

the Mountain Chalice



Unitarian Universalist Community of the Mountains

August 2019

UPCOMING SERVICES

Two Service Times on Sundays: 9:30 AM or 11:30 AM

Social hour is between the two services; either stay after the first service, or come early to the second one.

Religious education classes for children (K-5th grades) are offered during the 9:30 AM service, but classes for youth (6th-12th grades) are on hiatus for the summer. Nursery care is available for both services.

SEVEN PRINCIPLES TO LIVE BY

UUCM's summer services will focus on our Seven Unitarian Universalist Principles using prose and poetry, prayer and song, art and story. We'll see that our Principles are woven from threads of hearts and minds, compassion and action, courage and responsibility – yours, mine and ours. Come, explore this inspiring rainbow of values all summer long.

August 4 Peace, Liberty and Justice for All
Chuck Champlin with Rev. Kevin Tarsa

Our 6th UUA Principle names our "goal of world community with peace, liberty and justice for all." Chuck Champlin, just back from some world travel, and Rev. Kevin, just back from, well, Michigan, reflect on this aspirational and optimistic vision in our tradition. *Please BRING FOOD for Interfaith Food Ministry and Pets in Need.*

August 11 Shall We Gather at the River...and dip our toes in?
Rev. Kevin Tarsa and others
Gail Johnson Vaughan, Worship Associate

We UU's accept one another and encourage each other to spiritual growth. Or so we claim in our commitment to the third Principle of the Unitarian Universalist Association of congregations. And "Aye, there's the rub" in this pluralistic faith tradition that makes room for assorted beliefs, religious orientations, and spiritual practices. In this experiential service we'll make room to ponder what our promise requires of us in this religiously variegated community.

Join us for our *Second Sunday Salad Potluck after service at 12:30 PM, followed by our Spiritual Practices Sampler at 1:30 PM*

August 18 The Rightness of Conscience
Rev. Kevin Tarsa, Beth Karow, Worship Assoc.

The 5th UUA Principle calls for "the use of the democratic process within our congregations and in society at large." It begins, therefore, by affirming the "right of conscience." And so shall we.

August 25 God?
Jeff Stone, Speaker,
Holly Rice, Worship Associate

The fourth principle of the Unitarian Universalist Association is: A free and responsible search for truth and meaning. What is truth? Is it what is objectively true and testable in a scientific sense? Or is it being authentic as an individual? Well, both of course. We need to be in touch with both kinds of truth to live successfully in this world.

To explore this fourth principle, UUCM member Jeff Stone asks, "God? Is this a concept that has use for anyone? What role does belief play in our search for meaning and truth? And, if we can, should we abolish death?"

Sept. 1 Seven Reasons (and counting) NOT to be a Unitarian Universalist
Rev. Kevin and co.
Allison Rivers Samson, Worship Associate

This Labor Day weekend, we draw the threads of our summer Seven Principles series together and ask, "Where do we go with these Principles now?"

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Rev. Kevin Tarsa
UUCM Minister

From the Minister

I'll be on vacation as this edition of the Mt. Chalice goes to press.

This summer, as we anticipate the next congregation year, I invite you to go exploring. Explore connections to UUism beyond the walls of UUCM. See where Google takes you. Visit other UU congregation websites. Listen to podcasts of sermons. Look for YouTube videos of UU history. Here are a few sites to get you started.

BRAVER/WISER

Life is full of hard edges and complicated choices. **Braver/Wiser** gives you a weekly message of courage and compassion for life as it is. Every Wednesday they deliver an original written reflection by a contemporary religious leader, and brief prayer, grounded in Unitarian Universalism. Find out more and Join the Braver/Wiser community at uua.org/braverwiser

THE MURDER OF UNITARIAN UNIVERSALIST

JAMES REEB

From Bart Frost at UUA.org:

NPR has just released a new Serial podcast, "White Lies," about the murder of Rev. James Reeb during the Selma campaign of the Civil Rights movement. Rev. Reeb, from Boston, was one of three people murdered during the campaign, the other two being Jimmie Lee Jackson and Viola Liuzzo.

