeper? Like our Singing Meditation evenings, this Evensong service will employ singing and silence as spiritual practice: reconnecting with breath, listening with compassion, and becoming more aware of interconnectedness. If you are overstimulated, Evensong can help bring balance; if you are in good spirits, Evensong can magnify your well-being. Come for an hour to yourself within a community of seekers.

"Keith and David are both wonderful musicians and wonderful persons. Come join us for a rich hour."

- Rev. Kevin

Keith Arnold, Minister of Music at Jefferson Unitarian Church, Golden, CO (and one of Rev. Kevin's long-time and well-respected colleagues) believes in the power of music to transform individuals and society. A former President of the Unitarian Universalist Musicians Network, Keith and partner David Burrows are leading a UU West Coast Evensong tour this summer. **David Burrows**, B.A. Voice, plays diverse flutes and saxophones in UU worship and at the bedside of the sick. A Certified Music for Healing practitioner and composer of children's UU musicals, David recently served as musician-in-residence at an indigenous girls school in India, a Holdeen India Program partner.

Meditation Group

Tuesday mornings at 9, a self-directed group of congregants meets for an hour of meditation in the Sanctuary. Enjoy a time of inner peace and reflection with others. For more info: Shelley North Gerson, 272-8930, shelley10493@gmail.com.

Community Connections

Men's Groups

On Wednesday mornings, 8:30 – 10:00 in the Channing Room, and on Thursday mornings, 8:30 to 10:00 at Summer Thymes, (1110 E Main St., Grass Valley), men gather to enjoy each other's company and discuss the issues of the day or whatever takes their fancy, in an open and free-flowing way.

Drop-In Support Circle

SUNDAYS FROM 10:50 UNTIL
11:25 A.M.

IN THE ANTHONY ROOM ANNEX

We have found our new designated space in the "library annex" to be cozy and intimate. Please join us if you would like a safe, confidential place to share your feelings about life's challenges and give support to others.

Circle Facilitators: (rotating) Janet Bullock (530-477-8760, janetbullock41@gmail.com), Corrie Silva, Tom Wernigg, and Penelope Williams.



Recovering Spirit

2ND AND 4TH WEDNESDAYS,
10:30 A.M., ANTHONY ROOM ANNEX

Like all addictions, ___ (Fill in the blank) ___ kills the spirit.

There's a reason the Indigenous Elders of long ago referred to alcohol as 'Spirits.'

Individual addictions often cover a wide range of behaviors that far exceed the use of drugs and/or alcohol. Not only is an addiction capable of depriving individuals of spiritual growth; just as often it breaks individual spirit as well.

This is not a Twelve Step program, nor is the goal to fix or offer counseling, but a quiet gathering for honest sharing and gentle fellowship. No matter what stage of recovery you find yourself, please feel welcome to come together in a confidential setting where we safely explore the many challenges of addictive behavior that distract from the sense of the spiritual.

For additional information: Carmen Riley (530-272-2803)

Full Community Education

Religious Exploration

By Lindsay Dunckel, Co-Chair,
Religious Education Visioning Team

Religious Exploration will look a little different over the summer, though our youngest children will still be in the child care room hanging out with the awesome Alexas Kaldenbach. Experienced teacher Susan Merrill is going to be the lead adult with our school-age children. Our program will combine arts with a look at evolution as well as creation mythology. The end product will be a string of beads that represents evolutionary time from the Big Bang to the present! Our teen group will be gathering for hikes, brunch outings, and the like. Keep your eyes on the e-Chalice weekly newsletter for announcements about what the teens are up to.

Interested in what happens in our Religious Exploration classes? Consider joining the RE Visioning Team for our annual retreat this summer when we plan for the coming year - no commitments necessary. We'd just love to have you help us brainstorm! Contact Lindsay Dunckel (lindsaydunckel@gmail.com) if you'd like more information.



