**8th Principle Statement** (click [here](https://www.8thprincipleuu.org/))

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| **Resource** | **Format** | **Audience** |
| [Widening the Circle](https://www.uua.org/uuagovernance/committees/cic/widening), complete report & audio from the Commission on Institutional Change (200 pages) | Report/audio available | Adult |
| [10 Ways White Supremacy Wounds White People](https://www.afsc.org/blogs/acting-in-faith/10-ways-white-supremacy-wounds-white-people-tale-mutuality) 15 min read  | Article | Adult |
| [White Supremacy Culture Characteristics](https://www.whitesupremacyculture.info/characteristics.html) 20-30 minute read | Article | Adult |
| [Living our Values in the World](https://www.uua.org/uuagovernance/committees/cic/widening/living-values) 20 min read; audio available (section in Widening the Circle of Concern)  | Article/audio available | Adult |
| [1619](https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html) (NY Times) “*An audio series on how slavery has transformed America, connecting past and present through... storytelling.”* | Podcast series | Adult |
| 1619 Project: A New Origin Story (book) | Book & audio  | Adult |
| [Government Surveillance](https://drive.google.com/file/d/18FtKAfpOI_rvqRycOLXz6Nazw5oIDCTm/view?usp=sharing) 35 sec video | Video  | Adult |
| [Distinctions and Definitions](https://www.uua.org/uuagovernance/committees/cic/widening/distinctions-definitions) 15 min read (from Widening the Circle of Concern) | Article | Adult |
| [How Racial Bias Works and How to Disrupt it](https://www.youtube.com/watch?v=rVNb53lkBuc): 15 min ‘Ted Talk’ by Jennifer L Eberhardt | Video | Adult |
| [My Experience with the **8th Principle** | MidAmerica News](https://www.uua.org/midamerica/news/blog/my-experience-8th-principle) (10 min read) | Article | Adult |
| [Our Reforming and Transforming Tradition | New England Region](https://www.uua.org/new-england/blog/reforming-and-transforming) (5-10 min read) | Article | Adult |
| [Employment](https://drive.google.com/file/d/1-id8-cbT9p-KH0CK9OVVdQqNaQzM-7wr/view?usp=sharing) 35 sec video | Video  | Adult |
| How to be an Antiracist by Ibram X. Kendi (book) *“Kendi weaves an electrifying combination of ethics, history, law and science with his own personal story of awakening to antiracism.”* | Book | Adult |
| [How White Parents Can Talk to Their Kids about Race](https://edge2.pod.npr.org/anon.npr-podcasts/podcast/npr/lifekit/2020/06/20200604_lifekit_life_kit_-_watc_white_parents_can_talk_about_race__-_final_mix_-_an-47d99b57-fd5b-4dc9-a03f-1cbf13ab7b98.mp3/20200604_lifekit_life_kit_-_watc_white_parents_can_talk_about_race__-_final_mix_-_an-47d99b57-fd5b-4dc9-a03f-1cbf13ab7b98.mp3_13db856f3f87764ec49b4d801c3d4173_10675292.mp3?orgId=1&topicId=1003&aggIds=868567696,676529561&d=625&p=510338&story=869071246&t=podcast&e=869071246&dl=1&sc=siteplayer&size=9983988&awCollectionId=510338&awEpisodeId=869071246&dl=1&aw_0_1st.playerid=siteplayer&hash_redirect=1&x-total-bytes=10675292&x-ais-classified=streaming&listeningSessionID=0CD_382_226__9010e9ed25f15c01d8dcb60da93e4cd655911589) NPR (10 minute article & audio) | Article & audio | Adult |
| [Fare of the Free Child](https://www.raisingfreepeople.com/podcast/) (podcast) | Podcast-weekly | Adult |
| [Hospitality and Inclusion](https://www.uua.org/uuagovernance/committees/cic/widening/hospitality-inclusion) 25 min read; audio available (from Widening the Circle of Concern) *“Our work concludes that Unitarian Universalists continue to repel many of the people who would otherwise provide the resources to fuel our continued growth. Though our predominantly white congregations and organizations may see themselves as welcoming, without particular practices, they continue to mirror the kinds of harms done to people of color and other marginalized groups in our larger society.”* | Article/Audio available | Adult |
| [Introduction to Multiculturism](https://www.uua.org/multiculturalism/introduction) What is multiculturism? (2-3 min read) | Article | Adult |
| [8th Principle video from the perspective of BIPOC persons](https://www.uua.org/leaderlab/bipoc-and-8th-principle) (1 hr 17 min; written transcript available) | Video | Adult |
| Intersection Allies, We Make Room for All by Carolyn Choi and Chelsea Johnson (children’s book) and [7 min video](https://www.youtube.com/watch?v=wPbOORwmFA0) with illustrations | Book & Video | Child |