While Jackson, a local African American activist, was not a Unitarian Universalist, both Rev. Reeb and Ms Liuzzo could be considered our first Unitarian Universalist martyrs.

Rev. Reeb was a minister working with low-income and marginalized folks in Boston; Viola Liuzzo, who is known as a "Detroit housewife", was an activist who didn't hesitate to put her beliefs into action. Both felt called to Selma because of their Unitarian Universalist faith.

As you listen to the first episode, which sets the stage for the rest of the series, I encourage you to take advantage of the many resources the UUA has compiled about these events. I especially encourage folks to look into the

murder of Viola Liuzzo and its aftermath, which included FBI Director James Edgar Hoover besmirching her name and reputation.

Listen to the podcast at <https://www.npr.org/2019/04/30/718647599/the-murder-of-the-rev-james-reeb>

THE PACIFIC WESTERN REGION

UUCM is part of the Pacific Western Region of the UUA. It's a huge region, covering more than a third of the continental United States plus Alaska and Hawaii. Regional staff offers a range of direct support to UUCM, plus they link us to resources. Check out the PWR resource page: <https://www.uua.org/pacific-western/resources>

LEADER LAB

I've pointed out Leader Lab before. The Leadership Development Learning Center offers Tips, Tools, and Trainings for Leaders. Whether or not you are or aspire to be in leadership at UUCM, check out the learning possibilities at <https://www.uua.org/leadership>

STREAMED SERMONS, VIDEOS AND PODCASTS FROM THE MIDAMERICA REGION.

<https://www.uua.org/midamerica/resources/sermons>

Let me know what you discover, and what inspires you. Better yet, bring your inspiration to life at UUCM!

- Rev. Kevin

PLEASE NOTE:

Rev. Kevin will be on study leave and vacation July 16 through 30.



Rev. Karyn Packard
President,
UUCM Board of Trustees

"When you're surrounded by people who share a passionate commitment around a common purpose, anything is possible."

- Howard Schultz

Last Thursday, your new Board of Trustees met for the first time. Each one of us has served on the Board before. We are rich in UUCM Board history and are proven to be hard workers. We are starting our time together by revising the policies, procedures and resolutions to current status. This will make "what we do" in our new Governance Model match "what we SAY we do."

This process will be handled by our new Board of Trustees committee called "Governance," which is headed by Janet Dunstan. Her background on both our history and the Governance Model itself makes her our perfect leader for this comprehensive task. Our board members who are assigned as liaisons to the Ministry Council, Dennis Weiher and Jim Perkins, will assist with those policies that involve this newly evolving group.

NEW BOT MEETING TIME

Please note, our meeting time is going to change. We will now meet the third Thursday of the month from 2:30 PM until approximately 5:30 PM. This will allow our board members to have dinner with their families.

Please contact me with any questions for the BOT. My phone number is: 562-900-9546 and my email is: karyn@seagoer.net

It is with great joy that we serve all of you.

- Rev. Karyn Packard

Your Board of Trustees

UUCM BOARD OF TRUSTEES

JULY 2019 - JUNE 2020

Karyn Packard	President
Jim Perkins	Vice-President
Sandi Lauher	Secretary
Joel Houtman	Treasurer

Members at Large:

Maryann Currington, Janet Dunstan & Dennis Weiher

*Board of Trustees meetings are held:
the third Thursday of each month at 2:30 PM
in the UUCM Channing Room.*

*UUCM members and friends are cordially invited to attend!
If you wish to address the board, please give two days notice so the
agenda timing can be adjusted.*

Nisenan Project Team

The Nisenan Project Update

By Carmen Riley, Nisenan Project Team Chair

Ten years ago, UUCM supported a resolution in support of the Tsi-Akim Maidu based upon our understanding of the history of the Tsi-Akim at that time. Historical research has since revealed that the Nisenan, the Nevada City Rancheria in particular, are the original inhabitants of our area.