Please "like" and join our RE at UUCM Facebook page in order to encourage more of the youth and families to be in the know of what is happening at UUCM.

Like us at:

<https://www.facebook.com/groups/REatUUCM/>

6th to 12th Graders:

You are invited to come to the

UUCM BRUNCH BUNCH

WHEN: Second Sunday of each month

WHERE: Meet in the UUCM Entry at 10:25 a.m.

WHAT: Walk to a Grass Valley restaurant for breakfast with other youth!

COST*: Depends on what you order!

WHY?:

- Get to know other UU youth
- Have **authentic** conversations about things that matter
- Explore monthly themes

...and have FUN!

* Financial assistance available...
please talk to Rev. Kevin

Adult Religious Education



Soul Matters Circles

Our inaugural round of Soul Matters Circles is concluding this summer. Thanks to the dedicated participation and courage of facilitators and group members, these small circles of 4-8 people have been meeting monthly to explore the congregation-wide themes, to connect, to share, to get to know one another deeply, and to undertake service projects together at UUCM.

Soul Matters Circles will start up again with chances to join in September and will run through next June. If you would like to participate in a Soul Matters Circle this fall, to help facilitate a circle, and/or you have questions, please contact Phil Hart at philhart115@gmail.com or (530) 263-9679.

Soul Matters Themes for 2018-19

SEPTEMBER :	VISION
OCTOBER:	SANCTUARY
NOVEMBER:	MEMORY
DECEMBER:	MYSTERY
JANUARY:	POSSIBILITY
FEBRUARY:	TRUST
MARCH:	JOURNEY
APRIL:	WHOLENESS
MAY:	CURIOSITY
JUNE:	BEAUTY

MY SOUL CIRCLE EXPERIENCE

By Kathy MacLeod

I don't know how I would have survived the last year without my soul circle. They not only supported me but taught me how true friends can indeed be soul mates. They offered unconditional love and support while I sorted through my fear and feelings.

The monthly themed materials led me to many new ideas and insights and helped me find new inspiration in life when I was hard pressed to find any. The facilitators were wonderfully dedicated to each of us, helping us find our best selves. As an introvert I was very anxious at the beginning, unused to sharing myself, my feelings and thoughts at a deep level, but I can't praise their sensitivity (as well as the whole concept and process) enough. I did not realize that in sharing myself, I would also learn to accept myself more.

Moreover, Soul Circle offered me the opportunity to get to know people I probably would not otherwise know and at a deeper level than I would otherwise have known them. It also gave me a much deeper understanding of the struggles we all face and what the wonderful gift of true acceptance feels like not only when it is received but also when it is given. And we had fun along the way!

I am convinced that if everyone in our society were part of a similar experience, our country would be much more united and dedicated to the welfare of others. My soul sisters definitely stretched and strengthened my "spiritual, emotional and intellectual strength" with "courageous love."



For their project, members of one Soul Matters Circle gave the UUCM kitchen a powerfully deep cleaning, including the windows, refrigerator, floors, and cabinet doors. The same circle will complete a second project in June: making greeting cards for use by UUCM's caring committee. As you can see from the photo above, they also have fun in other ways!