| [Our Principles as a Source of Love](https://www.uua.org/worship/words/time-all-ages/our-principles-house-love) by Karen G. Johnston; History of 7 Principles (5 min read; child & adult) | Article | Child & Adult |
| [Ibram X. Kendi Instagram page](https://www.instagram.com/ibramxk/)  | Instagram |  |
| [Infant Mortality](https://drive.google.com/drive/folders/1ncZyoUltXE0GAk7ZoRLaZL0g2XJvi_qF) 35 sec video | Video  | Adult |
| Let’s Talk About Race by Julius Lester (children’s book) | Book | Children |
| [Congregations & Communities](https://www.uua.org/uuagovernance/committees/cic/widening/congregations-communities) 50 min read; audio available (from Widening the Circle of Concern) *“Many of our congregations are in trouble, with dwindling membership, participation, and financial contributions. A factor that contributes to this decline is our inability to address issues of inclusion, equity, and diversity.”* | Article | Adult |
| Lovely by Jess Hong. Children’s book promoting that we are all different.  | Book | Children |
| [Your Kids Aren't Too Young to Talk About Race](https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4) (resource list) | Resource list | Children |
| *“*[*Doing the Work That Needs to be Done*](https://www.uua.org/worship/words/reading/doing-work-needs-be-done)*”* by Sharon Lang (2-3 minute read)  | Article | Adult |
| [Accountability and Resources](https://www.uua.org/uuagovernance/committees/cic/widening/accountability-resources) 15 min read; audio available (from Widening the Circle of Concern) *“...many people of color did not wish to share their individual experiences with the Commission because their stories had been told and retold to no avail. Many told of having not seen any change in the (UU) systems that had injured them, and of their frustration in and unwillingness to continue to support such systems.”* | Article | Adult |
| Sugarplum Ballerinas by Whoopi Goldberg. (children’s book) | Book | Children |
| [Teaching Your Child About Black History Month](https://www.pbs.org/parents/thrive/teaching-your-child-about-black-history-month) PBS (resource list) | Resource list  | Children |
| The Second: Race and Guns in a Fatally Unequal World by Carol Anderson. (book) How the Second Amendment was engineered to deny the rights of African Americans since its inception. | Book | Adult |
| [Wealth](https://drive.google.com/file/d/1KKo_NTZa-TgyNePJPxLyHZzNFV7XQEzT/view?usp=sharing) (35 sec video) | Video  | Adult |
| [Restoration and Reparations](file:///C%3A%5CUsers%5Cjanetdunstan%5CDocuments%5CUUCM%5CTask%20Forces%5CBending%20the%20Arch%20Task%20Force%5CResources%5CRestoration%20and%20Reparations) 45 min read; audio available (from Widening the Circle of Concern) *“While we work toward a total liberation for all, we must acknowledge the hurts that can be healed, the faults that can be fixed, and the repair possible among communities suffering from the material outcomes of hundreds of years of oppression.”* | Article/Audio available | Adult |
| “[America’s Racial Contract Is Killing Us](https://www.theatlantic.com/ideas/archive/2020/05/americas-racial-contract-showing/611389/)” by Adam Serwer (‘Atlantic’ magazine) | “Atlantic” magazine May 8, 2020 | Adult |
| [Seeing White](https://www.sceneonradio.org/seeing-white/) podcasts (Scene on Radio) | Podcast series | Adult |
| So You Want to Talk About Race by Ijeoma Oluo (book) | Book | Adult |
| Whose Toes Are Those by Jabari Asim (children’s book) | Book | Children |
| Antiracist Baby by Ibram X. Kendi (children’s book) and [5 min video](https://www.youtube.com/watch?v=_Gezd_Y_Kqc&ab_channel=NetflixJr) with illustrations  | Book & Video | Child & Adult |
| [Five Pandemic Parenting Lessons](https://podcasts.apple.com/us/podcast/parenting-forward/id1403686245?i=1000474951309) with Cindy Wang Brandt (podcast) | Podcast | Adult |
| [The Diverse Book Finder](https://diversebookfinder.org/) is a comprehensive collection of children's picture books featuring Black and Indigenous people and People of Color (BIPOC). | List | Child |
| [#8thPrinciple RE | UUA.org](https://www.uua.org/leaderlab/re-and-8th-principle) Recorded webinar on how congregations are incorporating the 8th principle into RE programs. (1 hr 20 min) | Video | Adult |