The UUCM Nisenan Project Team was formed earlier this year to review that resolution. Based upon our research and conversations with the Nisenan, we will be proposing that UUCM, by congregational vote, rescind formal support of the 2009 resolution and acknowledge the Nisenan as the original inhabitants of most of Nevada County..

Beginning in September, our UUCM Nisenan Project Team will offer informational meetings to take place between services (dates to be announced) for the congregation to learn more and ask questions.

Please feel free to contact any one of us on the Team with your questions or concerns.

Contact: Carmen Riley, email: copythat2413@yahoo.com

Circle Suppers

Circle Suppers Get a Make Over

By Claire Miller

We would like to get Circle Suppers going again – and to try a slightly different approach. Instead of offering them once or twice a year, the Suppers will be on-going, and held at a variety of times of day and dates so that everyone can find a time that will suit them.

GOALS

- That all members and friends of UUCM will participate in a "Circle Supper" each year
- That the events will widen our circle of UU friends and offer opportunities to share pleasant times together
- That some time at each Supper event will be devoted to deepening our relationships to each other and to UUCM.

CIRCLE SUPPER HOSTS ARE NEEDED

If you would like to be a host for one of these events sometime between now and the end of June 2020, please contact Claire Miller to schedule a date, and work out the details.
email: truckeeclaire@yahoo.com or phone: 530-205-5324

Joint UU Camp Out



Invitation to Join SFUU Camping - August 8-10

Members of Sierra Foothills Unitarian Universalists, our sister congregation in Auburn, will be camping at Malakoff Diggins State Park, August 8-10. With SFUU's blessing, Shannon Dooley-Miller invites UUCM members to come camp at nearby sites and to connect to our UU neighbors. Come camp, or come for the day.

SFUU folks will be camping at the Chute Hill campground group site. Shannon has reserved her own site at CH 5. If you are interested in camping, reserve your site at www.reservecalifornia.com. The campsite costs \$35 per night, and two households may share one site.

For more information, or to get assistance coordinating a shared site, contact Shannon Dooley-Miller at 530-346-6995 or email: shannondooleymiller@gmail.com.

FYI

Conversations are also afoot for a new iteration of UUCM's own summer camping weekend in the future. Stay tuned and let Shannon or Rev. Kevin know if you are interested in being part of that planning.

Hospitality Team

By Marilyn Young, Coordinator, UUCM Hospitality Hour

Every Sunday, everyone is welcome to enjoy snacks and refreshments, along with socializing, between the two services - 10:30 until 11:20 AM in the Alcott and Channing Rooms.

This month's schedule for contributing snacks:

August 4 - last names beginning with A to E

August 11 - last names beginning with F to J

Also - Salad Potluck at 12:30 on August 11 - all are welcome

August 18 - last names beginning with K to R

August 25 - last names beginning with S to Z

If you plan to bring a snack or a Second Sunday Salad Potluck contribution, please let Marilyn Young know. (MarilynY04@gmail.com).

SET UP AND CLEAN UP HELPERS NEEDED

We really could use more volunteers for both set up and clean up for our Hospitality Hour. It's easy and you'll be working with others, so it goes quickly. Please let Marilyn Young know.



"JUST COFFEE"
ORDERS ARE IN!

By Joyce Banzhaf

If you haven't already, please pick up your "Just Coffee" order Sunday, August 4 between services in the Alcott Room. If you do not pick it up, I may sell it, but I can reorder for you.

You may order coffee by emailing me at joycebanzhaf@yahoo.com and asking for Robusta (high caffeine), Arabica Sweet, or Decaf. Also, please specify 1 or 5 pounds, regular or dark roast, whole beans or ground. Coffee is \$9 for a one pound bag, and \$37 for a five pound bag. Decaf is \$10 for one pound, and \$42 for five pounds. Once I get 30 pounds of orders, I will send in the order. Thanks for supporting organic, shade grown coffee where all profit goes to the coop workers in Mexico.

Stewardship

Reminders from the Stewardship Team

By Keith Johnson, Chair, Stewardship Team

Your Stewardship Team has made plans for an exciting year – small group meetings, fundraisers, a congregational dinner, and much more. But first, some housekeeping items.