July 2018 Calendar of Events at UUCM

DATE	DAY	TIME	EVENT DESCRIPTION
JULY 2018			
1	Sunday	First Sunday - Bring Food for People & Pets	
		9:30	Sunday Service
		9:30	Classes for Children
		10:40	Social Time & "A Board Member Is In"
		10:50	Drop-in Support Circle
		11:30	Sunday Service
3	Tuesday	7:30	Walking Group - meet at UUCM
		9:00	Morning Meditation
		9:30	Membership Committee Meeting
		10:30	Humanism Discussion Group
		1:00	Developing White Racial Literacy
		4:00	Caring Committee Meeting
4	Wednesday	8:30	Men's Group
		4:00	4th of July Concert/Fireworks offsite
5	Thursday	7:30	Walking Group - meet at UUCM
		8:30	Men's Group - Summer Thymes
		7:00	Singing Meditation Circle
8	Sunday	9:30	Sunday Service
		9:30	Classes for Children
		10:25	Brunch Bunch for Youth
		10:40	Social Time & "A Board Member Is In"
		10:50	Drop-in Support Circle
		11:30	Sunday Service
		12:40	Salad Potluck
9	Monday	6:00	Women's Circle Potluck -offsite
10	Tuesday	7:30	Walking Group - meet at UUCM
		9:00	Morning Meditation
		3:30	Worship Committee Retreat - offsite
11	Wednesday	8:30	Men's Group
		10:30	Recovering Spirit
		11:00	Habitat for Humanity Lunch Prep
		4:30	Youth Music (Beginner)
		5:00	Youth Music (Advanced)
12	Thursday	7:30	Walking Group - Meet at UUCM
		8:30	Men's Group - Summer Thymes
		10:30	Writers' Group
		5:30	Social Justice Night
15	Sunday	9:30	Sunday Service
		9:30	Classes for Children
		10:40	Social Time & "A Board Member Is In"
		10:50	Drop-in Support Circle
		11:30	Sunday Service
		12:45	RE Visioning Team Meeting
17	Tuesday	7:30	Walking Group - meet at UUCM
		9:00	Morning Meditation
		5:30	Global Affairs Discussion Group

DATE	DAY	TIME	EVENT DESCRIPTION
18	Wednesday	8:30	Men's Group
		4:30	Youth Music (Beginner)
		5:00	Youth Music (Advanced)
19	Thursday	7:30	Walking Group - meet at UUCM
		8:30	Men's Group - What's Up Coffee
		5:15	Board of Trustees Meeting
		5:30	Social Justice Committee Meeting
20	Friday	4:00	Dinner Preparation at Utah's Place
21	Saturday	8:00	Building and Grounds Work Group
22	Sunday	9:30	Sunday Service
		9:30	Classes for Children
		10:40	Social Time & "A Board Member Is In"
		10:50	Drop-in Support Circle
		11:30	Sunday Service
23	Monday	9:00	Mountain Chalice Submissions Due
24	Tuesday	7:30	Walking Group - meet at UUCM
		9:00	Morning Meditation
25	Wednesday	8:30	Men's Group
		10:30	Recovering Spirit
		4:30	Youth Music (Beginner)
		5:00	Youth Music (Advanced)
26	Thursday	7:30	Walking Group - Meet at UUCM
		8:30	Men's Group - Summer Thymes
		10:30	Writers' Group
27	Friday	7:00	Evensong
29	Sunday	9:30	Sunday Service
		9:30	Classes for Children
		10:40	Social Time & "A Board Member Is In"
		10:50	Drop-in Support Circle
		11:30	Sunday Service
31	Tuesday	7:30	Walking Group - meet at UUCM
		9:00	Morning Meditation

AUGUST 2018

1	Wednesday	8:30	Men's Group
		4:30	Youth Music (Beginner)
		5:00	Youth Music (Advanced)
2	Thursday	7:30	Walking Group - meet at UUCM
		8:30	Men's Group - Summer Thymes
		7:00	Singing Meditation Circle
5	Sunday	First Sunday - Bring Food for People & Pets	
		9:30	Sunday Service
		10:40	Social Time & "A Board Member Is In"
		10:50	Drop-in Support Circle
		11:30	Sunday Service



Unitarian Universalist Community of the Mountains

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Website: www.uugrassvalley.org

Two Sunday Services: at 9:30 A.M. and 11:30 A.M.

Office Hours: Monday through Friday, 8:30 A.M. - 12:00 P.M.

Rev. Kevin Tarsa Office Hours:

Tuesday: 10:30 A.M. - 12:30 P.M.

Wednesday: 4 - 6 P.M.

Thursday: 11 A.M. - 1 P.M.

UUCM STAFF MEMBERS

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