At last count about 40 members had an outstanding balance on last year's pledge. If you are unsure of your pledge status from last year, please review your year-end statement which was recently sent to you. If you are paying off your pledge balance by check, please write "2018/19 pledge" on the memo line. If you disagree with your pledge balance or have other questions, please contact the church administrator or Keith Johnson at kjohnson.uucm@gmail.com. Your cooperation is greatly appreciated as we hope to close the books on fiscal year 2018/19 as soon as possible.

Now let's talk about this year's pledge. Here are some tips.

- If your pledge amount has changed from last year, and you have payments made automatically, you'll need to change the pledge amount with your financial institution, or online with UUCM if you set up your payments there.
- You may make a pledge payment at any time via UUCM's website: uugrassvalley.org. Click on the Online Giving: Donate/Pay Pledge window and follow the prompts.
- You may also send your pledge payments to:
UUCM Pledge,
246 So. Church St., Grass Valley CA 95945.
- Bring pledge payments to the office (Office hours are M-F from 8:30 AM to 12 PM)).
- You may also place your pledge in the Sunday offering baskets.

Be sure to write "2019/20 Pledge" in the memo line of your check and to place cash in an envelope marked with your name and "2019/20 Pledge" so that your contribution can be credited. Should your financial situation change during the year – upward or downward – and you need to adjust your pledge, please reach out to a member of the Stewardship Team or the Minister.

If you have any questions about the Stewardship program, please contact Keith Johnson. Stay cool and we will see you at the UUCM yard sale on September 28th!

Caring Team

We're Here for YOU!

By Gwen Eymann, Acting Chair, Caring Team

In our community we share our joys and our sorrows, and with this sharing we grow deeper in our connections with one another. There is beauty in this shared connection and opportunities to put this sharing into action by serving others.

We are keeping Cynthia Schuetz and Jim Perkins in our hearts. Cynthia is now in hospice care and is comfortable with this decision. She is spending a lot of time resting in her lovely home in the company of her devoted husband Jim. One way we can help to support them through this difficult time is by providing meals for them a couple times a week. There is a meal train website that will give you information. The website address for Jim and Cynthia is: <https://www.mealtrain.com/trains/zv8lky>.

Suzanne and Rob Ferroggiaro joyously celebrated their 50th wedding anniversary recently.

Janet Dunstan is recovering nicely from a surgery to repair her hip. She is doing well and she will soon be running circles around us all.

We will be honoring our beloved May Lawrence with a celebration of life on August 17 at the Methodist Church in Grass Valley. If you are able to attend, please send an RSVP to Frank and Renée.

David Ferrier recently lost his sister, Cynthia Weeks, to pancreatic cancer. There will be a celebration of life at the Buttermaker's Cottage in Western Gateway Park in Penn Valley on August 11 from 2-4pm.

The Caring Team continues to monitor the congregation for folks who might need a hand, a ride, a meal, or a listening ear. Our strength as a congregation is reflected in the wonderful ways people have stepped up and offered to help. If you know someone who could use help and support, please let us know.

If you are drawn to this important work of supporting others through care and kind attention, please contact me or Rev. Kevin. We meet the first Tuesday of every month at 4:00 PM at UUCM, and we'd be glad to speak with you about the possibilities.

Contact: Gwen Eymann (530) 274-7965,
or email: caring@uugrassvalley.org

CARING TEAM MEMBERS:

Gwen Eymann, *acting chair*,
Maryann Currington, Jenny Dewey, Penny Harlan, Robin Hart,
Carol Hyndman, Anne Lyon, David Moss

Social Justice News and Activities

Social Justice News

By Steve Temple, Chair, Social Justice Team

For more information, or to get involved directly with the Social Justice Team, please contact Steve Temple at srtemple@ucdavis.edu or 530-220-0995.

Local Volunteer Opportunities

By Keith Johnson, Member, Social Justice Team

The Social Justice Team encourages all members and friends to volunteer for justice work with local non-profit organizations. UUCM'ers are already doing outstanding work for the groups listed below. Following are descriptions of each group and volunteer help that is needed. If you are moved to do so, please reach out to the designated UUCM contact person to volunteer. They will have further information about the organization and may suggest other volunteer opportunities. If you would like to recommend other service organizations to be included, or if you wish to join us on the Social Justice Team, please contact team chair Stu Matthews (530-362-8456).

ANIMAL PLACE, SAMMIE'S FRIENDS SHELTER, GRASS VALLEY SHELTER

Animal Place cares for rescued farm animals. Sammie's Friends and the Grass Valley Animal Control Shelter care for rescued pets. Sammie's Friends has a great foster program, and adoptions are up. They help with medical needs and food for pets whose caretakers can't afford it. All three of these organizations need help feeding, cleaning, walking, and socializing with animals. Contact Carol Hyndman (530-477-0693).

HABITAT FOR HUMANITY

UUCM makes lunches for Habitat workers on the second Wednesday of each month at 11 AM at the church. Contact Keith Johnson (530-265-0277).



HOSPITALITY HOUSE

Hospitality House manages and operates Utah's Place, the local homeless shelter. Hospitality House needs help in three program areas:

UUCM purchases, prepares, and serves dinner to our guests at Utah's Place on the third and fifth Fridays of every month. Contact Keith Johnson (530-265-0277).

Hospitality House manages the Bread and Roses Thrift Store and help is needed in all aspects of store operation. Contact Cassandra Holdeman (530-575-4428).

Utah's Place needs volunteer monitors. Contact George Dunstan (530-205-8159).

IFM

Interfaith Food Ministry provides food at least three times per week to those in need. Currently they need both drivers and packers. Contact Anne Lyon (619-933-1618).

JOIN THE HUNGER RUN FOR INTERFAITH FOOD MINISTRY!

Help raise funds for IFM by participating in the annual Hunger Run on September 29th. The run will start at the Alta Sierra Country Club at 8:00 AM and finish at 10:30--11:00 AM. There will be both a 5K and 10K course. Click link for more info: <http://www.interfaithfoodministry.org/store/c4/HungerRun-ClickonImageToRegister.html>

SIERRA ROOTS

Sierra Roots is a local homeless advocacy group which requests assistance in operating a cold weather shelter and their one-on-one advocacy program. Contact Keith Johnson (530-265-0277).

SYRCL

The South Yuba River Citizens League is dedicated to preserving and protecting the South Yuba River. Volunteer opportunities include river monitoring, becoming a river ambassador, and clerical support. Contact Keith Johnson (530-265-0277).

DONATIONS FOR NEVADA COUNTY PETS IN NEED

By Carol Hyndman, Member, Social Justice Team

Please remember donations for Nevada County Pets in Need will be collected on the first Sunday of each month when food donations are collected for the Interfaith Food Ministry. Nevada County Pets in Need serves not only pets of the homeless but also pets of lower income people. Contact Carol Hyndman (530-477-0693).

Community Connections – Social & Spiritual Activities

Humanist Discussion Group

WEDNESDAY, AUGUST 7 AT
10:30 AM

By George Dunstan



The Humanist Discussion Group will meet on Wednesday, August 7th at 10:30 at UUCM. The topic for August is Humanist activism. Here are two links to get your thinking started. These specific articles are not going to be the focus of our discussion but the types of activism mentioned in them should serve as a jumping off place for our meeting.

<https://thehumanist.com/magazine/september-october-2012/church-state/building-bridges-or-blowing-them-up-secular-americans-and-the-future-of-humanist-activism>

<https://humanists.international/event/2019-humanist-training-sessions/>

And here is a look at what Humanism is and its goals that is in the same vein as the Humanist Manifesto but is more succinct and friendlier.

https://scontent.fhhr1-1.fna.fbcdn.net/v/t1.0-9/66750629_2007849102654027_327555045174280192_n.jpg?nc_cat=111&nc_oc=AQmGKzrTIVWdnJftSLfX5iCNoGYkP08FCno0-L76hgKIYmfEMCdo6tH49VvUXrA1SyofiTcqYifUrKvqOlqQMug&nc_ht=scontent.fhhr1-1.fna&oh=df3a88db2100235f4e9078b30c9b517d&oe=5DA692F1

For further information, or to be added to the Humanism Discussion Group email list, please contact George Dunstan: 530-205-8159 or gvgeode@gmail.com.

Meditation Group

Tuesday mornings at 9:00 AM, a self-directed group of congregants meets for an hour of meditation in the Sanctuary. Enjoy a time of inner peace and reflection with others. For more info: Shelley North-Gerson, 272-8930, shelley10493@gmail.com.

UUCM Walking Group

By Theresa Houtman

Join intrepid walkers at 8:00 AM on Tuesdays and Thursdays at the Houtmans', 418 Chapel, Grass Valley. We walk a gentle two miles and then have coffee, conversation and treats. Cat-friendly dogs on leashes are welcome. Please contact Theresa Houtman (530) 277-9294 to confirm.

Singing Meditation

FIRST THURSDAYS, 7-8:30 PM

Singing Meditation is an interfaith spiritual practice in which singing and shared silence alternate in a deepening rhythm. The songs and chants are drawn from a variety of religious traditions and participants are invited to bring song ideas. The music is taught as we go.

The Singing Meditation Circle is open to all.

We will be glad for your presence, your voice, your heart, and your spirit.

Women's Circle in August: Dinner and a Movie

MONDAY, AUGUST 12, 2019, TIME TBA

This month the UU Women's Circle will be meeting at the Onyx Theater and enjoying a movie and then dinner at California Organics. Beth Freedman will be sending out an email with details to those on the Women's Group email list.

All UUCM women (and friends!) are invited to any Women's Circle gathering. If you are not on the Women's Group email list, please contact Kathryn Young, (kathryneyounguu@gmail.com) or send an email to Carol Fulkerson at: admin@uugrassvalley.org and she will add you. Then you'll get monthly updates and reminders of our upcoming meetings.

Men's Groups

On Wednesday mornings, 8:30 to 10:00 in the Channing Room, and on Thursday mornings, 8:30 to 10:00, men gather to enjoy each other's company and discuss the issues of the day or whatever takes their fancy, in an open and free-flowing way. The Thursday meeting location has changed as Summer Thymes is closed. To find out where it will be held, please contact Ralph Hitchcock, 530-272-4787.

Drop-In Support Circle

SUNDAYS FROM 10:50 TO 11:25 AM
IN THE ANTHONY ROOM ANNEX

Join us in the cozy and intimate "library annex" between the two services at 10:50 AM. If you would like a safe, confidential place to share your feelings about life's challenges and give support to others, this group should be a good fit for you.

Facilitators: Corrie Silva: (corriesilva@sbcglobal.net or 415-204-7448), Janet Bullock, and Tom Wernigg

UUCM Family Ministry

Family Ministry Update for Summer

By Lindsay Dunckel, Family Ministry Co-Chair

HOGWARTS ON CHURCH STREET

This month, our young people will continue their exploration of the Seven Principles of Unitarian Universalism - through the magical perspective of students at the famous Hogwarts School of Witchcraft and Wizardry described in J.K. Rowling's Harry Potter books.

The Harry Potter books are full of examples of people taking action to make the world a better place; the young people in the stories demonstrate leadership, courage, kindness, loyalty, persistence, true friendship, and many other admirable qualities. As Dumbledore famously says, "It is our choices, Harry, that show what we truly are, far more than our abilities."

Our teen group will be on hiatus during the summer months and our Brunch Bunch gatherings will not be taking place.

Look for announcements about upcoming family activities including the film festival listed next!



Family Ministry presents a Harry Potter Summer Film Festival

ALL AGES EVENTS!

Friday, Aug 2, "Harry Potter and the Chamber of Secrets"
Friday, Aug 16, "Harry Potter and the Prisoner of Azkaban"

- Doors open at 5:00 PM
- Movie begins at 5:30 PM
- Popcorn and drinks available for small donation
- Bring healthy snacks to share if you can

Magical Costumes Encouraged!

Let the magic begin!



Our Whole Lives Education for 7-9th Graders Coming to UUCM this Fall

By Rene Wiley,
Family Ministry Co-Chair

Unitarian Universalist Community of the Mountains, (UUCM) offers 'Our Whole Lives': Comprehensive Relationship and Sexuality Education. The program is for 7-9th graders with 12 sessions starting Sundays from September 8 - December 15, with the exception of October 10, November 20, and December 1.

The OWL 2019 sessions are open to all Nevada County youth; however space is limited.

Our Whole Lives (OWL) is a comprehensive program on human sexuality with curriculum levels for all ages. The grades 7-9 curriculum helps participants make informed and responsible decisions about their sexual health and behavior. The program embodies the values of self-worth, sexual health, responsibility, and justice/inclusivity.

Grounded in a holistic view of sexuality, OWL not only provides facts about anatomy and human development, but also helps participants clarify their values, build interpersonal skills, and understand the emotional and social aspects of sexuality.

www.uua.org/re/owl/

The program will be held at UUCM, 246 S. Church St. in Grass Valley. OWL participation requires pre-registration by August 31 and parent permission, including a mandatory parent orientation session, Saturday, September 7 at 1:00 PM at UUCM. OWL sessions will be held at UUCM beginning September 8, 11:30 - 1:30 (lunch provided!). Program fee is \$100.00. Scholarships are available.

Facilitators are Emily Gallup, certified OWL instructor and licensed marriage & family therapist (MFT), and Walt O'Maley, certified OWL instructor.

For more information or to register contact education@uugrassvalley.org

If you have questions, comments, or suggestions regarding UUCM's Family Ministry, please email us at: education@uugrassvalley.org

Full Community Education



Soul Matters Circles to Begin Again

Soul Matters circles will be starting up again this fall. Consider being a part of one!

These small groups of 5-8 people commit to meeting once a month October through June to deepen their connections to each other and to our community through the lens of monthly themes.

Each month participants receive an electronic packet of resources (or a printed packet, if needed). Each person chooses how much they will explore these resources. The packets offer quotes, poems, suggested practices, questions to consider, books suggestions, music ideas, links to articles, videos and movies and more.

Participating in a Soul Matters Circle is one way to get connected at UUCM, to get to know a few more people meaningfully and well.

See the Soul Matters Circle Participant Guide on the UUCM website, and watch for a September opportunity to sample a circle experience. <http://www.uugrassvalley.org/wp-content/uploads/2018/10/UUCM-SMC-Participant-Guide-9.12.181.pdf>

If you have questions or know already that you are interested in participating in a circle, please contact Soul Matters Circle coordinator Jo Waters, at jowaters@hotmail.com or (530) 414-6941.

Adult Religious Exploration for August



...Cultivating our spiritual, emotional and intellectual strength to create a world more compassionate, sustainable and just.

BOOK GROUPS

SECOND WEDNESDAY BOOK GROUP - AUGUST 14, 2:00 PM LOCATION VARIES

In *No Rooms of Their Own* we met women who endured months of danger, hunger and drudgery to come west during the Gold Rush. We also learned there were already free thinkers and human rights activists. These diverse women did not have rooms of their own but their journals and stories provided a gamut of world views and adventures.

On August 14, at 2, we will meet at Theresa Houtman's, hear a selection from Hamilton and discuss *Range of Motion* by Elizabeth Berg. Just what happens when we must face the unimaginable? (Connie Wright finds this book so compelling she is having trouble putting it down.) We will also be making our selections for the next three months.

ALL are welcome to any and all of these discussions therosa48@sbcglobal.net or phone (530) 277-9294.

FOURTH SUNDAY BOOK GROUP - AUGUST 25, 1:00 PM CHANNING ROOM

Jo Waters used insightful questions to guide our discussion of Jodi Picoult's perplexing novel *Spark of Light*. In the end, we realized that fiction gives us the opportunity to have empathy for people with extreme views because it introduces us so thoroughly to them.

We look forward to having Reine lead our discussion of *Greater Journeys* by David Mc Cullough on Sunday, August 25 at 1:00 PM at UUCM. This is a fascinating history of artists, writers, doctors, and thinkers who traveled to Paris from the United States between 1830-1900 when many Americans were traveling west.

On September 22, at 1, we will discuss Colson Whitehead's Pulitzer Prize winner *The Underground Railroad*.

New members are always welcome. Contact Theresa Houtman, therosa48@sbcglobal.net to RSVP or with questions.

August 2019 Calendar of Events at UUCM

DATE	DAY	TIME	EVENT DESCRIPTION
AUGUST 2019			
1	Thursday	8:00 AM 8:30 AM 7:00 PM	Walking Group (Meet at Houtmans) Men's Group at UUCM Singing Meditation Circle
2	Friday	5:00 PM 5:30 PM	Harry Potter Film Festival - Doors Open Harry Potter and the Chamber of Secrets
4	Sunday	9:00 AM 9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM	First Sunday: Bring Food! Sunday Service Classes for Children Social Time Drop-in Support Circle Full Community Sunday Service
6	Tuesday	8:00 AM 9:00 AM 4:00 PM	Walking Group (Meet at Houtmans) Morning Meditation Caring Team Meeting
7	Wednesday	8:30 AM 10:30 AM	Men's Group Humanism Discussion Group
8	Thursday	8:00 AM 8:30 AM 10:30 AM	Walking Group (Meet at Houtmans) Men's Group (off site) Writers' Group
10	Saturday	9:00 AM	Building and Grounds Work Party
11	Sunday	9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM 12:30 PM 1:30 PM 5:00 PM	Sunday Service Classes for Children Social Time Drop-in Support Circle Sunday Service Second Sunday Salad Potluck Spiritual Practices Sampler Alternative to Violence
12	Monday	6:00 PM	Women's Circle Potluck
13	Tuesday	8:00 AM 9:00 AM 4:00 PM	Walking Group (Meet at Houtmans) Morning Meditation Stewardship Committee Meeting
14	Wednesday	8:30 AM 11:00 AM 4:30 PM 6:00 PM 6:30 PM	Men's Group Habitat for Humanity Lunch Prep Finance Committee Meeting Social Justice Committee Meeting Choir Rehearsal
15	Thursday	8:00 AM 8:30 AM 5:15 PM	Walking Group (Meet at Houtmans) Men's Group (off site) Board of Trustees Meeting

DATE	DAY	TIME	EVENT DESCRIPTION
16	Friday	4:00 PM 5:00 PM 5:30 PM	Dinner Prep at Utah's Place Harry Potter Film Festival - Doors Open Harry Potter and the Prisoner of Azkaban
17	Saturday	11:00 AM ~1:00 PM	May Lawrence Celebration of Life at the Methodist Church, 236 S. Church Reception for May Lawrence Celebration at UUCM
18	Sunday	9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM 12:45 PM	Sunday Service Classes for Children Social Time Drop-in Support Circle Sunday Service Family Ministry Team Meeting
20	Tuesday	8:00 AM 9:00 AM	Walking Group (Meet at Houtmans) Morning Meditation
21	Wednesday	8:30 AM 6:30 PM	Men's Group Choir Rehearsal
22	Thursday	8:00 AM 8:30 AM 10:30 AM 6:30 PM	Walking Group (Meet at Houtmans) Men's Group (off site) Writers Group Worship Team Meeting
25	Sunday	9:30 AM 9:30 AM 10:40 AM 10:50 AM 11:30 AM 1:00 PM	Sunday Service Classes for Children Social Time Drop-in Support Circle Sunday Service Book Group
27	Tuesday	8:00 AM 9:00 AM 4:00 PM	Walking Group (Meet at Houtmans) Morning Meditation Challenging White Privilege
28	Wednesday	8:30 AM 6:30 PM	Men's Group Choir
29	Thursday	8:00 AM 8:30 AM	Walking Group (Meet at Houtmans) Men's Group (off site)
30	Friday	4:00 PM	Dinner Prep at Utah's Place

